

# Vuk'uzenzele

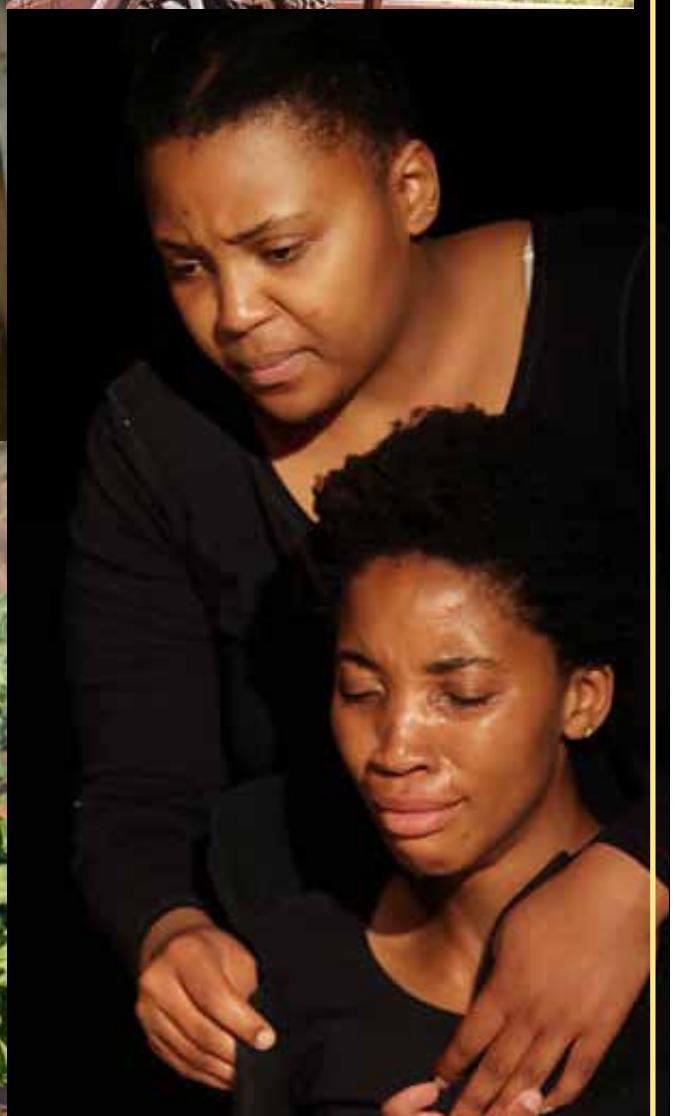
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# Ukunceda abalimi basetyhini ukuba baphumelele

**LE PROJEKTHI** incede abantu basetyhini abaninzi ukuba bakwazi ukuthatha inxaxheba kwiiprojekthi ezikwiindawo abahlala kuzo ngelithuba batyebisa ulwazi lwabo futhi bezama namacebo okulwa indlala.



Enye yendlela i-Adaptation Fund ebanceda ngayo abantu basetyhini basemaphandleni kukubakhuthaza ukuba balime izilimo ezikwaziyo ukumelana neemeko zezulu ezimbi.

Dale Hes

**M**ancinci amathuba okuba imeko yokutshintsha kwemozulu ichaphazela indlela zokulima zabalimi basetyhini basemaphandleni kuMasipala weSithili sase-Mgungundlovu kwiphondo lakwaKwaZulu-Natal. Oku kuza kwenzenka ngenxa yeprojekthi ephunyezwe yi-South African National Biodiversity Institute (i-SANBI) kunye ne-

Yunivesithi yaKwaZulu-Natal.

Iprojekthi ye-uMgeni Resilience exabise imali ezizigidi zeerandi ezili-102, ephantsi kwe-Adaptation Fund, inenjongo zokuncedisa uluntu ukuze lukwazi ukumelana negxaki yotshintsho lwemozulu. Le projekthi itshintshe indlela abasetyhini abenza ngayo imisebenzi yabo, ngokukhuthaza ukusetyenziswa kwezilimo, izichumiso zomquba kunye neindlela ezintsha zokulima ezikwaziyo ukumelana nemozulu etshintsha-tshintshayo.

