

Vuk'uzenzele



Produced by Government Communications (GCIS)

English/Afrikaans

| Februarie 2018 Uitgawe 1

Sassa kids make SA proud

THOUSANDS OF beneficiaries will get a chance to break away from the cycle of poverty.

DID YOU KNOW?

Out of the **534 484** learners who sat for their 2017 matric examination, **417 239** were social grant beneficiaries.

Noluthando Motswai

When Tumelo Mashigo was born he had little prospect of living a normal life. Shortly after his birth, doctors informed his mother that he had a rare condition called phocomelia and his hands were underdeveloped.

However, living with this condition did not deter Mashigo. Instead it gave him the fighting spirit needed to make something



Some of the the country's top matric achievers who are also social grant beneficiaries with Minister Bathabile Dlamini (centre).

of his life.

Fast forward to 2017 and Mashigo was announced as the second best performing learner with special needs in the matric class of 2017 in South Africa.

He passed matric with flying colours, achieving three distinctions and being accepted by the University of Pretoria to study Public Management and International Relations.

He said without the assistance of the South Africa

Social Security Agency (Sassa), his dreams would not have come true.

“My mother is unemployed so from a young age I have been getting the disability grant from Sassa, which had such a huge impact on my family,” he said.

“The grant helped my mother care for me by buying me food and all the things I required for school.”

The 18-year-old from

Tsakane in Gauteng completed his matric at the Muriel Brand School in Brakpan which is an educational facility for learners with special education needs. He was also the school's deputy head boy for 2017.

This was also the school that prepared the confident young man for leadership in the future.

“I have an interest in pol

Cont. page 2



Electricity thieves left powerless

Page 5



Dignity for sexual assault survivors

Page 7



@VukuzenzeleNews

Vuk'uzenzele

Websites: www.gcis.gov.za

www.vukuzenzele.gov.za

E-mail: vukuzenzele@gcis.gov.za

Tel: (+27) 12 473 0405

Free Copy

STATE OF THE NATION ADDRESS

by President Jacob Zuma

Thursday, 8 February 2018, from 19:00

Catch it live on television, radio and social media

Follow us on @GovernmentZA #SONA and on GovernmentZA

Together we move South Africa forward

“Word on the street”

As President Jacob Zuma prepares to address the nation on government's plans to take the country forward, Vuk'uzenzele took to the streets to hear what South Africans expect the president to say:

Boy Thwala (62)

“My expectation from the president is that he will address how government is going to stop crime and corruption. Citizens feel unsafe to walk down a street because of crime. The government must provide employment in order to drop crime statistics because most people get involved in crime because they are unemployed. We also need to know how he is going to deal with corrupt leaders and officials.”



Ndumiso Thabethe (32)

“I am expecting the president to talk more on education and employment opportunities. In rural areas like Maphumulo, where I am from, there is no proper school infrastructure. Learners study in tents or under the trees. The president needs to come up with a good strategy to address the shortage of classes in rural schools.”



Sicelo Sithole (27)

“I would like the president to address the issue of nepotism because it affects a number of qualified people. No matter how many degrees you have,



you are not guaranteed employment. It is so easy to be employed when your relative works at the government. We need to have clear and legal processes when it comes to employment so that the right candidate will get what they deserve.”

Nozipho Sibiyi (34)

“I would like the president to talk about abortion. The country should have strict rules for girls and boys on issues like the use of contraceptives. People should know that once you get pregnant, there's no going back.”



Nastajia Govender

“I want to address the



issue of land reform. Fairness and distribution – is there capacity and the capability to train new farmers? Are there plans or techniques or the structures of successful farming yield? What are government's plans for 2018 going forward with land reform?”

Njabulo Dladla (38)

“I want to hear about how government will strengthen the security of our borders so that we can manage the number of people coming into our country. Secondly, I want to hear what President Zuma has to say about the working class who do not qualify for RDP houses and cannot afford to pay bonds.”



Popo Mbuli (26)

“The president needs to ad-

dress issue of employment among youth. People are educated but they are sitting at home with their qualifications. If he can come up with more internship programmes for graduates to get experience and also consider giving youngsters increased access to funding to start their own businesses.”



Candice Meiring (35)

“I want the president to talk more about our economy. How is the government going to grow our economy? What plans are there to ensure that food and petrol prices are controlled and that we attract foreign investors who will bring stability to the country.”



Pasgebore babas loop die grootste risiko van Listeriose

SUID-AFRIKANERS moet baie seker maak dat hulle die basiese beginsels van voedseligiëne toepas met die oog op die uitbreek van Listeriose.

Met 119 nuwe gevalle wat sedert 5 Desember aangemeld is, het die Departement van Gesondheid die uitbreek van Listeriose op hoë bewaking geplaas. Altesaam 727 laboratorium-bevestigde gevalle is in 2017 aangemeld.

