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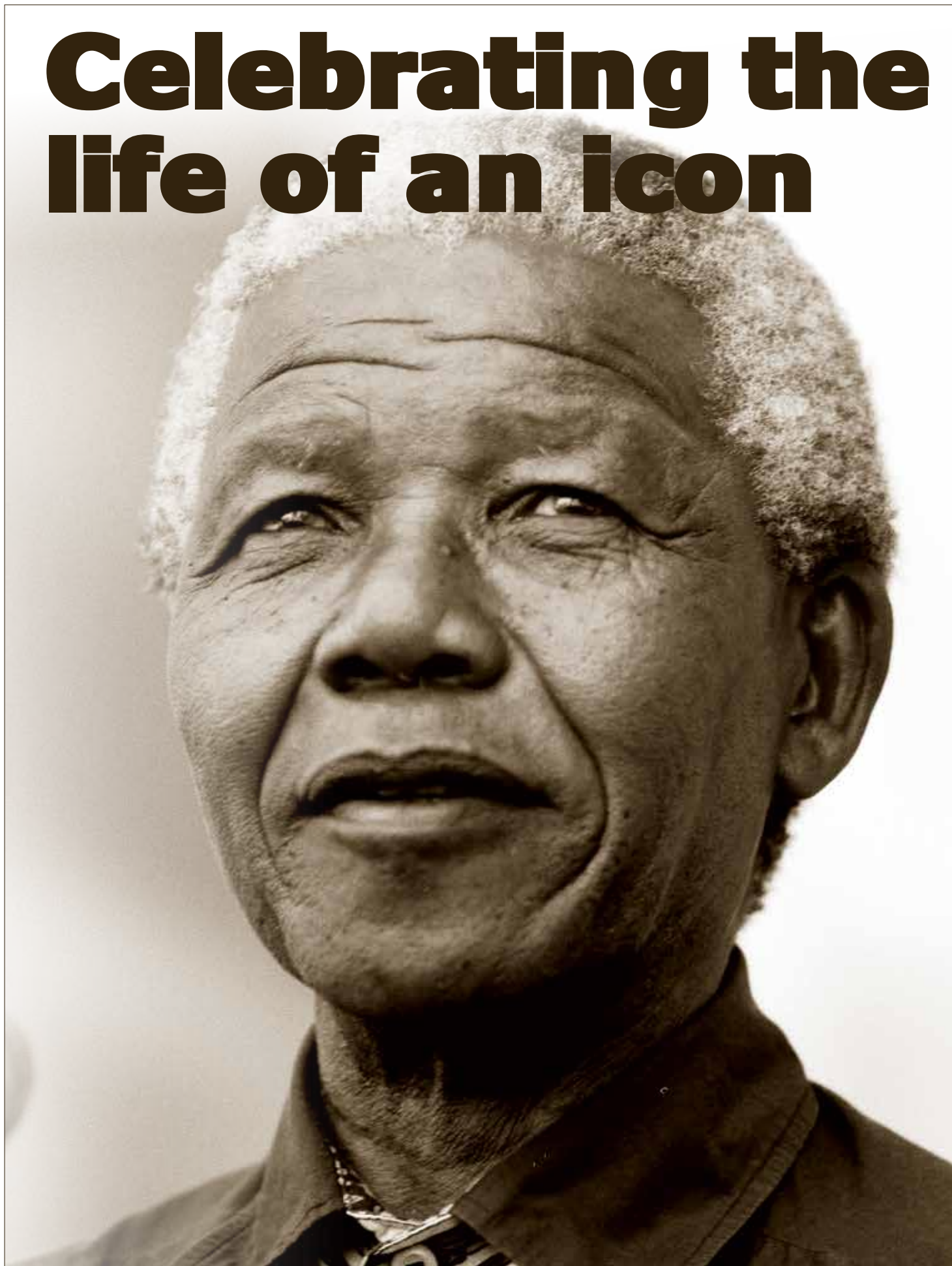


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"I seem to arrive more firmly at the conclusion that my own life struggle has had meaning only because, dimly and perhaps incoherently, it has sought to achieve the supreme objective of ensuring that each, without regard to race, colour, gender or social status, could have the possibility to reach for the skies."

Nelson Mandela



Musi vhutshilo vhu tshi vha posa tshikavhavhe, kha vha tshi lime.

MBEKANYAMUSHUMO YA MVELEDZISO na Thikhedzo ya Vhalimi i thusa zwitshavha zwi shayaho na vhatu vhone vhaṅe, zwiḥulwane avho vhaṅe vha vha vhaḥuelwa vha Mbuedzedzo ya Mavu.

