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Sesotho/English

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for Gauteng's
previously
disadvantaged**

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Promoting nation building



Arts and Culture Minister Nathi Mthethwa lays a wreath at the Hector Pietersen Square in Soweto.

Stephen Timm

This year South Africa marks 22 years of freedom and as the country prepares to celebrate this milestone on 27 April, Minister of Arts and Culture Nathi Mthethwa has called on South Africans to focus on what unites us, rather than on what divides us.

With economic growth slowing, Minister Mthethwa pointed out that government is working hard to make the country a more attractive investment destination, adding that efforts are intensifying to deracialise the economy and promote social cohesion.

"Government has also appealed to everyone to favour what unites us over what divides us," he said.

To help improve relations between different communities, the Department of Arts and Culture has also been holding social cohesion debates, dialogues and community conversations throughout the year to encourage people to come together, discuss their differences and forge ahead with a common understanding of what it means to be South African.

By February, the department had held 33 community conversations on social cohesion and nation building. These covered important

aspects around nation building, including national identity, social interaction, active citizenship, volunteerism and human rights.

The idea for the conversations stems from the 2012 National Cohesion Summit held by the department on social cohesion and attended by various sectors of society. Those attending resolved that to deal with the divisions of the past, the government must help open avenues for dialogue.

GETTING COMMUNITIES INVOLVED

Minister Mthethwa said the dialogues aim to unlock opportunities for social cohesion, most of which can be found within communities themselves.

"The platform enables community members to identify the social, cultural and economic capital from within the community and how these could be harnessed to the benefit of all," he pointed out.

Recently, the department decided to change its approach to the community conversations, in a bid to ensure that these become more meaningful engagements.

In the new approach, which started last month, the department will get communities

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Municipal Elections to take place in August

Ongezwa Manyathi

President Jacob Zuma has announced that the 2016 Municipal Elections will be held on 3 August 2016. This means that all eligible voters can exercise their democratic right on this day.

The President encouraged all eligible voters, particularly the youth who would be voting for the first time, to register to be able to vote in the elections.

"We urge all those who are eligible to vote, register to vote and those who have not checked their names to do so, so that together we continue to re-affirm and deepen our democracy," said President Zuma.

The Independent Electoral Commission (IEC) said the announcement by the President allows for detailed planning by all stakeholders including the IEC, political parties, government departments, voters, the media, observers and others.

"The announcement of the election date is not the official proclamation of the Municipal Elections. This is scheduled to occur later and triggers the election timetable and a range of legislated events – including the official closure of the voters' roll for the elections," said the IEC.

The official closure of the voters' roll for the elections is 18 May 2016.

This means eligible voters can still register and update their registration and address details at their voting stations and at the IEC's local offices until the official proclamation.

Existing voters can check whether additional address information is required by SMSing their ID number to 32810 (at a cost of R1). They will receive an SMS with the name of the voting station where they are currently registered. Voters for whom incomplete address details are currently captured will receive a second SMS urging them to visit their voting station to update their details.

HOW TO CHECK YOUR VOTING STATUS

Voters can also check their status by dialing *120*432# or online: www.elections.org.za or call the Contact Centre on 0800 11 8000 between 7am and 9pm.

To register or to update registration and address details, voters must complete a REC1 voter registration application form and present it in person at the voting station for the voting district in which they ordinarily reside.

The form is also available online on: www.elections.org.za which voters can complete online, print a copy and bring it with them to their voting station.

Voters without formal addresses must complete and sign an affirmation form (REC AS) accompanying the REC 1 form in which they attest to the fact they live in the relevant voting district. In municipal elections voters may only vote where they are registered and voters are reminded that it is a criminal offence to knowingly register in a voting district in which they are not ordinarily resident.

How to find your correct voting station

- Call the Contact Centre on 0800 11 8000 between 7am and 9pm
- Dial *120*432#
- Use the Voting Station Finder App on www.elections.org.za

All those visiting a voting station should have with them a valid South African ID – either a green bar-coded ID book, a smartcard ID or a valid Temporary Identity Certificate.