Die Sentrum vir Siektebeheer en -voorkoming beskryf Listeriose as 'n ernstige maar behandelbare siekte wat deur die bakterie *Listeria monocytogenes* veroorsaak word. Dit word in grond, water en plantegroei aangetroef. Diereprodukte – soos vleis en suiwel, seekos en varsprodukte soos vrugte en groente – kan deur hierdie bronne besmet word.

Hoewel enigiemand Listeriose kan opdoen, is dit veral 'n hoë risiko vir pasgebore babas, bejaarde mense en swanger vroue, asook vir mense met verswakte immuunstelsels wat byvoor-

beeld deur MIV, diabetes, kanker, chroniese lewer- of niersiektes veroorsaak word.

Die groepe wat die meeste geraak word is pasgebore babas gedurende die eerste 28 dae van hul lewens, en mense tussen 15 en 49 jaar oud. Die twee groepe vorm 70 persent van alle gevalle.

Omdat babas jonger as 28 dae die ergste getref word, het die departement swanger vroue aangeraai om op MomConnect te registreer om die jongste nuus oor Listeriose te ontvang.

“Wanneer ons na die statistiek van geaffekteerde mense kyk, sien ons dat van al hierdie kwesbare groepe, pasgeborenes die ergste geraak word. As ons dit volgens ouderdomsgroepe vanaf geboorte tot 93 jaar ontleed, maak net die pasgebore babas alleen ongeveer 40 persent van hierdie gevalle uit,” sê die Minister van Gesondheid Dr Aaron

Motsoaledi.

Die minister het voorts 'n beroep op gesondheidswerkers gedoen om veral waaksaam te wees wanneer hulle met swanger vroue werk.

“'n Spesiale versoek aan

gesondheidswerkers en die algemene publiek is om ekstra aandag aan swanger vroue te gee. Wees veral op julle hoede wanneer julle met 'n swanger vrou of 'n pasgebore baba te doen kry, het hy gesê. **U**

Hoe om op MomConnect te registreer:

- Bevestig jou swangerskap by 'n gesondheidsorgfasiliteit.
- Skakel *134*550# vanaf jou selfoon om te registreer.
- Beantwoord 'n paar eenvoudige vrae oor jou swangerskap.
- Jy sal dan geregistreer word.
- Swangerskappe word op die nasionale databasis geregistreer.
- Gebruikers ontvang weekliks SMS'e met gesondheidsinligting oor hul swangerskap en hulle babas (tot wanneer die kind een jaar oud is).

Vir meer inligting kan lede van die publiek die Nasionale Instituut vir Aanmeldbare Siektes se Noodbedryfsentrum (NICD) gedurende werksure skakel by 011 386 2000.

Gesondheidswerkers kan die NICD se Blitslyn vir Kliniese Noodgevallen ook na-ure skakel by 082 883 9920.

Listeriose

'n Bakterie wat voedselvergiftiging veroorsaak



Listeriose raak hoofsaaklik swanger vroue, pasgebore babas, bejaarde mense en volwassenes met verswakte immuunstelsels

Simptome

- koors
- spierpyne
- naarheid
- diarree
- hoofpyn
- 'n stywe nek
- verwarring
- balansverlies en stuiptrekkings



Voorkoming

- 1 Was jou hande voor en nadat jy kos hanteer.
- 2 Kook, verkoel of vries vleis, pluimvee, eiers, vis en klaargaarkos binne twee ure.
- 3 Moenie rou kos eet nie en wees bedag op die gevaar van voedselvergiftiging deur rou vis (ook sushi), gapermossels en oesters.
- 4 Moet liever nie "rou", ongepasteuriseerde melk drink of sagte kaas soos feta, bokmelkkaas en brie eet nie.
- 5 Wanneer jy twyfel, gooi dit weg – as jy besmette kos herverhit sal jy dit nie veilig maak nie!



Listeriose in Suid-Afrika



Meer as 750 gevalle is aangemeld en 67 mense het reeds gesterf.

Gauteng het die meeste gevalle aangemeld, gevolg deur die Wes-Kaap, KwaZulu-Natal en die Oos-Kaap.

Waardigheid vir oorlewendes van seksuele geweld

TOEGEWYDE SORGSENTRUMS bied empatie en ondersteuning aan slagoffers van seksuele geweld

Noluthando Motswai

Gauteng se Departement van Gesondheid het op die behoeftes van slagoffers van seksuele en geslagsgebaseerde geweld gereageer met die herbekendstelling van die Sinakekelwe Thuthuzela Sorgsentrum by Thelle Mogoerane Hospitaal in Vosloorus.

Die sentrum is daarop gerig om die trauma van seksuele geweld te verlig en om sekondêre viktimisasie van oorlewendes te verminder deur professionele mediese sorg, berading en toegang tot toegewyde ondersoekbeamptes en aanklaers, alles onder een dak, te bied.