Amukelani Chauke

Muhasho wa zwa Vhulimi wa Kapa Vhukovhela u tshimbidza mbekanyamushumo ine ya thusa vhalimi vhaswa na vho no bvelelaho nga u vha ṅea thikhedzo u bva ḍuvha ḷa u tou thoma - musu vha tshi ṅoda thuso ya ndambedzo ya masheleni - u swikela vha tshi kona u ḍiimisa nga vhone vhaṅe.

Mbekanyamushumo ya Mveledziso na Thikhedzo ya Vhalimi yo thusa vhaswa vha fanaho na Wayne Mansfield (33) u bva Paarl, we a bva kha u vha murengisi wa ṅḍilani musu a tshi khou shumela malume awe ngei Makete wa Ḍoroboni ya Kapa tshifhingani tsha musu a kha ḍi dzeha tshikolo u ya kha u vha muvhambadzela mashango a ṅḍa zwikavhavhe zwawe zwine a zwi lima kha tshipiḍa tsha mavu tshe a hira.

Miṅwaha ya fumi yo fhiraḥo, a tshi kha ḍi vha ramabindu muṅuku wa miṅwaha ya 23, Mansfield o hana tshikhala tsha u shuma kha bulasi ye a vha a tshi renga hone zwikavhavhe zwa u rengisa.



Rabulasi wa musu Wayne Mansfield (33) wa ngei Paarl o bva kha u vha murengisi wa ṅḍilani musu a tshi khou shumela malume awe ngei Makete wa Ḍoroboni ya Kapa tshifhingani tsha musu a kha ḍi dzeha tshikolo u ya kha u vha muvhambadzela mashango a ṅḍa zwikavhavhe zwawe zwine a zwi lima kha tshipiḍa tsha mavu tshe a hira.

Tshifhinga tshoṅhe hetshi, o vha a si na dzangalelo ḷa vhalimi

Fhedziha, zwenezwi miṅwaha i tshi khou ḍi ya, o ḍo shandukisa muhumbulo musu a tshi vha nyaluwo ya ṅhoda ya makete wa zwikavhavhe.

“Ndo dovha nda zwi vhoḥa uri vhorabulasi vho vha vha tshi khou ita zwe riṅe vhaṅgisi vha ṅḍilani ra vha ri tshi khou ita zwone - vho vha vha tshi khou paka zwiṅoko zwavho vha zwi rengisa makete wa Ḍoroboni ya Kapa. Ndo ḍo zwi limuwa uri hu si kale a hu nga tsha ḍo vha na makete wavhuḍi wa riṅe vhaṅgisi vha ṅḍilani,” o ralo.

Nga 2013, rabulasi wapo o ḍo tenda u gudisa Mansfield na u mu tendela u hira hekitara dza 12 dza mavu. O ḍo dovha a dzhenisa na sisiteme ya u sheledza ye ya ita uri Mansfield a kone u lima.

Nga 2015, o ḍo kona u rengisela mashango a ṅḍa thani dzi swikaho 31 dza zwikavhavhe nahone nga 2016 tshivhalo itshi tsho ḍo engedzea zwiḥulwane u swika kha thani dza 168 dza zwikavhavhe.

Ndivhuwo kha vhugudisi na thuso ye a i wana kha Mbekanyamushumo ya Mveledziso na Thikhedzo ya Vhalimi zwe zwa ḍo ita uri a wane gavhelo ḷa Mbekanyamushumo ya Thikhe-

dziso ya zwa Vhulimi yo Katelaho zwoṅhe (CASP) nga 2015, o kona u ṅoka midzi yo kwhaṅhaho na u aluwa sa mulimi.

U fhaṅa vhuḥoni kha vhalimi

Mbekanyamushumo ya Mveledziso na Thikhedzo ya Vhalimi yo ḍiimisela u fhaṅa vhuḥoni kha zwitshavha na vhatu vhone vhaṅe vhe vha vha vhe na vhuṅhai u bva kale, zwiḥulwane, vhaḥuelwa kha Mbuedzedzo ya Mavu. I thusa vhalimi vha khou bvelelaho, vhalimela u ḷa, vhalimi vhaṅuku na vhalimela u rengisa.

Mulauli wa thandela ya tshu-

melo dza thikhedzo na mveledziso ya vhalimi kha Muhasho wa Vhulimi Kapa Vhukovhela Vho Shaheed Martin vha ri mbekanyamushumo yo thusa vhalimi u kona u ḍiṅḍela.

