

Vuk'uzenzele



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Celebrating the life of an icon



"I seem to arrive more firmly at the conclusion that my own life struggle has had meaning only because, dimly and perhaps incoherently, it has sought to achieve the supreme objective of ensuring that each, without regard to race, colour, gender or social status, could have the possibility to reach for the skies."

Nelson Mandela

“
100
Nelson Mandela
Centenary
2018
Be the Legacy



NHI a leap to improved health care

Page 6



Textile designer taking African craft to the world

Page 8



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Uma Impilo Ikunika Emalamula, Walime

LUHLELO LWEKUSITA NEKUTFUTFUKISA Balimi lusita imimango nebantu labancisheke ematfuba ikakhulu labo labazuze ekuHlelweni Kabusha Kwemhlaba.

Amukelani Chauke

Litiko Letekulima laseNshonalanga Kapa lichuba luhlelo lolusita balimi labasha nalasebabomkantjubovu ngeluhlelo lwekusita kusukela kucalwa nje ngelilanga lekucala – uma badzinga lusito lwemali – kute kubengulapho nabo sebakhona kutimela.

LoLuhlelo Lwekusita neKutfufukisa Balimi selusite bantu labasha njenga-Wayne Mansfield (loneminyaka lenge-33 budzala) wasePaarl, losuke ekubeni ngusitolosiyandzindza lobekatsengisela malume wakhe eMakethe yaseKapa ngesikhatsi asafundza siko-lwa watsengisa ngephandle kweminyele yakuleli laseNigizimu Afrika emalamula lawalima yena ngekwakhe emhlabenai lawarentako.

Eminyakeni lelishumi leyendlulile, ngesikhatsi angusomabhzinisi loneminyaka lenge-23 budzala, Mansfield wala litfuba leku-sebenta epulazini lebekacupha kulo emalamula bese uyawatsengisa. Kwengeta



■ Umlimi Lomcane Wayne Mansfield (loneminyaka lenge-33 budzala) wasePaarl, usuke ekusebenteni njengasitolosiyandzindza asebentela malume wakhe eMakethe yaseKapa ngesikhatsi asafundza siko-waya ekutsegiseni ngaphandle kweminyele yakuleli emalamula lawalima yena ngekwakhe emhlabenai lawarentako.

ekutsini bekasesemncane futsi ete nenkhabunkhabu yekulima.

Nanoma kunjalo, eminyakeni letsite ekuhambeni kwesikhatsi, wantjintja umcondvo wakhe ngesikhatsi abona kukhula lizinga leku-funwa kwemalamula.

"Ngaphindze ngacaphela kutsi balimi nabo bebenta loku bekwentiwa ngitsi tsine bositolosiyandzindza – bebatipakishela imikhicti yabo bese bayoyitsengisa emakethe eKapa. Ngabese

ngiyacaphela kutsi kunge-nteka kutsi masinyane nje angeke sibe nebantu labanyenti lesitawubatse-ngisela tsine bositolosiyandzindza," kwasho yena.

Kutsite nga-2013, umlimi wendzawo wavuma kucece-

sha Mansfield waphindze wamrentisela umhla-ba longemahetha la-12. Waphindze futsi wamfakela emaphayiphi ekunisela lokwenta kutsi Mansfield akhone kulima.

Nga-2015, wakhona kutse-ngisa emalamula lange-mathani lange-31 ngaphandle kweminyele yale-li laseNingizimu Afrika kwaphindze futsi kwatsi nga-2016, lelinani lakhula kakhulu laba ngemathani la-168.

Loku kwenteke nganca yelusito lolwatfolwa kuLuhlelo Lwekusita neKutfufukisa Balimi lokungulo lolwenta kutsi nga-2015 atfole sibonelelo kuLuhlelo Lolukhulu Lwekusita Ngetekulima (i-CASP). Loku

kwa-menta wantinta wabuye-futsi waba ngumlimi londlondlobele.