Die Departement se woordvoerder, Lesemang Matuka, sê dat slagoffers voorheen ver moes reis om toegang tot hierdie dienste te verkry. Die heropende fasiliteit sal mense van Katlehong, Thokoza, Vosloorus en omliggende gebiede help.



“Die departement streef na beter gesondheid vir almal deur kliniekpersoneel met spesiale vaardighede toe te rus om slagoffers van misdaad by te staan. Die afgelope drie jaar het 106 van die kliniekpersoneel 'n praktisynskursus vir die versorging van slagoffers van seksuele geweld voltooi.”

Hy sê sy departement sal sy vennootskappe met NRO's en ander vennote wat met die voorsiening van sielkundige ondersteuning help, voortsit,

met die klem op voorkoming eerder as na-geweldsversorging.

Thuthuzela-sorgsentrum is tot stand gebring om die proses vir die aanmelding van verkragting en ander seksuele misdrywe te verbeter. Slagoffers word nou in 'n waardige en sorgsame omgewing bygestaan.

Die sentrums word deur die Nasionale Vervolgingsgesag in bedryf gestel, in samewerking met die departemente van Gesondheid;

Maatskaplike Ontwikkeling; en Justisie en Staatskundige Ontwikkeling, asook die Suid-Afrikaanse Polisiediens.

Daar is sewe sentrums in Gauteng, waarvan die eerste een in 2000 by die Chris Hani Baragwanath Hospitaal geopen is.

Dr Efadzwa Tipoy, 'n senior kliniese bestuurder wat aan die hoof staan van die Sinakekelwe Thuthuzela Sorgsentrum, het lede van die gemeenskap aangeraai om, indien hulle slagoffers van

seksuele geweld sou word, die voorval so gou moontlik by die sentrum aan te meld.

“Die geriewe bied behandeling wat voorkom dat seksueel oordraagbare infeksies soos Hepatitis B en MIV oorgedra word. Pille wat swangerskap as gevolg van seksuele geweld voorkom, sal ook voorsien word. Moet jouself nie was nie; draai die klere wat jy gedra het in bruin papier toe (nie plastiek nie) en bring dit saam met jou na die sorgsentrum toe,” sê dr Tipoy.

Hy het voorts gesê dat daar sedert die opening van die sentrum groot begrip was vir die dienste wat hulle bied en dat kliënte se menswaardigheid herstel word omdat hulle kan stort nadat hulle ondersoek is.

Een van die uitdagings waarvoor die kliniek te staan kom, is dat kliënte dikwels te lank ná die voorval daar aankom – dit is belangrik dat bewyse versamel en medikasie binne 72 uur ná die aanval toegedien word. **V**

A shot in the arm for the North West



■ From left Bapo Ba Mogale Representative Rangwane Radikobonyana Mogale, CEO of Lonmin Ben Magara and North West MEC of Health Honourable Magome Masike at the handover ceremony of ambulances.

Photo Cred: Jerri Mokgofe

More Matshediso

A partnership between the North West Department of Health, the private sector and communities is saving lives, says Health MEC Magome Masike. MEC Masike says the department has over the years

formed partnerships with various stakeholders to improve the delivery of health services.

“We officially opened a new chemotherapy unit within the Radiation Oncology Unit at Tshepong Hospital Complex in Klerksdorp in 2017. The construction of the unit came as a result of a donation by

the Muslim community,” MEC Masike says.

Previously, patients had to be transported to Gauteng to get treated for cancer.

“We are trying by all means to ensure that our people do not have to leave the province to get services,” he explains.

Another success story is a

maternity ward worth R6 million that was donated by Anglo Gold Ashanti. It was opened in May 2016 in the Botshabelo Community Health Centre in Stilfontein's Khuma Township.

According to the MEC, about 446 healthy babies have been delivered in the centre since then.

One of the challenges that the department had was a shortage of ambulances but Lonmin came to the rescue with an R11 million donation of 17 ambulances, a patient transporter and two mobile school health units.

Four of the vehicles will be permanently stationed at the Bapong Community Health Centre, while the remainder will service the Bojanala Platinum District Municipality, which includes Kgetlengrivier, Madibeng, Moses Kotane, Moretele and Rustenburg.

Matlou Mokgotho of Moruleng in the Moses Kotane

Local Municipality says that although she personally has never had to call an ambulance, she has witnessed how fellow community members struggled to get emergency services because of the unavailability of ambulances.

Lonmin's executive vice president of stakeholder engagement and regulatory affairs, Thandeka Ncube, says it has committed to assisting the department by providing it with the resources that it does not have or cannot afford. She explains that the end goal is to ensure that all residents have access to adequate primary healthcare within their vicinities.

Future Lonmin projects include a forensic mortuary, a community healthcare centre for the Marikana community, and a multipurpose community centre for Majakaneng residents. **V**