

# Vuk'uzenzele

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**Centres  
readied for  
little ones'  
return**

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**Being clean  
and sober  
is addict's  
new high**

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## COVID-19 is dangerous and we must take care

**WITH 196 750** coronavirus cases and 3 199 deaths recorded by 5 July, government is again urging citizens to protect themselves and adhere to lockdown regulations.

**Allison Cooper**

**S**outh Africa is seeing a fast rise in its number of coronavirus (COVID-19) cases and government expects infections to surge in July and August.

The word surge entails a sudden and big increase in the number of positive cases, as recently seen in Gauteng, where the number of infections has grown to over 63 400 in a short period of time.

Health Minister Zweli Mkhize explains that various factors will contribute to the surge, including people moving around more; people getting together in groups; and people not wear-

ing face masks and not social distancing.

As a result of the increasing number of cases, President Cyril Ramaphosa has extended the employment of 20 000 South African National Defence Force (SANDF) members from 27 June until 30 September.

Apart from helping to maintain law and order and protect the country's borders, the SANDF will work with the National Department of Health in managing the virus through the provision of field hospitals, medical screening and quarantine facilities. It will also support the Department of Cooperative Governance and Traditional Affairs' efforts to maintain and enhance the



President Cyril Ramaphosa has extended the deployment of 20 000 South African National Defence Force members until 20 September 2020 to help manage the virus.

living conditions of the population. This will include the supply of water.

After visiting Mpumalanga on 3 July, President Ramaphosa said he was pleased with the province's efforts to fight the

virus. Mpumalanga is one of the least affected provinces. At the time of the President's visit, it had 1 478 cases, with 520 recoveries and nine fatalities.

He warned, however, that while more industrialised prov-

inces with bigger populations had far more cases, the surge in infections would hit all regions. People must not let their guard down, he said.

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# Indlela Ekhethekileko Yokuthokoza Abasebenzi Bekoro YezamaPhilo Yelizweloke



**A**bantu esele babu-lewe yi-coronavirus mhlaphanje sele beqe eenkulungwaneni ezimbili. Hlangana nalabo ababulewe yingogwana le kubalwa na-basebenzi bekoro yezamaphilo nabosokghonofundwa bezamaphilo abalole- ke ngaphedu kobukhali, abebatjheja abantu abagulako, abebabase-keli nabaduduza kilabo abahlukaniswe neminden yabo bayokulaliswa esibhedlela.

Kulinceba elidabula ihliziyo ukubona amadoda nabomma abenza lomsebenzi omkhulu nocwenge kangaka nabo baba-njwa bulwelobu bebubehlule.

Ngibo abaphambili epini yokucitha ubulwele oburhage-leko. Basebenza ebujameni obubudisi khulu begodu kufuze baqunge isibindi, babbheseli ukuraga umsebenzabo basazi kuhle nje ukuthi basengozini yokungenwa njiyo ingogwana le. Baziingorho zamambala epini yethu ne-coronavirus.

Siwethulela ingwani la-maSewula Afrika asuka emizinawo, emakhabo ayoku-sebenza ngaphandle kokuqintelleisanofana ukulova, basebenza ngamalanga ematlinigi, ee-

mbhedlela nakamanye amaziko wetjhejo lezamaphilo. Lapho atjheja ngeenhlahla zokwelapha, asekele ngesizo eliphathelene neencwadi neminye imisetje-nzana efana nokubutha kunye nokuphakisa ngokudla.

Njengoba nabo basenza umsebenzabo wobukghonofundwa babo nje, nathi sinesibopho phezu kwemindeni yabo. Ipiwabo nokuphepha kwabo kufuze kubekwe phambilini.

Siyabahlonipha besibethulela ingwani njengamadoda nabomma abatjengise ukuthi bazinikele ukunikela ngepilwabo ukuhlenga yethu ipilo.

