

Vuk'uzenzele

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English/isiNdebele

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Help prevent suicide

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Ofentse Rabaji is a waste whizz

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How to apply for the R350 grant



More Matshediso

If you do not have an income and are between the ages of 18 and 60, you can apply for the Special Coronavirus Disease (COVID-19) Social Relief of Distress (SRD) Grant.

Government has reintroduced the SRD Grant of R350 per month to help qualifying applicants who have no financial support, to survive the continued hardships brought about by the COVID-19 pandemic.

The initial SRD Grant, which was discontinued on 30 April, had a positive impact on successful applicants' lives, says Social Development Minister Lindiwe Zulu.

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GOVERNMENT REINTRODUCES THE SRD GRANT to assist citizens who are struggling financially during the COVID-19 pandemic.



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CONTACT US

Website: www.gcis.gov.za

www.vukuzenzele.gov.za

Tshedimosetso House:

1035 cnr Frances Baard and Festival streets, Hatfield, Pretoria, 00083

 Vuk'uzenzele

 @VukuzenzeleNews

Email: vukuzenzele@gcis.gov.za

Tel: (+27) 12 473 0353

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Ukwakha Umphakathi Onganakuthunjwa Kwelawulo Lombuso

Ukulalelwa kobufakazi malunga na nokuthunjwa kwelawulo lombuso ku-Komitjhana ePhenya ngokuThunjwa kweLawulo lomBuso kuperhethwe mhlaphanje, ngemva kwamalanga angaphezulu kwe-1000 ufkazi wokuthoma ethula ubufakazi bakhe.

USihlalo weKomitjhana, iSekela leJaji eliKhulu u-Raymond Zondo uthe kungaba yinto eqakathekileko bona kube nabofakazi abanye abazokwethula ubufakazi, njengombana umsebenzi wekomitjhana sewuseduze nokuphela.

Leyiqophamlando esibekela tjhajhalazi izehlakalo eza-letha umonakalo elawulweni lombuso wentando yenengi.

Ngaphambi kobana iJaji uZondo ethule ubufakazi obutholakeleko neemphakamiso zakhe ezihlahla indlela eya phambili kuMengameli, singavumelana soke bona umsebenzi wekomitjhana ubelisizo eliligugu.

Esikhathini esingaba minyaka emithathu, sizwe ubufakazi obuhlathulula ii-n solo zekohlakalo ezenziwe ema-ofisini amakhulu. Sizwile ngezenzo zokwetjiwa kweengidigidi zamaranda wemali yombuso. Sezwa nokuthi angangani amaziko karhulumende, amabhzinisi wombuso namakhamphani enganyelwe ngurhulumende adlezelwel iimalikazi.

Ukuvezwa tjhajhalazi kokungelela kwezenzo zokuthunjwa kwelawulo lombuso akukenzeiki

emsitheleni, kodwana kwa-gadangisa bekwarhatjhwa ilizwe loke. Ukuvumela amaSewula Afrika bona alande ikambiso yekomitjhana, kusizile ekuvuseleleni ukuzithemba komphakathi ekambisweni yentando yenengi ngendlela thuthukiswa ukwenzwa kwezinto tjhatjhala.

Ilizwe kumele lithokoze boke abalime indima emsebenzini wekomitjhana; abaphenyi, abarhubhululi belwazi eliqakathekileko; obofakazi abethule ubufakazi; ababikiindaba ababike koke ngokuzikhanda; amagcwetha asize ngokwethula ubufakazi.

Kumele sithokoze khulu nabantu abenengi ngamunye ngamunye, abanye babo abangakagagulwa, kodwana izenzo zabo zenza bona kusungulwe ikomitjhana le. Laba babantu abavumbulula lezinenzo zobugebengu, bajamelana nazo, bakhulumabe bathatha amagadango wokusungula amajima azokulwisana nekohlakalo le – emphakathini nange-msitheleni – ngomnqopho wokuqedya ukuthunjwa kwelawulo lombuso. Kuyinto ethokozisako ukwazi bona kungenca yomsebenzabo omuhle ukuthi ukusukela nje sizokwazi ukukhuluma ngokuthunjwa kwelawulo lombuso njengento yesikhathi esadlulako.

Ukuthunjwa kwelawulo lombuso akukazipheleli. Kuqedwe msebenzi omuhle ohlanganyelweko wama-Sewula Afrika asemakorweni ahlukahlukileko, asebenza

eendaweni ezahlukahlu-keneko ngomnqopho wokubuyisa igugu lentando yenengi esekelwe ngoko-mThethosisekelo. Begodu kukithi ukuqinisekisa bona izenzo ezinjengalezi azivu-nyelwa bona zenzeke godu.

