

Vuk'uzenzele

Produced by: Government Communication & Information System (GCIS)

English / Siswati

July 2020 Edition 2



Centres readied for little ones' return

Page 5



Being clean and sober is addict's new high

Page 7



COVID-19 is dangerous and we must take care

WITH 196 750 coronavirus cases and 3 199 deaths recorded by 5 July, government is again urging citizens to protect themselves and adhere to lockdown regulations.

Allison Cooper

South Africa is seeing a fast rise in its number of coronavirus (COVID-19) cases and government expects infections to surge in July and August.

The word surge entails a sudden and big increase in the number of positive cases, as recently seen in Gauteng, where the number of infections has grown to over 63 400 in a short period of time.

Health Minister Zweli Mkhize explains that various factors will contribute to the surge, including people moving around more; people getting together in groups; and people not wear-

ing face masks and not social distancing.

As a result of the increasing number of cases, President Cyril Ramaphosa has extended the employment of 20 000 South African National Defence Force (SANDF) members from 27 June until 30 September.

Apart from helping to maintain law and order and protect the country's borders, the SANDF will work with the National Department of Health in managing the virus through the provision of field hospitals, medical screening and quarantine facilities. It will also support the Department of Cooperative Governance and Traditional Affairs' efforts to maintain and enhance the



President Cyril Ramaphosa has extended the deployment of 20 000 South African National Defence Force members until 20 September 2020 to help manage the virus.

living conditions of the population. This will include the supply of water.

After visiting Mpumalanga on 3 July, President Ramaphosa said he was pleased with the province's efforts to fight the

virus. Mpumalanga is one of the least affected provinces. At the time of the President's visit, it had 1 478 cases, with 520 recoveries and nine fatalities.

He warned, however, that while more industrialised prov-

inces with bigger populations had far more cases, the surge in infections would hit all regions. People must not let their guard down, he said.

Cont. page 2

To read Vuk'uzenzele download the GOVAPP on:





Search for SA Government on Google playstore or appstore

CONTACT US

Website: www.gcis.gov.za
www.vukuzenzele.gov.za

Email: vukuzenzele@gcis.gov.za
 Tel: (+27) 12 473 0353

Tshedimosetso House:

1035 cnr Frances Baard and Festival streets, Hatfield, Pretoria, 0083

 Vuk'uzenzele  @VukuzenzeleNews



"Manje sesikhatsi setfu sonkhe sekutsi sisebentisane, sihloniphe Nelson Mandela, sakhe iNingizimu Afrika lensha, lencono yawonkhewonkhe."

MENGAMELI CYRIL RAMAPHOSA

#SendMe

SIKWAKHELA LIKUSASA LELINCONO
KUFUNDA KULO KO LOKWENTIWA NGUMADIBA



Kubonga lokukhetsekile lokucondziswe kutisebenti tetfu tekunakekela ngetemphilo



Linani lalabashone ngenca yeligciwane le-corona esikhatsini lesisandza kwendlula selenge sibalo se-2 000. Emkhatsini walabo labalahlekelwe timphilo tabo tisebenti tekunakekela ngetemphilo, tingcweti letiphelele lebetinakekela labagulako, futsi betitinsika futsi tidvudvuta labo labasesibhedlela labahluakanisiwe nemindenini yabo.

Indzaba yekutsi lamadvoda nabomake labenta lemisebenti lehloniphekile nalengcwele kwabona bayagula futsi bayashona kusishayo lesibuhlungu kakhulu.

Ngibo labayibambe embili lapho imphi yekulwa nalolubhubhane ishisa khona. Basebenta ngaphasi kwekucindzeteleka lokukhulu futsi kufanele kutsi batfwale kucindzeteleka ngekwenngcondvo ngobe bati kutsi basebungotini bekutseleleka ngaleligciwane. Bangemachawekati nemachawe sibili emphi yetfu yekulwa naleligciwane le-corona.

Sibatfulela sigcoko labantfu baseNingizimu Afrika labanesibindzi labashiya emakhaya abo, imindenini kanye nalababatsandzako kutsi baye emsebentini ngaphandle kwekuphutsa onkhe malanga emitfolamphilo, etibhedlela

kanye nakuletinye tikhungo tetemphilo. Lapho bafike banike kunakekela kwetekweshwa, kwesekela ngetekuphatsa kanye naletinye tinsita letifanana nekuhlanta kanye nekuphakela ngekudla.

