


Vuk'uzenzele



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Living positively with HIV

KEEPING A CHILD living with HIV happy and healthy is not easy, but staying positive, listening to your doctor and taking your medication are vital coping tools.

More Matshediso

Since he was just one month old, 10-year-old Themba Buthelezi* has been on HIV treatment. His mother Slindelo Buthelezi*, who lives in Johannesburg, passed the virus to her infant through her breastmilk. She shared with *Vuk'uzenzele* the details of how she strives to keep both herself and her son healthy by ensuring they routinely take their antiretroviral treatment (ART) to suppress their viral loads. "He was about one month old when he tested positive. I could not

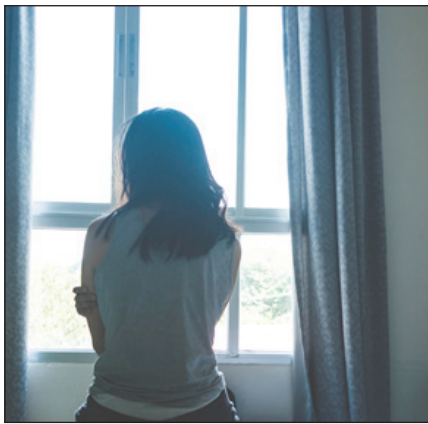
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Tšhono ya bofelo ya go ikwadisetsa go tlhopha

MAAFORIKA BORWA a tshwanetse go diragatsa tshwanelo ya bona ya semolao ya go tlhopha lekoko la dipolotiki le ba le ratang.

Mafelo a beke a go ikwadisetsa go tlhopha a tla diragala ka Lamatthatso, la bo 26 le Latshipi la bo 27 Ferikgong 2019 go ya ka modulasetulo wa Lephata la tekolo la IEC Glen Mashinini.

Mashinini a re diteišene tsotlhe tsa go tlhophela di le 22 932 di tla bulwa go tloga ka ura ya bo 08:00 mo mosong go fitlha ka ura ya bo 17:00 maitsiboa mo mafelong a beke a go ikwadisetsa ditlhopho.

“Se ke go letla batlhophi ba ba ntšhwa go ikwadisa le batlhophi bao ba setseng ba ikwadisitse mo nakong e e fetileng go ntšhwafatsa le go lekola dintlha tsa bona tsa ikwadiso.”

Mashinini a re ga jana go setse go na le dimiloyone di le 26.1 tsa batlhophi ba ba setseng ba ikwadisitse mo lenaaneng la batlhophi la bo-

setšhaba.

IEC e solofetse go kwadisa palo ya batlhophi ba bantšhwa ba ka nna milione o le mongwe mo lenaaneng la batlhophi pele ga ditlhopho tsa 2019.

Mashinini a re ikwadiso ya batlhophi e tla dirwa gape le kwa dikgolegolong tsotlhe tsa ka fa nageng go letla batshwariwa go diragatsa tshwanelo ya bona ya go tlhopha.

“Mo mabakeng a go tlhopha, bagolegwa ba kaiwa ba ikwadisitse go tlhopha kwa dikgaolong tsa go tlhopha tseo kgolegelo eo ba leng mo go yone eleng mo go tsone.

Ba malapa a ba ba golegilweng kwa dikgolegolong ba kopiwa go ba tlišetsa makwaloitshupo a bona pele ga ikwadiso”, go bua Mashinini.

Kwadiso ya batlhophi

IEC e solofela gore batlhophi bao ba setseng ba ikwadisitse



ba tla dirisa tšhono eno go etela diteišene tsa bona tsa ditlhopho go tlhola maemo a bona a ikwadiso segolobogolo go tlhomamisa le go ntšhwafatsa dintlha tsa bona tsa bodulo.

Tseno ke tse o tshwane-tseng go di itse:

- Baagi ba Aforika Borwa botlhe ba ba dingwaga di le 16 le go feta mme ba na leng makwaloitshupo a semmuso ba ka ikwadisa jaaka batlhophi (mme ke fela ba ba tla bong ba le dingwaga di le 18 ka letsatsi la go tlhopha ba ba tla letlelwang go tlhopha).
- Batlhophi ba tshwanetse

go tsaya khopi ya lekwaloitshupo la bone kgotsa ya karataitshupo kgotsa ya sefikheiti sa lekwaloitshupo la nakwana fa ba ya go ikwadisetsa go tlhopha kwa dikgaolong tsa bona tsa go tlhopha tseo ba nnang kwa go tsona.

- Fa ba ikwadisa, batlhophi ba tshwanetse go fana ka atere-eo ba nnang kwa go yona kgotsa ka tlhaloso ya kwa ba nnang teng go kgontsha IEC go ba baya mo lekaleng la lenaane la batlhophi le le nepagetseng. Lekwlo la bopaki jwa ko nnang gone ga le tlhokeke.