Kuhlomisa abalimi ngemakhono ebalimi

LoLuhlelo Lwekusita ne-Kutfufukisa Balimi luhlose kwakha emakhono emima ngo nebantu labebakadze banchisheke ematfuba phambilini, ikakhulu labo labazuze eKuhlelweni Kabusha Kwe-mhlaba.

Lusita balimi labasakhasa, labalimela kutidlela bese batsengisa loko lokusaloko, balimi labanemhlabatsi lomcane kanye nebalimi labakhulu labalimela kutsengisa etimakethe letinkhulu.

Umlawuli wemklamo



weluphiko lolubukene neku-tfufukisa tekulima Shaheed Martin kuLitiko Letekulima laseNshonalanga Kapa utsite loluhlelo selusite balimi basimama.

"Sisita balimi kusukela ekucaleni noma-ke esinyatse-lweni sekucala. Loku kusho kutsi sibasita ngenchubo yekufaka sicelo sekufola lusito lwemali futsi titsi tingavunywa leticelo, sibe-se-ke sibasita ngekufeze kisa neukhicit," kwasho yena.

Uchaze watsi lelitiko libuka-na naloludzaba ngendlela lebanti lefaka ekhatsi konke-he lokufanele libuye futsi libanike tinsitakalo tekulima letiphelele, kufaka ekhatsi kusita ngesakhiwonchanti.

"Sinebahlatyi betemnotfo noma-ke bosomnotfo futsi nabo ngalokunjalo batawenta kutsi balimi bakwati kufinyelela timakethe uma sebasimeme." kwasho yena. ▀

Uma ngabe ungumlimi lomcane nobe lomkhulu ungashayela lenombolo yelucing: 021 808 5111 kute utfole Iwatiso lolubanti mayelana naLoluhlelo Lwekusita neKutfufukisa Balimi.

Young female farmer leads in YAFF awards

Keamogetse Kgomanyane

Being born with a disability did not stop Landiswa Diniso from achieving her dream of being a farmer. In fact, it encouraged her to work harder.

The 28-year-old is the owner of Landiswa Diniso Livestock Enterprise in Burgersdorp in the northern part of the Eastern Cape.

She walked away with the Special Ministerial Award for a young entrepreneur living with a disability at the recently held 2018 Youth in Agriculture, Forestry and Fisheries (YAFF) awards.

Diniso was born with a disability in her left leg and has to wear a brace for support. However, she has not allowed

her disability to limit her.

As a young woman who grew up on a farm and later moved to a township in the Eastern Cape, Diniso said her journey into farming started over three years ago when her uncle gave her a calf.

She kept her calf in a grazing area and in 2015 the same animal which was now a cow had a calf. This inspired the farmer to continue in the farming business and she approached the Department of Rural Development and Agrarian Reform for support. She received animal feed and goats to start her business.

Today, the enterprise has grown to include a herd of 10 cattle, seven goats, eight pigs and a small patch where Diniso plants vegetables for the house-

hold and sells the surplus to the local community. This has become a means of livelihood for Diniso and her family.

She wishes to become a successful livestock farmer in the future and become an inspiration to the younger generation.

With the prize money of R50 000 she said it would help her start her goals. "The prize money will really assist my business. I believe farming is important because it creates job opportunities for unemployed youth," said Diniso.

