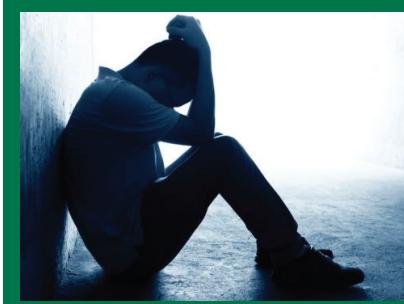


Vuk'uzenzele

Produced by: Government Communication & Information System (GCIS)

English / Setswana

January 2021 Edition



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results -
how to
cope**

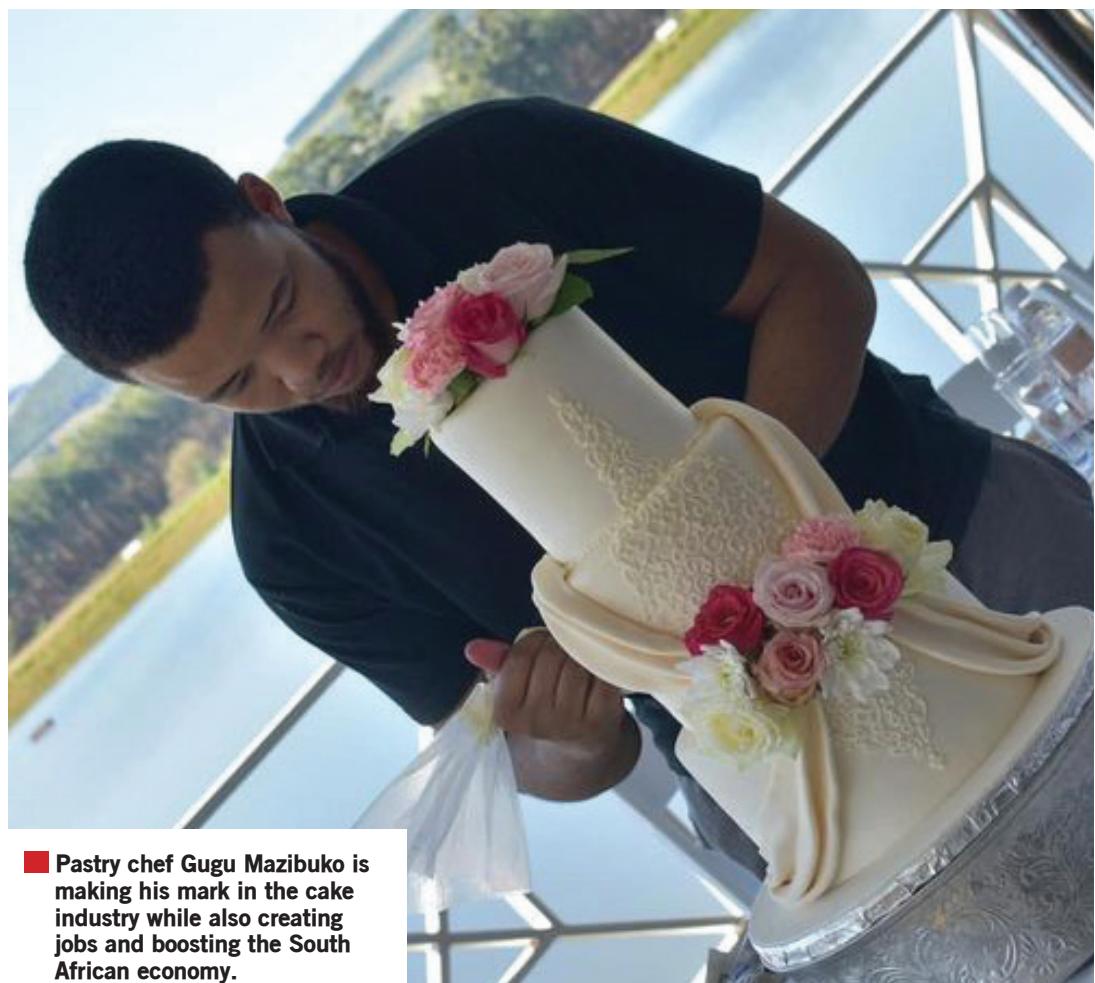
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Job creation is the icing on top of entrepreneurship



■ Pastry chef Gugu Mazibuko is making his mark in the cake industry while also creating jobs and boosting the South African economy.

Dale Hes

Pastry chef Gugu Mazibuko (25) is building a reputation as a cake decorating king in Pietermaritzburg, KwaZulu-Natal (KZN), where he runs his own confectionery business.

Mazibuko grew up in Ulundi in northern KZN. His mother was a good baker and this inspired the young Mazibuko to pursue a career in food.