Nomoro ya tikwatikwe ya IEC e tla tsengwatirisonng pele ga mafelo a beke ya ikwadiso ya bosetšhaba mme e tla nna mo tirisong go fitlha go konosediwa ga mafelo a beke a ikwadiso go thusa baagi go ikwadisa le go tlhopha.

Mashinini o ikuetse mo bana-lesebeng botlhe go akaretsa makoko a sepolotiki, mafapha a puso le ditlamo, bobegadikgang le dithulaganyo tsa selegae go tshegetsa letsholo leno la go ikwadisa go rotloetsa batlhophi go ikwadisa pele paka ya ditlhopho e rebola. **SAnews**

Batlhophi ba ba ikwadisitseng ba ka etela websaete ya IEC (www.elections.org.za) go lekola dintlha tsa bona tsa ikwadiso le mafelo a diteišene tsa ditlhopho di tla bong di le kwa go ona. Ba ka romela gape le dinomoroitshupo tsa bona ka molaetsakhutswe go 32810 go bona molaetsakhutswe o o lereng aterese ya seteišene sa bona sa ditlhopho (o ba tla o duelang R1).

First time voter eager to register for 2019 elections

More Matshediso

Ponalo Notwane will ensure that he registers to vote for the 2019 national and provincial government elections.

Notwane (21) says he will be voting for the first time during next year's elections.

He told *Vuk'uzenzele* that he will either register at a voting station in his home town in Klerksdorp in the North West or at the University of Pretoria, where he is currently studying towards a degree in Computer Science.

“This is exciting for me because I will finally have a say about which political party should lead our country and I am hoping that many young people who qualify to vote will also use this opportunity to register because this will affect their future,” said Notwane.

The IEC has announced that the final registration weekend

was set for January 26 and 27 2019. About 22 932 voting stations across the country will

“I will finally have a say about which political party should lead our country. I hope that many young people who qualify to vote will also use this opportunity.”

open their doors from 08:00 to 17:00 to allow first time voters to register and others to update and check their



Ponalo Notwane has his Smart Card ID ready. He is set to register to vote for next year's elections.

registration details.

However, the electoral commission was concerned that the lowest voter registration levels are for voters aged between 18 and 19 years old, which

makes up to 15.1 percent of the estimated population. This is followed by 20 to 29 year-old age group, which makes up to 56.7 percent of the estimated voting population.

Notwane says he believes that the low turn out of young people voting, is a result of lack of information about elections, which makes it challenging for the youth to participate.

Notwane said young people must realise that it does not help to complain about not getting services from government if they do not vote.

“For example, service delivery is a bit inconsistent in my hometown, but if young people can develop an interest in issues of governance and politics, they will be able to change how things are done,” he said. **SAnews**

All South African citizens aged 16 years and older, who are in possession of an official Identity Document (ID) or temporary ID certificate can register as voters, but only those who are at least 18 years old on voting day may vote.

Dikgakololo tse di tla go thusang gore o boloke-sege mo pakeng eno ya setlha sa meletlo

Dale Hes

Paaka ya setlha sa meletlo ke nako ya boitumelo. Le fa go le jalo e tlhola gape le dikotsi di le dintsi tse di jaaka dikotsi tsa dijanaga, bogodu le mefuta e mengwe ya bosenyi. Latela dikgakololo tse di latelang go netefatsa gore wena le ba lapa la gago le boloke-segile ebile le keteka nako ya lona ka boitumelo.

Bolokesege mo ditseleng

Dikotsi tsa ditsela di oke-tsega mo go makatsang ka paaka ya setlha sa meletlo, mme di latola matshelo a le mantsintsi. Go bolokesege, netefatsa gore o:

- Lekola sejanaga sa gago pele o tsena mo leetong, go netefatsa gore se siametse tsela.
- Wena le banamedi ba sejanaga sa gago le bofa mabanta a tshireletsego ka dinako tsotlhe.

- Tsamaya o ikhutsa morago ga go kgweetsa sebaka se sengwe le se sengwe sa diura di le pedi fa ele gore o kgweetsa sekgala se se telele.
- Se ke wa itshiela morago wa tsena mo sejanageng wa kgweetsa.
- Kganna ka lebelo le le sa feteng le le letleletsweng mo tseleng e bile o obamela le melao yotlhe ya tsela.
- Tlhokomela dijanaga tse dingwe mo tseleng mmogo le batsamaya ka dinao.
- Seke wa dirisa mogala wa gago o kgweetsa.

Polokesege ya bana

Mafelo a le mantsi a botlhabakgobe mo matsatsing a boikhutso a tla bo a tlhanasela thata, mme seno se raya gore go na le kgonagalo ya gore o ka latlhegelwa ke ngwana wa gago mo boidiiding jwa batho.

