

Vuk'uzenzele



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Steps to curb women abuse



Building a better SA with social partners

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President Cyril Ramaphosa officially opened the BooySENS Magistrate's Court and signed the GBVF Declaration. This has been hailed as a step in the right direction in ending women and child abuse in South Africa.

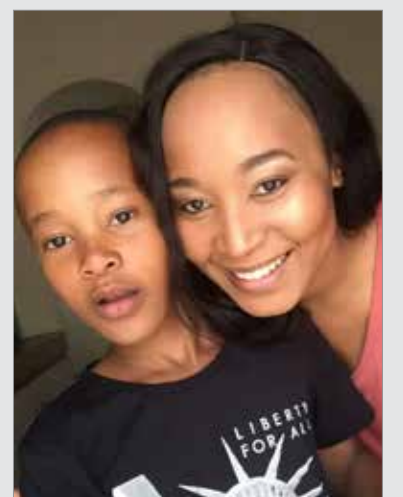
President Cyril Ramaphosa has reiterated that women abuse has no place in South Africa. "It should also have no place in our homes, at places of work, churches, schools and on the streets of our townships, on the

pathways of our villages and also in our cities and towns," President Ramaphosa said. He was speaking at the official opening of BooySENS Magistrate's Court and the signing of the Gender-Based Violence and Femicide (GBVF) Dec-

laration in Johannesburg recently. The state-of-the-art BooySENS Magistrate's Court comprises 10 courts, including four district courts, Civil Court, Family Court, Children's Court, Small Claims Court, as well as two regional courts for criminal

and sexual offences. The declaration, on the other hand, is borne out of the National GBV and Femicide Summit, held in November 2018, in an effort to find solutions to GBV and femicide.

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Young mother leads autism awareness drive

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Did you know? THE 2019 ELECTIONS WILL BE HELD ON 8 MAY 2019

Ukwazi ngesifo se-autism

Ebazalini, le ngxakaxaka idala ukubhideka, udano neentloni. Abazali abaninzi abayiqondi le ngxakaxaka okanye ukuba banganceda njani ukuze umntwana aphile ubomi obuqhelekileyo nangcono.

Yintoni isifo sengqondo esenza ukuba umntwana afune ukuhlala yedwa angadibani nezinto ezikhoyo (i-autism)?

Esi sifo se-autism yingxakaxaka yesifo semithambo-luvo eyenzeka ukususela ekuzalweni komntwana, kwaye iimpawu zaso zibonakala kwiminyaka yokuqala embalwa yobomi bomntwana.

UJulia Mathabathe ongugqirha wesimo sengqondo kwiSibhedlele iSteve Biko Academic, uchaza athi abantwana abanesi sifo se-autism, izinto bazibona ngendlela engafaniyo kakhulu neyabanye.

"Kunzima kubo okokuba banxibelelane baze basebenzisane



nabanye. Bakwanazo neempawu ezahlukileyo zeziva-luvo; bangakwazi ukujoja, ukubona okanye beve izinto ngendlela eyahlukileyo kweyabanye abantu. Bangaziphatha ngokuhlaselayo, babe nomsindo okwexeshana okanye bazenzakalise," utsho uMathabathe.

Abazali bayifumanisa ingumngeni omkhulu kakhulu into yokujongana nale ndlela yokuzi-

phatha, ngokukodwa xa isenzeka esidlangaleni.

Abazali bangabanceda njani abantwana abanesi sifo se-autism?

UMathabathe uthi eyona nto ekumele kugxilwe kakhulu kuyo ekunyangeni esi sifo kukuba abazali benziwe bayiqonde indlela abantwana babo ababuva ngayo ubomi.

"Ngenene ngenene abazali kufuneka bazame ukuzibeka kule meko bakuyo abantwana babo. Kufuneka bafumane ezona ndlela zibhetele zokunxibelelana nabantwana babo ngokuthetha okanye nangezinye iindlela kwaye baziqonde iimpawu ezibonakaliswa ngumntwana. Umzekelo, okokuba umntwana ebekhe wano msindo okwexeshana, kufuneka uyibone into eyenze loo msindo, ujike wenze izinto ngendlela eza kuhambelana ngokukodwa neemfuno zomntwana."

UMathabathe uthi kubalulekile okokuba abazali bafune uncedo ngoko nangoko xa bathe baqaphela undonakele ebantwaneni babo.

