

Vuk'uzenzele



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Celebrating the life of an icon



"I seem to arrive more firmly at the conclusion that my own life struggle has had meaning only because, dimly and perhaps incoherently, it has sought to achieve the supreme objective of ensuring that each, without regard to race, colour, gender or social status, could have the possibility to reach for the skies."

Nelson Mandela

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Nelson Mandela
Centenary
2018
Be the Legacy



NHI a leap to improved health care

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Textile designer taking African craft to the world

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Loko vutomi byi ku nyika xikwavava, xi byale

NONGONOKO WA NSEKETELO na Nhluvukiso wa Van'wamapurasi wu pfuneta miganga na vanhu hi un'weun'we lava a va pfumatiwile ngopfungopfu va vuyeriwa eka Mpfxeto wa Misava.

Amukelani Chauke

Ndzawulo ya Vurimi ya Kapa-Vupela dyambu yi fimbisa nongonoko lowu wu pfunaka van'wamapurasi lava ntshwa na lava se va kota-ka ku tiyimela hi endlelo ra nseketelo kusuka eka siku ro sungula – loko va dinga mpfuno hi timali leti nyikiwaka – kufikela loko va kota ku tiyisa emahlweni.

Nongonoko wa Nseketelo na Nhluvukiso wa Van'wamapurasi wu pfumile vanhu lavatsongo vo fana na Wayne Mansfield (33) wo huma ePaarl, loyi a sukeleke eka ku tirha tanihi n'waximawusa xa malume wa yena eMakete wa Kapa hi nkarhi wa yena wa ku nghena xikolo, loyi a rimaka eka xinsin'wana lexi a xi lombisiweke.

Khume ra malembe lama nga hundza, loko a ri na n'wamabindzu wa 23 wa malembe hi vukhale, Mansfield u arile xivandlanene xa ku tirha epurasini leri a xava



N'wamapurasi lontsongo Wayne Mansfield (33) wo huma ePaarl, loyi a sukeleke eka ku tirha tanihi n'waximawusa xa malume wa yena eMakete wa Kapa hi nkarhi wa yena wa ku nghena xikolo, loyi a rimaka eka xinsin'wana lexi a xi lombisiweke.

eka rona swikwavava ku ya swi xavisa. Ku tlhandleke-riwa leswaku a ri lontsono naswona a nga ri na tsakelo eka vurimi.

Hambiswiritano, swilembana hi ku famba ka nkarhi, u cince miehleketo ya yena loko a vona ku laviwa ka makete loku tlakukeke ka swikwavava.

"Nakambe ndzi vone leswaku van'wamapurasi a va endla leswi van'wamawusa a va ri eku swi endleni – a va paka xitoko xa vona vinyi kutani va xi xavisa emakete wa Kapa. Ndzi lemukile leswaku ku nga ri khale a ku nga ha vi na makete wa kahle wa hina van'waswimawusa," a vula.

Kwalomuya ka 2013, n'wamapurasi wa le ndhawini ya ka vona u pfumerile ku dyondzisa Mansfield ntirho kutani a n'wi lombisa 12 wa tihekitara ta misava.

Hi 2015, a kota ku rhumela ematikweni mambe kwalomu ka 31 wa tithani ta swikwavava naswona hi 2016, nhlayo leyi yi tlakukile hindlela yo tivikana kufika eka 168 wa tithani.

Hikwalaho ka ku dyondzisiwa ntirho na mpfuno lowu kumekeke eka Nongonoko wa Nseketelo na Nhluvukiso wa Van'wamapurasi leswi swi n'wi endleke a kuma mali ya nhlayiso ya Nongonoko wa Nseketelo wa Vurimi byo Angarhela (CASP) hi

2015, u kotile ku dzima timisu kutani a hluka tanihi n'wamapurasi.

Ku aka vuswikoti bya van'wamapurasi

Nongonoko wa Nseketelo na Nhluvukiso wa Van'wamapurasi wu kongomisa eka ku aka vuswikoti bya miganga na vanhu hi un'weun'we lava a va pfumatiwile emikarhini leyti nga hundza, ngopfungopfu vadyandzhaka va Mpfxeto wa Misava.

Mulawuri wa phurojeke ya vukorhokeri bya nseketelo wa nhluvukiso wa vurimi eka Ndzwulo ya Vurimi ya Kapa-Vupeladyambu Shaheed Martin u vule leswaku nongonoko lowu wu pfunile

van'wamapurasi ku va va tiyisa emahlweni.

