

Vuk'uzenzele



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Celebrating the life of an icon



"I seem to arrive more firmly at the conclusion that my own life struggle has had meaning only because, dimly and perhaps incoherently, it has sought to achieve the supreme objective of ensuring that each, without regard to race, colour, gender or social status, could have the possibility to reach for the skies."

Nelson Mandela

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Nelson Mandela
Centenary
2018
Be the Legacy



NHI a leap to improved health care

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Textile designer taking African craft to the world

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Ha bophelo bo o neha sirilamunu, e jale

LENANEO LA TSHEHETSO le Ntshetsopele ya Balemi le thusa metse e se nang bokgoni le batho ka ho qolleha haholoholo batho bao e leng majalefa a Ntshetsopele ya Naha.

Amukelani Chauke

Lefapha la Temo la Kapa Bophirima le tsamai-sa lenaneo le thusang balemi ba batjha le bao e leng kgale ba le motjheng ka mekgwa ya tshehetso ho tloha letsatsing la pele – ha ba hloka matlweli – ho isa nakong eo ba seng ba ikemetse.

Lenaneo la Tshehetso le Ntshetsopele ya Balemi le thusitse batjha ba jwaloka Wayne Mansfield (33) ho tswa Paarl, ya neng a sebelletsa malomae jwaleka morekisi Marakeng wa Motse Kapa nakong eo a neng a kena sekolo mme jwale o romela disirilamunu tseo a itemelang tsona naheng tse ka ntle ho tswa sekgetjhaneng sa polasi eo a e hirileng.

Dilemong tse 10 tse fetileng, ha a ne a le dilemo tse 23 e le rakgwebo, Mansfield o ile a nyahlatsa monyetla wa ho sebetsa polasing eo a neng a fumana disirilamunu ho yona ho di rekisa hape. Nakong eo o ne a se na thahase-lllo e kaalo temong.

Le ha ho le jwalo, dilemo



Molemi e motjha Wayne Mansfield (33) ho tswa Paarl, o qadile a sebelletsa malomae Marakeng wa Motse Kapa jwaloka morekisi dinakong tsa hae ha ne a sa kena sekolo mme a rekisetsa dinaha tse kantle disirilamunu tsa hae tseo a di lemang sekgetjhaneng sa polasi seo a se hirileng.

tse mmalwa tse latelang, o ile a fetola monahano wa hae ha a bona tlhokahalo e eketsehang ya disirilamunu marakeng.

"Hape ke ile ka elellwa hore balemi ba ntse ba etsa seo rona barekisi re se etsang – ba se ba ipakella disirilamunu tsa bona ho ithekise-tsa tsona Marakeng wa Motse Kapa" o buile jwalo.

Selemong sa 2013, rapolasi wa lehae o ile a dumela ho tataisa Mansfield mme a mo hirisetsa dihekethara tse 12 tsa naha. Hape o ile a mo kenyetsa le dipeipi tsa

ho nosetsa tse kgontshitseng Mansfield ho lema.

Ka selemo sa 2015, o ile a kgona ho romela ditone tse 31 tsa disirilamunu dinaheng tse ka ntle mme palo ena e ile ya eketseha haholo ho isa ditoneng tse 168 ka selemo sa 2016.

Diteboho di lebiswe haholo ho tataiso le thuso eo a e fumaneng ho tswa ho Lenaneo la Tshehetso le Ntshetsopele ya Balemi le ileng la etsa hore a fumane tjhelete ya Lenaneo la Tshehetso la Ditshebeletso Kaofela tsa Temo (CASP) ka selemo sa 2015, mme o ile a

kgona ho ba le metso e tsitsitseng le ho atleha jwaloka Molemi.

Ho aheng bokgoni bakeng sa balemi

Lenaneo la Tshehetso le Ntshetsopele ya Balemi le ikemiseditse ho aha bokgoni bakeng sa batho le metse e neng e sa kgone ho fihlella menyetla ena, haholoholo majalefa a Ntlafatso ya Naha. Le kenyelletsa balemi ba qalang ho hola, ba motjheng, ba banyane le balemi ba rekisang.

