


# Vuk'uzenzele



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## Living positively with HIV

**KEEPING A CHILD** living with HIV happy and healthy is not easy, but staying positive, listening to your doctor and taking your medication are vital coping tools.

**More Matshediso**

Since he was just one month old, 10-year-old Themba Buthelezi\* has been on HIV treatment. His mother Slindelo Buthelezi\*, who lives in Johannesburg, passed the virus to her infant through her breastmilk. She shared with *Vuk'uzenzele* the details of how she strives to keep both herself and her son healthy by ensuring they routinely take their antiretroviral treatment (ART) to suppress their viral loads. "He was about one month old when he tested positive. I could not

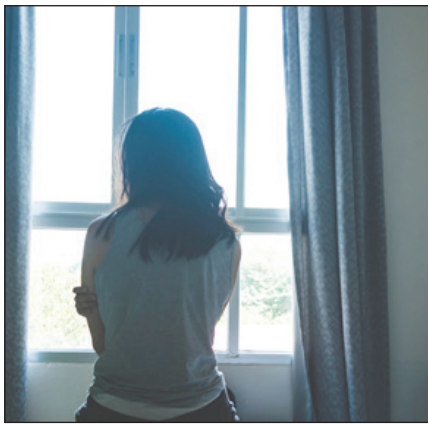
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**REGISTER TO VOTE**

26 – 27 January 2019

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**How abuse affects survivors**

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# Ithuba lokugcina lokubhalisela ukuvota

**ABANTU BASENINGIZIMU AFRIKA** kufanele basebenzise ilungelo labo loMthethosisekelo bavotele iqembu abalithandayo.

**I**mpelasonto yokubhalisela ukuvota izoba ngo-Mgqibelo mhla zingama-26 nangeSonto mhla zingama-27 kuMasingana 2019 ngokusho kukasihlalo weKhomishani Yokhetho Ezimele (i-IEC), u-Glen Mashinini.

UMashinini uthe zonke izikhungo zokuvota eziyizi-22 932 zizovula kusukela ngo-08h00 ukuya ngo-17h00 ngempelasonto yokubhalisela ukuvota.

“Lokhu kwenzelwa ukuvumela abaqala ukubhalisa ukuba babhalise kuthi labo aseke babhalisa bavuselele futhi babheke imininingwane yabo yokubhalisa.”

UMashinini uthe esikhathini samanje balinganiselwa kwizigidi ezingama-26.1 abantu ababhalisele ukuvota ohlwini lukazwelonke lwabavoti.



I-IEC ifisa ukwengeza okungenani esinye isigidi sabavoti ohlwini lwabavoti ngaphambi kokhetho lowezi-2019.

UMashinini uphinde wathi ukubhalisela ukuvota kuzokwenziwa futhi nasezikhungweni zokuqondiswa kwezigwegwe ezweni lonkana ukunikeza iziboshwa ithuba lokusebenzisa ilungelo lazo lokuvota.

“Ngokohlalo lokuvota, iziboshwa zithathwa ngokuthi zibhalisele ukuvota ezifundeni zokuvota lapho ziboshwe khona.

“Amalungu emindeni alabo abagqunywe emajele kucelwa

ukuba athumele omazisi babo ngaphambi kosuku lokubhalisela ukuvota,” ngokusho kukaMashinini.

## Ukubhalisela ukuvota

I-IEC ithemba ukuthi abavoti, asebebhalisile, bazothatha leli thuba bavakashele izikhungo zabo zokuvota babheke ukuthi babhalisile, ikakhulukazi baqinisekise futhi balungise amakheli abo.

## Nakhu okufanele ukwazi:

- Zonke izakhamuzi zase-Ningizimu Afrika ezineminyaka yobudala eyi-16 nangaphezulu ezinomazisi

osemthethweni zingabhalisela ukuvota (nakuba kuyilabo abaneminyaka eyi-18 ngosuku lokuvota abangavota).

- Abazovota kufanele baphathe umazisi wabo onamagabelo, omazisi abangamakhadi noma omazisi besikhashana uma beya kobhalisa esifundeni zokuvota lapho behlala khona.

- Uma bebhhalisa abavoti kufanele baveze namakheli abo noma incazelo yezindawo abahlala kuzona ukuze iKhomishana yoKhetho ibafake esigabeni esifanele sohlu lwabavoti. Abudingeki ubufakazi bendawo lapho umuntu ehlala khona.