Ukuthi bakghone ukwenza lomsebenzi wobukutani bafuna nesekelo lethu kunye nokuvikeleka ngokutholakala kweensetjenziswa zokuzivikela (ama-PPE).

Ngesekelo lesiKhwama Soku-Zwelana nangeminikelo ebuya ebantwini abanengi ngamunye ngamunye abamaSewula Afrika, abosomabhizinisi, iinhlangano zezwelo naborhulumende,

siphumelele ukuthola iinsetjenziswa zokuzivikela zokuvikela abasebenzi abadosa phambilini kilepinofana amaforosi. La kunetlhayelo yama-PPE khona

iimphedlela zelizwe lekhethuzikutjheja ngokurhabekileko lokho ngomnqopho wokuqinisekisa ukuthi ayatholakala ama-PPE. Siyazi ukuthi ukukghona ukuthola ama-PPE akusikuphe-la komraro abasebenzi bekoro yezamaphilo abaqalene nawo. Kilo loke ilizweli amatlinigi neembhedlela ziqalene noku-thayela kwabasebenzi. Nawo lomraro-ke uyatjhejwa.

Ukusekela umsebenzi owenziwa maforosi welizwe lekhethu abasebenzi bezamaphilo elizweni lokeli, situmela aboNgqongqotjhe namaSe-kela waboNgqongqotjhe kesinye nesinye isiyangi kobanyana bayozibonela ngewabo imiraro ekuqalenwe nayo kileziinyingi begodu bebasebenzane ngo-kusizana neemphathimandla zekoro yezamaphilo eemfundeni ngeemfunda.

Kufuze sisebenzisane ukuphe-phisa ipilo hayi yabasebenzi kwaphela, kodwana neyabo boke abasebenzi ngokuphelela kwabo.

Besele vele kunomsebenzi omuhle okubabekako owenzi-we mayuniyonu ekufundiseni amalunga wavo malungana nokuthelana nokuvikela ukuthelana kunye nehlanzekiso. Godu asekela umsebenzi womNyango wezokuQatjha nezabaSebenzi ekuhloeni iindawo zemisebenzi kobanyana kuzokuqinisekiseka ukuthi iyalandelwa ikambiso yezamaphilo nezokuphepha phezu kwabasebenzi ababuyele emsebenzini. Amayuniyonu wethu amanengi asabalalisa ilwazi ngengogwana i-corona emalungeni wavo kanti abaqaqatjhi nabo basemajimeni wokuphandlulula.

Omunye wemiraro evelileko elizweni lekhethwapha kunindeka kwabantu nofana ukubekwa amabala abatholakele banengogwana ye-corona. Njengo-

mphakathi, sinomsebenzi osibopho esiuuhlanganyeleko wokucitha ukunindeka kwabantu abangenwe yi-coronavirus. Kunemibiko ezwisa ubuhlungu yabantu abaninwako emphakathini wangekhabo nemiphakathi etjhagalela iingulani eziphethwe sisifo esibangwa yi-coronavirus ithi leziingulani azikwazi ukulaliswa eembhede-la zendawo nematlinigi wendawo. Kufuze kuphele-ke koke lokhu.

Njengoba sabumbana ukukhwezelela ukwamukeleka kwabantu abaneNgogwana yeNtumbantonga (i-HIV) ebanga ubulwele beNtumbantonga, sa-jama sasimelela besacitha ukwenniwa kwabantu abongazimbi ngabomu, ngokunjalo kufuze sitjengise ukuzwa, ukubekezelana, isisa, ukurhawukelana nokutjhejana kilabo abangenwe ngilengogwana nemindenini yabo.

Batjho lokhu kunindeka kubaselwa livalo lokuthi abantu abanganangogwana ye-corona nabo bazakungenwa yingogwana le, kubaselwe nanga kutlhayelwa lilwazi. Indlela ehole khulu yokuqedo ivalo lethu elisuka emizweni eziphakamelako ngesifo kunye naso isifo se-COVID-19 kuthobela imibandela yehlanzekiso ebekiweko. Ukuba nevalo ngokutheleleka kuye-zwakala begodu kuyinto ekhona mbala. Kodwana ngakelinye ihalangothi nathi siyazi kobana kufuze senzeni ukuzivikela sivikele nabanye.