Njengaloku nabo benta umsebenti wabo webungcweti, natsi kanjalo sine-msebenti lekumele kutsi siwente kubo kanye nase-mindenini yabo. Imphilo yabo kanye nekuphepha kwabo kufanele kutsi kube ngulokusemcola kakhulu.

Siyabahlonipha futsi siyabatisa njengabobabe nabomake labakhombise kutsi batimisele kubeka timphilo tabo ebungotini kute kutsi tsine siphile.

Kute kutsi bente umsebenti wabo lomkhulu bayakudzinga kutsi sibasekele kanye nekutsi sibavikele ngekutsi sibanike tisetjentiswa tekutsi bativikele bona (i-PPE).

Ngekwesekelwa Sikhwama Semfelanzawonye kanye neminikelo levela kulabo bantfu labanengi baseNingizimu Afrika, emabhizinisi, tinhlango kanye nalabanye bohulumende, sikhonile kutsi sitsenge tisetjentiswa tekuvikela letisebenti letinesibindzi letisebenta embili lapho kunebungoti khona. Lapho kube nekuswelakala

kwetisetjentiswa tekutivikela (ema-PPE) tibhedlela tetfu tiyakulungisa ngekushesha lokucuci nisekisa kutsi tiyakufolakala.

Siyati kutsi kukhona kufinyelela kutfolatisejentiswa tekutivikela akusiyo kuphela insayeya tisebenti tetfu tekunakekela ngetemphilo letibukene nayo. Kuyo yonkhe imitfolamphilo yalive kanye netibhedlela tibukene nekuswelakala kwetisebenti. Lenkinga isasonjululwa.

Kwesekela lomsebenti lowentiwa tisebenti tetfu letisebenta ebungotini kulolonkhe lalive sitfumela Tindvuna kanye neMasekela eTindvuna kuleso naleso sigodzi kulelive titibonele tinkinga letitsite kuleto tigo-dzi kanye nekutsi tisebentisane netiphatsimandla tetemphilo tetifundza.

Kudzingeka kutsi sisebente kanye kanye kute sigadze hhayi kuphela timphilo tetisebenti tetfu letisebenta ebungotini kodvwa tonkhe tisebenti.

Kunemsebenti lomuhle kakhulu losewentiwe tinyonyana ekufundziseni emalunga eveni lonkhe mayelana nekulawula kusuleleka kanye nekuvikeleka kanye nekuhlanteka. Tiphindze futsi tisekele umsebenti weLitiko Letekucashwa Nemisebenti

ekubambeni imihlangano-sikolwa yekuhlola kucinisekisa kutsi kunekugcinwa kwetinchubo tetemphilo nekuphepha letikhona taletotisebenti letibuyako. Tinyonyana tetfu letinengi tiphindze futsi tinike lwatiso lweligciwane le-corona kumalunga ato kantsi nebacashi banemikhankhaso labayentako yekucaphelisa.

Yinye yetinsayeya lebonakele kulelive letfu kubandlululwa kwalabo bantfu labatfolakale kutsi banaleligciwane le-corona. Njengemmango, sinesibopho sonkhe ngekuhlanyela kutsi sikucedze nya lokubandlululwa kwebantfu labasuleleke ngaleligciwane le-corona. Kunemibiko letsikametako yebantfu labakhishwa umkhomboloti emimangweni yabo kanye nemimango leshucela tigulane letineligciwane le-corona letingeniswe etibhedlela tendzawo kanye nasemitfolamphilo. Loko kufanele kutsi kuphele.

Njengaloku sihlanga ekugcugcuteleni kwemukelwa kwalabo labaphila neligciwane le-HIV futsi sime sicine simelane nekuhlukunyetwa, kufanele kutsi sikhombise kuvisisa, kwemukelana, umusa, kuvelana kanye nekucabangela labo labasuleleke ngaleligciwane kanye nemindenini yabo.

Kutsiwa kubandlululana kugcugcutelwa kwesaba kwesuleleka ngesifo kanye nekweswela kuvisisa. Indlela lencono kakhulu yekuncoma kwesaba kwetfu kugula kanye nekutsatselana kutsi sigcine tinchubo tekuhlanteka letibekiwe. Kwesaba kwesuleleka kunesizatfu lesivakalako futsi kuliciniso. Ngelokufananako, siyati kutsi yini lekumele kutsi siyente kute sitivikele futsi sitivikele nalabanye.

