

Vuk'uzenzele

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Narysec kick-starts lives of rural youth



Mamosweu Tsoabi is a National Rural Youth Services Corps (Narysec) alumni who uses the skills she learnt from the programme to construct structures on her vegetable farm.

Silusapho Nyanda

The Department of Rural Development and Land Reform's (DRDLR) youth flagship training programme, the National Rural Youth Services Corps (Narysec), is set to transform the life of a young woman from a rural Limpopo village. Sana Magwete (25), who lives near Mokopane, has been selected as a programme participant. She said she can now see a brighter future ahead of her.

"I am hoping to acquire skills that will enable me to be an entrepreneur. I would like to start a chicken abattoir because there is no such business in my village and people in my area love meat. I am almost certain that the business will succeed," she said.

She said unemployment is very prevalent in her village. "There are no job opportunities for the youth. I am hoping that once I finish with the programme and get my business up and running,

I will be able to create jobs for locals and also make a living for myself and my family members."

Magwete said last year the village chief gathered the local youth to inform them about Narysec and the opportunities it offers.

"Fifteen young people, including myself, were selected from my village," she said.

They are already at Narysec's college in Thaba Nchu in the Free State, where they will spend four months before being deployed for training in different areas. During training, Magwete said they get a monthly stipend of R1 320 for the first four months, after which it will be increased to R3 000.

Skills for rural youth

Narysec is a 24-month skills development programme that targets unemployed rural youth.

Mamosweu Tsoabi (32) was part of the programme in 2010.

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"Manje sesikhatsi setfu sonkhe sekutsi sisebentisane, sihloniphe Nelson Mandela, sakhe iNingizimu Afrika lensha, lencono yawonkhewonkhe."

MENGAMELI CYRIL RAMAPHOSA

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SIKWAKHELA LIKUSASA LELINCONO

KUFUNDZA KULOKO LOKWENTIWA NGUMADIBA



Kwakha Sive Lesinakekela Bantfwana

Kunesaga lesivamile kumasiko lamanengi ase-Afrika lesitsi kungumsebenti wesigodzi sonkhe kuhkulisa umntfwana. Lomcondvo lona – wekutsi wonkhe ummango unemsebenti wekuhulisa, kunakekela nekuvikela umntfwana ngamunye – ufika emcondvweni wami uma ngicabanga ngelusizi nangekuva lokucasulanako kwa-Enock Mpianzi lone-mimnyaka le-13 enkanjini yesikolo lesandza kubanja.

Lokudzabukisako kutsi, Enock akusuye kuphela umntfwana lolahlekewi yimphilo yakhe ngetizatfu lebetingavikelwa ngalokuphelele, kuphela nje uma ngabe bantfu labadzala bebente umsebenti wabo wekunakekela. Lomunye umuntfu angacabanga ngalomunye loneminyaka le-13, Keamohetswe Shaun Seboko, losandza kushonela echipi bini lekubhukusha lasesikolweni semabanga laphansi iMagaliesburg, nalabantfwana lababili labashonele eLekgolo Primary School eLimpopo ngesikhatsi iloli ishayisa lubondza lwabese luwela etukwabo.

Lomunye umuntfu futsi angacabanga ngalabanye bantfwana labanengi, labanjenga Nathilia Pienaar, loneminyaka le-6, labashona uma kudubulana emacembu emagenge aseCape Flats. Sikhumbula futsi lusizi lwekushona kwabo Michael Komape naLumka Mthethwa, bobabili bashona ngekugcukmuela emthoyi wemgodzi.

Tonkhe letimphilo tebantfu labasha, netimphilo talabanye labanengi, bekungadzingeki kutsi tilahleke. Tonkhe leti-

nhlekelele betingavikelwa uma ngabe bekutsetfwe tinyatselo tekuvikela labantfwana kutimo letinebungoti.