Motsamaisi wa Porojeke

bakeng sa Ditshebeletso tsa Tshehetso ya Ntshetsopele ya Temo Lefapheng la Temo Kapa Bophirima Shaheed Martin, o itse lenaneo le thusitse batho ba bangata hore ba ikemele.

"Re thusa balemi ho tloha qalong. Hona ho bolela hore

re ba thusa ho etsa dikopo tsa ho fumana matlweli, mme hang ha matlweli a tjaetswe monwana, re ba thusa ka ho kenyanya tshebetsong le ka kuno," o buile jwalo.

O hhalositse hore lefapha le nka motjha o batsu o phahlalletseng mme le nelana ka ditshebeletso tsa tshehetso ya temo, ho kenyelletsatse tshehetso ya disebediswa tsa motheo.

"Re na le ditsebi tsa moruo mme le bona ka hlakoreng le leng ba tla neha molemi tsela ya ho fihlella dimaraka hang feela ha ba se ba ikemetse." O buile jwalo. ▀

Ha o le molemi ya monyane hape o rekisa o ka letsetsa nomoro ena 021 808 5111 bakeng sa ha o batla ho tseba haholwanyane mabapi le Lenaneo la Tshehetso le Ntshetsopele ya Balemi.

Young female farmer leads in YAFF awards

Keamogetse Kgomanyane

Being born with a disability did not stop Landiswa Diniso from achieving her dream of being a farmer. In fact, it encouraged her to work harder.

The 28-year-old is the owner of Landiswa Diniso Livestock Enterprise in Burgersdorp in the northern part of the Eastern Cape.

She walked away with the Special Ministerial Award for a young entrepreneur living with a disability at the recently held 2018 Youth in Agriculture, Forestry and Fisheries (YAFF) awards.

Diniso was born with a disability in her left leg and has to wear a brace for support. However, she has not allowed

her disability to limit her.

As a young woman who grew up on a farm and later moved to a township in the Eastern Cape, Diniso said her journey into farming started over three years ago when her uncle gave her a calf.

She kept her calf in a grazing area and in 2015 the same animal which was now a cow had a calf. This inspired the farmer to continue in the farming business and she approached the Department of Rural Development and Agrarian Reform for support. She received animal feed and goats to start her business.

Today, the enterprise has grown to include a herd of 10 cattle, seven goats, eight pigs and a small patch where Diniso plants vegetables for the house-

hold and sells the surplus to the local community. This has become a means of livelihood for Diniso and her family.

She wishes to become a successful livestock farmer in the future and become an inspiration to the younger generation.

With the prize money of R50 000 she said it would help her start her goals. "The prize money will really assist my business. I believe farming is important because it creates job opportunities for unemployed youth," said Diniso.