Siyazi ukuthi ingogwana le ibangwa yini, siyazi nokuthi kufanele senzeni ukuzivikela kobana singazokutheleleka. Siyazi bona kufuze siqalangane, sizi-khethole negeqadi nayibe sikhe-sahlangana nabantu abanesifo se-coronavirus, siyazi nokuthi kufuze siye esibhedlela nayibe sinamatshayo we-COVID-19.

Kumele ngeenkathi zoke silandele ilwazi eliliqiniso ngezinto ezenzeka mbala, hayi izwangobatjho, kikho koke esikwenzako.

Kade sadlula isikhathi soku-thi abantu bathi abazi mutu one-coronavirus namkha ocapphazelekileko ngayo. Nje, khu-lu khulu ukudlula phambilini, abangani bethu, umndenethu, abalingani bethu bomsebenzi kunye nabomakhelwana badinge izwelo nesekele lethu.

Emalangeni, eemvekeni neenyangeni ezizako, kesinye isikhathi sisezazithola sisevalweni elikhulu, sidane singasazi ukuthi sithatheni sihlanganise nani nasibona basanda abantu abangenwe yingogwana, basanda nabantu ababulawa sisifesi. Kuzabe kukumbi khulu ngesikhatheso, kodwana kuzakubuye kube ngcono. Abososayensi nabodorhodere behethu basitjele ukuthi inani labantu abazokungenwa yingogwana le basazokwanda ngokukhamba kwsikhathi nasiya esiqqongolweni sesifesi. Kodwana nakanjani sizakugcina sirhobhile.

Siyabathokoza, sibethulela ingwani abasebenzi bezamaphilo ababhubhe basendi-men i yokuhlenga abagulako. Nje-ke njengeskumbuzo sabo, asizilonde sihlale siphephile siphephise nezinye izakhamuzi zekhethu ngokwenza okulungi-leko ekufuze sikwenze.

Sizayehlula ingogwana le sibe siwuvuselele umphakathi welizwe lekhethu. Sakhe sabona iinkhathi zobumnyama ezidlula lezi, sadlula kizo besaphundlu-kela nganeno.

Asisebenzeni ngamandla nangesibindi njengoba sisebenzisana ekuhlengeni ipilo yabantu. **V**

## ZAMVANJE NGE-COVID-19

# Umlimi/umfuyi Omumuntu Omutjha Ufumana Isekelo leSikhwama se-COVID-19.

**UMLIMI/UMFUYI** wePumalanga Kapa osakhasako ungomunye walabo abasizwa ngeemali zombuso zokubaKhokhisa uMmoya ebujameni be-Coronavirus.

### Silusapho Nyanda

**U**Nomagcinandile Suduka (one-minyaka ema-27) ukhulisa ilifa lakwabo ngokusisisa kezokulima nokufuya.

Umnkazi we-4 U and 4 Me Primary Cooperative endaweni ye-Mooiplaas usekelwa siKhwama sokuKhokhisa uMmoya ebujameni be-Coronavirus (i-COVID-19) somNyango wezokuLima, ukuBuyiselwa kweNarha nokuThuthukiswa kweeNdawo zema-Khaya ngamaqanda, nefuyo kunye neplasi yokutjala imirorho.

Umnyango ukhuphe amavawutjha wemali eyi-R1.2 yamabhiliyon enikelwa abosoplaşı abase-mlthagweni.

