

# Vuk'uzenzele



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## Steps to curb women abuse



**Building a better SA with social partners**

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President Cyril Ramaphosa officially opened the BooySENS Magistrate's Court and signed the GBVF Declaration. This has been hailed as a step in the right direction in ending women and child abuse in South Africa.

President Cyril Ramaphosa has reiterated that women abuse has no place in South Africa.

"It should also have no place in our homes, at places of work, churches, schools and on the streets of our townships, on the

pathways of our villages and also in our cities and towns," President Ramaphosa said.

He was speaking at the official opening of BooySENS Magistrate's Court and the signing of the Gender-Based Violence and Femicide (GBVF) Dec-

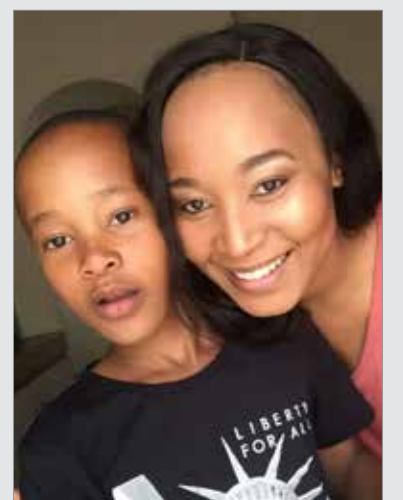
laration in Johannesburg recently.

The state-of-the-art BooySENS Magistrate's Court comprises 10 courts, including four district courts, Civil Court, Family Court, Children's Court, Small Claims Court, as well as two regional courts for criminal

and sexual offences.

The declaration, on the other hand, is borne out of the National GBV and Femicide Summit, held in November 2018, in an effort to find solutions to GBV and femicide.

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**Young mother leads autism awareness drive**

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**Did you know?** THE 2019 ELECTIONS WILL BE HELD ON 8 MAY 2019



# U pfesesa autism

**K**ha vhabebi vha vha-  
na vha re na *autism*,  
u khakhisea uhu hu  
qisa nqado, u hanganea na u  
shonisa. Vhonzhi ha vhabebi  
a vha qivhi nga ha u khakhi-  
sea uhu kana zwine vha nga  
ita u thusa vhana vhavho uri  
vha tshile vhutshilo ho 'dowe-  
leaho'.

## Autism ndi mini?

*Autism* ndi nyimele ya u kha-  
khisea muhumbuloni ine ya  
itea musi muthu a tshi bebiwa  
nahone i anzela u sumbedza  
tsumbadwadze kha miñwaha  
ya u thoma ya ñwana.

Vho Julia Mathabathe,  
muqivhi wa zwa muhumbulo  
(*Clinical Psychologist*) ngei Steve  
Biko Academic Hospital, vho  
jalutshedza uri vhana vha na  
vhulwadze ha *autism* vha vha  
shango nga ndila yo fhambana-  
ho na vhañwe vhathu.

"Vha a konqelwa u davhidza-  
na na u tshilisa na vhañwe  
vhathu. Vha dovha hafhu vha



vha na tsumbadwadze dza  
zwpifi dzo fhambana ho na dza  
vhañwe; vha nga fembedza,  
u vhona kana u pfa zwithu  
nga ndila yo fhambana ho na  
ya vhañwe vhathu. Vha nga  
sumbedza mikhwa ya u levha  
na u lwa, u vha na nqado, kana  
u qihuvhadza," vho ralo Vho  
Mathabathe.

Vhabebi vha nga wana i

khaedu khulusa u livhana na hei  
mikhwa, zwi hulwane musi zwi  
tshi itea fhethu ha nnyi na nnyi.

## Vhabebi vha nga thusa hani vhana vhane vha vha na autism?

Vho Mathabathe vha ri vhozhi  
ha zwine zwa itwa kha u lafha  
*autism* ndi u ita uri vhabebi  
vha pfesese uri vhana vhavho

vha livhana na vhutshilo nga  
ndilade.

"Vhabebi vha tea u lingedza  
u qivhea kha tshiimo tshine  
vhana vhavho vha vha khat-  
sho. Vha tea u wana ndila ya  
khwiñe ya u davhidzana na  
vhana vhavho hu nga vha nga  
u tou amba kana nga dziñwe  
ndila dza u davhidzana nahone  
vha pfesese zwiga zwine vhana  
vha khou vha sumbedza. Tsum-  
bo, arali ñwana o vha na mbiti  
na u sinyuwa, vha tea u sedza  
tshivhangani tshazwo nahone  
vha shandukise maitele u itela  
u swikelela fhoqea dza ñwana."

Vho Mathabathe vha ri ndi  
zwa ndeme uri vhabebi vha toqo  
thuso nga u favhanya musi vha  
tshi vhona zwiñwe kha ñwana  
wavho.

"Musi ñwana o wanala uri u na  
*autism* nga u favhanya, zwikha-  
la zwa uri nyimele i khwi-  
ñifhadzee ndi zwi hulwane. Phe-  
senthe tharu dza vhana vhane  
vho wanala vha na *autism* vha  
vhukati ha miñwaha mivhili na

miña vha nga swika hune vha  
nga fhola. Musi ñwana a tshi  
swika kha miñwaha ya sumbe  
u ya kha ya 11, hu qo vha hu  
na phambano khulwane nahone  
ñwana a nga kona u tshila vhu-  
tshilo ho doweleaho."