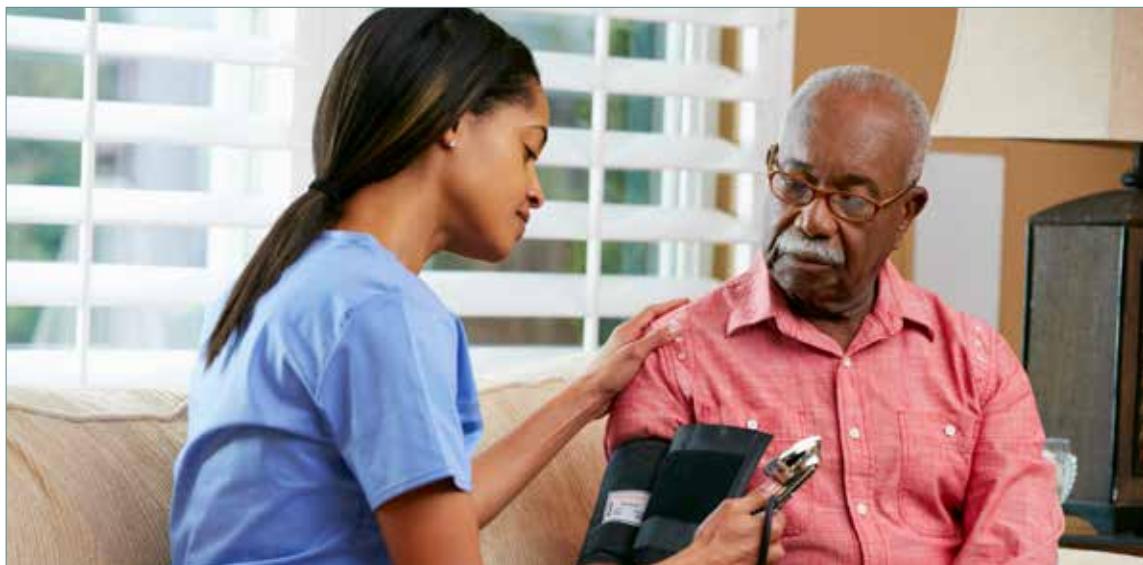
Speaking at the awards ceremony, the Minister for Agriculture, Forestry and Fisheries, Senzeni Zokwana, said the nominees and recipients of the YAFF awards were proof that the youth is interested in the agriculture sector.



Landiswa Diniso working hard to grow her farming business.

NHI ke mohato ntlafatsong ya tlhokomelo ya bophelo bo botle

MORERO WA NTSHETSOPELE YA NAHA (NDP) o bolela hore hotla hloka hore ho lekolwe boleng bo bokowa ba tlhokomelo ya bophelo bo botle le ditjeho tsa jwale tsa bophelo bo botle ditshebeletsong tsa poraefete.



Letona la Bophelo bo Botle Ngaka Aaron Motoaledi o re Sehlo-mathiso sa Bili ya Inshorensa ya Setjhaba ya Bophelo bo Botle (NHI) se tla ntlafatsa boleng ba tlhokomelo ya bophelo bo botle naheng ya Aforika Borwa.

Motoaledi o ne a bua hau-finyana tjena kopanong ya masedinyana moo a neng a bula le ho tsebahatsa Sehlo-mathiso sa Bili ya NHI le Sehlo-mathiso sa Bili ya Sekema sa Kalafo.

Dihlomathiso tsena di tla kgatha tema bakeng sa phumaneho e fihlellwang ya tlhokomelo ya bophelo bo botle ka tshebediso ya NHI.

Bili ke karolo enngwe ya ho ralwa ha sengolwa sa molao.

Dibili tse ngata di ralwa ke lefapha la mmuso ka tla-sataiso ya letona le nepahetseng. Bili e lokela ho tjhaelliwa monwana ke Kabinete pele e fetisetswa Palamenteng.

Ho tsebiswa ha Dibili tse pedi tsena ho bolela hore Aforika

Borwa e salletswe ke mohato o le mong feela ho fihlelleng tlhokomelo ya bophelo bo botle ya lefatsho ka bophara ho bolelang hore haufinyana NHI e tla ba molao.

NHI ke mokgwa wa tshebediso ya tjhelete ya kalafi e tla etsang bonneta ba hore baahi kaofela ba Aforika Borwa ba nehelwa tlhokomelo ya bophelo bo botle ho sa kgathalletse-he maemo a bona a mosebetsi le bokgoni ba ho kenya letso-ho ka ho otolloha letlweleng.

Motoaledi o itse mmuso o

ellelwa ka maikutlo a bohloko ntlha ya hore batho ba bang ba kgolwa hore le pele ho buu-wa ka NHI ho na le tlhokeho e kgolo ya ho lokisa pele maemo a tsa bophelo bo botle dipetleng tsa setjhaba.

O itse mmuso o lwantshana le mathata a boleng bo tlase ba bophelo bo botle le tlhokeho ya ditshebeletso tse tshwane-tseng tsa bophelo bo botle dipetleng tsa setjhaba.