UNomagcinandile uthi amavawutjha wakhe aza-



UNomagcinandile Suduka uphendule iplasekhabo yokulimela nokufuya ukuziphilisa wayenza ibhinizinisi encani.

msiza ekukhuliseni ihlangothi lebhizinisi yakhe elisebenza ngamaqanda. "Ngithole amavawutjha amathathu ahlanganisa

imali eyi-R19 000. Ivawutjha ye-R12 000 yokuthenga iinkukhu zamaqanda eziikhulu, ivawutjha ye-R6 500 yokuthenga ukudla kween-

kukhu kunye nevawutjha ye-R500 yokuthenga iinhlahla."

Uthome iplasakhe yokubhura ngamaqanda ngokupha iinkukhu zekhabo ukudla kokuthengwa okukhulisa iinkukhu, okuzenza zibekele ngaphandle kokuhlangana nemikukurumba. Iinkukhu zakhe ezima-50 njenganje sezibekela ama-50 wamaqanda ngelanga, awathengisa qobe veke.

UNomagcinandile, obuye abe mfuyi weembuzi ezima-73, nezimvu ezima-25, neenkomu ezima-25 uthome ukusebenza ngeplasi ngo-mnyaka wee-2015 ngemva kokuthola kwakhe isiTifikethi se-Public Management N6 eKhala Training and Vocational Education and Training College. Ngemva kokulimuka ukuthi amathuba womsebenzi ayindlala, waqunta ukuthatha iplasi yekhabo abebaziphilisa ngayo wayenza ibhizinisi

eyenza imali.

Ubeke wathi:"Sikhule silima besifuya, ngalokho-ke nge-mva kokuthola kwami iziqu zefundo ngabona kungcono ngirage umsebenzi wokulima nokufuya kunobanyana ngifune umsebenzi."

Lokhu-ke kubonakele ukuthi kube siquinto esihle esikhuthazako, ngoba zandile iimbuzi neenkomu azifuyileko namhlanjesi.

Iplasi kaNomagcinandile emahagere amathandathu utjala kiyo umumbu/isiphila, amazambana, iphizi kunye neembontjisi. Umumbu/isiphila sitjalwa emahagereni amane, amazambana atjalwe ehagereni linye bese kuthi iphizi neembontjisi zihlanganyele ihagere lokugcina.

USuduka ufunde okunengi nge-COVID-19, khulukhulu ukuthi ilifa lakhe elikhulu kinawo woke zizandla zakhe nokukhuthala.

ooo

# Grow your own food and save money

### Silusapho Nyanda

**A** gardener in Kwa-Zulu-Natal has proven to be a smart businessman, selling his home-grown produce to put money in his pocket. This is thanks to the One Home, One Garden and Fruit Tree programme aimed for Kwa-Zulu-Natal residents.

Muziwakhe Nsele (42) is a popular man in Hlathini, a village near Melmoth where he lives and sells vegetables such as beans, cabbage and potatoes.

Nsele's business grew in leaps and bounds following the outbreak of the coronavirus (COVID-19), with people buying from him rather than travelling

to the shops.

With his profit, Nsele has bought six goats and plans to expand his agriculture business. "I will also be investing in layers and broiler chickens to expand my income streams through the sale of eggs and whole chickens," Nsele says.

The father of six says his business received a boost from the One Home, One Garden and Fruit Tree programme run by the province's Department of Agriculture and Rural Development (DARD).

The programme encourages people to start gardening at their homes as a means of fighting poverty and Nsele received seeds, fertiliser and advice from DARD.



Muziwakhe Nsele is becoming a successful businessman, thanks to his vegetable garden.

DARD MEC Bongiwe Sithole-Moloi says the One Home, One Garden and Fruit Tree programme assists families that are suffering because of COVID-19. She says: "The programme

remains a crucial seed for a sustainable rural economy and with specific interventions and support from DARD, it can reduce and eliminate poverty through subsistence farming."

To be part of the programme, visit the office of DARD at your local municipality. The contact details of the DARD offices can be found on the department's website [www.kzndard.gov.za](http://www.kzndard.gov.za). Alternatively, call the department at 033 355 9100.