"Hi pfuneta van'wamapurasi kusukela emasungu-lweni. Leswi swi vula leswaku hi va pfuna hi endlelo ra swikombelo ku fikelela timali leti nyikiwaka ta nhlayiso naswona xikan'wekan'we loko swi pasisiwile, hi va pfuna hi matirhiselo na matshovelelo," a vula.

U hlamusele leswaku ndzwulo yi teka endlelo ro angarhela naswona yi nyika mpimo hi vutalo wa vukorhokeri bya nseketelo wa vurimi, ku katsa na nseketelo wa swimakiwakulu.

"Hi na vativi va ikhonomi naswona endzhaku ka swo-na va ta nyika n'wamapurasi mifikelelo wa timakete xikan'wekan'we loko se va kota ku tiyimela," a vula. □

Loko u ri n'wamapurasi lontsongo na van'wamapurasi va xibindzu u nga tihanganisa na 021 808 5111 ku kuma vuxokoxoko byo tala eka Nongonoko wa Nseketelo na Nhluvukiso wa Van'wamapurasi.

Young female farmer leads in YAFF awards

Keamogetse Kgomanyane

Being born with a disability did not stop Landiswa Diniso from achieving her dream of being a farmer. In fact, it encouraged her to work harder.

The 28-year-old is the owner of Landiswa Diniso Livestock Enterprise in Burgersdorp in the northern part of the Eastern Cape.

She walked away with the Special Ministerial Award for a young entrepreneur living with a disability at the recently held 2018 Youth in Agriculture, Forestry and Fisheries (YAFF) awards.

Diniso was born with a disability in her left leg and has to wear a brace for support. However, she has not allowed

her disability to limit her.

As a young woman who grew up on a farm and later moved to a township in the Eastern Cape, Diniso said her journey into farming started over three years ago when her uncle gave her a calf.

She kept her calf in a grazing area and in 2015 the same animal which was now a cow had a calf. This inspired the farmer to continue in the farming business and she approached the Department of Rural Development and Agrarian Reform for support. She received animal feed and goats to start her business.

Today, the enterprise has grown to include a herd of 10 cattle, seven goats, eight pigs and a small patch where Diniso plants vegetables for the house-

hold and sells the surplus to the local community. This has become a means of livelihood for Diniso and her family.

She wishes to become a successful livestock farmer in the future and become an inspiration to the younger generation.

With the prize money of R50 000 she said it would help her start her goals. "The prize money will really assist my business. I believe farming is important because it creates job opportunities for unemployed youth," said Diniso.

Speaking at the awards ceremony, the Minister for Agriculture, Forestry and Fisheries, Senzeni Zokwana, said the nominees and recipients of the YAFF awards were proof that the youth is interested in the agriculture sector.



Landiswa Diniso working hard to grow her farming business.

NHI i nthamuko kuya eka nhlayiso wa rihanyu lowu antswisiweke

KUNGU RA NHLUVUKISO ra Rixaka ri vula leswaku ku simekiwa ka NHI, risima ra xiyimo xa le hansi xa nhlayiso wa rihanyu na ndhurho lowu nga kona wa nhlayiso wa rihanyu lowu nga riki wa mfumo swi dinga ku lulamisiwa.



Holobye wa Rihanyu Dok Aaron Motsoaledi u vula leswaku Nawumbisi wo Hundzuluxa wa Ndzindzakhombo wa Rihanyu wa Rixaka wu ta antswisa risima ra nhlayiso wa rihanyu eAfrika-Dzonga.

Motsoaledi a ri eku vulavleni ku nga ri khale eka nhlengeletano yo nyika vu-xokoxoko eka van'wamaphaphangu laha a ri eku andlalen ka Nawumbisi wo Hundzuluxa wa NHI na Nawumbisi wo Hundzuluxa wa Swikimi swa Vutshunguri.

Nawumbisi lowu wu ta

khulela ndlela ya mfikelelo wo tala wa nhlayiso wa rihanyu hi NHI.

Nawumbisi lowu i nkandziyiso wa mpfapfarhuto wa nawu. Milawumbisi yo tala yi pfapfarhutiwa hi ndzawulo ya mfumo ehansi ka xileriso xa holobye loyi a faneleke. Nawumbisi lowu wu fanele ku pasisiwa hi Khabinete wu nga si rhumeriwa ePalamende.

Ku andlariwaka Milawumbisi leyimbirhi swi vula leswaku Afrika-Dzonga yi le kusuthi hi goza rin'we ku fikelela nhlayiso wa rihanyu ra vanhu

hinkwavo leswi swi vulaka leswaku NHI ku nga ri khale yi ta va nawu.

