

# Vuk'uzenzele

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English/Isixhosa

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Help prevent suicide

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Ofentse Rabaji is a waste whizz

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## How to apply for the R350 grant



More Matshediso

If you do not have an income and are between the ages of 18 and 60, you can apply for the Special Coronavirus Disease (COVID-19) Social Relief of Distress (SRD) Grant.

Government has reintroduced the SRD Grant of R350 per month to help qualifying applicants who have no financial support, to survive the continued hardships brought about by the COVID-19 pandemic.

The initial SRD Grant, which was discontinued on 30 April, had a positive impact on successful applicants' lives, says Social Development Minister Lindiwe Zulu.

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**GOVERNMENT REINTRODUCES THE SRD GRANT** to assist citizens who are struggling financially during the COVID-19 pandemic.



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# Ukwakha isiZwe Esingena

## Rhulumente obanjwe ngoBhongwane

**I**ndibano ebezhleli-we zokunika ubungqina kwiKhomishini yoPhando ngokubanjwa ngobhongwane kukaRhulumente ziqunkunjelwe kutsanje, emva kweentsuku ezingaphezu kwe-1 000 ingqina lokuqala lanikeza ngobungqina balo.

Nangona usihlalo wale khomishini, uSekela weJaji eyiNtloko u-Raymond Zondo ethe kuse-nokubakho imfuneko yokuba amanye amangqina ambalwa anikeze ubungqina, umsebenzi wekhomishini ngoku ukufutshane engqiniben.

Eli linyathelo elibaluleke kakhulu elisisondeza ngakumbi ekubaleni kwi-mbali yentando yesininzi yethu enye yezona ziganeko zonakalisayo.

Kwanangaphambi kokuba uJaji Zondo angenise iziphumo neengcebiso zakhe kuMongameli, singavuma sonke ukuba umsebenzi wekhomishini ubaluleke kakhulu.

Kwisithuba seminyaka emithathu, sive ubungqina obuchaza ngezityholo zorhwaphilizo ezikwizinga eliphezulu. Sive ngezenzo ezikhokele ekubiweni kweebhiliyon i zeerandi zemali yoluntu. Sive ukuba mangaphi amaziko karhulumente kunye neenkampani zikarhulumente ezenziwe buthathaka ngabom.

Oku kuvezwa kwendlela, kobungakanani kunye nobunzulu bokubanjwa ngobhongwane kkarhulumente akwenzekanga khusini, kodwa kwasasazwa kwilizwe lonke.

Ngokuthi kuvunyelwe bonke abemi boMzantsi Afrika ukuba balandele iingxelo zekhomishini, kuncede eku-beheleleni ithembu kuluntu malunga nentando yesininzi yethu kwaye ikhuthaza ukungafahlwa kunye nokwenziwa kwezinto elubala.

Ilizwe lityala umbulelo omkhulu kubo bonke abeb-bandakanyeka kumsebenzi wekhomishini; ukusuka kwabo baqhube uphando, kwabo baphengulule baze bahlanganisa ulwazi olungaka; kumangqina amaninzi kangaka athe anikeza ngobungqina; koonondaba abathe basasaza ngenkuthalo iingxelo zekhomishini; kumagqwetha ancedisileyo ekunikeni ubungqina.

Sikwatyala umbulelo omkhulu kabantu abaninzi, abanye babo abasaziwa, abo iintshukumo zabo zikhokelele ekumiselweni kwekhomishini kwasekuqaleni. Aba ngabantu abathe bavumbulula ezi zityholo zolwaphulo-mthetho, abathe bachasa, bathetha phandle kwaye benza amaphulo — esidlangalaleni kunye nasekhusini — okupheliswa kokubanjwa ngobhongwane kkarhulumente. Sibulela kubo, kuba ngoku xa sithetha ngokubanjwa ngobhongwane kkarhulumente sithetha ngento yexesha eladlulayo.

Ukubanjwa ngobhongwane kkarhulumente akuziphelelanga. Kuziswe esiphelweni zizenzo ezidi-tyanelweyo zabemboMzantsi Afrika abavela kuzo zonke iinkalo zobomi, besebenza kwiindawo ezahlukenejo. Kukho

ukubuyisa ixabiso lentando yesininzi yethu. Kwaye kuxhomekeke kuthi sonke ukuqinisekisa ukuba ezi zinto asoze sizivumele ziphinde zenzeke.

