


Vuk'uzenzele



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Living positively with HIV

KEEPING A CHILD living with HIV happy and healthy is not easy, but staying positive, listening to your doctor and taking your medication are vital coping tools.

More Matshediso

Since he was just one month old, 10-year-old Themba Buthelezi* has been on HIV treatment. His mother Slindelo Buthelezi*, who lives in Johannesburg, passed the virus to her infant through her breastmilk. She shared with *Vuk'uzenzele* the details of how she strives to keep both herself and her son healthy by ensuring they routinely take their antiretroviral treatment (ART) to suppress their viral loads. "He was about one month old when he tested positive. I could not

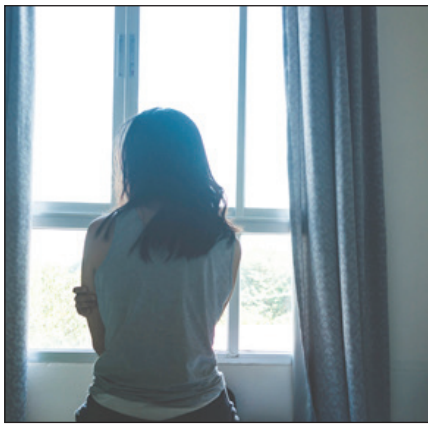
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Laaste kans om te registreer om te stem

SUID-AFRIKANERS moet hulle grondwetlike reg uitoefen en vir die party van hulle keuse stem.

Volgens die Voorsitter van die Verkiesingskommissie (OVK), Glen Mashinini, sal kieserregistrasieweek op Saterdag 26, en Sondag 27 Januarie, 2019 plaasvind.

Mashinini sê dat al 22 932 stemlokale tydens die kieserregistrasieweek van 08:00 tot 17:00 oop sal wees.

"Dit is om nuwe kiesers die geleentheid te gee om te registreer en vir bestaande kiesers om hulle registrasiebesonderhede na te gaan en by te werk."

Mashinini sê dat daar tans 26.1 miljoen geregistreerde kiesers op die nasionale algemene kieserslys is.

Die OVK hoop om voor die 2019-verkiesings, minstens een miljoen nuwe kiesers by die kieserslys te voeg.

Mashinini sê dat kieserregistrasiegeleenthede ook by



korrektiewe sentrums regoor die land gehou sal word, om mense wat tans in gevangenis is, toe te laat om hulle stemreg uit te oefen.

"Vir stembaleindes, word gevangenes as geregistreer beskou om in die distrik waar die tronk geleë is, te stem.

"Familie van diegene wat in korrektiewe instansies aangehou word, word versoek om voor hierdie registrasieveldtog hulle iden-

titeitsdokumente aan hulle te oorhandig," sê Mashinini.

Kiesersregistrasie

Die OVK vertrou dat sy kiesers, wat reeds geregistreer is, van die geleentheid gebruik sal maak om hulle stemlokaal te besoek en hul adresbesonderhede te bevestig en by te werk.

Dit is wat jy moet weet:

- Alle Suid-Afrikaanse bur-

gers wat 16 jaar of ouer is en in besit van 'n amptelike ID-dokument is, kan stem (hoewel slegs dié wat minstens 18 jaar oud is op stembag, mag stem).

- Kiesers moet 'n afskrif van hulle strepieskode-ID-boek, slimkaart-ID of tydelike ID-sertifikaat saamneem wanneer hulle in die stembagdistrik waar hulle gewoonlik woon, gaan registreer.
- Wanneer hulle registreer, sal kiesers hul adres of 'n beskrywing van waar hulle woon, moet verskaf, om die Verkiesingskommissie in staat te stel om hulle in die korrekte afdeling van die kieserslys te plaas. Bewys van adres word nie vereis nie.

Die Verkiesingskommissie se kontaksentrum sal ook voor die nasionale registrasieweek geaktiveer word

en sal oop wees tot ná die registrasieweek om stemgeregtides by te staan met registrasie en om te stem.

