

Vuk'uzenzele



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U thusa vhafumakadzi vha vhalimivhafuwi u bvelela

THANDELA yo ita uri vhafumakadzi vhanzhi vha dzhenele kha thandela dza zwitshavha zwa havho ngeno vha tshi khou dovha vha fhaṭa ndivho na u divulela ndila dza u bva kha vhushai.



■ Inwe ya ndila dzine tshikwama tsha tshanduko ya kilima tshi nga thusa ngayo vhalimivhafuwi vha vhafumakadzi vha mahayani ndi u vha ṭuṭuwedza u shumisa zwiliṅwa zwi konḡelelaho tshanduko ya kilima.

Dale Hes

Tshikhala tsha uri tshanduko ya kilima i kwame maitele a vhalimivhafuwi vha vhupo ha mahayani vha vhafumakadzi vha Tshitiṛiki tsha Masipala wa uMgungundlovu ngei Kwazulu-Natal tshi ḡo vha tshitu-ku ri tshi livhuwa thandela yo thomiwaho nga Tshiimiswa tsha *South African National Biodiversity Institute* (SANBI)

na Yunivesithi ya Kwazulu Natal.

Thandela ya uMngeni Resilience ya R102 miḡioni, ine ya wela nga fhasi ha Tshikwama tsha Tshaduko ya Kilima, yo sedzanaho na u thusa zwitshavha kha u lwa na tshanduko ya kilima. Thandela yo shandukisa ndila ine havha vhafumakadzi vha itisa zwone zwithu, nga u shumisa zwiliṅwa zwi konḡelelaho tshanduko ya kilima, manyoro a mupo na ndila ntswa dza kulimele.

Vho Matu Gwala vho ṭanganedza thikhedzo u bva kha Thandela ya uMngeni Resilience nga murahu ha u kundelwa u lima zwiliṅwa zwavho zwi tshi vhangwa nga zwiwo zwa kilima zwi sa humbulelei zwi fanaho na mvula ya tshirulu na gomelelo.

Vha ri thandela yo ita uri vha kone u lima zwibveledzwa zwi konḡelelaho tshanduko ya kilima, vha zwi rengisa vha fhedza vha bindula.

“Ndo ita R4 500 nga mavhele

o bveledzwo nga hejla mbeu ye nda i ṭanganedza. Ndo kona u renga fenitshara ya nṅdu yanga nda vhulunga inwe tshelede u itela mbadelo dza tshikolo dza vhananga,” vho ralo Vho Gwala.

Muṅwe mulimimufuwi, Vho Winnet Dhladhla, vho shumisa ndila ya kulimele i si yone tshifhinga tsho fhiraho, vho kwakwanyisa zwiliṅwa zwavho. Ngauri thaidzo yo tandululwa, vho kona u ita mbuelo ya R1 500 nga maḡabula avho na R1 750 nga mavhele e vha a lima.

“Hezwi zwo ita uri ndi kone u unḡa muṭa wanga nda kona na u ita inwe tshelede nga thungo”, vho ralo Vho Dhladhla.

Hu na vhalimivhafuwi vha vhafumakadzi vhane vha nga vhalelwa kha 380 zwa zwino vhane vha khou vhuvelwa u bva kha thandela iyi vunduni.

Mulanguli wa gavhelo lo vhwaho la SANBI, Vho Michael Jennings, vho ri thandela yo lavhelesana na u tandulula vhuleme ho livhanaho vhalimivhafuwi vha vhafumakadzi.

“Thandela yo zwi vhona uri a vha anzeli u vha na vhuṅe ha ndaka kana u vha na zwikhala zwa u shela mulenzhe kha thandela dza ndeme nga mulandu

wa zwiimiswa zwapo zwi no ṭalula na maitele a tshitshavha. Yo itelwa u maḡafhadza vhafumakadzi nga kha maitele o sedzaho kha nyambedzano, mveledziso ya tshivhalo na u kona u swikelela mimakete,” Vho ralo Vho Jennings.

Thandela yo tendela vhunzhi ha vhafumakadzi vha tshi shela mulenzhe kha thandela dza zwitshavhani zwavho, zwo ralo hu tshi khou fhaṭwa ndivho yavho na vhukoni ha uri vha kone u ḡidzhiela tsho na uri vha ḡivulele ndila u bva kha vhushai.

“Tshipiḡa tsha izwi tshi katela uri vha dzudzanye, kuvheshela kwa zwiimiswa zwa ṭhanganelo na u vhona uri vha nga langula hani zwiimiswa zwa ṭhanganelo. Zwi dovha hafhu zwa katela na u guda maitele a vhuṭali a kilima ane a livhisa kha nyengedzedzo ya zwibveledzwa. Nga kha vhubindudzi kha themamveledziso dzi fanaho na ngade dza tshitshavha, milonga ya u sheledza, na zwiṅwe zwishumiswa, thandela yo maḡafhadza vhafumakadzi uri vha vhe na zwishumiswa na ndaka dzavho,” Vho Jennings vho ṭalutshedza nga u ralo. ■

New amphibious wheelchairs make beaches accessible to all

THE INNOVATIVE wheelchairs are “amphibious” in that they are able to move easily on sand and float on water.

