

# Vuk'uzenzele



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## Celebrating the life of an icon



*"I seem to arrive more firmly at the conclusion that my own life struggle has had meaning only because, dimly and perhaps incoherently, it has sought to achieve the supreme objective of ensuring that each, without regard to race, colour, gender or social status, could have the possibility to reach for the skies."*

Nelson Mandela

“ 100 ”  
Nelson Mandela  
Centenary  
2018  
Be the Legacy



**NHI a leap to improved health care**

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**Textile designer taking African craft to the world**

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# Ipilo Nayikuvulela Amathuba, Asebenzise

**IHLELO LOKUSEKELA** Nothuthukisa abaLimi lisiza imiphakathi enganabuyo nabantu khulukhulu labo ababazizi beHlelo lokuBuyiselwa iNarha.

Amukelani Chauke

**U**m Nyango we-zokuLima weTji-ngalanga Kapa ulawula ihlelo elisiza abalimi abasakhasako nesele babo-makekere ngamano ukusukela ngelanga lokuthoma ukuba balimi – nabatlhoga isizo leemali – ukufikela lapho bakghona ukuzijamela ngokwabo.

IHlelo lokuSekela nokuThuthukisa abaLimi lisize ilutjha elifana no-Wayne Mansfield (oneminyaka ema-33) odabuka e-Paarl, ogade athengisela uso-nghwanakhe eMarageni weKapa ngamalanga laya asafunda isikolo wazokuba mlimi okhiqiza abosuru enarheni ayiqatjhileko abese ubathumela emazweni wangaphetjheya.

Eminyakeni elitjhumi eyadulako, u-Mansfield nagade amrhwebi osakhasako oneminyaka ema-23, waziphundisa ngethuba lokusebenza eplasini lapho beka-funyana namkha beka-thenga khona abosuru azobathengisa. Unobange-la walokhu kukobana wayegade azibona asesemncani



Umlimi osakhasako u-Wayne Mansfield (oneminyaka ema-33) odabuka e-Paarl, ogade athengisela uso-nghwanakhe eMarageni weKapa ngamalanga laya asafunda isikolo wazokuba mlimi okhiqiza abosuru enarheni ayiqatjhileko abese ubathumela emazweni wangaphetjheya.

begodu anganakareko ke-zokulima. Ngemva kweminyakana watjhugulula umkhumbulwakhe nakabona isidingo esikhulako sabosuru.

Wathi, "Ngayelela bona abalimi benza okwenziwa barhwebi – bebazipakela istoko sabo bazithengisele emarageni weKapa. Ngayelela bona ngokukhamba kwasikhathi thina esithengisa endeleni asizukufumana litho".

Ngeminyaka yee-2013, umlimi wendawo wanza isivumelwano sokuthwasi-sa u-Mansfield kezokulima, wamqatjhisela amahekthara

ali-12 wenarha. Wafaka neensemjenziswa zokusezela okwaba mthangalasisekelo olisizo ku-Mansfield ukobana alime.

Ngomnyaka wee-2015, wakghona ukuthumela amathani wabosuru ama-31, kwathi ngomnyaka wee-2016 isibalwesi sakhuла khulu ukufikela kumathani ali-168.

Koke lokhu kwaba yipume-lelo ngenza yokuthwasiswa nesizo alifumana eHlelweni lokuSekela nokuThuthukisa abaLimi lapho afumana isibonelelo seHlelo eliHlanganyelweko seSekelo le-zokuLima (i-CASP) ngo-

kuthengisa eemarageni.

Umlawuli wephrojekthi yeziko lokuthuthukisa kwezokulima emNyngweni wezokuLima eTjingalanga Kapa, uShaheed Martin wathi lelihlelo lisize abalimi bakghona ukuziphilisa.

Wathi, "Sisiza abalimi basathoma. Lokhu kutjho bona sibasiza ngekambiso yokwenza iimbawo zeemali, nabamukelweko, sibasiza bathome ukulima nokukhiqiza".

Wahlathulula bona indlela esetjenziswa mnyango nge-phelleleko netjheja zonke iindingo zabalimi begodu isekela ngemisebenzi ye-zokulima, kufaka hlangana ukusekela ngomthangala-sisekelo.

Wathi, "Sinabosolwazi bezomnotho ekungibо abazaku-siza abalimi ngokubafunya-nela iimara-ga abazakuthengisa kizo imikhiqizwabo nasele banzinile". ▶

Nawumlimi osakhasako nanyana olimela ukuthengisa ungadosela ku:  
021 808 5111 ukuze ufumane ilwazi elinabileko ngeHlelo lokuSekela nokuThuthukisa kwabaLimi.

## Young female farmer leads in YAFF awards

Keamogetse Kgomanyane

**B**eing born with a disability did not stop Landiswa Diniso from achieving her dream of being a farmer. In fact, it encouraged her to work harder.