NHI i sisiteme yo nyika timali ley iyi nga ta tiyisisa leswaku vaakatiko hinkwavo va Afrika-Dzonga va nyikiwa nhlayiso wa rihanyu lowu lavekaka swonghasi, swi nga ri na mhaka xiyimo xa vona xa ku thoriwa na vuswikoti bya vona ku hoxa xandla ka swa timali ko kongoma eka nkwama.

Motsoaledi u vule leswaku mfumo wa wu tiva hindlela yo vava ntiyiso wa leswaku vanhu van'wana va tshemba

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swoleswo hambiloko ku nga si vulavuriwa hi mayelana na NHI, ku na xidingo xa ku lunghisa sisiteme ya nhlayiso wa rihanyu ya mfumo leyitsekatskaka kusungula.

U vule leswaku mfumo wa swi vona swiphiqo swa risima ra xiyimo xa le hansi na mpfumaleko wa matirhelo lama nga tlangisiki swipfuno eka sisiteme ya nhlayiso wa rihanyu ya mfumo.

Kungu ra Nhluvukiso ra Rixaka, ku vula Motsoaledi, ri swi kombisile hindlela leyi nga kanakanisiki na leswaku eka ku simeka NHI, risima ra xiyimo xa le hansi xa nhlayiso wa rihanyu naswona ndhurho lowu nga kona wa nhlayiso wa rihanyu swi dinga ku lulamisiwa.

Loko mihundzuluxo ya Milawumbisi ley iyi ri karhi yi jekajekisaniwa, ndzawulo yi ta simeka mune wa tiphurojeke ta NHI leti ti nga ta katsa rihanyu ra le xikolweni, rihanyu ra le miehleketweni, vayimani lava nga na vuyimana lebyi pfilunganek eka 22 wa swibedhlele leswi khumbeka ka na onkholoji (ntivonuku-makaxitshumba), hi mpfuno wo kongoma wa Gauteng na KwaZulu-Natal, hitlhelo ku ri karhi ku nga honisiwi swifundzakulu leswin'wana.

Nakambe Motsoaledi u vule leswaku ndhurho wa nhlayiso wa rihanyu lowu nga riki wa mfumo a wu fikeleleki

eka vaakatiko vo tala, laha khale ka Muavanyisinkulu Sandile Ngcobo a thoriweke hi Khomixini ya Mphikizano ku endla vulavisi bya makete eka ndhurho wa nhlayiso wa rihanyu lowu nga riki wa mfumo.

"Mihundzuluxo ley iyi andlalaka yi endleriwa ku nyika mphalalo lowu dingekaka swonghasi eka vavabyi lava tikumaka va ri emaxangwini ya swa timali yo tivikana," a vula.

Motsoaledi u vule leswaku hundzuluxo wo sungula wa Nawumbisi lowu wu ta herisa tihakelo to hakerisana.

Tihakelo to hakerisana swi vula leswaku xikimi xi hakela xiphemu xa bili ley i muphakeri – ku nga va xibedhlele kumbe dokodela loyi a nga riki wa mfumo – a yi koxaka muvabyi. Timali letin'wana hinkwato ti fanele ku hakeriwa hi muvabyi kusuka exikhwameni xa yena.

Xana a wu swi tiva?

Leswaku ndzawulo yi hetile kumbe yi le ku hetiseni ka vuaki na mpfuxeto wa 710 wa titiliniki naswona yi tirhise kutlula R40 wa tibiliyon eka ku lulamisela NHI.

Plans to drastically change TB treatment

THE INTRODUCTION of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

Patients with Multi-drug Resistant Tuberculosis (MDR-TB) will now be able to receive life changing treatment as the Department of Health begins its roll-out of Bedaquiline.

According to the department's drug resistant TB director, Norbert Ndjeka Bedaquiline will replace the old regimen, which makes use of injections to administer MDR-TB treatment.

"This means that for the first time, an injection-free

regimen will be recommended for all patients with Rifampicin Resistant Tuberculosis in South Africa. Additionally, patients with MDR-TB will now also receive Bedaquiline as part of a more patient friendly short regimen, which is expected to improve adherence and ensure success," he said.

The introduction of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

The department says Be-

daquiline has been hailed for its effective treatment and short turnaround time.

"Treating patients with drug resistant TB was difficult with old medicines, which had many negative side effects and over long periods often up to 24 months."

In addition, the treatment is revered for reducing the number of deaths and having fewer side effects in comparison to its injectable counterpart, which resulted in hearing loss for many MDR-TB patients.



The department began the roll-out of Bedaquiline across the country in July.

"We started the roll-out with facilities that are ready to implement. This will be done in a phase by phase approach. We will then assist

and capacitate those provinces that need assistance," said Ndjeka.

It is anticipated that roll-out across the country will be concluded between the next three to six months.

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