Kimi kubukekasengatsi, singummango, siyehluleka kunakekela bantfwana betfu. Bantfwana labanengi kakhulu batitfolo basetimeni letiyengoti, kungaba sihlende semapulango / setingondvo lesakhiwe ngetandla lesisemfuleni noma kubashiya babodywa emkhukhwini nesibane saphalafini. Uma bosonkontileka bashaya imigodzi ingakavikeleki noma kunganakekeli sakhiwonchanti esikolweni noma kugcwalisia ngalokwendlulele tigitjelwa letiya esikolweni, timphilo tebantfwana tibekwa engotini.

Kodvwa kuhona lokwenthwako lokungetulu kwekunganakekeli kanye nekunganaki. Bantfwana labanengi bahlangabetana nalabo lababahlukuma ngekwemacansi, emagenge etigebengu nalabo labatsengisa tidzakwamiva ngenca yekutsi bahlaseleka kalula. Singummango, kufuneka sikhulise buhlakani nekukhutsala kwefu kuvikela bantfwana betfu kulo-ku nakuletinye tintfo letiyengoti.

Singummango, kufanele sibe nelisiko lekuba nesibopho. Kufuneka kutsi sibe nesibopho kitsi ngekwetfu, kubantfwana betfu nakulabanye. Njengoba kufuneka sicinisekise kutsi bantfwana bayakhona kukhula kusimondzawo lesiphophile, lesinakekelako nalesivuseelanako, ngako-ke kufuneka sitive sinemsebenti wekuvikela nekunakekela bonkhe labo lesibatiko nalesitsantsana nabo.

Kufuneka siwuve lomsebenti wekunakekela emigwacweni.

Nanoma sikhemukela lokwehla kwelizinga letengoti temgwaco ngalesikhatsi semaholide, liciniso lelingatsandzeki litsi bantfu labangetulu kwe-1,600 bafile

emigwacweni yetfu esikhatsini lesiyinyanga nesigamu. Ku-yaphatamisa kuva kutsi bashayeli labangetulu kwe-9,000 baboshwelwe emacala lafaka ekhatsi kushayela badzakiwe, kugijimisa nekushayela budlaba nekushayela ngekunganki. Lisiko lekuba nesibopho lisho kutsi kufuneka sonkhe sishayele ngalokuphophile futsi sihloniphe emalungelo alabahama ngetinyawo nalabanye basebentisi bemgwaco. Bomake labanyenti bakhulisa bantfwana babodywa, lokubese-ke kuhinyabeta kutifutfukisa kwabo nekwebantfwana babo.

Lisiko lekuba nesibopho lisho kutsi bobabe kufuneka babe-khona etimphilweni tebantfwana babo. Bomake labanengi kakhulu kudzingeke kutsi bakhulise bantfwana babodywa, lokuvamise kunciphisa litsembo labo nalelo lebantfwana babo.

Lisiko lekuba nesibopho futsi lisho kutsi kufuneka sisebentise tindlela letiphophile tekuya eca-nissi, singativuleli kutsi singen-we noma sesulele labanye nge-HIV. Akufuneki sinatse tjwala noma sisebentise tidzakamiva budlabha. Kufuneka sifune kuphila imphilo lenemphilo kute sivikele tifo levikelekako bese siphila imphilo lendze.

Lisiko lelinjena kufuneka lemukelwe lichutjwe kakhulu ngulabu labasetikhundleni letisetulu emmangweni naletinemtselela ebantfwini, kungaba baholibetenkhonomabosopoliti-ki, baholi bendzabuko noma bo-

satiwako. Ngemagama netento tabo, kufuneka bafune kwakha ummango loncono lapho khona wonkhe umuntfu atawubongwa khona futsi anakekelwe.

Bantfu labakhetsiwe netisebenti tahulumende baniketwe umsebenti wekucinisekisa kuphepha nenhlahakahle yawonkhe umuntfu. Kufuneka bacinisekise kutsi kunesakhiwonchanti lesanele nalesiphephile kuto tonkhe tikolo. Kufuneka baphakame bente masinyane uma kuneuphatamiseka kweuphakelwa kwemanti emimangweni noma uma kuletfwe umbiko ngekungasebenti kwemalambu asemgwacweni. Kufuneka bacinisekise kutsi imigomo yetemphilo neyekuphepha iyasetjentiswa nekutsi umtsetfo uyalandzelwa.