Siyati kutsi yini lokubange-la leligciwane nekutsi yini

lesingakwenta kute sitivikele kutsi singatseleleki. Siyati kutsi kufanele kutsi sichelelane ngekwenhlalo, sihlale sodvwa nangabe kwenteke satsintsana nalabo labasulelekile kanye nekutsi siye esibhedlela nangabe sinetimpawu letikhomba kwesuleleka.

Kufanele kutsi sichubeke siholwe ngemaciniso hhayi emahemuhemu.

Sikhatsi sekutsi utsi ababati umuntfu losulelekile nome losintsekile ngaleligciwane le-corona sesendlule kudzala. Nyalo, kakhulu kunakucala, bangani betfu, imindenini yetfu, lesisebenta nabo kanye nabomakhelwane badzinga luvelo lwetfu kwanye nekubasekela.

Kulamalanga, emaviki kanye netinyanga letitako, ngaletinye tikhatsi sitawukutikhandza sesiphelele litsemba futsi sesesaba nasibona emanani ebantfu labasulelekile kanye nalabo labashonako achubeka ngekwenyuka. Kungenteka kutsi tintfo tibe timbi kakhulu, kodvwa sinesiciniseko sekutsi sitawubancono. Bososayensi betfu kanye nebaluleki betekwelapha baseluleka ngekutsi lizinga lekusuleleka litakwenyuka njengaloku sisondzela esicongweni setfu. Kodvwa nakanjani litawuphindza futsi lehle.

Sibonga leto tisebenti letinakekela ngetemphilo letilahlekelwe timphilo tato ngekunakekela labagulako. Ekubakhumbuleni kwetfu, asitigcine siphephile kanye netakhamuti takitsi ngekutsi sidlale indzima yetfu.

Sitalincoba leligciwane futsi siphindze sisakhe futsi sive sakitsi. Sesike sahlangatana netikhatsi letimatima kodvwa satincoba.

Asingagodli emandla nome sibindzi njengaloku sisebenta ngekuhlanyela ekusindziseni timphilo tebantfu. **V**

TAKAMUVA NGE-COVID-19

Umlimi lomncane utfola lusito lwe-COVID-19

UMLIMI losafufusa waseMpumalanga Kapa ungulomunye walabazuzile Esikhwameni Selusito Lweligciwane leCorona sahumende.

Silusapho Nyanda

Nomagcinandile Suduka (27) ukhulisa ligama nemnotfo wemndeni wakubo ngekusisa kutekulima.

Umnikati we- 4 U and 4 Me Primary Cooperative esigodzini saseMooip-laas watfola kwesekelwa lokuvela Kusikhwama Selusito Lweligciwane le-Corona (COVID-19) Selitiko Letekulima, Lekubuyiselwa Kwemhlaba Nelekutfufukisa Tinzawo Tasemakhaya selipulazi lakhe lemacandza, lemfuyo nelemifino.

Litiko likhiphe emavawusha lalingana R1.2 emabhilioni kubalimi labanesidzingo.

Suduka utsi ivawusha yakhe itamsita kutsi akhulise incenye yelibhizinisi lakhe



■ **Nomagcinandile Suduka ugucule lipulazi lakubo lelilima kancane laba libhizinisi lelincane.**

lekukhicita emacandza. "Ngatfola emavawusha lamatsatfu elinani selilonkhe leli- R19 000. Ivawusha yelinani leli-R12 000 yeku-

tsenga tinkhukhu letitalela emacandza leti-100, ivawusha yelinani leli-R6 500 yekutsenga kudla nevawusha ye-R500 yekutsenga imitsi."

Wacala lelipulazi lakhe lekukhicita emacandza ngekunika tinkhukhu takubotenzabuko kudla lokukhulisa kutalela emacandza, lokutenta tikhicite emacandza ngaphandle kwekuhlanguana nelichudze. Tinkhukhu takhe leti-50 nyalo tikhicita emacandza la-50 ngelilanga, lawatsengisa njalo ngeliviki.

Suduka, lobuye abe ngumlimi wetimbuti leti-73, timvu leti-25 netinkhomo leti-25, wacala kuba ngumlimi ngemnyaka we-2015 emva kwekutfolela Sitifiketi se-N6 se-Public Management lasitfolela e-Ikhala Training and Vocational Education and Training College. Emva kwekubona kutsi kute ematfuba ekutfolela umsebenti, watsatsa sincumo sekutsatsa lipulazi lakubo lebelilima kancane waligucula laba

libhizinisi lelincane.