Kule minyaka mithathu idlulileyo, sithathe amanyathelo abalulekileyo okulwa urhwaphilizo nokubanjwa ngobhongwane kkarhulumente. Siye sazama sakha ngokutsha amaziko afana neGunya lezoTshutshiso leSizwe (i-NPA), iNkonzo yamaPolisa oMzantsi Afrika (i-SAPS), iNkonzo yeRhafu yaseMzantsi Afrika (i-SARS) kunye nezinye. Simisele imibutho emitsha, efana neCandelo loPhando kwi-NPA ukuze itshutshise abo benza urhwaphilizo kwizinga eliphezulu kunye neSigqeba esikhethkileyo se-SIU soku-fumana kwakhona iimali zoluntu ezibiweyo. Siwaphucule amandla ethu okulwa ulwaphulo-mthetho ngokuthi siseke iZiko le-Ndibanisa (i-Fusion Centre), elihlanganisa ii-arhente ezahlukenejo zabantu bomthetho ukuba babe-lane ngolwazi kwaye balungelelanise uphando kunye nokutshutshisa kolwaphulo-mthetho.

Sibutshintshile ubunkokeli kumashishini karhulumente aphambili, saza saqalisa inkubo yokuwabuyisela kwimmo entle yezemali neyokusebenza. Amashishini karhulumente ngoku asebenza ngemodeli entsha ekhuthaza ukungafahl, ukuthatha ixanduva lokuphendula kunye nezisa uzinzo. Uninzi lwalo msebenzi uyaqhube. Kukho

iindawo apho inkqubela phambili icotha kakhulu kunokuba sinqwena, kwaye ngoku ezi ndawo zifumana ingqwalaselo ethe chatha.

Iziphumo neengcebiso zekhomishini ngokungathandabuzekiyo ziya kuzomeleza ezi nzame. Silindele ukuba ikhomishini ichonge apho sibethakale khona okuthe kwenza ukuba kuvuleke ikroba lokuba kubanjwe urhulumente ngobhongwane. Okukuya kusixhobisa ngakumbi ukuba sithathe amanyathelo okulungisa aqatha.

Ngelixa sinokuthi ixesha lokubanjwa ngobhongwane kkarhulumente liphelile, asikaloyisi urhwaphilizo. Ubuqhetseba kunye norhwaphilizo kusasazekile kwaye kungene nzulu kumacandelo karhulumente nawabucala.

Nangona kusenokungabikho kwizingalokubanjwa ngobhongwane kkarhulumente, ezi zenzo zolwaphulo-mthetho zityabula kakhulu kwilizwe lethu, zenze namaziko ethu buthathaka kwaye zihluthe abemi boMzantsi Afrika iimfuno ezininzi ezsisisiseko.

Urhwaphilizo kukuziphatha kakubi ngeyona ndlela, kodwa kuthatha umntu onenkohlakalo kakhulu ukuba arhwaphilize ngexesha lokuxakeka kwabantu. Ndithetha apha ngezenzo zenkohlakalo ezingaginyisi mathe ezenziwe kunyaka ophe-lileyo xa bekuthengwa iimpahla kunye neenkonzo ebezidingeka kumlo wethu nobhubhane we-COVID-19.

Sisebenze ngokukhawu-

leza kakhulu ukunqanda olo rhwaphilizo, saxe sachonga abo bachaphaze-lekayo kwaye sabathathela amanyathelo. Obubungqina bokuzinikela kwethu ekuncothuleni nengcambu urhwaphilizo.

Siqinise imimiselo ka-Nondyebo, saseka iziko lendibanisa (i-fusion centre) kwaye sanika iCandelo lokuPhanda eliKhethekileyo igunya elibanzi lokuphanda zonke izityholo zorhwaphilizo ezinxulumene ne-COVID-19. Okokuqala kwilizwe, si-kwapapashe kwi-intanethi iinkcukacha zazo zonke izivumelwano ezisetyenziswe ngawo onke amaziko oluntu ngelixa kuthengwa izinto ezayamene ne-COVID-19.

Umonakalo owenzeke kwilizwe lethu ngelixa urhulumente ebanje ngo-bhongwane unzulu. Kwaye iziphumo zavo siya kuziva nakwiminyaka eminini ezayo. Kodwa siqalile ukulungisa izinto, sisebenza kunye. Sesiqalile ukwakha kwakhona kwaye sibuyisela izinto esimweni.

Singalindela ukuba iziphumo zeKhomishini kaZondo ziya kuzomeleza ezinzame. Ziza kusinika ithuba lokwenza isigwebo kwaye siphumle ekubanjwene ngobhongwane korhulumente.

Mninzi umsebenzi ongaphambili, kwaye mininzi imingeni ekusafuneka ijongiwe. Kodwa sisendleleni eya kwakha uluntu olukhululekileyo kububi bokubanjwa ngobhongwane kkarhulumente norhwaphilizo.

# Masilwe ingxaki yokuzibulala kwabantu

Allison Cooper

**B**anizi abantu ababhubha ngokuzibulala kunabo babhubha ngenxa ye-HIV, ngesifo seengcongconi, ngo mhlaza wamabele, imfazwe kanye nokubulala.