### Tips on how to start a garden:

- Make sure you know which plants your soil will support.
- Ready your garden by first ploughing the land more than once without planting.
- Add fertiliser.
- Remove all weeds.

# Sakha Ipilo Engcono

**U**Silondiwe Mgwaza, onama-23 weminyaka, odabuka KwaNongoma, KwaZulu-Natala weqe iinqabo ezinengi wayokuphumelelisa ibhudango lakhe lokuba mphathi wegontrengi.

USilondiwe wakhulela endaweni enganawo umthangalasikelo; lokho-ke kwamkhuthaza ukuthi afune iindlela ezitja zokuphakamisa umphakathi wangekhabo. Namhlange selalilunga loku-thoma lomndeni wakwabo elithole iziqu zeyunivesithi.

USilondiwe uthole iziqu zakhe eYunivesithi ye-Witwatersrand eemfundweni zamagontraga ngomnyaka wee-2019.

"Mtlhago ngomthangalasikelo KwaNongoma, begodu nokutholakala kwavo kukhamba buthaka khulu. Ngathi nangiqala zoke iintjhijilo eziqalene nendawo yangekhethu, ngakhuthaze-ka ukuthi ngenze okuthileko okupathelene nezokwakha

(amagontraga) kobanyana ngizokuba ngomunye wabantu abatjhugulula ubujamo bezinto kilendawo," utjho ahlathulula.

Azange kube lula ukuthola iziqu zakhe zefundo. USilondiwe uthi kwakubudisi ukubeka ingqondwakhe epheleko eencwadini zakhe ngoba wayesolo ahlubayezwa yindaba yemali yokumfundisa. Kwathi khonapho kwavela i-Ejensi ESekela UmThangalasikelo KaMasipaladi (i-MISA), yamsiza.

"Ngangihlala ngibalabala ngendaba yemali yokubhadelia iimfundu zami njengoba ngimumuntu obuya ekhaya elinganamali nje. Lokho-ke kwenzeka bekwaba myaka wee-2018, mhlazana ngithola umfundalize we-MISA. Lokhu-ke kwangisiza ngakghona ukuqedza iziqu zami ngaphandle kokubalabala ukuya phambili. Bangibadelala koke, mina kwakufuze ngiqalane neemfundu zami nje kwaphela," yatjho ingezelela



■ USilondiwe uthokoza i-MISA ngesizo layo elimenze waba sifundiswa sokuthoma ngakwabo.

intombi yakwaMagwaza.

USilondiwe ungomunye wamakhulukhulu wabafundi adlule emahlelweni we-MISA wokuthuthukisa ilutjha. Amahlelo la asekela ngemali abe asekele nabafundi ukuthola umsebenzi nabaqedu ukufunda.

"Ngangilindele isikhathi sokwethweswa kwethu iziqu ngethemba elihle.

Ukwethweswa kwami iziqu

kwakuzokuba yinto ekulu ngoba ngangiyokuba ngewokuthoma ekhaya ukufunda ngithole iziqu. Nanje ngisathemba ukuthi useza kuba khona umnyanya wethu wokuthweswa iziqu, kowana angeze kukghonakale ngenca yobulwele obehlileko bengogwana ye-corona engumabhuhisa," utjho araga.

Ibululo lamagontraga lande ngamadoda.

"Kesinye isikhathi abantu abasikazi benziwa ukuthi bazinyaze ngoba ikghono labo lokwenza itjhuguluko liyazazeka. Kesinye isikhathi amezwi wabo awalelwawa,