UMatu Gwala ufumene undoku-uMgeni Resilience Project emva kokutsala nzima ekulimeni izityalo zakhe ngenxa yemozulu embi etshintsha-tshintsha rhoqo, ethi ngamanye amaxesha ibe neemvula ezinkulu ngamanye ibe nembalela.

Uthe le projekthi yamnceda watsho walima izilimo ezikwaziyo ukumelana nemozulu embi, azithengise aze enze inzuso.

"Ndenza imali engama-4 500 eerandi ngombona owawutya-lwe ngembewu endayifumanayo. Ndakwazi ukuthenga

ifenitshala yendlu yam ndaze enye yemali ndayibekela bucala ukulungiselela ukubhatalela imali yesikolo yabantwana bam, "utshilo uGwala.

Omnye umlimi, uWinnet Dhladhla, wayesebenzisa indlela engafanelekanga yokutyala, ezixinanisa izityalo zakhe xa etyala. Yathi yakulungiswa le negxaki, wanako ukwenza inzuko eli-1 500 leerandi esuka kwiitapile zakhe kunye neli-1 750 leerandi esuka kumbona awulimayo.

"Oku kuye kwandinceda ndatsho ndakwazi ukondla usapho lwam kwaye ndenze imali encinanee caleni," utshilo uDhladhla.

Kukho ngoku abalimi basetyhini abamalunga nama-380 abaxhamlayo kule projekthi kwiphondo.

Umphathi wezibonelelo ezibalulekileyo we-SANBI, uMichael Jennings, wathi le projekthi ifuna ukulungisa iingxaki ezijongene nabalimi basetyhini.

"Le projekthi iyaqonda ukuba kumaxa amaninzi abasetyhini abanazo izixhobo nempahla eyiyeyabo okanye abanalo ithuba lokuthatha inxaxheba ngendlela ebonakalayo kwiiprojekthi ngenxa yamaziko amaninzi kunye nemeko zasekuhlaleni ezingabaniki mathuba. Ifuna

ukuxhobisa abasetyhini ngeendlela ezijolise ekubonisaneni nabo, ukubaxhobisa ngezakhono kunye nokubancedisa kumaphulo okukhangela iindawo abangazithengisa kuzo iimveliso zabo, "utshilo uJennings.

Le projekthi iye yavumela abaninzi basetyhini ukuba bathathe inxaxheba kwiiprojekthi zeendawo abahlala kuzo, ngelixa ityebisa ulwazi lwabo futhi ibaxhobisa nangezakhono batsho bakwazi ukuzithathela iziqqibo zabo kwaye baziphekele awabo amacebo namaqhingga okulwa intlupheko nentsokolo.

"Inxalenye yoku iquka ukuba-qeqesa ngeendlela zokwenza amalungiselelo, zokusekwa kookopolotyeni kunye nezokubalawula. Ikwaquka ukufundwa kobuchule bokulima ngendlela eziyindwebeleyo imozulu engenaziqqibo into leyo ekholela ekwandenai kwemveliso. Ngokugalela imali kwiziseko ezingundoqo ezifana nezitiya zoluntu, imibhobho nemijelo yokunkcenkceshela, kunye nezinye izixhobo, le projekthi iye yaxhobisa abasetyhini ukuba babenezixhobo zoncedo kunye neempahla zokusebenza zabo," ucacisile uJennings. ▀

## New amphibious wheelchairs make beaches accessible to all

**THE INNOVATIVE** wheelchairs are "amphibious" in that they are able to move easily on sand and float on water.

**S**outh Africa is renowned for its spectacular coastlines, with our sunny beaches along the eastern and western shores being hailed as some of the best in the world.

Every year, thousands of tourists and locals flock to the seaside to play and create holiday memories with family, but not much thought is given to the unique challenges faced by the disabled in enjoying time at the beach.

Taking this into account, the Wildlife and Environment Society of South Africa (WESSA), together with the Ford Motor Company Fund, has donated "amphibious wheelchairs" to Blue Flag beaches in four coastal municipalities in South Africa. The chairs will make beaches universally accessible to those with disabilities and create awareness around spaces becoming more accessible to all.

