

Vuk'uzenzele

Produced by: Government Communication & Information System (GCIS)

English/Siswati

September 2021 Edition 1



How to apply for the R350 grant



More Matshediso

If you do not have an income and are between the ages of 18 and 60, you can apply for the Special Coronavirus Disease (COVID-19) Social Relief of Distress (SRD) Grant.

Government has reintroduced the SRD Grant of R350 per month to help qualifying applicants who have no financial support, to survive the continued hardships brought about by the COVID-19 pandemic.

The initial SRD Grant, which was discontinued on 30 April, had a positive impact on successful applicants' lives, says Social Development Minister Lindiwe Zulu.

GOVERNMENT REINTRODUCES THE SRD GRANT to assist citizens who are struggling financially during the COVID-19 pandemic.

Cont. page 2



To read Vuk'uzenzele download the GOVAPP on:



Search for SA Government on Google playstore or appstore

CONTACT US



Vuk'uzenzele



@VukuzenzeleNews

Website: www.gcis.gov.za

Email: vukuzenzele@gcis.gov.za

www.vukuzenzele.gov.za

Tel: (+27) 12 473 0353

Tshedimosetso House:

1035 cnr Frances Baard and Festival streets, Hatfield, Pretoria, 0083

FREE COPY NOT FOR SALE



"Manje sesikhatsi sefu sonkhe sekutsi sisebentisane, sihloniphe Nelson Mandela, sakhe iNingizimu Afrika lensha, lencono yawonkhewonkhe."

MENGAMELI CYRIL RAMAPHOSA

#SendMe

SIKWAKHELA LIKUSASA LELINCONO
KUFUNDA KULOKO LOKWENTIWA NGUMADIBA



Kwakha Umphakatsi Longenako Kubanjwa Kwembuso Ngabhongwane

Kulalela lokuhleliwe kweKhomishini Yentemsetfo Lephanya ngekuBanjwa kweMbuso Ngabhongwane kusandza kuphela, ngemuva kwemalanga langetulu kwe-1000 kulalelwe bufakazi bekucala babofakazi.

Njengoba sihlalo wekhomishini, liPhini leliJaji Leliyinhloko Raymond Zondo atse kungenteka kube nesidzango salabanye bofakazi labambalwa labatofakaza, umsebenti wekhomishini sowusondzele esigabeni sekugcina kutsi uphele.

Le yingcophamlandvo lebalulekile lesisondzeta edvute nekubala ngalesinye seticephu letonakalise kakhulu emlandvweni wetfu wentsandvo yelinyenti.

Ngisho nangaphambi kwekuba liJaji Zondo lifake loko lelikutfolile netincomo takhe kuMengameli, sonkhe singavuma kutsi umsebenti wekhomishini bewubaluleke kakhulu.

Esikhatsini lesiminyaka lemitsatfu, sivile bufakazi lobuchaza ngetinsolo tenkhohlakalo letentiwa ngelizinga lelikhulu. Sivile ngetento letiholele ekutseni kwebiwe tigidzigidzi temarandi emali yemphakatsi. Sivile kutsi tingaki tikhungo temphakatsi netinkampani

tahulumeni letentiwa butsakatsaka ngemabomu.

Loku kuvetwa ebaleni kwaloluhlobo, bukhulu nekujula kwekubanjwa kwembuso ngabhongwane akukenteki ngasese, kodvwa kwasakatwa eveni lonkhe. Ngekuvumela kutsi bonkhe bantfu baseNingizimu Afrika balandzele lokwentiwa yikhomishini, kusitile kutsi kufake kutetsemba kwemphakatsi entsandvweni yetfu yeliningi ngendlela lekhutsata kubonakala kanye nekweniwa kwetintfo ebaleni.

Live kufanele libonge kubo bonkhe lababambe lichaza kulomsebenti wekhomishini; kusukela kulabo bebaphenya, bacwaninga baphindze bahlanganise linani lelikhulu leminingwane; kulelinyenti labofakazi labafakazile baletsa nebufakazi; kutintsatseli letibike lobekuchubeka ngekutimisela; kubameli labasite kwetfula bufakazi.

Kufanele futsi sibonge ebantfwini labaningi, labanye babo abatiwa, tento tabo letiholele ekusungulweni kwalekhomishini kwasekucaleni. Laba ngulabantfu labavumbulule letinsolo tebugebengu, labaphikisile, labakhulumile baphindze benta imikhankhaso – kuko kokubili emiphakatsini nasemasitselweni – kucedza

kubanjwa kwembuso ngabhongwane. Sibonga bona namanje kutsi sikhuluma ngekubanjwa kwembuso ngabhongwane ngesikhatsi lesindlulile.