Kwengeta, kulomsebenti lochubekako kuye wonkhe hulume, onkhe emazinga, kute kutsi lesibopho sisebente, ngalesinye sikhatsi kwadzingeka kutsi sitsatse tinyatselo letendlulele. Kuphendvula ku-

lokufa nekulimala lokubangwe kugcumukela kwebantfwana emithoyi yemigodzi, sisungule umklamo we-SAFE kute siphutfumise kuniketwa kwemithoyi lefanelekile kuto tonkhe tikolo kulelive letfu. Sitfumele Umbutfo aVelonkhe weTekuvikela waseNingizimu Afrika kuletinye tincenyetaseKapa kute usekele emaphoyisa kumitamo yawo yekunciphisa budlova bemagenge. Muva nje, sihlangene, netinhlangano temma-ngo, sicale luhlelo lwekuphendvula masinyane lwekucedza budlova lobubhekiswe kubomake nakubantfwana.

Kungunyalo, kuyacaca kutsi kuseseukunyenti lokufuneka kutsi sikwente, singuhulumende nemmango.

Sihalalisela labo bantu netinhlangano letente kwaba ngumsebenti wato kunakekela labanye bantfu. Kunebantu labafana na Ralph Bouwers naMark Nicholson, labahela imidlalo yetekukhibika yebantfu labasha baseLavender Hill eKapa kubavikela kutsi bangangeneli emacembu emagengi. Kunabomake, bosisi nemadvodzakati labasebenta njengetitjudeni letivolontiyako kumklamo we-Operation Bobbi Bear, lekuyinhlangano yaseManzimtoti KwaZulu Natal leniketa indzawo yekuhlala bantfwana labancane labahlukunyetiwe.

Kunetinhlangano letinengi tetenkholo letifana neNhlangano yeBabhishobhi baseKatholika yase-Afrika lengaseNingizimu, lengisandza kuhlangena nabo labangitjele ngemsebenti labawentako kuphendvula kuletidzingo talabaphuyile, kweskela imindeni kute ikhulise lizinga lekunakekela nekusingatsa nekunedza bantfu labasha kutsi babukane netinseyeya letinengi lababukene nato.

Labantfu laba baseNingizimu Afrika basikhomba indlela. Ngetibonelo tabo, basikhumbuta kutsi kusho kutsini kuba nesibopho kutsi ngekwetfu nakulabanye bantfu.

Lelive leli lihlangabetane netinhlekelele letinengi kakhu-lu. Timphilo letinengi tebantfu labasha tisilahlekele, bantfwana labanengi balimele futsi bakhahlabetekile etingco ndwveni.

Singaticedza letinhlekelele uma sonkhe, ngamunye ngamunye wetfu, sitibophelela ekukhuliseni bantfwana bantu esigodzini setfu lesikhulu seNingizimu Afrika.



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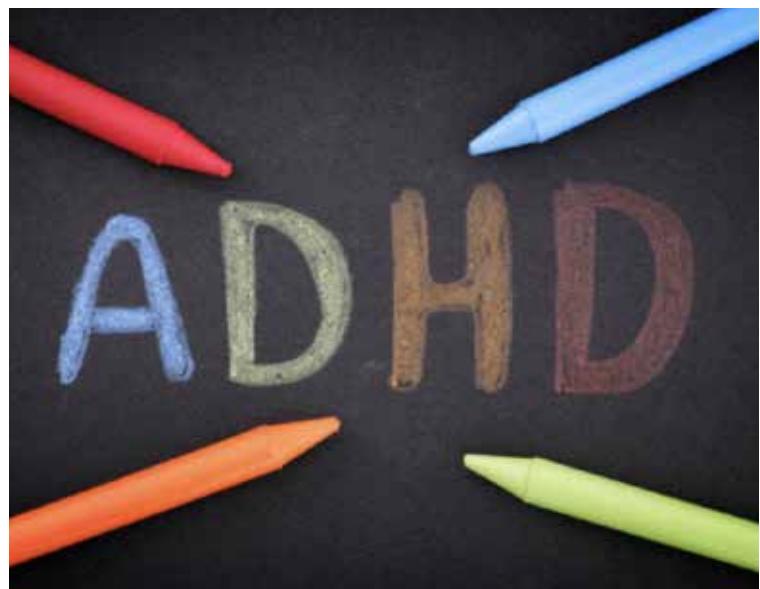
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Imininingwane lephelele lemayelana ne-ADHD ne-ADD