The innovative wheelchairs are "amphibious" in that they are able to move easily on sand and enter and float on water, said WESSA National Coastal Coordinator Robert Slater.

WESSA implements the international Blue Flag programme in South Africa which ensures beaches meet global standards of safety, cleanliness, access to amenities and environmental management, among other

criteria.

The City of Cape Town, Overstrand, Bitou and Kouga municipalities were awarded the chairs based on their existing disabled access to beaches and their commitment to making their Blue Flag beaches usable for all people. The chairs will be freely available for disabled beachgoers to use at Blue Flag beaches to be determined by the recipient municipalities.

Director for Education and Global Community Development at the Ford Motor Company Fund Mike Schmidt said, "This is yet another example of how mobility can improve the quality of life for people in many different ways. We're happy to support this unique project that will allow more people to fully experience the joys of the beach - from traveling along the sandy shores to going into the water." ▀

# Akekho umntwana oshiywa ngasemva



**Amanenekazi amabini enza konke okusemandleni ukuze akhe isikolo esifundisa izakhono zobunkokheli nezobuchwepheshe. Esi sikolo sikwafundisa imfundo yabucala eyodwa egxininisa kakhulu ebantwaneni abane-autism ne-ADHD.**

## Matona Fatman

Xa uYanel Ntlauzana eshiya i-UK ekuqaleni kwalo nyaka ebuyela ekhaya eMzantsi Afrika, wazixelela ukuba akanakuphinda abuyele mva kwelase-UK. "Ukuba ndiyabuyela, ndizakube ndihlulekile," kutsho uNtlauzana.

Eneminyaka engama-37 ubudala washiya umsebenzi ozinziyelo kunye noonyana bakhe ababini, omnye oneminyaka elithoba aze omnye abeneli-14, ukuba alandele iphupha lakhe lakudala lokuvula isikolo esiza kuqinisekisa ukuba wonke umntwana ufumana ithuba elifanayo ebomini ngokuthi umntwana ngamnye afumane imfundo ebhetele kakhulu, apho umfundis ngamnye efuma-na uncedo noqwalaselgo ngootitshala.

UNtlauzana, ingcali kunye nomqeqlihi wase-ACAE, (umbutho ofundisa ngesifo se-autism kunye nezifio ezifana nayo) akafuni nokubona ukhuleka.

Wenza yonke imizamo yakhe ukuba enze iSikolo Esikhethekileyo sasePlumfield ukuba si-phumelele. Isikolo sikwindawo ekumathambeka azolileyo aseChartwell eGauteng.

Umbono wePlumfield, ngelixa uzelwe ngeminqweno emihle kakhulu, ayiyo into elula, nakuNtlauzana kunye noHlumela Sixishe, awasungula naye esi sikolo futhi naye ongumakhwekhwetha kuhlobo lwmfundo olugxinisa kumba wokutatamisa umfundis emnye ngexesha.

**"Aba ikwangabantwana abangafunwayo nabathathwa 'njengabangafundisekiyo,' abahluthwa ilungelo labo elisisiseko lemfundo esemgangathweni kunye nthuba elilinganayo lokuphumelela ebomini."**

Esi sibini sakha ukusuka phantsi ukuya phezulu isikolo sigxinisa kwizakhono zobunkokheli kunye nobugcisa. Into eyenza ukuba esi sikolo sabo sahluke kwezinye izikolo zabucala ezifundisa imfundo ekhethekileyo kukuba sona sigxinisa kakhulu nase-kubandakanyeni abantwana abane-Autism kunye ne-Attention Deficit Hyperactivity Disorder (i-ADHD).

Aba ikwangabantwana abangafunwayo nabathathwa 'njengabangafundisekiyo,' abahluthwa ilungelo labo elisisiseko lemfundo esemgangathweni kunye nthuba elilinganayo lokuphumelela ebomini.

Bobabini uNtlauzana kunye noSixishe bayaqonda ukuba i-Autism okanye ukuba ne-ADHD akuthethi ukuba ubomi kulowo unesi sifo buphelile njengo-ko lusitsho uninzi

Iwabantu ebazalini. Kuthetha nje ukuba indlela yokufundisa nokufunda kufuneka yahluke, ingakumbi ngokumalunga nendlala yokutatanyiswa komfundi ngamnye ngexesha, kuba olu hlobo lokufundisa luncenda umfundis ngamnye azibone naye indlela ahlakaniphe, akwaziyo kunye nakrelekrele ngayo, futhi unalo nekhono elikhethekileyo lokwenza igalelo kwiklaysyonke.