## Vhabebi vha nga isa vhana vhavho gai u itela dzilafho?

Vho Mathabathe vho ri kha  
nyimele nanzhi, *autism* a i tou  
fhola tshoqhe, fhedzi i ya kona  
u langea zwavhuqi. Vho qadzi-  
sa ngauri vhadededzi vha na  
mushumo muhulwane une vha  
tea u u ita kha u topola thaidzo  
kha vhana tshikoloni, nahone  
vha eletshedze uri vhana vha  
iswe kha muqivhi wa zwa mu-  
humbulo. ■

U wana zwidombedzwa  
zwinzhi na tsivhudzo nga  
ha *autism*, vhabebi vha nga  
kwama *Autism South Africa*  
kha: 011 484 9909.  
[info@autismsouthafrica.org.za](mailto:info@autismsouthafrica.org.za)

ooo

# Mme mutuku u rangaphanda fulo la tsivhudzo nga ha autism

Galoome Shopane

**V**ho Letlhodilwe  
Moroe, vha Bloem-  
fontein ngei Free  
State, vha khou qetshedza  
tsivhudzo nga ha *autism*  
tshitshavhani tsha havho.

Sa mubebi wa ñwana wa  
mutukana wa miñwaha ya  
11 ane a vha na *autism*, vho  
dzhia vhuqifhinduleli ha  
u vula tshiimiswa tshi sa  
shumeli malamba, Tokologo  
Place of Hope, tshine tsha  
qea tsivhudzo, u qekedza  
mafhungo na thikhedzo kha  
vhabebi vha vhana vhane  
vha vha na *autism*.

Vho Moroe vha tenda uri  
hu na u pfesesa zwiqutuku nga  
ha *autism* kha vhabebi vha  
vhana vhane vha vha na *au-  
tism*, zwi hulwane kha vhane  
vha dzula zwikolobulasi na  
vhuponi ha mahayani.

*Autism* ndi khaedu ya nya-  
luwo ine ya vhonala nga u  
konqelwa u amba, u konqel-  
la u vha na vhusaka na  
vhañwe vhathu na u shumisa  
luambo.



■ Vho Letlhodilwe Moroe na murwa wavho Sihle ane a vha na *Autism*.

Nga kha tshiimiswa  
tshavho, Vho Moroe vha  
thusa miqi ine ya rangwa  
phanqa nga vhana na miqa  
ine ya vha na vhana vha na  
*autism* uri vha kone u swike-  
lela magavhelo a vuhole-  
fhali, mishonga na *therapy*.

*Autism* ndi khaedu nahone  
i toqo zwinzhi kha mube-

bi. Mubebi a vhuya a fa-  
nganedza uri ñwana wawe  
u na *autism* zwi ita uri vhu-  
tshilo vhu vhe khwiñe kha  
ñwana."

Vho Moroe vho ri vhutshilo  
havho, u ya nga hune vha  
qivha, ho ima musi vha tshi  
wana uri ñwana wavho wa  
mutukana u na *autism*.

"Tshiñwe na tshiñwe tsho  
qo shanduka, ndo vha ndi sa  
koni u shuma, u ya tshikoloni  
nahone dzilafho la murwa  
wanga lo vha li khou dura."

U toqela murwa wavho  
tshikhala tsha khwiñe, Vho  
Moroe vho qo pfulutshela  
Gauteng u wana zwikolo  
zwine zwo tou sedzana na  
*autism*, ngauri Free State hu  
si na.

"Free State hu na zwiko-  
lo zwa vhana vha re na  
vuholefhali, fhedzi vha  
dzhia vhana vha swikaho  
malo fhedzi nahone hu na  
mtevhe muhulwane wa u  
lindela."

Naho vho livhana na  
dzikhaedu, Vho Moroe vho ri  
u vha na ñwana are na *autism*  
ndi phaqtshedzo.

"Tshiimo tsha murwa  
wanga tsho mpha maanda  
manzhi nahone tsha ngudi-  
sa u konqelela. U na mpho  
khulwane nahone u funesa  
zwa dzi khomphwutha. U  
na vhukoni kha zwa thekhi-  
nolodzhi."

Ndi zwithu zwiqutuku zwine

ñwana wavho a zwi swike-  
lela zwi ita ho uri Vho Moroe  
vha pembelele nyaluwo ya  
ñwana wavho.

"Murwa wanga u fhethu

“Mubebi a vhuya  
a tangedza uri  
ñwana wawe u  
na *autism*, zwi  
ita uri vhutshilo  
vhu vhe khwiñe  
kha ñwana.”

ha khwiñe nahone o takala  
zwino, u khou guda u amba,  
u pfumbudzwa u qisa bu-  
ngani, nahone ndi a kona u  
gera mavhudzi awe na musi  
o karuwa."

Vho Moroe vha na muloro  
wa u vula senthara ya *autism*  
ngei Free State nga liñwe la  
maquvha. ■