* Additional information from the Independent Electoral Commission

DITABA TSE AKARETSANG

Motse wa Kanana o ahetswe Matlo a mangata le ho feta

Albert Pule

Qetellong tabatabelo ya Lizzie Nhlapo e fetohile mnene. Modudi enwa ya dilemo di 69 wa Kanana Hammanskraal, ka lebaya la Pretoria, ke e mong wa badudi ba 500 ba foteng molemo porojekeng ya kaho ya matlo na Lefapha la Bodulba Batho la Gauteng.

Porojekeng ena ya kaho ya matlo ke karolo ya Ntirhisano, e leng kgato ya Mmuso wa Profense ya Gauteng, e habileng ho ntlaftatsa phano ya ditshebeletso tsa mmuso le ho thea tshebelesto ya setjhaba a arabelang ditlhokong tsa setjhaba.

Porojekeng ha e a tlisa feela matlo a neng a hlokeha haholo setjhabeng, empa e boetse e theile le mesebetsi bakeng sa batho ba Kanana. Ho fihlela kajeno, batho ba 216 ba hirilwe. Ho bona, ba 80 ba batona, ba 22 ba batshehadia mme ba 114 ke batjha.

Nhlapo ke lepenshenara mme o dula le ba babedi ba bana ba hae esitana le ditlhokong tse nne, mme o sebedisa penshene ya hae ho hlokomela lalapa la hae. Haesale a dula Hammanskraal ho tloha ka 2008, ha a ne a tloha Mpumalanga.

Ka dilemolemo Nhlapo o ne a na le tabatabelo ya ho ba le ntlo eo e leng ya hae, mme ka Mphalane ngwahola o ile a fela a kena ntlong eo e leng ya hae.

Pele ho mona o ne a dula mokhukhung. Bophelo bo ne bo le boima hobane mokhukhu o ne o sa ahelwa ho emelana le maemo ohle a lehodimo.

O itse haesale a ne a kene ntlong eo e leng ya hae, ha a sa tshwenyeha ka pula kapa moyo o matla.

"Ho na le phapang e kgolo, jwale re kgona ho pheha, ho robala le ho ithatswa hantle," O itsalo, a supa ntlo ya hae e diphasosi di nne.

Nhlapo o rorisitse mmuso wa profense



Badudi ba 500 ba Hammanskraal ba fotse molemo porojekeng ya kaho ya matlo ya Lefapha la Bodulba Batho la Gauteng.

mme a re o tshepa hore mmuso o tla nne o tswelepele ho fetola maphelo a badudi ba Gauteng.

"Ke batla ho lebaha mmuso wa rona, haholoholo Tonakgolo. Ke tshepa hore ntho ena ha e felle mona bathong ba Kanana, empa ba tla tswelepele (mmuso) ho etsa jwalo le ho ba bang."

E mong ya foteng molemo, Victoria Sepeng (39), o dula ntlong ya hae e ntjha le baradi ba hae ba babedi le monna wa hae,



bohole bo katlase ho khilomithara e le ningwe ho tloha ntlong ya Nhlapo.

Pele a kena ntlong ya hae e ntjha, o ne a renta phaposi e kantle le lalapa la haé Kanana. O itse ntlo e ntjha e fa e mong le e mong sebaka sa ho lokolloha, haholoholo baradi ba hae.

"Bophelo bo se bo le betetshana jwabe hohane bohole re na le sebaka sa rona, banana ba robala phaposing ya bona mme nna le monna wa ka re robala ka ho enngwe phaposi," o itsalo.

Enngwe ya dintho tseo a di thabelang ka ho fetisa ka ntlo ya hae e ntjha, ke ho kgona ho ithatswetsa ka phaposing ya sebela ya ho ithatswetsa esitana le ho ba le metsi a futhumetseng pompong ka nako tsbole.