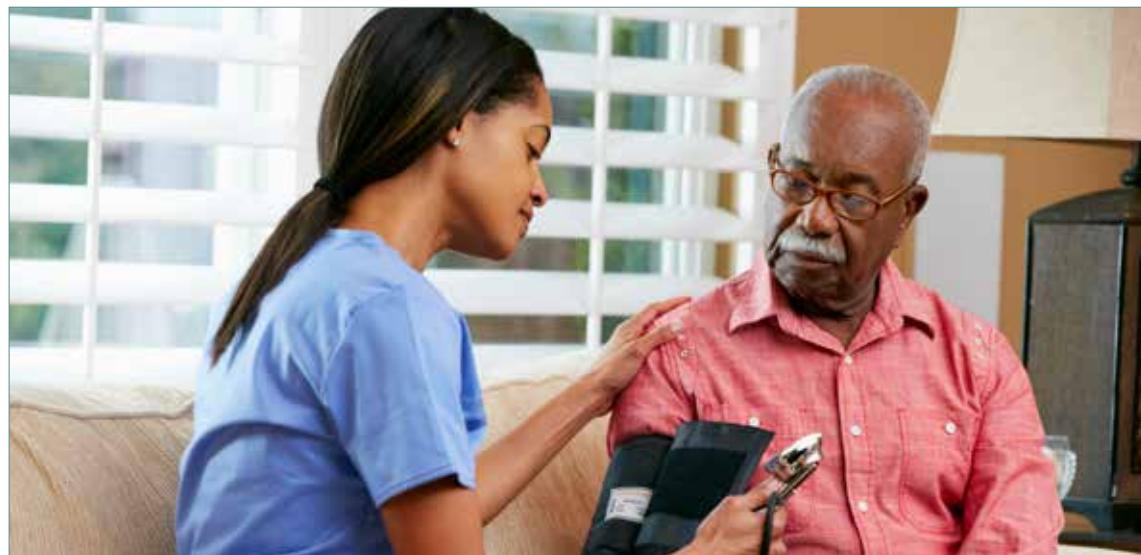
Speaking at the awards ceremony, the Minister for Agriculture, Forestry and Fisheries, Senzeni Zokwana, said the nominees and recipients of the YAFF awards were proof that the youth is interested in the agriculture sector.



■ Landiswa Diniso working hard to grow her farming business.

I-NHI seyifike kutekunakekelwa ngetemphilo letincono

I-NDP itsi ekufezekiseni i-NHI, kudzingeka kutsi kulungiswe lizinga lelibi letinsita temphilo kanye netindleko tetinsita temphilo letibitwa tikhungo tetemphilo letitimele.



Indvuna yeTemphilo Dkt. Aaron Motsoaledi utsi Umtsetfosivivinyo wekuChibela Tindzaba te-Mshwalensi waVelonkhe we-Temphilo (i-NHI) utawenta kancono lizinga letinsita te-temphilo eNingizimu Afrika.

Motsoaledi bekakhuluma emhlanganweni webetindzaba losandza kubanja lapho beketfula khona Umtsetfosivivinyo wekuChitjelwa kwetindzaba te-NHI kanye neMtsetfosivivinyo wekuChibela tindzaba teTikimu teTekwelashwa.

LeMitsetfosivivinyo ivula indlela yekutsi babe banengi bantfu labatfola tinsita tetemphilo ngekusebentisa i-NHI.

Umtsetfosivivinyo luhlaka lwemtsetfo. Imitsetfosivivinyo lemnyeti yentiwa litiko lahulumende ngekucondzi-swayindvunalefanele. LoMtsetfosivivinyo ufanele kutsi ubese uvunywa yiKhabhine-thi ngembi kwekutsi wetfulwe ePhalamende.

Lokwetfulwa kwaleMitsetfosivivinyo lemibili kusho kutsi iNigizimu Afrika seiydvute ngesinyatselo sinye

ekutsini itfole tekunakekelwa kwebantfu ngelizinga lelibe letemphilo ngalokufananako lokusho kutsi-ke masinyane je i-NHI itawuba ngumtsetfo.

I-NHI iyinchubo yekusita ngetimali letawenta sici-seko sekutsi tonkhe takhamuti taseNingizimu Afrika titfola tinsita tetemphilo letibalule-kile, ngekungakhatsali ngetimo tabo temsebenti kanye ne-kutsi bayakhona yini kufaka imali ngco kulesikhwama.

Motsoaledi utsite hulu-mende uyati kutsi kuhona

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bantfu labakholelw eku-tsini kungakacalwa nje kutsi kuhulunye nge-NHI, kunesidzingo sekutsi kucalwe ngekulungisa simo setinsita tetemphilo letintengantenga-ko saseNigizimu Afrika.