KUNELUSITO LOLUKHONA

loukugula kwekweswela kunakwa kanye nekuba nemdlala ngalokwendlulele.



Silusapho Nyanda

Uma umntfwana lophetfwe sifo sekuphatamiseka loukugula kwekuba nemdlala lowendlulele (i-ADHD) noma kuphatamiseka kwekweswela kunakwa (i-ADD) angala-

shwa, lesimo singaba nemtselela lomubi wesikhatsi lesidze emphilweni yakhe.

Loku kushiwo nguDkt Khatija Jhazbhay, lophetse IyunitiyeTengcondvo yeBantfwana neBantfwana Lasebatfomible eTownhill Hospital ePietermaritzburg, KwaZulu-Natal.

Lomake uchaze watsi njenge-

bantu labadzala, labantfwana laba bangahle babe sengotini lenkhulu yekungenwa ngeletinye tifo tengcondvo, letifana nekukhatsateka / phaphuleka nekudzangala, kantsi futsi bangahle basebentise kabi tintfo letitidzakamiva.

I-ADHD ne-ADD itsintsa inchubekalembili emsebentini wesikolo kubantfwana futsi kutiphatsa kwabo kungacasula labanye. Bantfwana bangahle futsi bangatsandvwa, babe senkingeni kantsi futsi bangahle babe sengotini.

"Timo temntfwana ngamunye tehlukile futsi tiyatfutfuka, ngako-ke kumcoka kutsi kwentiwe luhlolo lolugcwele kute kutsi kutfolakale letinye tintfo letingahle tibe nemtselela ekutfutfukeni kwabo, kanye nekutfutfukiswa kwetindzawo labanemandla kuto kute tibasite kutsi bafinyelele ezingeni lelisetulu lemakhono abo," kwasho Dkt Jhazbhay.

Uchaze watsi i-ADHD ne-ADD kuphatamiseka kwengcondvo lokunemtselela ekutfutfukiseni emakhono etemfundvo lokwenta kutsi kube matima kuhkona kutiphatsa, njengekunganaki.

Loku kubonakala nge:

- kungabi nendzaba nekwenta emaphutsa
- kungacedzi imisebenti
- kulahlekelwa tintfo
- kuphatamiseka kalula neku-khohlwa

Tibonelo tekubanemdlandla kakhulu noma kuvele nje utsatseke wente tintfo ngaphandle kwekucabangisia tifaka ekhatsi:

- kungahlaliseki / kuhlala ukhwishikhwisha
- kushayashaya ngetandla noma ngetinyawo phasi
- kungahlaliseki / kuntilantjila
- kuvele nje amemete asho timphendvulo aphindze asukume uma kulindzeleke kutsi uhlale.

"Timphawu letibakhona etindzaweni letimbili noma leti-ntsatfu – ekhaya, esikolweni, kubangani noma etihlotjeni noma uma kwentiwa leminye imisebenti – futsi tiphatamisa imisebenti yetenhlalo, yetemisebenti noma yesikolo. Timphawu letinkhulu tibonakala ngembi kweminyaka le-12 futsi kufuneka tibe khona lukanenani tinyanga letisitfupha.