"I knew that I wanted to be in food, but I didn't know which path I wanted to take. I went to several different colleges before I eventually discovered that working with pastries was what I wanted to do," says Mazibuko.

Mazibuko studied to be a pastry chef through the International Hotel School, and then discovered a love for cake decorating.

"I didn't know if cake decorat-

ing could actually be a full-time career for me but, funny enough, I gained inspiration from the TV show Cake Boss, where this guy had become very successful with his cake decorating. This gave me some motivation to start my own business."

Mazibuko started advertising his services on social media, and then word began to spread about his business.

Gugu the Baker, as he is known in Pietermaritzburg, now creates a variety of beautifully decorated cakes for special occasions, such as weddings, birthdays and anniversaries, and also makes other small pastries for clients.

"I love the creativity of decorating cakes. Every client comes in with a different style and decoration that they are looking for,

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"JAANONG KE NAKO YA GORE RE DIRE MMOGO,
GO TLOTLA NELSON MANDELA, GO AGA AFORIKA
BORWA E NTSHWA, E E BOTOKA YA BOTLHE."

MOPORESITENTE CYRIL RAMAPHOSA

#SendMe

RE GO AGELA BOKAMOSO JO BO BOTOKA
RE ITHUTA GO TSWA MO DITIRONG TSA GA MADIBA



Aforika Borwa e itharabologelwa mo bolwetseng jwa HIV le AIDS

Jaaka re tswelela ka matsapa a rona go sa magana le leroborobo leno le le dirang tlhakantsuke la mogare wa corona, re ka se ikgatolose dikgwethlo tse dingwe tse re tobaneng le tsona mo laphateng la boitekanelo ka fa nageng ya rona.

E setse e le sebaka sa dingwagosome di le tharo naga ya rona e kgaratlha ka ntsha ya Mogare wa Lebolelateng (HIV) le Lebolelateng (AIDS), e leng seo se dirleng gore re lathegelwe ke matshelo a batho ba le bantsi le go tlisa dikhuduego le tshotlego e e seng kana ka sepe.

Fa e sale COVID-19 e runya ka fa naegeng, mmogo le dikgato tsa go sekega nakwana ditiro tsa ka fa nageng naga ka bophara go tsenyelets le kgatelelo mo maelong a rona, ditirelo di le dints tsa kalafi ya HIV, AIDS le tsa Bolwetse jwa Lehuba (TB) di gogile boima. Seno se tlhodile matsapa mo bathong gore ba se kgone go dira diteko le go simolola ka melemo ya thibelaketegelo ya kokwanatlhoko ya lebolelateng (ARV). Batho ba le bantsi ba paletswe ke go lata melemo ya bona mme ba bangwe ba le mmalwanyana fela ba kgonne go bona ditirelo tse dingwe, tse di jaaka go ithaopa go rupisiwa sekgorwa ga banna.

Le fa go le jalo, go gontsi go re go ithileng gone mo dikgatong tseo di tserweng ke maokelo a puso mo go samaganeng le leroborobo la mogare wa corona e leng botlhale jo re ka bo dirisang go samaganang le HIV le TB.

Aforika Borwa e santse e na le palo e e kwa godimo ya batho ba ba tshelang ka HIV lefatshe ka bophara. Le fa go le jalo, go a rotoetsa gore mo ngwagasmeng



yo o fetileng re nnile le kgateleopele mo go fokotseng dipalo tsa dikgetse tse dintshwa tsa batho ba ba tshwaetsegang mo baaging ka palo e e atumetseng go 60%.

Go a rotloetsa gape le gore ditshwaetso tsa HIV mo barwetsaneng le mo makgarebeng le teng di fokotsegile thata go ne mo ngwagasmeng yo o fetileng. Setlhophpha sa batho bano se botlhokwa thata gonke sone gantsi se leng mo kotsing ya go tshwarwa ke HIV.

Lenaane la rona la go okobatsa bolwetse jono le nnile mosola thata mo go fokotseng dipalo tsa dintsho tse di tlhodiwang ke AIDS ka palo e e kanaka 60%. Go nnile le phokotsego e kgolo mo bašweng ba ba tlhokafalang ka ntsha ya HIV.

Go ne go tshwanetse gore re kgone go fokotsa dipalo tsa dintsho ka ntsha ya gore rona, mmogo le badirisanimmogo ba rona, re thankgolte lenaane le legolo la di-ARV le le thusang dimilione tsa batho ba naga ya rona ba ba nang le bolwetse jono.