Utsite hulumende uyatati letinkinga telizinga lelibi ne-kweswelakala kwemakhono kutekunakekelwa ngetemphilo tahulumende.

Motsoaledi utsite Luhlelo Lwekfutfukisa Lwavelonkhe (i-NDP) yakucaphela loku nekutsi futsi ekufezekisweni kwale-NHI, kudzingeka kutsi kulungiswe lelibe letinsita tetemphilo kanye netindleko tetinsita tetemphilo letibitwa tikhungo tetemphilo letitimele.

Ngesikhatsi kusasebanjwe tinkhulumomphikiswano mayelana netichibelo tale-Mitsetfosivivinyo, lelitiko litawufezekisa lokungenani imiklamo lemine ye-NHI, lefaka ekhatsi tinsita tetemphilo etikolweni, tinsita tetemphilo talabagula ngengcondvo, tinsita tetemphilo tabomake labakhulelw labanebumatima nekukhulelw kwabo etibhedlela letinge-22 letitsintse-ke kakhulu kanye newesi-fo semdlavuta (i-oncology), ngekusita kakhulu iGau-teng neKwaZulu-Natal, kodvwa-ke kubekwabekwa eceleni letinye tifundza.

Motsoaledi uphindze watsi tindleko letibitwa tikhungo

temphilo letitimele atifinyele-lwa takhamuti taseNingizimu Afrika letinyenti. Sekubekwe loyo bekakadze aLijaji leLikhu-lu Sandile Ngcobo yiKhomishini yeTekuncintisana kutsi ente lucwaningo ngetindleko tetinsita tetemphilo letibitwa tikhungo tetemphilo letitimele.

"Letichibelo lesitetfula-ko tentelwe kuletsa lusito loludzingeka kakhulu kutigu-lane letitifola tikuletinkhulu tinkinga tekubabete imali," kwasho yena.

Motsoaledi utsite sichibelo sekucala saloMtsetfosivivinyo sitawucedza kukhokha ngekuhlanguyela noma-ke kutsi kubekwabekwa imali nawe loyikhiphako ekhikhini lakho.

Kukhokha ngekubambisana kusho kutsi sikumu sikhokha incenye yenkohkhelo yema-li sibhedlela noma dokotela lotimele layikhokhisa sigulane. Lena lesele-ke imali ibese ifanelia kutsi ikhokhwe ngulesigulane ngeyaso imali lephuma ikhikhini laso.

Ingabe Bewati?

Kutsi lelitiko licedzile noma belisesendleni yekucedza kwakha nekwentiwa kancono kwemifolamphilo lenge-701 futsi lisebentise tigidzigidzi letinge-R40 lilungiselela i-NHI.

Plans to drastically change TB treatment

THE INTRODUCTION of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

Patients with Multi-drug Resistant Tuberculosis (MDR-TB) will now be able to receive life changing treatment as the Department of Health begins its roll-out of Bedaquiline.

According to the department's drug resistant TB director, Norbert Ndjeka Bedaquiline will replace the old regimen, which makes use of injections to administer MDR-TB treatment.

"This means that for the first time, an injection-free

regimen will be recommended for all patients with Rifampicin Resistant Tuberculosis in South Africa. Additionally, patients with MDR-TB will now also receive Bedaquiline as part of a more patient friendly short regimen, which is expected to improve adherence and ensure success," he said.

The introduction of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

The department says Be-

daquiline has been hailed for its effective treatment and short turnaround time.

"Treating patients with drug resistant TB was difficult with old medicines, which had many negative side effects and over long periods often up to 24 months."

In addition, the treatment is revered for reducing the number of deaths and having fewer side effects in comparison to its injectable counterpart, which resulted in hearing loss for many MDR-TB patients.



The department began the roll-out of Bedaquiline across the country in July.

"We started the roll-out with facilities that are ready to implement. This will be done in a phase by phase approach. We will then assist

and capacitate those provinces that need assistance," said Ndjeka.

It is anticipated that roll-out across the country will be concluded between the next three to six months.

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