South Africa is renowned for its spectacular coastlines, with our sunny beaches along the eastern and western shores being hailed as some of the best in the world.

Every year, thousands of tourists and locals flock to the seaside to play and create holiday memories with family, but not much thought is given to the unique challenges faced by the disabled in enjoying time at the beach.

Taking this into account, the Wildlife and Environment Society of South Africa (WESSA), together with the Ford Motor Company Fund, has donated “amphibious wheelchairs” to Blue Flag beaches in four coastal municipalities in South Africa. The chairs will make beaches universally accessible to those with disabilities and create awareness around spaces becoming more accessible to all.

The innovative wheelchairs are “amphibious” in that they are able to move easily on sand and enter and float on water, said WESSA National Coastal Coordinator Robert Slater.

WESSA implements the international Blue Flag programme in South Africa which ensures beaches meet global standards of safety, cleanliness, access to amenities and environmental management, among other

criteria.

The City of Cape Town, Overstrand, Bitou and Kouga municipalities were awarded the chairs based on their existing disabled access to beaches and their commitment to making their Blue Flag beaches usable for all people. The chairs will be freely available for disabled beachgoers to use at Blue Flag beaches to be determined by the recipient municipalities.

Director for Education and Global Community Development at the Ford Motor Company Fund Mike Schmidt said, “This is yet another example of how mobility can improve the quality of life for people in many different ways. We’re happy to support this unique project that will allow more people to fully experience the joys of the beach - from traveling along the sandy shores to going into the water.” ■

A hu na n'wana o siwaho murahu



■ Vhafumakadzi vhavhili vho dikumedzela vha khou ita zwothe zwine vha kona u fhaṭa tshikolo tshine tsha sedzesa kha vhurangaphanḁa na thekholodzhi. Tshine tsha netshedza pfunzo ya phuraivethe yo khetheaho i katelaho vhana vhane vha vha na Autism na ADHD.

Matona Fatman

Musi Vho Yanela Ntlauzana vha tshi tshela UK mathomoni a uno n'waha vha vhuya hayani Afrika Tshipembe, vho vha vho diimisela u sa tsha ḁo humela murahu.

"Arali nda humela murahu, ndi ḁo vha ndo kundelwa," hu amba Vho Ntlauzana.

Vho Ntlauzana vha miwaha ya 37 vho tshela mushumo we vha vha vha tshi hola na vhana vhavho vha vhatukana vhavhili, vha miwaha ya ṭahe na 14, u ya u bveledza muḁoro wavho wa vhutshilo havho hothe wa u vula tshikolo tshine tsha ḁo khwaṭhisedza uri n'wana muṁwe na muṁwe u wana tshikhala tshi linganaho vhutshiloni nga u wana pfunzo ya khwiṅesa yo mu teaho.

Kha Vho-Ntlauzana, ACAE (Dzomo la Autism na malwadze a yelanaho nayo) muḁivhi-makone na mupfumbudzimakone – a hu na u kundelwa.

Vha khou vhea tshinwe na tshinwe tshavho tshine vha vha natsho kha u ita uri Tshikolo tsha Muḁivhamakone tsha Plumfield tshi shume.

Tshikolo tsho dzula kha

tshikwara tsho dzikaho tsha Chartwell ngei Gauteng.

Bono la Plumfield, lo bewaho nga mikhwa mivhuya, ndi line a longo leluwa u li swikelela, zwo ralo kha Vho Ntlauzana na mushumisani navho Vho- Hlumela Sixishe, vhane vha tou vha muhaga kha pfunzo ine yo tou sedzana na muthu.

"Havha ndi vhana vhenevha vhane vha si ṭanganedzwe nahone vha dzhiwa sa vhana 'vha sa funzeiho', vha tswelwa pfanelo dzavho dza pfunzo ya maimo a nṭha na zwikhala zwi linganaho zwa u bvelela vhutshiloni."

Vhuvhili havho vha khou fhaṭa u tou bva fhasi tshikolo tsho khwiṅifhadzwaho tshine tsho tou sedzana na vhuranga phanḁa na thekinolodzhi. Tshine tsha tshi fhambanya na zwiṁwe zwine zwa nga tshone zwine zwa vha na tshomedzo zwi nekedzaho pfunzo ya phuraivethe ndi uri tshi katela na vhana vha na Autism na Vhulwadze ha u Kundelwa u tou Fombe kha Tshithu vhune ha ḁivhiwa sa Attention Deficit Hyperactivity Disorder (ADHD).

Havha ndi vhana vhenevha vhane vha si ṭanganedzwe nahone vha dzhiwa sa vhana 'vha sa funzeiho', vha tswelwa pfanelo dzavho dza pfunzo ya maimo a nṭha na

zwikhala zwi linganaho zwa u bvelela vhutshiloni.