Suduka utsi: "Sikhule senta umsebenti webulimi, ngako-ke emva kwekutfolela ticu ngitsetse sincumo sekuba ngumlimi kunekutsi ngibuke umsebenti."

Loku kube sincumo lesikhutsatoko, njengoba bekasakhulise timbuti netinkhomo letinengi.

Sivandze saSaduka lesimahektha lasitfupha sikhicita ummbila, emazambane, emaphizi nemabhontjisi. Ummbila uhlanyelwe kumahektha lamane, emazambane kuhektha yinye kwatsi emaphizi nemabhontjisi abelana ngehektha yekugcina.

Suduka ufundze lokunyenti ku-COVID-19, kakhulu kutsi lokubaluleke kakhulu ngiletandla takhe nekusebenta kwakhe ngekutikhandla. **U**

Grow your own food and save money

Silusapho Nyanda

Agardener in Kwa-Zulu-Natal has proven to be a smart businessman, selling his home-grown produce to put money in his pocket. This is thanks to the One Home, One Garden and Fruit Tree programme aimed for Kwa-Zulu-Natal residents.

Muziwakhe Nsele (42) is a popular man in Hlathini, a village near Melmoth where he lives and sells vegetables such as beans, cabbage and potatoes.

Nsele's business grew in leaps and bounds following the outbreak of the coronavirus (COVID-19), with people buying from him rather than travelling

to the shops.

With his profit, Nsele has bought six goats and plans to expand his agriculture business. "I will also be investing in layers and broiler chickens to expand my income streams through the sale of eggs and whole chickens," Nsele says.

The father of six says his business received a boost from the One Home, One Garden and Fruit Tree programme run by the province's Department of Agriculture and Rural Development (DARD).

The programme encourages people to start gardening at their homes as a means of fighting poverty and Nsele received seeds, fertiliser and advice from DARD.



■ **Muziwakhe Nsele is becoming a successful businessman, thanks to his vegetable garden.**

DARD MEC Bongive Sithole-Moloi says the One Home, One Garden and Fruit Tree programme assists families that are suffering because of COVID-19.

She says: "The programme

remains a crucial seed for a sustainable rural economy and with specific interventions and support from DARD, it can reduce and eliminate poverty through subsistence farming." **U**

To be part of the programme, visit the office of DARD at your local municipality. The contact details of the DARD offices can be found on the department's website www.kzndard.gov.za. Alternatively, call the department at 033 355 9100.

Tips on how to start a garden:

- Make sure you know which plants your soil will support.
- Ready your garden by first ploughing the land more than once without planting.
- Add fertiliser.
- Remove all weeds.

Kwakha likusasa lelincono

Umuntfu lotitfobile lobekangasilutfo lobuya esigodzini sakwaNongoma, KwaZulu-Natal, Silondiwe Magwaza loneminyaka le-23 wancoba tihibe letinengi kute aphumelelise liphupho lakhe lekuba ngumphatsi wetekwakha.

Kukhula abona sakhiwonchanti lesingasisihle kwakhutsata Magwaza kutsi abuke tindlela letinsha tekuphakamisa ummango wakhe. Nyalo nguye wekucala lomsikati emndenini wakhe kutfola ticu.

Magwaza watfola ticu takhe Eyunivesithi YaseWitwatersrand ngemnyaka we-2019, watfola ticu tekucala tetifundvo tetekwakha.

"IkwaNongoma inesakhiwonchanti lesizingeni le-liphansi futsi kuphakelwa kwaso kubonakala kuhamba ngesivinini lesincane kakhulu. Kubuka tonkhe tinsayeya letibukene nelidolobhatsi, kwangicugcutela kutsi

ngente lokutsite lokumayelana netekwakha kute ngibe ngilomunye webantfu labatawugucula lesimo lesikhona nyalo," usho njalo.

Kutfola ticu takhe bekungasiyo intfo lemalula. Magwaza utsi bekuikhuni kubeka wonkhe umcondvo wakhe etifundvweni ngenca yekuhlala akhatsatekile ngenali. Ngaleso sikhatsi, i-Ejensi Yekusekela Sakhiwonchanti Samasipala (MISA) yangenelela yamsita.

"Bengivame kukhatsateka kakhulu mayelana nemali njengoba ngiphuma emndenini lobewuncishwe ematfuba. Kwate kwaba ngumnyaka we-2018, lapho ngatfola khona umfundzate lokhishwayi-MISA. Loku kwangisita kuphotfola ticu tami ngaphandle kwekukhatsateka. Tonkhe tifundvo tami takhokhelwa, konkhe bekufuneka ngikwente kugcila etifundvweni tami," usho njalo.