The 28-year-old is the owner of Landiswa Diniso Livestock Enterprise in Burgersdorp in the northern part of the Eastern Cape.

She walked away with the Special Ministerial Award for a young entrepreneur living with a disability at the recently held 2018 Youth in Agriculture, Forestry and Fisheries (YAFF) awards.

Diniso was born with a disability in her left leg and has to wear a brace for support. However, she has not allowed

her disability to limit her.

As a young woman who grew up on a farm and later moved to a township in the Eastern Cape, Diniso said her journey into farming started over three years ago when her uncle gave her a calf.

She kept her calf in a grazing area and in 2015 the same animal which was now a cow had a calf. This inspired the farmer to continue in the farming business and she approached the Department of Rural Development and Agrarian Reform for support. She received animal feed and goats to start her business.

Today, the enterprise has grown to include a herd of 10 cattle, seven goats, eight pigs and a small patch where Diniso plants vegetables for the house-

hold and sells the surplus to the local community. This has become a means of livelihood for Diniso and her family.

She wishes to become a successful livestock farmer in the future and become an inspiration to the younger generation.

With the prize money of R50 000 she said it would help her start her goals. "The prize money will really assist my business. I believe farming is important because it creates job opportunities for unemployed youth," said Diniso.

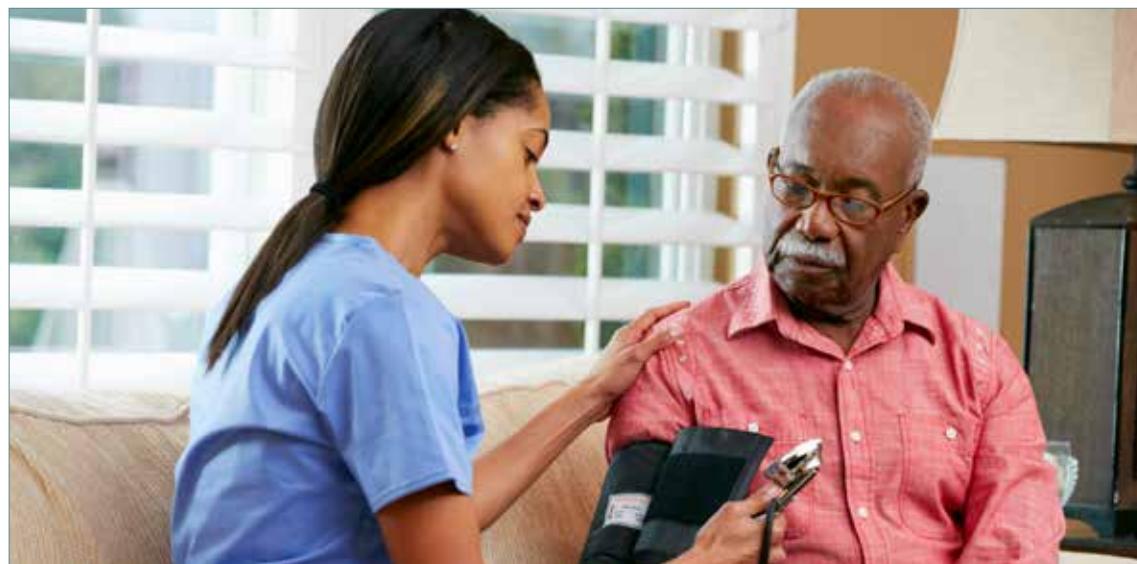
Speaking at the awards ceremony, the Minister for Agriculture, Forestry and Fisheries, Senzeni Zokwana, said the nominees and recipients of the YAFF awards were proof that the youth is interested in the agriculture sector.



Landiswa Diniso working hard to grow her farming business.

# I-NHI Illigadango Eli-nqophe Ukuthuthukisa Zamaphilo

**I-NDP ITHI NGOKUPHUNYELELISWA** kwe-NHI, umraro weensiza zezamaphilo ezibogabogako neemali ezitjhisako zesizo lezamaphilo eembhedlela zangeqadi kufuze upheliswe.



**U**Ngqongqotjhe we-zamaPhilo uDorh. Aaron Motsoaledi u-thi umThethomlingwa oKhitje-lelwako weTjhorensi yezama-Philo yeliZweloke (i-NHI) uzokukhuphula izinga lesizo lezamaphilo eSewula Afrika. U-Motsoaledi gade akhuluma mhlapha emhlanganweni weembikiindaba lapho ethule isiKhibelelo somThethomlingwa we-NHI nesiKhibelelo somThethomlingwa wee-

Nkimu zezokweLapha.

ImiThethomlingwa le izoku-hlahla indlela yokufikelela zokwelapha lula ngaphasi kwehlelo le-NHI.

Umthethomlingwa lithatlha lomthetho ohlongozwako. ImiThethomlingwa eminengi itlanywa minyango karhulumende ngelayelo likaNgqongqotjhe womnyango loyo. Kufuze umThethomlingwa uphasiswe yiKhabinethi ngaphambi kokobana

uthunyelwe ePalamende.