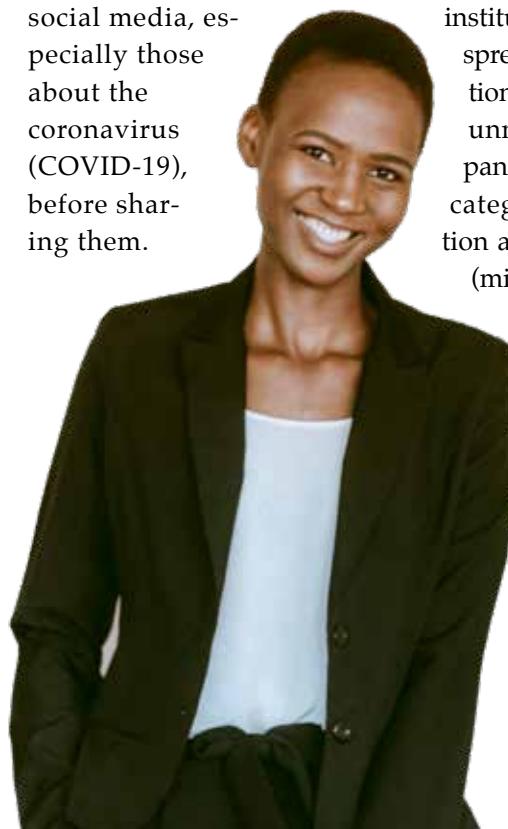
"Nanyana kunjalo, ngakhetha wona umsebenzi wamagontraga wokwakha ngoba ngikholwa ukuthi nginawo amandla wokuletha amatjhuguluko ebubulweni lamagontraga wokwakha bengenze nobungcono lapho bufuneka khona. Ngibone abantu abasikazi kilelibubulo bakhuphuka bayokufika eenkhundleni eziphezelu begodu babe namandla. Ngikholwa ukuthi nami ngingakghona," utjho ngesibindi. ▶

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## Don't share fake news!

### Allison Cooper

**N**elisiwe Dlamini (30), a researcher at the Council for Scientific and Industrial Research (CSIR), says it's important to verify stories from social media, especially those about the coronavirus (COVID-19), before sharing them.



"Some young people are becoming ringleaders of the spread of false information. This has the potential to create panic," she says.

Since the outbreak of COVID-19, the CSIR has created a dashboard to assist government and health institutions to track the spread of misinformation, in order to avoid unnecessary public panic. The dashboard categorises information as misinformation (misleading content), disinformation (information that is untrue and mal-information (hate speech).

Dlamini is part of the team that does research and also helps categorise information in the dashboard. A data dash-

board is an information management tool or website that tracks, analyses and displays information to monitor the performance of a business or department.

According to Dlamini, social media platforms become a great danger when used to share false information.

"Whether it's with the intention to harm or not, it creates social conflict, distracts people from the real issues and undermines government's, public authorities' and other organisations' efforts to curb the spread of COVID-19 and maintain social order."

She says there are numerous ways to identify fake news, including reading the whole story and not just the heading, being critical of everything you read and examining the source of the story.

"Reporting fake news is necessary, as it will help to take down fake news

stories from multiple platforms," says Dlamini.

### A journey to research

Dlamini joined the CSIR in 2014, when she was awarded a studentship to pursue her MSc Computer Science degree. "It was a foot in the door for me and has since afforded me great opportunities," she says.

She was also awarded a grant from the Young Researcher's Establishment Fund, which she sites as a wonderful opportunity in her career.

Born in Pinetown, Kwa-Zulu-Natal, Dlamini says women hoping to follow in her footsteps need to be interested in and have a passion for research.

To become a researcher, learners need to take maths and science in high school. "After school I studied computer science and information systems and technology, which laid a strong founda-

tion for me," says Dlamini, who also holds a BcomHon Information Systems and Technology degree.

She didn't always know she wanted to be a researcher. "When I joined the CSIR, I was so amazed by the multi-disciplinary research that is done to make a difference in our country," she says.

This Women's Day, Dlamini says if there was ever a time for women to be bold and do everything they have ever wished to do, it is now. "We need to support each other and unite and always remember to celebrate each other. This alone will propel us." ▶

You can report fake news by emailing [fakenewsalert@dtps.gov.za](mailto:fakenewsalert@dtps.gov.za), sending a WhatsApp to 067 966 4015 or on the website [www.real411.org](http://www.real411.org).