Mashinini doen 'n beroep op alle belanghebbendes, insluitend politieke partye, regeringsdepartemente en -entiteite, media- en burgerlike samelewingsorganisasies, om die registrasieveldtog te ondersteun en kieserregistrasie voor die verkiesings, aan te moedig. **SAnews**

Geregistreerde kiesers kan die Verkiesingskommissie se webtuiste by www.elections.org.za besoek om hulle huidige registrasiebesonderhede en stemlokaal te gaan. Hulle kan ook hulle ID-nommer na 32810 SMS om 'n SMS met die adres van hulle stemlokaal te ontvang (SMS'e kos R1).

First time voter eager to register for 2019 elections

More Matshediso

Ponalo Notwane will ensure that he registers to vote for the 2019 General Elections.

Notwane (21) says he will be voting for the first time during next year's elections.

He told *Vuk'uzenzele* that he will either register at a voting station in his home town in Klerksdorp in the North West or at the University of Pretoria, where he is currently studying towards a degree in Computer Science.

"This is exciting for me because I will finally have a say about which political party should lead our country and I am hoping that many young people who qualify to vote will also use this opportunity to register because this will affect their future," said Notwane.

The IEC has announced that the final voter registration weekend is set for 26-27 Janu-

ary 2019. About 22 932 voting stations across the country will open their doors from 08:00 to

"I will finally have a say about which political party should lead our country. I hope that many young people who qualify to vote will also use this opportunity."

17:00 to allow first time voters to register and others to update and check their registration details.



Ponalo Notwane has his Smart Card ID ready. He is set to register to vote for next year's elections.

However, the electoral commission was concerned that the lowest voter registration levels are for voters aged between 18 and 19-years-old, which makes up 15.1 percent

of the estimated population. This is followed by the 20 to 29 year-old-age group, which makes up 56.7 percent of the estimated voting population. Notwane says he believes

that the low turn out of young people voting, is a result of lack of information about elections, which makes it challenging for the youth to participate.

Notwane said young people must realise that it does not help to complain about not getting services from government if they do not vote.

"For example, service delivery is a bit inconsistent in my hometown, but if young people can develop an interest in issues of governance and politics, they will be able to change how things are done," he said. **U**

All South African citizens aged 16 years and older, who are in possession of an official Identity Document (ID) or temporary ID certificate can register as voters, but only those who are at least 18-years-old on voting day may vote.

Wenke om jou hierdie feesgety veilig te hou



Dale Hes

Die feesseisoen is 'n tyd van vreugde, maar dit gaan ook gepaard met 'n groter risiko van voorvalle soos motorongelukke, diefstal en ander misdade. Volg die wenke hieronder om te verseker dat jy 'n

veilige en gelukkige tyd saam met jou geliefdes deurbring.

Bly veilig op die paaie

Padongelukke neem dramaties toe oor die feesseisoen en eis honderde lewens. Om veilig te bly, maak seker dat:

- Jou motor nagegaan word voordat jy na jou bestemming ry, om te verseker dat jou motor in 'n goeie toestand is.
- Jy en jou passasiers altyd veiligheids gordels dra.
- Jy elke twee ure 'n ruskans neem as jy lang afstande bestuur.
- Jy die gebruik van alkohol ten alle koste vermy wanneer jy bestuur.
- Jy by die snelheidspers hou en alle ander verkeers-reëls nakom.
- Jy oplettendheid is ten opsigte van ander voertuie en voetgangers.
- Jy nie jou selfoon gebruik terwyl jy bestuur nie.

Kinders se veiligheid

Baie vakansiebestemmings is besige plekke, wat beteken dat daar 'n kans is dat jou kind in 'n skare van jou geskei kan word.