“Ri thusa vhalimi u tou bva mathomoni. Hezwi zwi amba uri ri vha thusa nga zwa u ita khumbelo ya u wana ndambedzo ya gavhelo nahone ya vhuṅya ya ṅangandzwa, ri a vha thusa kha u thoma mushumo na mveledzo,” vho ralo.

Vho ṅalutshedza uri muhasho u dzhia maitete o fhelelaho na u ṅetshedza nyengedzedzo yo fhelelaho ya tshumelo dza thikhedzo kha zwa vhalimi, hu tshi katelwa na thikhedzo ya themamveledziso.

“Ri na vhoraikononi vhaṅe nga murahu vha ḍo dovha vha ṅea vhalimi tswikelelo kha mimaraga musu vho no ḍiimisa nga vhoṅhe.” vho ralo. ▣

Arali vha mulimi muṅuku kana mulimela u rengisa muḥulwane, vha nga founela kha 021 808 5111 u wana mafungo manzhi nga ha Mbekanyamushumo ya Mveledziso na Thikhedzo ya Vhalimi.

Young female farmer leads in YAFF awards

Keamogetse Kgomanyane

Being born with a disability did not stop Landiswa Diniso from achieving her dream of being a farmer. In fact, it encouraged her to work harder.

The 28-year-old is the owner of Landiswa Diniso Livestock Enterprise in Burgersdorp in the northern part of the Eastern Cape.

She walked away with the Special Ministerial Award for a young entrepreneur living with a disability at the recently held 2018 Youth in Agriculture, Forestry and Fisheries (YAFF) awards.

Diniso was born with a disability in her left leg and has to wear a brace for support. However, she has not allowed

her disability to limit her.

As a young woman who grew up on a farm and later moved to a township in the Eastern Cape, Diniso said her journey into farming started over three years ago when her uncle gave her a calf.

She kept her calf in a grazing area and in 2015 the same animal which was now a cow had a calf. This inspired the farmer to continue in the farming business and she approached the Department of Rural Development and Agrarian Reform for support. She received animal feed and goats to start her business.

Today, the enterprise has grown to include a herd of 10 cattle, seven goats, eight pigs and a small patch where Diniso plants vegetables for the house-

hold and sells the surplus to the local community. This has become a means of livelihood for Diniso and her family.

She wishes to become a successful livestock farmer in the future and become an inspiration to the younger generation.

With the prize money of R50 000 she said it would help her start her goals. “The prize money will really assist my business. I believe farming is important because it creates job opportunities for unemployed youth,” said Diniso.

Speaking at the awards ceremony, the Minister for Agriculture, Forestry and Fisheries, Senzeni Zokwana, said the nominees and recipients of the YAFF awards were proof that the youth is interested in the agriculture sector.



Landiswa Diniso working hard to grow her farming business.

NHI ndi liga lihulwane la u khwinifhadza ndondolamutakalo

PULANE YA MVELEDZISO ya Lushaka i amba uri u thoma u shuma ha NHI zwi qo ita uri fhungo la tshumelo ya ndondolamutakalo i si yavhuqi na mbadelo dza nthesa kha ndondolamutakalo ya phuraivethe li sedzeswe.



Minisiya wa Mutakalo Vho Dokotela Aaron Motsoaledi vha ri Ndingakhombo ya Mutakalo ya Lushaka (NHI) i qo khwinisa tshumelo ya ndondolamutakalo Afrika Tshipembe.

Vho Motsoaledi vho vha vha tshi khou amba zwenezwino kha mutangano wa u amba na vhoramafhungo he vha vha vha tshi khou tibula Mulayotibe wa khwiniso ya NHI na Mulayotibe wa Khwiniso ya Zwikimu zwa Dzilafho.

Milayotibe i qo vula ndila tswikelelo nga vhuqalo ya

ndondolamutakalo wa dzilafho nga kha NHI.

Mulayotibe ndi mvetomveto ya khandiso ya mulayo. Milayotibe minzhi i itwa nga muhasho wa muvhuso nga fhasi ha ndendedzo ya minisiya o teaho. Mulayotibe u fanela u tlanganedzwa nga Khabinethe phanda ha musu u tshi rumelwa Phalamenndeni.

U qivhadzwa ha Milayotibe iyi mivhili zwi amba uri Afrika Tshipembe li tsini na u swikelela ndondolamutakalo wa vathu vhothe zwine zwa amba uri NHI hu si kale i qo

vha mulayo.

NHI ndi sisiteme ya ndambedzo ya masheleni ine ya qo khwaqhisedza uri vhadzulapo vhothe vha Afrika Tshipembe vha khou neshedzwa ndondolamutakalo ya mutheo, hu sa sedzwi vhuimo ha mushumo wavho na vhuqoni ha u badela masheleni thwii kha tshikwama.