Bothishela bayakhona kubona bumatima bekutiphatsa kantsi bangatfumela umntfwana ayo-hlolwa. Kunetindlela letehlkene tekulashwa letingabukwa.❶

Kute utbole lwatiso nge-ADHD ne-ADD, shayela Inombolo yeLucingo lweTemphilo yeNgcondvo ku-0800 567 567, inombolo yelusito mayelana ne-ADD ku- 0800 55 44 33 noma Licembu laseNingizimu Afrika Letekudzangala Nekukhatsateka ku-0800 456 789. Futsi unga-vakashela dokotela wakho noma uye kusikhungo sakho setemphilo sendzawo.

Early childhood education improves in Upington

THE BRAINS OF PRESCHOOL children grow at an incredible rate and help lay the foundations of language, thinking and social and emotional development.

Silusapho Nyanda

Children from Upington in the Northern Cape are benefiting from 10 early childhood development (ECDs) centres recently launched by the Department of Social Development (DSD).

Five-year-old Lithemba Bacela, who lives with cerebral palsy and has a speech impairment, is better able to indicate what she feels and needs, thanks to her time at one of these centres, Oasis Skills Development Centre's ECD unit.

Lithemba lives in Paballelo with her mother, Elizabeth Bacela, who said her child's

communication skills have improved since she started at the centre last year. Elizabeth said the stimulation area has been particularly beneficial.

"Lithemba can now indicate when she is thirsty, hungry or has wet herself".

The Oasis ECD centre is one of 10 that received a new building from the National Lotteries Commission (NLC) as part of the commission's Legacy Project. This countrywide initiative is aligned with the National Development Plan's commitment to improving education, innovation and training, and contributing to the goal of ensuring that all children have at least two years of preschool education.

The centre accommodates

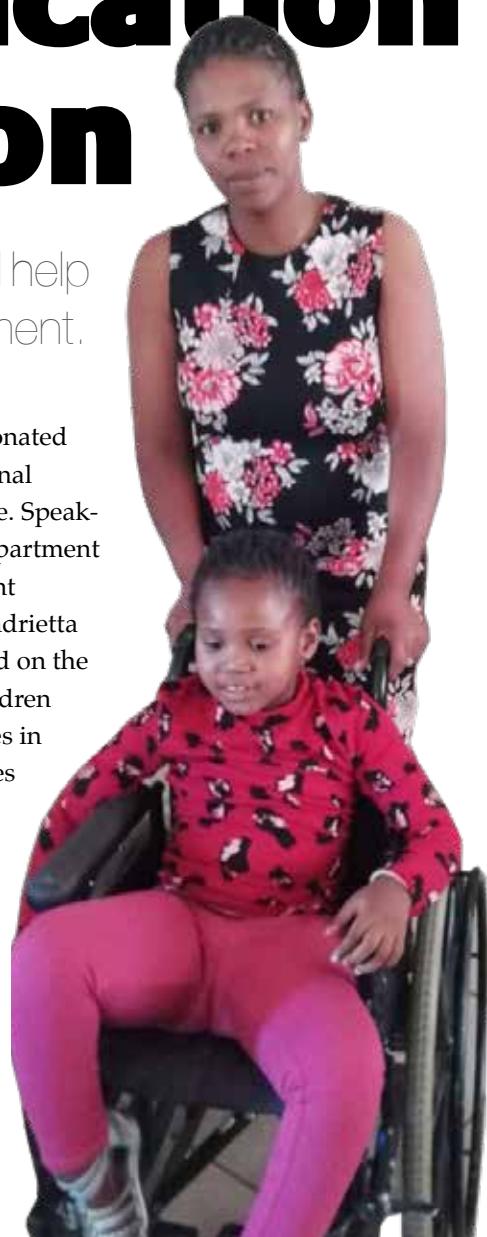
children who live with a variety of conditions, including autism, down syndrome, cerebral palsy and foetal alcohol syndrome. Each of the four classes at the ECD centre has 10 to 15 pupils, says Acting Chairperson of Oasis Skills Development Centre Marina Johannesen.

The department contributes a subsidy of R20 per child, which covers children between the ages of two and seven and those who are 18 years of age and above.