Ukwethulwa kwemiThethomlingwa emibili le kutjho iragelophambili leSewula Afrika ekufikeleleni isizo lezamaphilo labo boke abantu okutjho bona i-NHI izokuba mthetho msinyana.

I-NHI lihlelo elisekela ngeemali elizokuqinisekisa bona zoke izakhamuzi ze-Sewula Afrika zinikelwa itjhejo lezamaphilo ezilitlhogako, kungayi ngobujamo bomse-

benzabo nokukghona ukuzi-bhadelela.

UDorh. Motsoaledi uthre urhulumende uyelele bona abanye abantu bajame kelokuthi kufuze kulungiswe qangi ihlelo lezamaphilo lomphakathi ngaphambi koku-thi bekukhulunye nge-NHI.

Uthe urhulumende uyazazi iintjhijilo zezinga elibogabogako nokungasebenzi nge-fanelo kwehlelo lezamaphilo womphakathi.

UDorh. Motsoaledi uthre umTlamo wokuThuthukiswa kweliZweloke (i-NDP) ukutshwaye ngaphandle koku-zaza ukuthi ngokuphunyeleliswa kwe-NHI iinsiza zezamaphilo ezibogabogako neemali ezitjhisako zesizo lezamaphilo langeqadi kufuze kulungiswe.

Kusakhulunyiswana ngee-nKhibelelo zemiThethomlingwa le, umnyango uzokusungula okungasenani ngamphrojekthi amane azokufaka hlangana isizo lezamaphilo eenkolweni, isizo lezamaphilo kabaphazamiseke ngokomkhumbulo, abomma abasisdi abanemiraro yezamaphilo eembhedlela ezima-22 ezithinteke khulu nangokwelatjhwa kwekankere, i-oncology kutjhejwe khulukhulu ukusiza e-Gauteng naKwaZulu-Natala, nokho-ke ezinyi iimfunda azikazukuliselelwa.

UDorh. Motsoaledi uthre izakhamuzi ezinengi aziskhoni ukufikelela iinsiza

zezamaphilo zangeqadi ngebangela wokuphaka-ma khulu kweemali zeensiza lezo, ngebangelo iKomitjhini yezamaPhaliswano ikhombele iJaji eliKhulu langaphambilini uSandile Ngcobo ukobana enze iphenyo ngeemali zeensiza zezamaphilo zangeqadi kilomkhakha.

Uthe "Inkhibelelo esizethu-lako zinqophe ukwethula iingulani umthwalo weemali ezizifumana zikiwo".

U-Motsoaledi uthre isikhibelelo sokuthoma somThe-thomlingwa kuzakuba ngesokuphelisa iimali ezibhade-lwa ziingulani kibodorhodera ngaphezu kwemali ekhutjhwa eenkimini zabo zokwelatjhwa.

Iimali ezibhadelwa ziingu-lani zitjho bonyana iskimu sibhadela ingcenyana yema-li ebizwe sibhedlela namkha ngudorhodera kuthi enye ibhadelwe sigulani. Imali esepleko kufuze iphume esikhwanyeni sesigulani ngo-kwaso.

## Uthi Bewazi Bona?

**Umnyango uqedelele nanyana usebujameni bokuqedelela ukwakhwa nokuvuselelwa kwemitholapilo ema-701 begodu sele usebenzise ngaphezu kwamabhiliyon ama-R40 ukulungiselela i-NHI.**

# Plans to drastically change TB treatment

**THE INTRODUCTION** of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

**P**atients with Multi-drug Resistant Tuberculosis (MDR-TB) will now be able to receive life changing treatment as the Department of Health begins its roll-out of Bedaquiline.

According to the department's drug resistant TB director, Norbert Ndjeka Bedaquiline will replace the old regimen, which makes use of injections to administer MDR-TB treatment.

"This means that for the first time, an injection-free

regimen will be recommended for all patients with Rifampicin Resistant Tuberculosis in South Africa. Additionally, patients with MDR-TB will now also receive Bedaquiline as part of a more patient friendly short regimen, which is expected to improve adherence and ensure success," he said.

The introduction of Bedaquiline has earned South Africa the top spot as the first country in the world to dispense this type of treatment.

The department says Be-

daquiline has been hailed for its effective treatment and short turnaround time.

"Treating patients with drug resistant TB was difficult with old medicines, which had many negative side effects and over long periods often up to 24 months."

In addition, the treatment is revered for reducing the number of deaths and having fewer side effects in comparison to its injectable counterpart, which resulted in hearing loss for many MDR-TB patients.



The department began the roll-out of Bedaquiline across the country in July.

"We started the roll-out with facilities that are ready to implement. This will be done in a phase by phase approach. We will then assist

and capacitate those provinces that need assistance," said Ndjeka.

It is anticipated that roll-out across the country will be concluded between the next three to six months.

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