Vho Motsoaledi vho amba uri muvhuso u pfa vhuqungu u qivha uri vhanwe vathu vha kholwa uri phanda ha musu hu tshi ambiwa nga ha NHI, sisiteme ya ndondola-

mutakalo ine ya khou swogola i tea u thoma ya vhuedza.

Vho amba uri muvhuso u kati na u sedzana na thaidzo dza tshumelo i si yavhuqi na u shaea ha kushumele nga vhuqoni kha sisiteme ya ndondolamutakalo wa tshitshavha.

Kha Pulane ya Mveledziso ya Lushaka, Vho Motsoaledi vho ri, yo i sumbedzisa zwavhuqi na uri u thoma u shuma ha NHI, tshumelo dzi si dzavhuqi kha ndondolamutakalo na mbadelo dza nthesa dzine dza vha hone kha ndondolamutakalo ya phuraivethe zwi khou tea u sedzeswa.

Musi khandezano dza khwiniso ya Milayotibe dzi kati, muhasho u qo thoma thandela nga fhedzi dza NHI dzine dza qo katela mutakalo zwikoloni, mutakalo wa muhumbulo, vhafumakadzi vha vhaimana vane vha vha na thaidzo dzi konqaho musu vho qihwala kha zwibadela zwa 22 zwi kwameaho vhuquma na onkholodzhi, thuso yo khetheaho i tshi khou livhiswa Gauteng na KwaZulu-Natal, ngeno hu sa khou thudzelwa thungo manwe mavundu.

Vho Motsoaledi vho dovha vha amba uri mbadelo dza ndondolamutakalo ya phuraivethe a dzi swikelelei nga vhadzulapo vhanzhi, hune Mulamukanyi Muhulwane wa kale Vho Sandile Ngcobo vho tholiwa nga

Khomishini ya Vhuqatisani u tshimbidza qhoqisiso ya makete kha mbadelo dza ndondolamutakalo ya phuraivethe.

“Khwiniso dzine ra khou dzi qisa dzi khou itela u neshedza thuso ine ya khou qoqea vhuquma kha vahlwadze vane vha qiwana vha thambuloni khulwane vhuquma ya masheleni”, vho ralo.

Vho Motsoaledi vho ri khwiniso ya u thoma kha Mulayotibe wa Khwiniso ya Zwikimu zwa Dzilafho i qo fhelisa mbadelo dzine mulwadze a tea u dovha a dzi badela.

Mbadelo dzine mulwadze a tea u dovha a dzi badela zwi amba uri tshikimu tshi badela tshipiqa tsha tshikolodo tshine muqetshedzi wa tshumelo – hu nga vha sibadela kana dokotela wa phuraivethe – a badelisa mulwadze. Tshelede i salaho i fanela u badelwa nga mulwadze u bva tshi kwamani tshawe.

Vho vha vha tshi zwi qivha naa?

U ri muhasho wo khunyeledza kana u tsini na u khunyeledza u fhatiwa na u vusuludzwa nga huswa kiliniki dza 701 na uri wo shumisa masheleni a fhiraho R40 bilijoni kha ndugiselo ya NHI.

Plans to drastically change TB treatment

THE INTRODUCTION of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

Patients with Multi-drug Resistant Tuberculosis (MDR-TB) will now be able to receive life changing treatment as the Department of Health begins its roll-out of Bedaquiline.

According to the department's drug resistant TB director, Norbert Ndjeka Bedaquiline will replace the old regimen, which makes use of injections to administer MDR-TB treatment.

“This means that for the first time, an injection-free

regimen will be recommended for all patients with Rifampicin Resistant Tuberculosis in South Africa. Additionally, patients with MDR-TB will now also receive Bedaquiline as part of a more patient friendly short regimen, which is expected to improve adherence and ensure success,” he said.

The introduction of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

The department says Be-

daquiline has been hailed for its effective treatment and short turnaround time.

“Treating patients with drug resistant TB was difficult with old medicines, which had many negative side effects and over long periods often up to 24 months.”

In addition, the treatment is revered for reducing the number of deaths and having fewer side effects in comparison to its injectable counterpart, which resulted in hearing loss for many MDR-TB patients.



The department began the roll-out of Bedaquiline across the country in July.

“We started the roll-out with facilities that are ready to implement. This will be done in a phase by phase approach. We will then assist

and capacitate those provinces that need assistance,” said Ndjeka.

It is anticipated that roll-out across the country will be concluded between the next three to six months.

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