Kwa tshimologong ya ngwagosome ono, lenaane la rona la go thibela bolwetse jono go fetela mo baneng ba ba iseng ba belegwe (PMTCT) le ne le thusa palo e nnye ya batho. Jaanong

re na le batho ba le bantsi thata ba re ba thusang ka PMTCT mo karolong ya Borwa jwa Aforika, e leng seo se fokoditseng thata dipalo tsa bana ba ba iseng ba belegwe ba ba tshwaetsegileng.

Le fa re fokoditse dipalo tsa dintsho le tsa ditshwaetsegotse dintshwa, re santse re le kgakala le go fitlhelela dipeelo tsa rona tse re ipeetseng tsona ka ngwaga wa 2016 fa re ne re re re batla go fokotsa sekgorwa sa ditshwaetso tsa HIV ka 75% fa re tsena mo ngwageng wa 2020. Fa

re ka atlega mo go direng seno, go na le kgongalo ya gore mo ngwageng wa 2030 re tla bo re fedisitse AIDS gore e se tlhole e nna setshosetsi mo boitekanelong jwa setshaba.

Fela ka bomadimabe ga re ise re fitlhe foo. Re tshwanetse go dira go tlala seatla go netefatsa gore bašwa ba matlafadiwa gore ba kgone go iphemela gore ba se tshwaetseg, go tsenyeletsa le ka go fetola maitsholo a bona, go neelwa mesomelwana le go dira diteko gangwe le gape. Re tshwanetse go netefatsa gore motho mongwe le mongwe yo a tshwaetsegileng bolwetse jwa gagwe bo a okobadiwa mme o a tlhokomelwa.

Re tshwaetse go dira ka natla mo go thibeling HIV mo baa-

ging bao ba leng mo kotsing e e kwa godimo mo setshabeng, go akaretsa gape le batho ba ba gwebang ka thobalano, banna ba ba robalanang le banna ba bangwe, mmogo le mo bathong ba ba dirisang diritbatsi ka go tlhabana ka lemao le lengwe.

Re tshwanetse go fedisa modula mmogo le go tlhaola batho bano. Ga gona gore re ka solo fela go fedisa HIV fa re itlhokomolosa ditlhokwa, matshwenyego le ditshwanelo tsa baagi ba ba rileng ba naga ya rona.

Aforika Borwa e tshwanetse go oketsa matsapa a yona a go rupisiwa sekgorwa ga basimanyana go fokotsa dikotsi tsa gore ba ka topa HIV. Go rupisiwa go go sa babalesegang ga go a tshwanelo go tlogela makau ka mathata a boitekanelo a go ya go ile, e bile ga go motho yo a tshwanetseng go tlhokafala ka ntsha ya go rupisiwa. Re tshwanetse go netefatsa gore makau a tsenela thobalano e e babalesegileng.

Re rotloedswe ke dipolo tse di sa tswang go ribololwa tsa dipatlisiso tsa Melemo ya Thibebotlhwaetso (PrEP). Jaaka yona e dira go farologana le melemo ya ARV e e neelwang batho ba ba nang le HIV, PrEP e nwewa gangwe le gape ke batho ba ba senang HIV go ba thibela gore ba se tshwaetseg. Dipatlisiso tse di dirilweng ke borasaense ba Setlamo sa Diteko tsa go Thibela HIV, di ribotse gore go itlhaba lemao gangwe le gape gangwe mo dibekeng di le robeidi go botoka go na le go tsaya melemo letsatsi le lengwe le lengwe go thibela HIV. Diphlthelelo tse di na le bokgoni jo bogolo jwa go matlafatsa ka fao re tsibogelang leroborobo leno.

Fa e le gore re batla go atlega

mo go fediseng AIDS jaaka e le selo se se tshosetsang tirelo ya boitekanelo mo pusong mo sebakeng sa ngwagosome se se latelang, re tshwanetse go dirisa mmogo diphlthelelo tse tsa dipatlisiso tsa melemo le maitsholo a mašwa. Re tlhoka gape go samagana le seemo sa loago le sa ikonomi e leng tse dingwe tsa dilo tse di tlholang ditshwaetso tse dintsi.

E nngwe ya ditiro tsa rona tse di botlhokwa ke go matlafatsa basetsanyana le makgarebe a rona, ka thuto, ka go itirela letseno le ka go ikemela mo loagong. Ba tlhoka go itseela ditshwetso ka bobona ka ga ntsha nngwe le nngwe mo matshelong a bona, go tsenyeletsa le go itlhophela gore ba ratana jang le go itlhophela gore ba diragatsa thobalano ya mofuta o o ntseng jang.