Kubanjwa kwembuso ngabhongwane akukatiptheleli kona ngekwako. Kucedvwe tento letihlangene tebantfu baseNingizimu Afrika labachamuka emikhakheni yonkhe yemphilo, labasebenta etindzaweni letihlukahlukene kubuyisela emagugu entsandvo yelinyenti yemtsetfosisekelo. Futsi kukitsi sonkhe kucinisekisa kutsi lemikhuba ingavunyelwa kutsi yenteke futsi.

Eminyakeni lemitsatfu leye-ndlulile, sitsetse tinyatselo letiningana letibalulekile tekulwa nenkhohlakalo nekubanjwa kwembuso ngabhongwane. Besisolo sicinisa kwakha kabusha tinhlango letifana neSiphatsimandla Sekushushisa Savelonkhe (i-NPA), uMbutfo Wemaphoyisa eNingizimu Afrika (i-SAPS), Lumphiko Lwetekugcogcwa KwemtselwaseNingizimu Afrika (i-SARS) naleminyene. Sicale tinhlaka letinsha, njengeluhlaka lweMcondzisi Wekuphenya ku-NPA kuze kutsi lishushise bukhohlakali lobusezingeni lelisetulu kanye ne-Special Tribunal ye-SIU kute kubuyiselwe

timali temphakatsi letintjontjiwe. Sitfutukise emandla ekulwa nebugebengu ngekusungulwa kwe-Fusion Centre, lehlanganisa ndzawonye ema-ejensi lahlukene ekucinisekisa kutfotjelwa kwemtsetfo kucobelelwane ngelwati futsi acondzise kuphenywa nekushushiswa kwebugebengu.

Sintjintje buholi bemabhizini labalulekile ahulumende, sicale nekuwabuyisela etimalini nasekusebenteni lokuphilako. Sisebentela ekubeni nendlela lensha yema-SOE lekhutsata kuba sebaleni lokukhulu, kutibophelela nekusimama.

Umsebenti lomningi uyachubeka. Kunetindzawo lapho inchubekelembili ihambe kancane kunaloku besikulindzele, futsi nyalo titfolo kunakwa lokukhulu.

Lokutfolakele kanye netincomo tekhomishini nakanjani kutocinisa lemitamo. Silindzele kutsi lekhomishini itokhomba lolunye luhlelo lwalobutsakatsaka lolwavumela kubanjwa kwembuso ngabhongwane. Loku kutosinika emandla ekutsi sitsatse letinye tindlela tekulungisa.

Noma singasho kutsi sikhatsi sekubanjwa kwembuso ngabhongwane sindlulile, asikayincobi inkhohlakalo. Kukhwanbanisa nenkhohlakalo solo kusabalele futsi kujule kakhulu etincenyeni tahlumende nakuletitimele.

Nanoma kungekho eziningeni lekubanjwa kwembuso ngabhongwane, tento tebugebengu letinje tidla live letfu kakhulu, tenta kutsi tikhungo tetfu tibe butsakatsaka futsi tincisha bantfu baseNingizimu Afrika tidzango letisisekelo letiningi.

Inkhohlakalo ikutiphatsa lokungenasimilo kakhulu etikhatsini letihle, kodvwa

inokonakala lokukhulu phakatsi kunhlekelele yebuntfu. Umuntfu ukhuluma lapha ngetento letingakhulumeki tenkhohlakalo ngemnyaka lophelile ekutsengeni tintfo netinsita letidzingekekako ekulweni kwetfu nelubhubhane lwe-COVID-19.

Sisebente ngekushesha kucedza inkhohlakalo lenjalo, kukhomba labo labatsintsekako nekubatsatsela tinyatselo. Loku kubufakazi bekutibophelela kwetfu kucedza inkhohlakalo.

Sicinise timiso teMgcinimafa, sasungula sikhungo i-Fusion Centre futsi saniketa Lumphiko Lokuphenya Lelikhethsekile ligunya lelibanti lekuphenya tonkhe tinsolo tenkhohlakalo letiphatselene ne-COVID-19. Kwekucala kulelive, sishicilele kuintanethi yonkhe iminingwane yemankontileka e-COVID-19 ekutsenga kuyoyonkhe imikhakha yahlumende.

Umonakalo lowentiwe kubanjwa kwembuso ngabhongwane ujulile eveni letfu. Imiphumela yako itovakala naseminyakeni leminingi letako. Kodvwa, ngekusebenta ngekubambisana, sicalile kwenta tintfo kahle. Sicale kwakha nekubuyisa kabusha.

Singalindzela kutsi imiphumela yeKhomishini yaZondo itocinisa lemitamo ngalokungenakulinganiswa. Itosiniketa litfuba lokwenta tincumo tekunamula kubanjwa kwembuso ngabhongwane lokutotsatsa sikhatsi.

Umsebenti lomkhulu useta, futsi kusamele kubukwane netinselela letiningi. Kodvwa sisendleleni yekwakha umphakatsi lote bubekubanjwa kwembuso ngabhongwane kanye nenkhohlakalo. **V**

Sita Ekuvimbeleni Kutibulala Kwebantfu

Allison Cooper

Bantfu labaningi bafa ngenca ye-kutibulala kune-HIV, malaleveva, umhlata wemabele, imphi nekubulawa.