Ikharityhulam yesikolo bugcisa bengqondo ephangaleleyo, i-liberal arts. Ukubhalwa kweenqubo zekhompyutha kukwayinxalenyekharityhulam, apho abafundi befunda ngobugcisa bokubhalwakweenqubo zekhompyutha besebenzisa imizotyana yeebhokisana ezifana neze-Lego, baze bathi emva kwethuba banyukele ngasentla benze iinkqubo zekhompyutha ezenobunzinyana ezifana no-JavaScript kunye ne-Python.

## Amathuba okuphumelela kumntwana one-autism

Akekho namnye umntu owazi bhetele ngamathuba okuphumelela kumntwana one-autism kunoNtlauzana, njengoko omabini amakhwenkwe akhe ene-Autism. Kungenxa yoko le nto ezinikeleyo ekuqinisekisi ukuba isikolo iPlumfield siyaphumelela. Ukuphumelela kwesi sikolo lipupha lakhe kunye noSixishe abazimisele ukulilwela nasebumnyameni.

UNtlauzana usebenzela ukuba oonyana bakhe nabo bade bafikelele kwinqanaba lokufunda kwesi sikolo sasePlumfield.

Uncedo olufunyanwa ngamakhwenkwe akhe kurhulumente wase-UK yinto emkhuthazayo ukuba afune uncedo olufanayo nolu kubantwana abane-autism

eMzantsi Afrika.

Xa kuthethwa ngokubonelela abantwana ngamathuba kunye nezixhobo zoncedo, uSixishe naye uzinikela ngokufanayo noNtlauzana. Balwa ubusuku nemini befuna ukuqinisekisa ukuba bonke abantwana bafumana amathuba alinganayo. Ekugqibeleni, bafuna injongo yemfundo ukuba itshintshe.

Okwangoku, iPlumfield ayifumani nkxaso-mali kwaye uSixishe noNtlauzana abafumani mivuzo. Iphupha labo lemfundo efikelelekyo, nenomgangatho ophezulu lilo elenza ukuba baqhubeke bangadinwa. Into abayithandazelayo kukuba ngenye imini iSebe leMfundu esisiseko linike inkxaso-mali kubafundi abane-Autism ukuze bakwazi ukuza kufunda ePlumfield.

USixishe noNtlauzana bane-mibono namaphupha ama-

kakhulu. Baceba ukukhulisa isikolo sabo eChartwell ukuze sikwazi ukuba neendawo zokuhlala abantwana besikolo. Ukuza kuthi ga ngoku, u-Ntlauzana kunye noSixishe baye bakwazi ukubonisa ukuba umzingisiakanashwa, kangokuba uyawkazi ukwakha nokuseka isikolo sodidi esifana nePlumfield.



**Yanel Ntlauzana.**

## Yintoni i-autism?

Isifo sokuphazamiseka kwengqondo se-autism kukukhbazeka kokukhula okunzima, kumaxa amaninzi, okubonakala kwiminyaka emithathu yokuqala yoku-zalwa kwaye kuchaphazela isakhono somntu sokunxi-belelana kunye nokusebensiana nabanye abantu.

## Iimpawu ze-Autism

- Ukungakwazi okanye ukuqalisa kade ukuthetha.
- Ukuphinda-phinda izijekulo ezifana nokuqhawaba izandla.
- Ukungafuni ukuhlanganisa amehlo nawabanye abantu.
- Ukungabinambla kumalungu osapho okanye kubahlolo.
- Ukungakwazi ukudlala ngendlela eza kwenza ukholeleke.
- Ukugxinisa kwizinto ezithile, okanye kwinxalenyeyezinto.

**Inqaku eliya kubazali:** Hlala ubeke iliso kwindlela akhula ngayo umntwana wakho ukuze xa kukho iingxaki umntwana wakho abenokufumana uncedo kwangethuba.



**Hlumela Sixishe.**