In 2015, the DSD donated a stimulation centre, computer lab and a bus to transport pupils to and from school.

"Once a week, therapists from the local hospital come to the centre to assess and treat the children," says Johannesen.

The new building, donated recently is an additional blessing for the centre. Speaking at the launch, Department of Social Development Deputy Minister Hendrietta Bogopane-Zulu called on the public to include children living with disabilities in dialogues about issues that affect them.❶

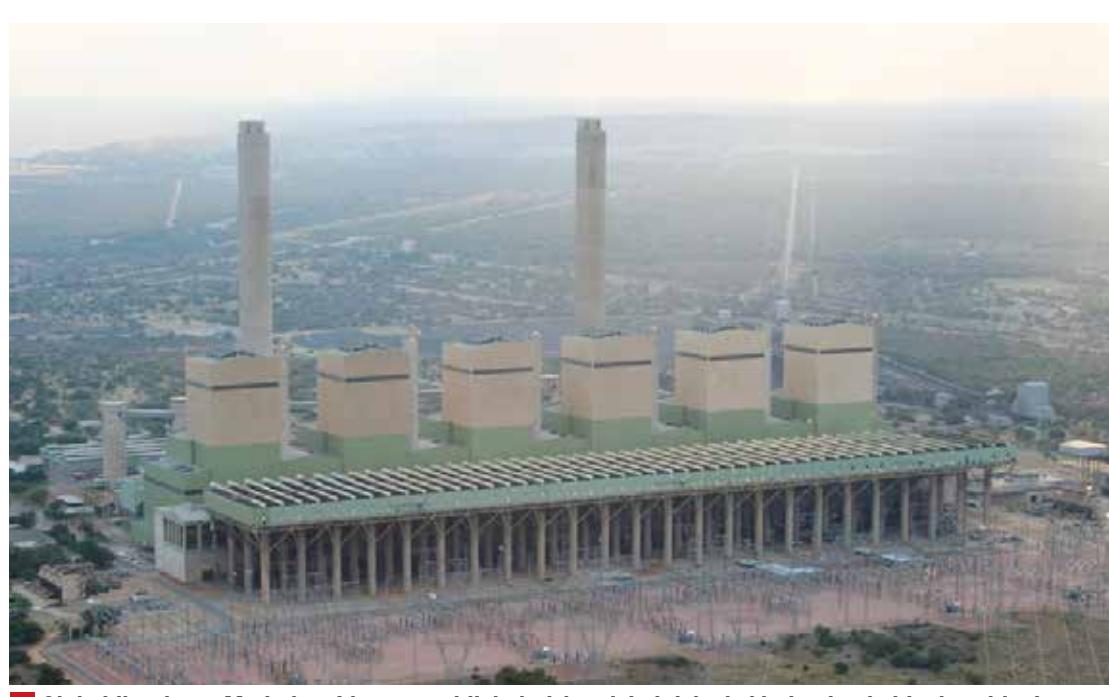


Elizabeth Bacela with her daughter Lithemba who has cerebral palsy and speech impairment. Lithemba is now receiving the necessary care from the newly opened ECDs in Upington.

Kukhanyiswa Nekucinywa

**KUNETINTFO
LETINYENTI
LETEHLUKE-**

NE bantfu
baseNingizimu
Afrika
labangatenta
konga gezi
futsi ngalokoke
bavikele
bucimicimi bagezi
(kusebentisa gezi
ngekwabelana).



Siphehligezi saseMatimba eLimpopo sidlala indzima lebaluleke kakhulu ekuphehleni gezi lapha eNingizimu Afrika.

Silusapho Nyanda

Libamba leMphatsisite-shi se-Eskom iMatimba Power Station Obakeng Mabotja utsite kuswelakala kwemandla la-fanelekile eNingizimu Afrika kunemtselela etimphilweni tebantfu ngenca yekutsi imisebenti leyetayelekile

ayenteki ngesikhatsi sekwab-elana ngagezi.