Go botlhokwa gape gore



o bee bana ba gago leitlho fa ba dira ditiro tse di tshwanang le go thuma mo mawatleng kgotsa fa ba tshameka kwa mabaleng a metshameko. Tseno ke tse dingwe tsa dikgakololo tse di tla dirang gore bana ba gago ba bolokesege:

- Netefatsa gore bana ba ka fa tlase ga tlhokomelo ya mogodi yo o nang le maikarabelo ka dinako tsotlhe.
- Netefatsa gore bana ba bofilwe mabanta fa ba nametse sejanaga.
- Ruta bana ba gago ba bagolwane nomoro

ya gago ya mogala wa letheke gore ba go letsetse fa go na le tshoganyetso.

- Netefatsa gore bana ba ba sa kgoneng go thuma sentle ba apeswa dithusa go thuma tsa mo mabogong tse di tshelwang mowa fa ba thuma.
- Ruta bana ba gago gore le ka tsatsi la motlholo ba seke ba namela dijanaga tsa batho ba ba sa ba itseng e bile ba seke ba bua le batho ba ba sa ba itseng.
- Tshwara ngwana wa gago ka letsogo fa le le mo mafelong a a tlhanaselang le fa le kgabaganya mmila.
- Ithute thuso ya potlako gore o kgone go thusa mongwe fa go tlhokega.

Bosenyi

Ditiragalo tsa go thubelwa kwa dintlong le tsa bogodu mo dipaakeng tsa setlha sa meletlo di a oketsega.

Nna ole malalalaotswe ka

dinako tsotlhe mme o tsaye dikgato tse di latelang tsa polokesegego:

- Fa o tsaya maeto go keteka matsatsi a gago a boikhutso, netefatsa gore matlhabaphefo otlhe le mejako ya ntlo ya gago di notletswe.
- Fa yo mongwe wa baagisane ba gago go se ko a yang teng mo matsatsing a boikhutso, mo kope go baya ntlo ya gago leitlho.
- Fa o o le mo matsatsing a gago a boikhutso fitlha dilwana tsa gago tse di botlhokwa tse di tshwanang le megala ya letheke le dipatšhe.
- Notlela sejanaga sa gago ka dinako tsotlhe fa o fologa go sa kga-thalesege gore o tla nna sebaka se se kanakang. Netefatsa gore se tswaletse ka go tlhatlhoba ditswalo tsa sona.
- Tshola dinomoro tsa ditirelo tsa tshoganyetso tse di jaaka tsa emelense le sepodisi mo go wena.

When the sheriff knocks at your door

SHERIFFS ARE REPRESENTATIVES of the court and as such, you must follow their instructions or you may be liable for prosecution and further costs.

Allison Cooper

Answering the door to find the sheriff on the other side is enough to have you shaking in your shoes.

A sheriff has the authority to carry out court orders. This may include attaching (taking) some of your possessions so that they can be sold to help pay back money you owe to someone. It is important to know your rights and to understand the sheriff's responsibilities.

The South Africa Board for Sheriffs chairperson, Charmaine Mabuza, stressed that a sheriff is an impartial and independent official of the court appointed by the Minister of the department of Justice and Correctional Services. Interestingly, sheriffs operate inde-



■ Make sure you understand your rights when you are dealing with the sheriff of the court.

pendently from each other; in fact, they are private business people.

The board monitors sheriffs and their deputies to ensure they execute their duties in a humane manner in terms of the Code of Conduct for Sheriffs.

The sheriff or deputy sheriff must serve or execute all documents issued by the courts. These include summonses, notices, warrants and court orders.

"The sheriffs' profession is a vitally important arm of

the administration of justice in South Africa. Without it, justice would grind to a halt," explained Mabuza.

A sheriff may enter your premises, even when you are not there, providing they have a legal court order to attach some of your possessions.

However, a sheriff must treat you with dignity and respect at all times; and he/she must explain the contents of the court document and what you need to do next.

It is important to know your rights, most notably that a sheriff may not remove necessary items such as food and beds, bedding and clothes. There are also limitations on other things, such as tools of trade you may need to carry out your work, which may not be attached.

Also, be sure to ask for

identification so you are not scammed. All sheriffs and deputies must carry a valid identification card issued by the South African Board of Sheriffs (SABFS) and must be able to produce it on request. ■

What to do if you have a complaint against a sheriff?

If you have a complaint, or if you are unsure of your rights, contact the SABFS via email: contact@sheriffs.org.za or phone: 021 426 0577. The SABFS also has a fraud hotline to allow people to bring any unethical business practises to the attention of senior management. The toll-free number is 0800 000 628.

Dirisa madi sentle mo Keresemoseng eno

O SEKE WA iphitlhela o dirile phoso e kgolo ya go dirisa madi a a fetang ao o na leng one.