Vhuvhili havho Vho Ntlauzana na Vho Sixishe vha pfesesa uri u ṭhaṭhuvhiwa ha Autism kana ADHD a si u khwaṭhisedzwa uri "a hu na u humela murahu" hune vhabebi vha nga zwi tenda. Zwi tou amba fhedzi uri u funza na u guda zwi tea u itwa nga nḁila yo fhambanaho, zwi tshi ya nga muthu, u itela u nekedza n'wana tshikhala tsha uri a ḁivhe uri o ṭalifha, u na nḁivho nahone u na vhuṭali, nga kha vhukoni ho khetheaho vhune ha nga shela mulenzhe kha zwinzhi.

Kharikhuḁamu khulwane ya tshikolo ndi vhutsila ho ṭandavhuwaho. Coding na yone ndi tshipiḁa tsha kharikhuḁamu, hune vhagudiswa vha khou guda maipfi a mutheo a u phrogirema nga khomphutha hu tshi khou shumiswa zwifanyiso zwa u guda zwine zwa ṭoḁa u fana na Lego, ine ya bvela phanḁa u ya kha JavaScript na Python.

Vhukoni ha n'wana a na Autism

A hu na ane a ḁivha vhukoni ha n'wana a na Autism u fhira Vho Ntlauzana, vhu nga vhatukana vhavho vhavhili vha na Autism. Ndi ngazwo vha tshi dikumedzela nga zwothe zwine vha vha zwone u itela uri Plumfield i shume, muloro une vhone na Vho Sixishe vha u shumela zwiḁulu masiari na vhusiku.

Vho Ntlauzana vha khou shuma uri vha swikele hune vhatukana vhavho vhavhili vha ḁe vha vhe tshipiḁa tsha vhagudiswa vha Plumfield.

ṭhogomelo ine vhatukana vhavho vha khou i wana u bva kha sisiteme ya muvhuso ngei

UK ndi yone ine ya ita uri vha ṭoḁe zwi no fana kha vhana vha na Autism Afrika Tshipembe.

Musi zwi tshi ḁa kha u nea vhana zwikhala na tshomedzo, Vho Sixishe vha na dzangalelo li fanaho na la Vho Ntlauzana. A vha humeli murahu kha kuvhonele kwavho kwa uri vhana vhothe vha tea u newa zwikhala zwi linganaho. Nga zwiṭuku nga zwiṭuku, vha ṭoḁa uri tshiimo tsha pfunzo tshi shanduke.

Zwa zwino, Plumfield a tshi na ndambedzo nahone Vho- Sixishe na Vho Ntlauzana a vha na muholo. Vhuḁikumudzeli havho kha pfunzo i swikeleleaho, ya maimo a nṭha ndi zwone zwi no ita uri vha bvele phanḁa. Vha na fulufhelo la uri linwe ḁuvha Muhasho wa Pfunzo dza Fhasi u ḁo lambedza vhagudiswa vha na Autism uri vha kone u wana ngudo hafha Plumfield.

Vho Sixishe na Vho Ntlauzana a vha shavhi u vha na miḁoro mihulu na u ita mshumo. Vha na ma

a u alusa tshikolo tshavho tshiṭuku tsha kale kha sia lo dzikaho la Chartwell uri tshi vhe na vhudzulo ha vhagudi henefha tshifhinga tshi ḁaho. U swika zwino, Vho Ntlauzana na Vho Sixishe vho kona u sumbedza uri musi hu na kuhumbulele kwao na vhuḁiimiseli vhu sa thengathengi, tshinwe na tshinwe tshi a konadzea. Naho hu tshikolo tsho khetheaho tshine tsha pfi Plumfield. ■



■ Yanela Ntlauzana.

Autism ndi mini?

Vhulwadze ha Autism ndi u khakhisea ha zwithu zwo fhamanaho kha nyaluwo ya muthu hu iteaho kha miṁwaha miraru ya u thoma ya vhutshilo hu anzelaho u kwama vhu-koni ha u davhidzana na u ṭanganela na vhanwe vhathu.

Tsumbadwadze dza Autism

- U kundelwa kana u lenga u kona u amba.
- Mikhwa i dovhoololaho kana dzema la u vhandana u imisela zwanḁa nṭha u sumbedza u dinalela.
- U sa kona u lavhelesa muthu maṭoni.
- U sa vha na dzangalelo kha miraḁo ya muṭa kana dzikhonani.
- U sa takalela mitambo ya mahunḁwane kana ya kholekhole
- U funesa zwithu zwikene, kana zwipiḁa zwa zwithu.

Mulaedza kha vhabebi: Kha vha vhee iḁo kha kualutshela kwa n'wana wavho uri vha kone u vhona arali hu na thaidzo uri n'wana a thuswe nga u ṭavhanya.



■ Hlumela Sixishe.