Kwa bokhutlong re tla kgona go fedisa AIDS fa fela re matlafatsa bašwa, basadi le batho ba ba leng mo kotsing ya go ka tshwaetseg. Matlafatsa eno e raya gore ba se timiwe tshedimosetso, ba tlhabibe bottlhale le go tshegediwa. Go raya gore ba tshwanetse go isiwa sekolong le go bulelwa ditshono tsa go itirela letseno, bogolojang makgarebe a rona. Go matlafadiwa gape go tlhalosa gore motho mongwe le mongwe o tshwanetse go diriwa diteko, a okobaletswe bolwetse jwa gagwe mme a neelwe le ditirelo tse dingwe gape tsa boitekanelo.

MaAforika Borwa a tswa kgakala, a itshokela boima jo bo seng kana ka sepe le go phunyletsa mo ntweng kgatlanong le HIV, AIDS mmogo le TB. A re gagamatseng bobedi maikano a rona le dikgato tsa rona go tobana le go mekamekana le AIDS. ①

Tšhono e nngwe ya go konosetsa dithuto tsa gago tsa materiki

Cathy Grosvenor

Ga go thari go ka konosetsa dithuto tsa gago tsa materiki kgotsa go iponela dipholo tse o di batlang, ono ke molaetsa go tswa mo Letsholong la Lefapha la Thuto ya Motheo (DBE) le le ka ga go Tshegetsa Baithuti go Iponela Tšhono e Nngwe ya go Konosetsa Dithuto tsa Materiki.

Mokaedi wa letsholo leno, Ngaka Sandy Malapile, a re go iponela materiki ke selo se se botlhokwa thata gonnes ntle le ona, ditshono di le dintsi di tla go feta mo tseleng.

"Bothati jwa Lekala la Thuto le Katiso (SETA), jo bo rweleng maikarabelo a go tokafatsa bokgoni jwa baagi ka fa nageng ka go ba tlamela ka matsholo a katisobokgoni le a ditiro tsa diatla, le jone bo tlhoka gore batho ba ba tsenelang matsholo ano ba nne le materiki," ga rialo Ngaka Malapile.

Letsholo leno la Tšhono e Nngwe ya go konosetsa dithuto tsa gago tsa materiki, le le sa bolong go thankgololwa ka Ferikgong 2016 le tshegetsa mongwe le mongwe yo a batlang go konosetsa dithuto tsa gagwe tsa materiki kgotsa yo a batlang go tokafatsa dipholo tsa dirutwa tsa gagwe, go sa kgathalesege dingwaga tsa gagwe, mme a batla go tsena sekolo mo matsatsing ao a beilweng.

Ga go le sente yo montsho yo a duelewang.

Ke mang yo a nang le matshwanedi a go bona thuso eno?

- Batho ba ba batlang go tlhabolola dipholo tsa dirutwa tsa bona, go sa kgathalesege gore ba kwadile dithabthobo tsa bona tsa materiki sešweng jaana kgotsa ga ba boolo go di kwala dingwaga di le masome tse di fetileng. Ngaka Malapile o tlhalosa gore motho yo a batlang go iponela makwalothuto

a boenjenere, go naya motlha, a ka tlhoka gore a tlhabolole dipholo tsa gagwe tsa serutwa sa dipalo gore a fithelele dipeelo tsa go ithute-la serutwa seno.

- Batho ba ba reteletsweng ke go falola materiki mme ba tlhoka tšhono e nngwe gape ya go kwala gape materiki gore ba falole.
- Batho ba ba tlogetseng sekolo fa ba sena go falola dithuto tsa bona tsa Mophato wa bo 9 (o mo malobeng o neng o bediwa Standard 7), ba ba nang le dingwaga di le 21 le go feta, mme ba batla go konosetsa dithuto tsa bona tsa materiki.

O simolola ka go dira eng?

Ikwadise kwa go e nngwe ya dikantoro tsa tikologo di le 75 tsa Lefapha la Thuto ka fa nageng kgotsa ikwadise mo inthaneteng mo webesaeteng ya: www.eservices.gov.za.

Paka ya ikwadiso e buletswe

ka la bo 1 Diphalane 2020 mme e tla tswalelwaa ka Tlhakole 2021.

Barutwana ba na le tlhophya gore ba ithute ka bobona kgotsa ba ye sekolong kwa tikwati-kweng e nngwe ya di le 133 mo ba tla rutiwang mo maitseboeng le mo bokhuthlong jwa beke.