Eminyakeni emithathu edluleko, sithethe amagadango ambalwa aqakathekileko woku-lwisananokukhwabanisa nokuthunjwa kwelawulo lombuso. Sakhe ngobutjha iinjamiso ezifana neBandla lezokuTjhutjhisa leliZweloke (i-NPA), iButho lamaPholisa weSewula Afrika (i-SAPS), iPhiko lezokuButhelelwa komThelo leSewula Afrika (i-SARS) nezinye. Kunesi ding o sokobana sihlele ezinye iinja-miso ezinjengePhiko lezokuPhenya lakwa-NPA elizokutjhutjhisa izelelesi zemilandu yokukhwabanisa neSikhungo esi Khethekileko sokuPhenya sakwa-SIU ngomnqopho wokubuyisa kwemali yombuso eyetjiweko. Senze ngcono izinga lokulwisana nobugebengu ngokusungula i-Fusion Centre, eletha ama-ofisi wezomthetho ahlukahlukene ko ukwabelana imininingwana nokusebenzisana ekuphenyenimilandu yobugebengu.

Sitjintje abaphathi bambahzinisi wombuso amanengi, besathoma ikambiso yokuwabuyisela ebujameni obuhle bokusebenza nebeemali. Sisebenzela ukufika endleleni etja yokusebenza kwama-SOE ekhuthaza ukwenzela izinto etjha-

tjhalazini, ukunzinza nokuziphendulela.

Omnengi umsebenzi omayelana nalokhu uragela phambili. Kuneendawolapho iragelophambili belikhamba kancani kunangendlela ebisilindele ngayo begodu leziindawosezifumana itjhejo elifaneleko.

Imiphumela etholakeleko neemphakamiso zekomitjhana zizokuqinisa imizamo yethu. Silindele bona ikomitjhana iveze ukutekateka kwehlelo lokusebenza ekungikho okukghonakalise ukuthunjwa kwelawulo lombuso. Lokhu kuzosiqinisa bona sitathemagadango wokulungisa afaneleko kobana isenzwesi singasabuyelela.

Ije singatjho bona isikhathi sokuthunjwa kwelawulo lombuso siphelile, kodwana asikabehluli ubukhwabanisi nekohlakalo njengombana zizinto ezsadlangileko ekorweni yangeqadi nembusweni.

Nanyana zingafiki ezingeni lokuthunjwa kwelawulo lombuso, izenzo zobugebengu zithunaza khulu ilizwe lekhethu, zehlisa izinga lokusebenza kweenkhungo bezidima amase-wula Afrika izenzelwa ezinengi.

Ikohlakalo kusisenzo sokuziphatha kumbi khulu, kodwana iba yimbi ngokudulleko nayenziwa ngesikhathi sehlekele. Lapha sikhuluma ngezenzo zekohlakalo ezimbi khulu ezenziwe ngomnyaka ogadungleko nakutheengwa ipahla yokuzivikela eku-

lwisaneni nomabhubhisa oyi-COVID-19.

Siphendula ngokurhabako ukukhandela ubukhohlakalobu, sathola abenze ubugebengobu bathathelwa amagadango. Lokhu kubufakazi bokuzimisela kwethu ukuyisiphula ngomrabhu ikohlakalo.

Siqinise imithethokambiso yeZiko lezeeMali, sasungula i-Fusion Centre begodu sanikela iPhiko eliKhethekileko lezokuPhenya igunya lokuphenya yoke izwangoba-tjho emayelana nobukhohlakali obenziwe nakudlange i-COVID-19. Kokuthoma elizweni, sisabalalise ngeinthanethi iimvumelwano zokuthenga kwepahla yokuzivikela ku-COVID-19 khona umphakathi uzazifundela.

Mkhulu umonakalo owenziwe kuthunjwa kwelawulo lombuso elizweni lethu. Umthelela walokhu usazokulimaza nabanengi eminyakeni ezako. Kodwana ngokusebenzisana, sesithomile ukulungisa izinto. Sesithomile ukwakha ngo-butjha nokubuyisela ubujamo endimeni.

Silindele bona imiphumela yeKomitjhana kaZondo iqinise imizamo lengokunge-neleleko. Lokhu kuzosinikela ithuba lokuthatha iinqunto zokuedya nya ukuthunjwa kwelawulo lombuso.

Mnengi umsebenzi osezako, zinengi iintjhijilo ekufuze siqalane nazo. Kodwana sisendleleni yokwakha umphakathi onganabu khohlakali nokuthunjwa kwelawulo lombuso. ①

Siza Ekukhandeleni Ukuzibulala Kwabantu

Allison Cooper

Abantu abanengi bayahlongakala ngenobangela wokuzibulala ukndlula inani lalabo ababulawa yintumbantonga, ngumalalahlengenezela (i-malaria), ikankere yamabele, ipi nokubulala umuntu ngengozi.