Dit is ook baie belangrik om 'n oog op jou kinders te

hou wanneer hulle byvoorbeeld in die see swem of op speelterreine speel. Hier is 'n paar wenke om jou kinders veilig te hou:

- Maak seker dat jonger kinders altyd onder verantwoordelike volwasse toesig is.
- Maak seker dat kinders in die motor vasgegordel is.
- Leer vir jou ouer kinders jou selfoonnommer in geval van nood. Maak seker dat kinders wat nie goed kan swem nie, opblaasvlerkies aan het wanneer hulle in die water is.
- Leer jou kind om nooit in 'n vreemdeling se motor te klim of om met vreemdelinge te praat nie.
- Hou jou kind se hand vas wanneer jy in besige plekke is en wanneer jy die pad oorsteek.
- Leer basiese eerste hulp sodat jy kan reageer as daar 'n mediese noodgeval is.

Misdad

Daar is tydens die feesseisoen 'n merkbare toename in gevalle van huisbrake en diefstal. Wees te alle tye waaksaam en neem die volgende veiligheidsvoorsorgmaatreëls:

- Wanneer jy met vakansie gaan, maak seker dat al die vensters en deure van jou huis gesluit is.
- As een van jou bure tuis gaan wees, vra hulle om 'n oog oor jou huis te hou.
- Terwyl jy met vakansie is, hou waardevolle artikels soos selfone en beursies versteek op 'n veilige plek.
- Hou jou motor gesluit wanneer jy vir enige tydperk weggaan. Maak doodseker deur aan die handvatsels te trek.
- Hou noodnommers soos dié van ambulans en die polisie byderhand.

When the sheriff knocks at your door

SHERIFFS ARE REPRESENTATIVES of the court and as such, you must follow their instructions or you may be liable for prosecution and further costs.

Allison Cooper

Answering the door to find the sheriff on the other side is enough to have you shaking in your shoes.

A sheriff has the authority to carry out court orders. This may include attaching (taking) some of your possessions so that they can be sold to help pay back money you owe to someone. It is important to know your rights and to understand the sheriff's responsibilities.

The South Africa Board for Sheriffs chairperson, Charmaine Mabuza, stressed that a sheriff is an impartial and independent official of the court appointed by the Minister of the department of Justice and Correctional Services. Interestingly, sheriffs operate inde-



Make sure you understand your rights when you are dealing with the sheriff of the court.

pendently from each other; in fact, they are private business people.

The board monitors sheriffs and their deputies to ensure they execute their duties in a humane manner in terms of the Code of Conduct for Sheriffs.

The sheriff or deputy sheriff must serve or execute all documents issued by the courts. These include summonses, notices, warrants and court orders.

"The sheriffs' profession is a vitally important arm of

the administration of justice in South Africa. Without it, justice would grind to a halt," explained Mabuza.

A sheriff may enter your premises, even when you are not there, providing they have a legal court order to attach some of your possessions.

However, a sheriff must treat you with dignity and respect at all times; and he/she must explain the contents of the court document and what you need to do next.

It is important to know your rights, most notably that a sheriff may not remove necessary items such as food and beds, bedding and clothes. There are also limitations on other things, such as tools of trade you may need to carry out your work, which may not be attached.

Also, be sure to ask for

identification so you are not scammed. All sheriffs and deputies must carry a valid identification card issued by the South African Board of Sheriffs (SABFS) and must be able to produce it on request. ■

What to do if you have a complaint against a sheriff?

If you have a complaint, or if you are unsure of your rights, contact the SABFS via email: contact@sheriffs.org.za or phone: 021 426 0577. The SABFS also has a fraud hotline to allow people to bring any unethical business practises to the attention of senior management. The toll-free number is 0800 000 628.

Bestee jou geld verstandig

MOENIE HIERDIE feesseisoen die gevreesde fout maak om meer geld uit te gee as wat jy het nie.

Allison Cooper

Die feesseisoen hoef nie 'n spiralende skuldput agter te laat nie.