Magwaza ungulomunye webafundzi londlule kutinhlelo



■ Ngekuba wekucala emndenini wakhe kutfola ticu, Silondiwe Magwaza ubonga i-MISA.

teMISA tekutfufukisa lusha njalo ngemnyaka. Letinhlelo tinika imali nekwesekelwa futsi tinnedza titjudeni kutsi titfole kubekwa emsebenzini uma setitfole ticu.

"Bengiwulangatelele kakhulu umcimbi wetfu wekwe-

tfweswa ticu. Bewutawuba yintfo lenkhulu uma ubuka kutsi bengitawuba wekucala kuba neticu emndenini. Ngisanelitsembe lekutsi sitawuba nalomcimbi, kodvwa loku kungahle kungenteki ngenca yalobhubhane weligciwane

le-corona," usho njalo.

Imboni yetekwakha igcwele kakhulu emadvodza.

"Letinye tikhatsi, bomake bentiwa kutsi bative babancane ngenca yekutsi likhona labo lekuletsa luntjintjo luyangatjatwa. Letinye tikhatsi livi labo alilalelwa.

"Nanyalo ngisakhetsa kuba ngumphatsi wetekwakha ngoba nginelitsembe lekutsi nginemandla ekugucula lemboni futsi ngiyitfutukise lapho kunesidzingo khona. Ngibone bomake kulemboni bakhuphukela etikhundleni letisetulu futsi baba nemandla ekugucula tintfo. Ngiyatsembe kutsi nami ngitawuphumelela," usho njalo. 📌

Imifundzate yeMISA ikhangiswa ku-www.misa.gov.za kusukela ngeNyoni, ku-Facebook@MISA, ku-Twitter @MISA_CoGTA naku-Instagram @MISA_CoGTA.

Don't share fake news!

Allison Cooper

Nelisiwe Dlamini (30), a researcher at the Council for Scientific and Industrial Research (CSIR), says it's important to verify stories from social media, especially those about the coronavirus (COVID-19), before sharing them.



■ Passionate researcher at the CSIR, Nelisiwe Dlamini, warns South Africans, especially the youth, not to share fake news because it creates panic especially during the COVID-19 pandemic.

"Some young people are becoming ringleaders of the spread of false information. This has the potential to create panic," she says.

Since the outbreak of COVID-19, the CSIR has created a dashboard to assist government and health institutions to track the spread of misinformation, in order to avoid unnecessary public panic. The dashboard categorises information as misinformation (misleading content), disinformation (information that is untrue and mal-information (hate speech).

Dlamini is part of the team that does research and also helps categorise information in

the dashboard.

A data dashboard is an information management tool or website that tracks, analyses and displays information to monitor the performance of a business or department.

According to Dlamini, social media platforms become a great danger when used to share false information.

"Whether it's with the intention to harm or not, it creates social conflict, distracts people from the real issues and undermines government's, public authorities' and other organisations' efforts to curb the spread of COVID-19 and maintain social order."

She says there are numerous ways to identify fake news, including reading the whole story and not just the heading, being critical of everything you read and examining the source of the story.

"Reporting fake news is necessary, as it will help to

take down fake news stories from multiple platforms," says Dlamini.

A journey to research

Dlamini joined the CSIR in 2014, when she was awarded a studentship to pursue her MSc Computer Science degree. "It was a foot in the door for me and has since afforded me great opportunities," she says.

She was also awarded a grant from the Young Researcher's Establishment Fund, which she sites as a wonderful opportunity in her career.

Born in Pinetown, KwaZulu-Natal, Dlamini says women hoping to follow in her footsteps need to be interested in and have a passion for research.

To become a researcher, learners need to take maths and science in high school. "After school I studied computer science and informa-

tion systems and technology, which laid a strong foundation for me," says Dlamini, who also holds a BcomHon Information Systems and Technology degree.

She didn't always know she wanted to be a researcher. "When I joined the CSIR, I was so amazed by the multi-disciplinary research that is done to make a difference in our country," she says.

This Women's Day, Dlamini says if there was ever a time for women to be bold and do everything they have ever wished to do, it is now. "We need to support each other and unite and always remember to celebrate each other. This alone will propel us." 📌

You can report fake news by emailing fake-newsalert@dtps.gov.za, sending a WhatsApp to 067 966 4015 or on the website www.real411.org.