Ngokweembalobalo zamvanje zeHlangano yeze-Pilo yePhasiloke (i-WHO) ezitjengisa inani labantu abangaphezulu kwama-700 000 ukuya phezulu ngokuzibulala qobe myaka – muntu munye ebantwini abali-100 ohlongakaloko godu pheze abe munye qobe mizuzwana ema-40.

"Angezesakghona – begodu akukafaneli – sikuthatthele phasi ukuzibulala" kutjho uDorh. Tedros Adhanom Ghebreyesus, omNqophisi Zombelele we-WHO.

"Ukufa okhunye nokhunye

kuyibangamatluwo. Uku-siza kwethu emzameni wokukhandela ukuzibulala kwabantu sekuqakathike khulu kwanje, ngemva kweenyanga siphila ebhodulukweni elinengogwana engumabhubhisa i-Corona, unobangela wobungozi bokufuna ukuzibulala – ukulahlekela msebenzi, ukugandeleleka ngo-komkhumbulo ngenca yokutlhayela kweemali nokuzikhethela ngeqadi/kuhlukaniswa nabantu kusesekhona," ungezelele watjho.

Ilanga Lokuyeelisa Nogukhandela Ukuzibulala lePhasiloke

Ilanga lokuyeelisa ngokuKhandela ukuzibulala lePhasiloke lasungulwa mhlana ali-10 k u K u h u l a m u n g u wee-2003, yiHlangano yePhasiyokuKhandelaukuzibulala (i-IASP).

Ihlose ukukhandela ukuzibulala nokuba nomukghwa wokufuna ukuzibulala, ukunciphisa imithelela nokutlama iforam ese-kela imikhulumiswano yeemfundiswa, abasebenza ngezomkhumbulo, abasebenzi bezechlekele, abazinikelako nabasindileko engozini yokuzibulala.

Ngokuya ngesiQhema sokuGandeleleka ngoko-mKhumbulo nokweThukwa eSewula Afrika (i-SADAG), kunezhelakalo ezima-23 zokuzibulala nezima-230 zokulinga ukuzibulala ezbikwa eSewula Afrika qobe lilanga.

"Ukuzibulala kusese yindaba abantu abangafuni ukukhuluma ngayo emphakathini wekhethu – akunamuntu onendlela ehle yokukhuluma ngayo begodu nababelethi abafuni ukukhuluma nabentwana ngayo ngombana besaba bona 'bangabafakela ummoya

wokudlumbana ngokuzibulala'. Nanyana kunjalo, kusesemraro odlange khulu begodu ubona ngenani elikhuphakalo lemitato engenako qobe lilanga," kutjho u-Cassey Chambers, omPhathi wemiSebenzi ye-SADAG.

"Abantu abanenginabangalemuka ubungozi bokufuna ukuzibulala begodu bazi nokufumanela isizo labo abanomcabango wokuzibulala ngaphambi kobana kube ngemva kwsikhathi, singaphungula izinga lokuzibulala kwabantu," ubeke watjho.

Amatshwayo Wokufuna Ukuzibulala Afaka Hlangana:

- Ukukhuluma ngokuzibulala nangokufa.
- Isifiso esingeneleko sokufa, ukucabanga khulu ngokufa.
- Ukuunikela ngezinto eziqakathekileko nezibizako.
- Amatshwayo wokuga-

ndeleleka ngoko-mkhumbulo, njengoku-tjhuguluka kwemizwa, ukulahla ithemba, ukuzihlukanisa nabantu, ukungathandi ukudla, ukungalali, nokungabi nekareko ezintweni ezinengi.

- Ukusela utjwala khulu namtha ukusebenzia iindakamizwa.
- Ukukhuluma njengomuntu ongazukubakhona esikhathini esizako namtha ukulayelisa.
- Ukuphekghuphekghuka kwendlela yokuziphatha.
- Ukwenza amalungi-selelo wokuthi ngubani ozakuqedelela izinto ebegade usazenza. 

Nangabe ukhona omaziko otlhoga isizo, dosela bakwa-SADAG ku-0800 567 567.

Anyone 35 years and older can register for their FREE COVID-19 vaccination

Registering to get vaccinated is easy!



Send the word **REGISTER** to
060 012 3456 on Whatsapp
Internet access or data required

OR



Dial *134*832*IDNumber#
No ID Number? Just dial *134*832#
FREE on all South African Mobile Networks

OR



Search EVDS South Africa online or go to: <https://vaccine.enroll.health.gov.za>
Any device with Internet Access

OR



Register by calling 0800 029 999
Monday - Friday: 7am to 8pm
Saturday, Sunday and public holidays: 8am to 6pm
Toll free on all South African Mobile Networks

You will need the following information when registering:

- Your identification number (Passport, Asylum seeker number, RSA ID or refugee number)
- The location where you want to be vaccinated (home or work)
- If you are a member of a medical aid you will need your medical aid provider name and your medical aid number

You will receive an SMS with the details of your vaccination date and site after registering

Don't delay. Register today!