Izikhungo zeKhomishana yoKhetho zizovulwa ngaphambi kwempelasonto yokubhalisela ukuvota kuzwelonke futhi zizosebenza kuze kuqedwe ukubhalisela ukuvota ukusiza izakhamuzi

ukuba zibhalise futhi zivote.

UMashinini ucela bonke abathintekayo, kubalwa namaqembu ezezipolitiki, iminyango namabhizinisi kahulumeni, abezindaba nezinhlangano zomphakathi ukuba ziseke ukubhalisela ukuvota ngaphambi kokhetho.

■ **SANews**

**Abavoti asebebhalisile bangavakashela iwebhusayithi yeKhomishana yoKhetho ([www.elections.org.za](http://www.elections.org.za)) ukuze bahlale imininingwane yabo yokubhalisa nezikhungo lapho bezovotela khona. Bangaphinde bathumele umqhafazo onombolo kamazisi ku-32810 ukuze bathole umyalezo oqukethe ikheli lesikhungo sabo sokuvota (umqhafazo ubiza u-R1).**

# First time voter eager to register for 2019 elections

## More Matshedis

**P**onalo Notwane will ensure that he registers to vote for the 2019 General Elections.

Notwane (21) says he will be voting for the first time during next year's elections.

He told *Vuk'uzenzele* that he will either register at a voting station in his home town in Klerksdorp in the North West or at the University of Pretoria, where he is currently studying towards a degree in Computer Science.

“This is exciting for me because I will finally have a say about which political party should lead our country and I am hoping that many young people who qualify to vote will also use this opportunity to register because this will affect their future,” said Notwane.

The IEC has announced that the final voter registration weekend is set for 26-27 Janu-

ary 2019. About 22 932 voting stations across the country will open their doors from 08:00 to

**“I will finally have a say about which political party should lead our country. I hope that many young people who qualify to vote will also use this opportunity.”**

17:00 to allow first time voters to register and others to update and check their registration details.



■ Ponalo Notwane has his Smart Card ID ready. He is set to register to vote for next year's elections.

However, the electoral commission was concerned that the lowest voter registration levels are for voters aged between 18 and 19-years-old, which makes up 15.1 percent

of the estimated population. This is followed by the 20 to 29 year-old-age group, which makes up 56.7 percent of the estimated voting population. Notwane says he believes

that the low turn out of young people voting, is a result of lack of information about elections, which makes it challenging for the youth to participate.

Notwane said young people must realise that it does not help to complain about not getting services from government if they do not vote.

“For example, service delivery is a bit inconsistent in my hometown, but if young people can develop an interest in issues of governance and politics, they will be able to change how things are done,” he said. ■

**All South African citizens aged 16 years and older, who are in possession of an official Identity Document (ID) or temporary ID certificate can register as voters, but only those who are at least 18-years-old on voting day may vote.**

# Amasu okukugcina uphaphile ngalesi sikhathi samaholide kaKhisimusi

Dale Hes

**I**sikhathi samaholide kaKhisimusi isikhathi senjabulo. Kodwa sibuye sandise nezehlakalo zezigeme ezifana nezingozi zezimoto, ubusela nobunye ubulelesi. Landela lawa masu ukuze uqikelele ukuthi uphaphile futhi uthokozile ngaso sonke isikhathi, wena nezihlobo zakho.

## Phepha emigwaqweni

Izingozi zomgwaqo zibaziningi kakhulu ngesikhathi samaholide kaKhisimusi, zibulale amakhulu abantu. Ukuze uhlale uphaphile, qikelela ukuthi:

- Uhlola imoto yakho ngaphambi kokuba uye lapho uphokophele ukuya khona, ukuze uqikelele ukuthi isesimweni esigculisayo.
- Wena nabagibeli bakho ngaso sonke isikhathi nifase amabhande

emotweni.

- Njalo ngemuva kwamahora amabili uthathe ikhefu uma ushayela ibanga elide.
- Ngaso sonke isikhathi gwema uphuzo ngesikhathi ushayela.
- Bamblela kwisivinini esibekiwe futhi uqaphele yonke imithetho yomgwaqo.
- Qaphela ezinye izimoto nabahamba ngezinyawo.
- Kugweme ukusebenzisa umakhalekhukhwini ngesikhathi ushayela.

## Ukuphepha kwabantwana.

Izindawo eziningi zamaholide zimatasatasa kakhulu, okuchaza ukuthi kungenzeka ingane yakho ihlukane nawe esixukwini sabantu.