Oku kuhambelana neenkukacha-manani zaku tshanje zoMbutho wezeMpilo weHlabathi (i-WHO), ezi bonisa ukuba bangaphezu kwama-700 000 abantu ababhubha ngokuzibulala unyaka nonyaka – ukutsho oko ngumtu omnye kabal-100 kwaye phantse umntu omnye kwimizu zwana engama-40 kwabbhileyo.

UGqr Tedros Adhanom Ghe-

breyesus, uMlawuli-Jikelele we-WHO uthi: "Asinakho - kwaye akufuneki - singakunikingqalelo ukuzibulala." "Ukuzibulala oku kodwanje kuyintlekele. Inqwalasela yethu ekuthinteleni ukuzibulala ibaluleke ngakumbi ngoku, emva kweenyanga ezininzi siphila nobhubhane weSifo sentholongwane ye Corona, esize neengcipheko ezininzi zokuzibulala ukuphulukana nomsebenzi, uxinzelelo lwezezimali kanye nokuzikhetha eluntwini - ezi sekhone nangoku," wongeze ngelitshoyo.

**Usuku lweHlabathi loku Thintela ukuzibulala**  
USuku lokuThintela ukuzibulala lweHlabathi lwasungulwa ngomhla we-10 kweyoMsintsi 2003, nguMbutho waMazwe nga-

Mazwe wokuThintela ukuzibulala.

Lo mbutho ujolise eku thinteleni ukuzibulala kunye neendlela zokuzibulala, kwaye ukwajolisa nasekunciphiseni iziphumo zokuzibulala, kananjalo ubonelela ngeqonga kwizifundiswa, kwiingcalizempilo yengqondo, kubasebenzi bakaxakeka, kumavolontiya kanye nakwabo basinde ekuzibulalen.

NgokweQela labaNtu abanoXinzelelo ngokoMphefumlo loMzantsi Afrika (i-SADAG), uMzantsi Afrika ubhala abantu abangama-23 yabo bazibuleleyo kanye nama-230 yabantu abazama ukuzibulala mihla le.

"Ukuzibulala kusengumba ongafuni kupathwa luluntu - akukho mntu ufunu ukuthetha ngako; akukho mntu

waziyo indlela yokuthetha ngako kwaye abazali abafuni kuthetha nabantwana babo ngako hlez kanti 'ityale iimbono'. Nangona kunjalo, ukuzibulala kakhona kwaye kuyenzeka, oku kuno-kubonwa ngenani leefowuni esizifumanayo elonyuka mihla le, utshilo u-Cassey Chambers, onguMlawuli wezokuSebenza we-SADAG.

Uthi, "Ukuba abantu abanizi bayaqonda ngo kuzibulala kwaye bayayazi indlela yokufumanela umntu uncedo kusengethuba, oku kunonceda ukunciphisa izinga lokuzibulala,"

**Iimpawu ezisisilumkiso ezinokubakho xa umntu ezakuzibulala:**

- Ukuthetha ngokutshabala-lisa ubomi bakhe, ngokufa okanye ngokuzibulala.

- Umnqweno obalaseleyo wokufa okanye ukuzixa-kekisa kakhulu ngokufa nokufa.
- Ukuphisa ngezinto ezixa-bisekileyo.
- Iimpawu zoxinzelelo, ezinje ngokungatyhileki, ukungabi natemba, uku-rhoxa, ukungabinambla wokutya kune nokulala nzima, nokuphelelwa ngumbla kwimisebenzi yesiqhelo.
- Ukwanda kokusela utsywala okanye ukusebenzisa iziyobisi.
- Ukuthetha ngokungabikho kwixesha elizayo okanye avalelise.
- Utshintsho olukhulu kwindlela yokuziphatha.
- Ukwenza amalungi-selelo okugqibezela izinto azishiye esithubeni. 

Ukuba wena okanye umntu omaziyo ufuna uncedo, tsalela umnxeba i-SADAG kule nombolo- 0800 567 567 esebezena imini nobusuku.

**Anyone 35 years and older can register for their FREE COVID-19 vaccination**

**Registering to get vaccinated is easy!**



Send the word **REGISTER** to  
060 012 3456 on Whatsapp  
Internet access or data required

**OR**



Dial \*134\*832\*IDNumber#  
No ID Number? Just dial \*134\*832#  
FREE on all South African Mobile Networks

**OR**



Search EVDS South Africa online or go to: <https://vaccine.enroll.health.gov.za>  
Any device with Internet Access

**OR**



Register by calling 0800 029 999  
Monday - Friday: 7am to 8pm  
Saturday, Sunday and public holidays: 8am to 6pm  
Toll free on all South African Mobile Networks

You will need the following information when registering:

- Your identification number (Passport, Asylum seeker number, RSA ID or refugee number)
- The location where you want to be vaccinated (home or work)
- If you are a member of a medical aid you will need your medical aid provider name and your medical aid number

You will receive an SMS with the details of your vaccination date and site after registering

**Don't delay. Register today!**