"Oorbesteding is soos daardie irriterende skuldklippie in jou 'finansiële skoën'. Die verstandigste besluit is om hierdie feesseisoen nie oor te bestee nie, want dit kan op die

"Moenie geld uitgee wat jy nie het nie."

lang duur nadelige gevolge vir jou kontantvloei en begroting hê", aldus verkoopsbestuurder Matthys Potgieter.

"Daardie lekker gevoel van oorbesteding in November en Desember is van korte duur en verbruikers voel die druk van hulle impulsiewe besluite teen



die einde van Januarie, 2019. Moenie uitgee wat jy nie het nie," voeg Potgieter by.

African Bank se Mellony Ramalho sê dat werknemers dikwels vroeg in Desember betaal word, wat die wag vir die Januariesalaris soveel langer maak.

"Januarie is vir baie mense 'n moeilike maand, wat daartoe lei dat sommige mense hulle tot kredietkaarte of die uitneem van 'n lening wend. Dit is belangrik om bewus te bly van wat jy bestee. Stel 'n begroting op, eerder as om te oorbesteding," sê Ramalho.

Potgieter raai verbruikers aan om vroeg te begin met hul Kersaankope en om seker te maak dat hulle spens, yskas en vrieskas produkte met 'n lang raklewe bevat, om hul begroting onder beheer te hou en duur laaste-minuutaankope te vermy.

Potgieter gee die volgende wenke aan verbruikers om hul begrotings onder beheer te hou:

- Maak jou yskas vol kos met 'n lang raklewe
- Oorweeg dit om saamrygeleenthede te reël. Deur minder motors te gebruik, gebruik jy minder geld vir brandstof
- Vermy tolroetes waar moontlik
- In plaas van om geskenke te koop, laat die kinders persoonlik-ontwerpte lekkernye bak vir hul geliefdes.
- Begin vroeg met jou Kersinkope

Die DebtSafe-span moedig verbruikers hierdie jaar aan om te oorweeg om gewone bruinpapier te gebruik as geskenkpapier, wat bekostigbaar en omgewingsvriendelik is en mooi versier kan word. **■**

Quality affordable smart phone for Africa

THE AFRICAN Development Bank and its strategy of industrialising Africa has played a vital role in developing the continent's technology sector.

In the world of smartphones, China has Huawei, Korea has Samsung, while the United States of America has Apple.

Long-time dark horse Africa is now taking centre stage with the announcement of the Mara phone project that is touted to take the smartphone business by storm.

Developed by Rwandan businessman and billionaire Ashish Thakkar, the Mara group at the Africa Investment Forum announced ambitious plans to develop manufacturing plants in Rwanda and in South Africa.

During South Africa's recently held inaugural investment conference, a brainchild of President Cyril Ramaphosa, Thakkar announced that his company would be investing R1.5 billion in a South African



venture over the next five years.

Thakkar also said there were further plans to develop the phone in plants across the continent's five regions.

"We all know the importance of high quality and affordable smartphones and the impact

this can have on the continent. Quality smartphones mean we can truly enable financial inclusion, micro-lending and micro-insurance. This can translate into better education, digital healthcare and agriculture efficiency and improved commerce.

"If this is all going to be possible... we [need] quality and affordable smartphones. Unfortunately, we have quality smartphones but they are not affordable and if it is affordable, it is not quality," he said.

None of the millions of smartphones found worldwide are

from Africa, Thakkar said.

"We have a few that are assembled in Africa but nothing is truly being manufactured in Africa. Thanks to the African Development Bank, this will change," said the businessman.

He said the idea to produce the Mara phone was made possible thanks to the support from the African Development Bank and its strategy of industrialising Africa.

"We all believe that it is time to shift the narrative, which is why we are also excited that the phone will also be sold in Europe," he said.

"This will truly be transformative. It will create thousands of jobs directly and eventually hundreds of thousands of jobs indirectly in the eco-system across the continent," Thakkar said. **■ SAnews.gov.za**