Motoaledi o itse NDP e hlakisitse ka ho otolloha le hore ho kenya tshebetsong NHI, boleng ba tlhokomelo ya bophelo bo botle le ditjeho tsa jwale tsa bophelo bo botle tsa poraefete di hloka ho lekolwa.

E tla re ha dihlomathiso tsa Dibili ho ntse ho ngangis-a-nwa ka tsona, ka letsohong le leng mmuso o tla tswella ho kenya tshebetsong bonyane diporojeke tse nne tsa NHI, mme ho tsona ho tla keny-e-lletsa tlhokomelo ya bophelo bo botle dikolong, tlhokomelo ya bophelo bo botle bathong ba nang le mahloko a ka hlo-hong, tlhokomelo ya bophelo bo botle basading ba baimane ba nang le mathata a ho ima dipetleleng tse 22 tse amehang haholo mmoho le tlhokomelo ya bophelo bo botle mafung a mofetshe, ka ho qolleha thu-so e hlokalang porofenseng ya Gauteng le KwaZulu-Natal, ha diporofense tse ding le tsona di sa lebalwa.

Hape Motoaledi o itse di-

tjeho tsa bophelo bo botle tsa poraefete di phahame haholo bakeng sa baahi ba bangata, mme ka thuso ya eo e neng e le Hlooho ya tsa Toka Sandile Ngcobo ya thontsweng ke Khomishini ya Tlhodisano ho etsa dipatlisiso tsa maraka ditjehong tsa poraefete tsa bophelo bo botle.

"Dihlomathiso tseo re di tlisang di etseditswe ho ne-helana ka tharollo e hloka-halang haholo bakuding ba iphumanang ba tetebetse ka hara mathata a ditjhelete tsa ditjeho tsa kalafi," o buile jwalo.

Motoaledi o itse sehloma-thiso sa pele sa Bili se tla tseba ho fedisa ditefello tse ko-pantsweng.

Ho lefa ka kopanelo ho bole-la hore sekema se lefa tjhe-lete e itseng ya ditshebeletso ho moabi wa tsona – e leng sepatlele kapa ho ngaka – e leng ditefo tsa ditshebeletso tsa mokudi.

Dijhelete tse setseng tsa matlwelie di leshwa ke bakudi ho tswa mekotleng ya bona.

Na o ne o tseba?

Hore lefapha le qetile kapa le ne le le lekgatheng la ho qeta ho aha le ho ntlafatsa ditliliniki tse 701 le ho sebedisa tjhelete e kana ka R40 billion ho lokisetsa NHI.

Plans to drastically change TB treatment

THE INTRODUCTION of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

Patients with Multi-drug Resistant Tuberculosis (MDR-TB) will now be able to receive life changing treatment as the Department of Health begins its roll-out of Bedaquiline.

According to the department's drug resistant TB director, Norbert Ndjeka Bedaquiline will replace the old regimen, which makes use of injections to administer MDR-TB treatment.

"This means that for the first time, an injection-free

regimen will be recommended for all patients with Rifampicin Resistant Tuberculosis in South Africa. Additionally, patients with MDR-TB will now also receive Bedaquiline as part of a more patient friendly short regimen, which is expected to improve adherence and ensure success," he said.

The introduction of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

The department says Be-

daquiline has been hailed for its effective treatment and short turnaround time.

"Treating patients with drug resistant TB was difficult with old medicines, which had many negative side effects and over long periods often up to 24 months."

In addition, the treatment is revered for reducing the number of deaths and having fewer side effects in comparison to its injectable counterpart, which resulted in hearing loss for many MDR-TB patients.



The department began the roll-out of Bedaquiline across the country in July.

"We started the roll-out with facilities that are ready to implement. This will be done in a phase by phase approach. We will then assist

and capacitate those provinces that need assistance," said Ndjeka.

It is anticipated that roll-out across the country will be concluded between the next three to six months.