"Xa umntwana efunyaniswe enesi sifo se-autism kwangoko, akhona amathemba okuba le meko ingalungiseka. Iipesenti ezintathu zabantwana abafunyaniswe benesi sifo phakathi kweminyaka emibini nemine bezelwe banyangeka ngokupheleleyo. Uthi

umntwana efika kwiminyaka yobudala esixhenxe ukuya kweli-11, kube kukho umahluko omkhulu kwaye umntwana anganako ukuphila ubomi obuqhelekileyo nangcono."

Abazali bangabasa phi abantwana babo ukuze banyangwe?

UMathabathe uthi ikakhulu esi sifo se-autism asinakunyangeka ngokupheleleyo, kodwa singalawuleka kakuhle. Wongeza athi ootitshala banendima ebalulekileyo abangayidlala ekuboneni iingxaki zabantwana esikolweni, bacebise okokuba basiwe kwigcisa lezengqondo. **V**

Ngolwazi oluthe vetshe neengcebiso ngesifo se-autism, abazali bangaxi-belelane ne-Autism South Africa ku: 011 484 9909. info@autismsouthafrica.org.za

Umama osemntsha ukhokela iphulo lokuqondisa abantu ngesi sifo se-Autism

Galoome Shopane

ULetlhodilwe Moroe, waseBloemfontein eFreyistata, uqondisa abahlali bendawo ahlala kuyo ngesi sifo se-autism.

Njengomama onenkwenkwan eminyaka ili-11 ubudala enesi sifo se-autism, wayithabathela kuye into yokuvula umbutho ongenzi nzuzo obizwa iTokologo Place of Hope, eqondisayo yazise, inike ulwazi ixhase nabazali abanabantwana abagula sesi sifo sengqondo senza ukuba umntwana afune ukuhlala yedwa angadibani nezinto ezikhoyo.

UMoroe ukholelwa ekubeni esi sifo se-autism asaziwa kakhulu ngabazali babantwana abanaso, ngokukodwa abo bahlala ezilokishini nasemaphandleni.

Esi sifo se-autism yingxakaxaka ekhulayo ezibonakalisa ngokuba nzima kokunxibelelana, ukwenza unxulumano nabanye abantu nokusebenzisa ulwimi.



ULetlhodilwe Moroe nonyana wakhe uSihle onesifo se-autism.

Ngombutho wakhe, uMoroe unceda amakhaya aphethe ngabantwana neentsapho zabantwana abanesi sifo se-autism okokuba bafumane izibonelelo zokukhubazeka, amayeza nonyango.

"Esi sifo se-autism ngumngeni kwaye singumthwalo onzima emzalini. Umzali akuba eya-

mkele into yokuba unesi sifo senza ukuba umntwana afune ukuhlala yedwa angadibani nezinto ezikhoyo, loo nto ime nzela lula umntwana."

UMoroe uthi ubomi bakhe ngokubazi kwakhe bema ngxi akufumanisa okokuba unyana wakhe unesi sifo se-autism.

"Yonke into yatshintsha,

andakwazi ukusebenza, izikolo nokunyangwa konyana wam kwakubiza kakhulu."

Kuba efunela unyana wakhe amathuba angcono, uMoroe wafudukela eGauteng ukuze afumane izikolo ezizodwa zesi sifo sengqondo se-autism, nje ngoko iFreyistata yayingenazo.

"EFreyistata zikho izikolo

zabantwana abakhubazekileyo, kodwa zithatha kuphela abantwana abangagqithanga kwisibhozo eklasini, kwaye lude uluhlu lwabalindele ukuthathwa."

Ejongene nemingeni enjalo, uMoroe uthi ukuba nomntwana onesi se-autism kube yintsi-kelelo.

"Imeko yonyana wam indinike amandla amaninzi yaza yandifundisa nokuba nomonde. Unesiphiwo ngolona hlobo kwaye uyabuthanda ubuxhakaxhaka bezixhobo ezincinci. Mhle kakhulu kwicala lobuchwephetshe."

Zizinto nje ezincinci ezibonakalisa iimpumelelo athi uMoroe azivuyele ekukhuleni konyana wakhe.

"Unyana wam usendaweni engcono nemvuyisayo ngoku, ufunda ukuthetha, ufundisiwe ukusebenzisa itshemba kwaye ndiyakwazi umcheba ngoku ehleli."

UMoroe unephupha lokuvula iziko labantwana abanesifo se-autism eFreyistata ngenye imini. **V**