Ngaka Malapile a re barutabana ba ba dirang tiro e ntle mo ditikologong tse ba rutang mo go tsona ke bona ba thapilweng go ruta mo dikolong tseno. Dikolo tseno ga di a gasagana mo teropong e nngwe le e nngwe le mo metseng e mengwe le e mengwe, mme di teng mo batho ba ikwadisitseng ka bontsi gone, mme seno se raya gore mafelo a dikolo tseno di fitlhelwang mo go ona a ka fetogafetoga ngwaga o mongwe le o mongwe.

Mekgwa ka bobedi ya go ithuta ka bowena le ya go ya sekolong e tshegediwa ka botlalo ka ditirelo tsa go ithuta, go tsenyeletsa le ka mananeo a seyalemowa le a thelebišene a a tshamekang ka dinako tse di rileng; ba tshegediwa ka didi-



risiwa tsa go ithuta tse ba ka kgonang go di daonelouta; mme bao ba senang dikhomphiutha, diprintara le inthanete-lefapha le tla ba romela didiriswa tsa go ithuta tse di gatisitsweng.

Batho ba ba nang le dikhomphiutha mme ba sena ditirelo tsa inthanete kgotsa ba sena data, ba ka ikuela gore ba romelwe CD e mo go yona go tsentsweng didiriswa tsotlhe tsa go ithuta, mme e tla romelwa ka poso.

"Batho ba bagolo bontsi jwa bona ga ba na nako e ntsi mo diatleng tsa bona mo ba ka ineelang mo dithutong tsa bona.

Ka lesego, ba ka tsaya tshwetso ya gore ba batla go dirutwana di le kae kwa sekolong mongwageng ka ntlha ya gore ga ba gapeletsege gore ba konose-tse dithuto tsa bona mo seba-keng se se rileng."

Gang fa ba sena go ikwadisa, DBE e tla thusa moithuti yo mongwe le yo mongwe yo mogolo go tlhophya dirutwa tse a batlang go di ithutela le go mo tlhalosetsa gore ke dirutwa dife tse ba gapeletsegang go di ithutela.

Fa ba sena go konosetsa dithuto tsa bona, batho ba ba tlogetseng sekolo morago ga 2008 ba tla amogela Lekwalo la Naga la Dithuto tse Dikgolwane mme bao ba tlogetseng sekolo pele ga ngwaga oo, ba tla amogela Lekwalo la Naga la Dithuto tse Dikgolwane le le Thhabolotsweng.

Le fa go le jalo, Ngaka Ma-

lapile a re makwalo a thuto ano ka bobedi a lekana mme, go lebilwe dirutwa tse ba di tsereng mmogo le dipholo tse ba di fitheleletseng, ba ka di dirisa go ikwadisa kwa diyunibesit le kwa dikholejeng.

Go neelana ka tšhono e nngwe ya go konosetsa dithuto tsa materiki

DBE e diragatsa matsholo a go lemosa baagi ka go rotloetsa batho go ikwadisetsa tšhono e nngwe gape ya go konosetsa dithuto tsa materiki.

Ditheo tsa thuto e kgolwane mmogo le SETA ba kopiwa go tlamela bao ba nang le kgathhe-go ka tshedimosetso e ba nang le yona ka bontsi jo ba ka bo kgonang.

Mo matsholong ano a go bulu baagi matlho, bašwa ba le bantsi ba botsoloditse Tona Angie Motsekga gore goreng a sa tsenye tirisong manaane a a ka kgonang go thusa bašwa gore ba thapege, ga rialo Ngaka Malapile.

Mo go tsibogeleng seno, DBE monongwaga e thankgolola le-naane la go tlhabolola bokgoni le le tla thusang bašwa ba le dimilione di le 3.4 ba ba senang ditiro, ba ba seng mo sekolong kgotsa mo katisong. Dirutwa tsa lenaane leno di tla tsenyeletsa

tsa dithuto tsa botshelo – mo ditlhogo tsa dithuto tseno di tla akaretsang tsa go kwala lekwalo la go batla tiro (CV) le gore o ipaakanyetsa jang kopano ya go batla tiro; go tsenyeletsa le dirutwa tsa bokgoni jo bo botlhokwa, jo bo jaaka go baakan-nya ditlhako, go dirisa khomphiutha le jwa go ithuta go buisa le go kwala.

A one o itse?

- Go sa kgathalesege gore o tlogetse sekolo mo dingwageng tsa bo ma 1960 kgo-tsa mo malobeng, o tshwanetse go ithuta dirutwa tse di latelang kharikhulamo e e dirisiwang jaanong.
- Thulaganyo ya thuto mo nageng ya Aforika Borwa e direla gape le batho ba ba seleng ba tswa mo sekolong ba le mo Mophatong wa bo 9, ka go dirisa lenaane la Thuto e Kgolwane la Thuto le Katiso ya Motheo ya Bagodi (ABET).