Loku kumayelana netibalo takamuva teNhlango Yetemphilo Yemhlaba (i-WHO), letikhomba kutsi bangetulu kwe-700 000 bantfu labatibulalako ngemnyaka – loku kufa kwamunye kulabalikhulu futsi cishe muntfu munye ngemizuzwana lenge-40.

“Angeke sikwati - futsi akukafaneli - kutsi sitsalalise ngekutibulala,” kusho Dkt. Tedros Adhanom Ghebreyesus, uMcondzisi-Jikelele we-WHO.

“Kutibulala kwemuntfu

munye kuyinhlekelele. Kunaka kwetfu kuvimbela kutibulala kubaluleke kakhulu nyalo, ngemuva kwetinyanga letiningi siphila nelubhubhane lweSifo seligciwane leKhorona, lesinebungoti lobuningi lobuyimbangela yekutibulala – kulahleka kwemisebenti, kucindzeteleka etimalini kanye nekuhlukaniswa nalabanye – lokusesekhona kakhulu,” uyengeta.

Lusuku Lwemhlaba Lwekuvimbela Kutibulala

Lusuku Lwemhlaba Lwekuvimbela Kutibulala lalalwa ngemhla ti-10 Inyoni 2003, yi-*International Association for Suicide Prevention*.

Ihlose kuvimbela kutibulala nekutiphatsa

lokukhomba kutibulala, kunciphisa imiphumela yako nekuniketa tinkhundla kulabafundzako, labace-shelwe temphilo yengcondvo, basebenti betimo letibucayi, emavolontiya nalabasindze ekutibulaleni.

Ngekwe-*South African Depression and Anxiety Group* (i-SADAG), kunekutibulala loku-23 kanye nekutimisela kutama kutibulala loku-230 lokubhaliwe eNingizimu Afrika onkhe emalanga.

“Kutibulala kusesesihloko lokumancikancika kakhulu kukhuluma ngaso emphakatsini wetfu – akekho lofuna kukhuluma ngako; kute nalowati kutsi angakhuluma njani ngako kantsi nebatali abafuni kukhuluma nebantfwana babo ngako uma kunokwenteka ‘kuhla-

nyele mibono’. Kodvwa-ke, ludzaba lokuphikiswana ngalo cobo, futsi lubonakala ngekwandza kwetincingo lesititfolako onkhe emalanga,” kusho Cassey Chambers, uMcondzisi Wetekusebenta we-SADAG.

Utsi, “Uma bantfu labaningi banelwati ngekutibulala futsi bati nekutsi bangamfolela njani lomunye lusito kungakandluli sikhatsi, singasita ekwehliseni lizinga lekutibulala.”

Timphawu letingenteka letisicwayiso tekutibulala tifaka:

- Kukhuluma ngekucedza imphiloyabo, kufa kumbe kutibulala.
- Sifiso lesikhulu sekufa noma kuzindla ngekufa nekufa.

- Kunikela ngetintfo letiligugu.
- Timphawu tekudzangala, njengekuntjintja kwe-simo sengcondvo, kubete litsemba, kutikhipha ebantfwini, kungakhanuki kudla nekulala kanye nekuphelelwa ngumdladla etintfweni letitayelekile.
- Kusebentisa tjwala noma tidzakamiva ngalokwecile.
- Kufanekisa ngekungabikhona ngesikhatsi lesitako kumbe kuvalelisa.
- Kuntjintja kwekutiphatsa ngekuphutfuma lokucakile.
- Kwenta emalungiselelo ekunakekelwa kwebhizinisi lengakacedvwa. **U**

Uma ngabe wena kumbe lomunye lomantiko adzinga lusito, tsintsa inombolo ye-SADAG yesimo lesibucayi sekutibulala lesebenta imini nebusuku ku-0800 567 567.

Anyone **35 years and older** can register for their **FREE COVID-19** vaccination

Registering to get vaccinated is easy!



Send the word **REGISTER** to 060 012 3456 on Whatsapp
Internet access or data required

OR



Dial *134*832*IDNumber#
No ID Number? Just dial *134*832#
FREE on all South African Mobile Networks

OR



Search EVDS South Africa online or go to: <https://vaccine.enroll.health.gov.za>
Any device with Internet Access

OR



Register by calling 0800 029 999
Monday - Friday: 7am to 8pm
Saturday, Sunday and public holidays: 8am to 6pm
Toll free on all South African Mobile Networks

You will need the following information when registering:

- Your identification number (Passport, Asylum seeker number, RSA ID or refugee number)
- The location where you want to be vaccinated (home or work)
- If you are a member of a medical aid you will need your medical aid provider name and your medical aid number

You will receive an SMS with the details of your vaccination date and site after registering

Don't delay. Register today!