IMatimba Power Station iseLephale, eLimpopo. Mabotja uchaze watsi kwalana ngagezi kwenteka uma i-Eskom ihluleka kukhicitwa gezi lowanele lotawuhambisana netidzingo talelive. Ngako-ke kumcoka, kutsi bonkhe bantfu baseNingizimu Afrika badlale tindzima tabo kute basebetise

gezi lomncane.

Emathiphu labuya ku-Eskom ekusebentisa gezi kancane:

- Cima emalumbu uma uphuma egunjini lelitsite.
- Sebentisa emaglobhu e-LED
- Cima ema-apulayensi(tintfo letisebentisa gezi) uma ungawasebentisi.
- Sebentisa emanti labandzako kuphela, ngaphandle kwalapho kunesidzingo

salashisako.

- Sebentisa ingubo yekufu tfumeta kubhonya igiza yakho.

Tintfo letimbalwa tingaphatamisa kukhicitwa kwagezi, letifaka ekhatsi kunakekelwa, kuvalwa lokungakahelwa futsi uma kuhlolisiswa, nesimo selitulu.

Mabotja utsite siphehligezi sakhe, ikakhulu, sitsintfwa

ngemazinga lasetulu esimo selitulu.

"Uma kushisa kakhulu, lesiteshi siyehluleka kukhicitwa gezi ngemandla aso laphelele, kwasho yena.

IMatimba Power Station isebentisa emalahle kukhicitwa gezi, futsi sidizayinwe kutsi sikhicite gezi lo-3990 MW.

"Gezi usabalaliswa nge-kusebentisa siteshi lesincane. Uhamba ngemandla evolitheji yetintsambo tekusabalalisa bese undlula kuthtransifoma yekuwunciphisa emandla abe yivolitheji lencane. Gezi-ke ubese utfunyelwa kugridi yavelonke."

Emalahle alesitishi abuya emayini i-Exxaro's Groot-egeluk. Uhanjisa ngendlela yelibhandi uye kusilulu iMatimba nasendzaweni yekubeka emalahle, ngembi kwekuya kumshini wekuwagaya lapho agaywa khona bese aguculwa aba ngugezi, kwasho Mabotja.❶

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The ups and downs of farming

A MPUMALANGA emerging farmer is ploughing ahead, having already won a prestigious award and secured a substantial contract for her maize.



Njabulo Mbokane runs a 200-hectare farm. She is seeking funding to purchase a tractor which will allow her to expand her business.

Silusapho Nyanda

A young female maize farmer is taking giant leaps towards becoming a successful commercial farmer.

Njabulo Mbokane (24), the owner of a 200-hectare non-genetically modified organism yellow maize farm, was recently named the South African Breweries (SAB) and FarmSol Young Emerging Farmer of the Year.

The Ermelo-based farmer leases two farms; one in her hometown; where she grows crops, and the other in Lothair; where she raises sheep.

Despite only starting farming in 2016, Mbokane already has a year-on-year maize contract with SAB.

She is part of the FarmSol programme, which is an SAB Thrive Fund initiative aimed at funding Agri-SMMEs; providing technical training and support to emerging farmers; giving access to modern production inputs and patient financing to qualifying enterprises and enabling emerging farmers to find a route to market for their produce.

"FarmSol mentors us and helps us with training. It also assists us in taking samples of the maize and soil." Mbokane was financially unable to study further after matric but knew that agriculture held many opportunities for people with the will to work hard.

"I started farming because I saw a gap that young people should explore and I went for it."

Mbokane employs three permanent staff members and hires 15 seasonal employees during peak periods. She is looking to expand her operations to include cattle and vegetables once she has secured her own land and farming equipment.

Having her own tractors, for instance, will enable her to plant on time whereas with hired equipment, she can only plant when the tractor owner has finished his planting.

Mbokane started the farm with her mother's pension payout and said that young people need not wait for a big break before making a start on their farming dream. "Start with the little that you have, even if it's the garden in your backyard, and grow from there," she said.❶