Kusemqoka futhi ukuqapha abantwana bakho uma kunezinto enizenzayo ezifana nokubhukuda olwandle noma nidlala emabaleni okudlalela. Lawa ngamasu

azogcina abantwana bakho bephephile:

- Qikelela ukuthi abantwana abancane baqashwe umuntu omdala ngaso sonke isikhathi.
- Emotweni, qikelela ukuthi abantwana abancane bafase amabhande.
- Fundisa abantwana asebekhulile inombolo yakho kamakhalekhukhwini uma kwenzeka kuba nesimo esiphuthumayo.
- Qikelela ukuthi abantwana abangakwazi ukubhukuda kahle

bagqoke amabhangela afuthwe ngomoya uma bebhukuda.

- Fundisa abantwana bakho ukuthi bangalinge bangene emotweni yomuntu abangamazi futhi bangakhulumi nabantu abangabazi.
- Bamba isandla somntwana wakho uma usendaweni ematasatasa futhi noma weqa umgwaqo.
- Funda imigomo elula yosizo lokuqala ukuze uyisebenzise uma kunesimo esiphuthumayo.



## Ubulelesi

Kunezehlakalo eziningi zokugqezwa kwezindlu nezigebengu ngamaholide kaKhisimusi. Qaphela ngaso sonke isikhathi ulandela lawa masu okuphepha:

- Uma uhamba uya kumaholide, qikelela ukuthi wonke amafasitela nezicabha zendlu yakho kuvaliwe.
- Uma omunye womakhelwane engeke ahambe, bacele ukuba bakubhekele indlu yakho.
- Uma useholidini, gcina izinto ezibalulekile ezifana nomakhalekhukhwini nezikhwama zemali kufihlekile.
- Gcina imoto yakho ikhiyiwe uma uyishiya noma ngabe isikhathi esingakanani. Qikelela ngokunyakazisa izibamba zesicabha.
- Gcina inombolo yosizo oluphuthumayo njenge-ambulensi nenombolo yamaphoyisa iseduze.

## When the sheriff knocks at your door

**SHERIFFS ARE REPRESENTATIVES** of the court and as such, you must follow their instructions or you may be liable for prosecution and further costs.

Allison Cooper

**A**nswering the door to find the sheriff on the other side is enough to have you shaking in your shoes.

A sheriff has the authority to carry out court orders. This may include attaching (taking) some of your possessions so that they can be sold to help pay back money you owe to someone. It is important to know your rights and to understand the sheriff's responsibilities.

The South Africa Board for Sheriffs chairperson, Charmaine Mabuza, stressed that a sheriff is an impartial and independent official of the court appointed by the Minister of the department of Justice and Correctional Services. Interestingly, sheriffs operate inde-



■ **Make sure you understand your rights when you are dealing with the sheriff of the court.**

pendently from each other; in fact, they are private business people.

The board monitors sheriffs and their deputies to ensure they execute their duties in a humane manner in terms of the Code of Conduct for Sheriffs.

The sheriff or deputy sheriff must serve or execute all documents issued by the courts. These include summonses, notices, warrants and court orders.

"The sheriffs' profession is a vitally important arm of

the administration of justice in South Africa. Without it, justice would grind to a halt," explained Mabuza.

A sheriff may enter your premises, even when you are not there, providing they have a legal court order to attach some of your possessions.

However, a sheriff must treat you with dignity and respect at all times; and he/she must explain the contents of the court document and what you need to do next.

It is important to know your rights, most notably that a sheriff may not remove necessary items such as food and beds, bedding and clothes. There are also limitations on other things, such as tools of trade you may need to carry out your work, which may not be attached.

Also, be sure to ask for

identification so you are not scammed. All sheriffs and deputies must carry a valid identification card issued by the South African Board of Sheriffs (SABFS) and must be able to produce it on request. ■

### What to do if you have a complaint against a sheriff?

If you have a complaint, or if you are unsure of your rights, contact the SABFS via email: [contact@sheriffs.org.za](mailto:contact@sheriffs.org.za) or phone: 021 426 0577.

The SABFS also has a fraud hotline to allow people to bring any unethical business practises to the attention of senior management.

The toll-free number is 0800 000 628.

# Sebenzisa imali ngobuhlakani

**UNGALENGZI IPHUTHA** lokuchitha imali engaphezu kwaleyo onayo.

Allison Cooper

**A** maholide kaKhisimusi akufanele akushiye unembombo yomgodi wezikweleti uma ephela.

“Ukusebenzisa imali ngendlela engafanele kufana nesikweleti esiyiphela endlebeni. Kuhle ukugwema ukuchitha imali ngendlela

**“Ungayisebenzisi imali ongenayo.”**

engafanele kulawa maholide kaKhisimusi ngoba kungababonthelela omkhulu emalini yakho kanye nakuhlelo lwakho esikhathini esizayo,” ngokusho komphathi wezokukhangisa nokudayisa e-DebtSafe u-Matthys Potgieter.