Allison Cooper

Paaka ya setlha sa meletlo ga e a tshwanela go go tlogela o le mo dikolotong.

"Tirisobotlhaswa ya madi e tlhobaetsa fela jaaka sekoloto se se ganang go fela. Go botoka go tila go dirisa madi botlhaswa mo Keresemoseng eno, go nne fa o sa dire jalo

"O seke wa iphitlhela o dirisitse madi a e seng a gago."

o ka iphitlhela o gosometse mo thagarageng ya dikoloto mo nakong e tlang," go bua motsamaisi wa dipapatso le disolo wa DebtSafe Matthys Potgieter.

Maikutlo ale a a nama-tshang a go reka kafa le kafa mo kgwedding ya Ngwania-



tsele le ya Sedimonthole ke a nakonyana e e khutshwane mme bareki ba tla itemogela matsapa kwa bokhutlhong jwa Ferikgong 2019. "Se dirise madi a o senang one," Potgieter a tlaleletsa jalo.

Mellony Ramalho wa African Bank a re badiri ba du-elwa go sale gale ka Sedimonthole mme seo se dira gore ba lete sebaka pele ba ka

bona letseno le lengwe gape ka kgwedi ya Ferikgong.

"Ferikgong ke kgwedi e e boima mo bathong ba le bantsi, mme ba bangwe ba feletsa ba dirisa dikarata tsa sekoloto kgotsa ba adima madi. Go botlhokwa go ikela tlhoko ka fao o dirisang madi a gago ka teng. Go botoka go rulaganya lenane la ka fao o tla dirisang madi ka teng go

tila tirisobotlhaswa ya madi" go bua Ramalho.

Potgieter o eletsa bareki go simolola go reka dilo tsa Keresemose go sa le gale le go netefatsa gore mafelo ao go bolokiwang dijo mo go one, ditsidifatsi le digatsetsi di tletse thi! ka dijo tse di nnag lobako lo lo leele di sa senyege, mme seno se tla dira gore ba tile tshenyo ya

madi le go reka dilo tse di boturu ka nako ya mafefelo.

Ka fao Potgieter a eletsang bareki go disa madi a bona:

- Tlase setsidifatsi sa gago le diraka ka dijo tse di tsayang nako go senyega.
- Dirisang sejanaga se le esi. Fa le dirisa sejanaga se le esi go tla le kgontsha go sonaga madi le go dirisa leokwane le le nnye.
- Se dirise ditselafefo tse di duelelwang.
- Boemong jwa go reka dimpho bua le bana ba gago gore go ka nna jang fa le ka ibakela dimonamone tse di tla jewang ke ba ka fa lapeng mme e nne bona ba di kgabisang.
- Simolola nako e santse e le teng go reka dilwana tsa Keresemose.

Monongwa setlhophapha sa DebtSafe se rotloetsa bareki go dirisa pampiri e e phitshwa e e tlwaelegile go phuthela dimpho gonne ga e turi e bile e mosola mo tikologong. **U**

Quality affordable smart phone for Africa

THE AFRICAN Development Bank and its strategy of industrialising Africa has played a vital role in developing the continent's technology sector.

In the world of smartphones, China has Huawei, Korea has Samsung, while the United States of America has Apple.

Long-time dark horse Africa is now taking centre stage with the announcement of the Mara phone project that is touted to take the smartphone business by storm.

Developed by Rwandan businessman and billionaire Ashish Thakkar, the Mara group at the Africa Investment Forum announced ambitious plans to develop manufacturing plants in Rwanda and in South Africa.

During South Africa's recently held inaugural investment conference, a brainchild of President Cyril Ramaphosa, Thakkar announced that his company would be investing R1.5 billion in a South African



venture over the next five years.

Thakkar also said there were further plans to develop the phone in plants across the continent's five regions.

"We all know the importance of high quality and affordable smartphones and the impact

this can have on the continent. Quality smartphones mean we can truly enable financial inclusion, micro-lending and micro-insurance. This can translate into better education, digital healthcare and agriculture efficiency and improved commerce.

"If this is all going to be possible... we [need] quality and affordable smartphones. Unfortunately, we have quality smartphones but they are not affordable and if it is affordable, it is not quality," he said.

None of the millions of smartphones found worldwide are

from Africa, Thakkar said.

"We have a few that are assembled in Africa but nothing is truly being manufactured in Africa. Thanks to the African Development Bank, this will change," said the businessman.

He said the idea to produce the Mara phone was made possible thanks to the support from the African Development Bank and its strategy of industrialising Africa.

"We all believe that it is time to shift the narrative, which is why we are also excited that the phone will also be sold in Europe," he said.

"This will truly be transformative. It will create thousands of jobs directly and eventually hundreds of thousands of jobs indirectly in the eco-system across the continent," Thakkar said. **U SAnews.gov.za**