“Ubumnandi bokuthenga ngenyanga kaLwezi noZi-



bandlela bobesikhashana futhi abathengi bazokuzwa ubunzima bokusaphaza imali ekupheleni koMasingana 2019. Ungayisebenzisi imali ongenayo,” kwengeza u-Potgieter.

U-Mellony Ramalho we-African Bank uthi abasebenzi bajwayele ukusheshe bahole ngenyanga kaZibandlela, okwenza bawulinde eside

isikhathi umholo wabo wangoMasingana.

“UMasingana inyanga enzi- ma kubantu abaningi, abanye basebenzisa amakhadi ezikweleti noma baboleke imali. Kubalulekile ukuqaphela ukuthi imali yakhouyisebenzisa kanjani. Okugcono enza uhlu lwezinto ofuna ukuyisebenzisa kuzo imali yakho ukuze ugweme ukusebenzisa

imali ngendlela engafanele,” ngokusho kuka-Ramalho.

U-Potgieter ululeke abathengi ukuba baqale ukuthenga izinto zikaKhisimusi kusenesikhathi futhi baqikelele ukuthi bathenga ukudla okwanele futhi bathenge izinhlobo zokudla ezizohlala isikhathi eside, ukuze bangasebenzisi imali ngendlela engafanele futhi bagweme

nokuthenga izinto ezibizayo ngemizuzu yokugcina.

**Le indlela u-Potgieter aluleka ngayo abathengi ukuze bagcine imali yabo isesimweni esihle.**

- Thenga ukudla okwanele futhi okuyizinhlobo ezizohlala isikhathi eside
- Cabanga ngokusebenzisa imoto eyodwa. Ukusebenzisa izimoto ezimbalwa kuchaza ukusebenzisa imali encane kuphethiloli.
- Gwema imigwaqo ekhokhelwayo uma kungenzeka.
- Esikhundleni sokuthenga iziphopho vumela abantwana ukuba babhake izinto ezihlukile babhakele izinhlobo.
- Qala uthenge izinto zikaKhisimusi kusenesikhathi.

Kulo nyaka u-DebtSafe ukhuthaza abathengi ukuba bazame ukusebenzisa amaphepha ajwayelekile ansundu uma besonga iziphopho, ashikhile futhi ahambisana nemvelo. **U**

## Quality affordable smart phone for Africa

**THE AFRICAN** Development Bank and its strategy of industrialising Africa has played a vital role in developing the continent's technology sector.

**I**n the world of smartphones, China has Huawei, Korea has Samsung, while the United States of America has Apple.

Long-time dark horse Africa is now taking centre stage with the announcement of the Mara phone project that is touted to take the smartphone business by storm.

Developed by Rwandan businessman and billionaire Ashish Thakkar, the Mara group at the Africa Investment Forum announced ambitious plans to develop manufacturing plants in Rwanda and in South Africa.

During South Africa's recently held inaugural investment conference, a brainchild of President Cyril Ramaphosa, Thakkar announced that his company would be investing R1.5 billion in a South African



venture over the next five years.

Thakkar also said there were further plans to develop the phone in plants across the continent's five regions.

“We all know the importance of high quality and affordable smartphones and the impact

this can have on the continent. Quality smartphones mean we can truly enable financial inclusion, micro-lending and micro-insurance. This can translate into better education, digital healthcare and agriculture efficiency and improved commerce.

“If this is all going to be possible... we [need] quality and affordable smartphones. Unfortunately, we have quality smartphones but they are not affordable and if it is affordable, it is not quality,” he said.

None of the millions of smartphones found worldwide are

from Africa, Thakkar said.

“We have a few that are assembled in Africa but nothing is truly being manufactured in Africa. Thanks to the African Development Bank, this will change,” said the businessman.

He said the idea to produce the Mara phone was made possible thanks to the support from the African Development Bank and its strategy of industrialising Africa.

“We all believe that it is time to shift the narrative, which is why we are also excited that the phone will also be sold in Europe,” he said.

“This will truly be transformative. It will create thousands of jobs directly and eventually hundreds of thousands of jobs indirectly in the eco-system across the continent,” Thakkar said. **U SAnews.gov.za**