Ho sebetsa mmoho ho sebeletsa setjhaba

Albert Pule

Dilemong tse pedi tse fetileng, Mmuso wa Profense ya Gauteng (GPG) o hlahisitse mokgwa wa phano ya ditshebeletso o momahantsweng, o reretsweng ho ntlaftatsa dikgokahanyo dipakeng tsa mmuso le setjhaba.

Mokgwa ona o bitswang Ntirhisano o ne o boetse o reretswe ho arabela ditlhoko tsa setjhaba ka potlako. Ntirhisano ke lentswe la Xitsonga le bolelang tshebedisanommoho.

Mokgwa ona ke mokgwa wa phano ya ditshebeletso o momahantsweng, o habileng ho ntlaftatsa phano ya ditshebeletso tsa mmuso esitana le ho aha tshebelesto ya setjhaba e mahlahlahla a arabelang ditlhokong tsa batho.

E boetse e habile le ho matlafatsa setjhaba hore se intshetswe pele ka bosona.

Ntirhisano e tshetlehilwe ditshiyeng tse tharo tsa arabelang ditlhoko tsa setjhaba, tse rarollang diphephetso tsa phano ya ditshebeletso le ho hodisa dibaka tsa Gauteng. Ditshiya tsena ke:

Ho arabela: Mmuso o tlameha ho arabela ka nako ditletelebong tsa phano ya ditshebeletso, ka ho sebedisa mekgwa ya ho arabela ya pontshano le tshibollo.

Makala ohle a mmuso a sebetsa mmoho ho arabela mathata a sebaka ka seng. Mmuso o kgabong ya ho rarolla mathata ka kotlolohlo le setjhaba.

Ho rarolla: Mokgwa wa phano ya

Ntirhisano

We Care. We Act



ditshebeletso wa GPG o ntjhabaditswe wa ba wa fetolwa, e le ho kgahlanyetsana le ditlhoko tsa batho.

Bodisa bo tswelang pele bo netefatsa hore diporojekeng tsotle tsa phano ya ditshebeletso di phethelwa ka nako di be di fetisetswe bathong ba tshwanehileng.

Bokenadipakeng bo a etswa moo ho nang le ditshetswe diporojekeng tsotle tsa phano ya ditshebeletso le ho hodisa dibaka tsa Gauteng. Ditshiya tsena ke:

Jwaloka mmuso o sebetsang, boggoni ba ho arabela ka potlako bo a ntlaftatswa ho uthlo mathata a phano ya ditshebeletso le ho rarolla dittelebo tsa setjhaba, ka Ntirhisano.

Kgolo: Mmuso o sebetsa le setjhaba ho fumana dittharollo tsa tshibollo tsa nako e telele, tse lebisang ntshetsopeng e ntlaftatseng eibile e na le tekano e tomanyana moruoung wa setjhaba.

Lenaneo le boela le netefatsa hore ditho tsa setjhaba di kenya letsogo ka botsona ntshetsopeng ya setjhaba, ka mokgwa o motle eibile e le wa ho phahamela mapoqo ditlhokong tsa morou wa setjhaba.

HO DULA MAJWANA LE SETJHABA

Badudi ba na le lentswe mokgweng oo ba tsamaiswong ka wona ka hore ba be le seabo dikopanong tsa kgwedi le kgwedi tsa lepatlelo la tharollo ya mathata la Ntirhisano. Dikopan o akga megkaglo ya setjhaba le baemedi ba mafapha ba tswang makaleng olla a mmuso.

Setjhaba se boela se sebedisa lepatlelo lena la Ntirhisano e le setsi sa ditshebeletso tsotle tsa mmuso. Mohlala, badudi ba ka nna ba fumana lesedi lekaleng lefe kapa

lefe la mmuso ka diporojekeng tsa mmuso tse reretsweng sebaka sa bona. Lepatlelo lena la tharollo ya mathata le boela le fana ka tse latelang:

- Badudi ba ka nna ba ngodisa dikopo tse ntjha tsa ditshebeletso lepatlelo la Ntirhisano. Sena se akga tshebelesto efe kapa efe e hlokwang ke motho, lelapa kapa setjhaba lekaleng lefe kapa lefe la mmuso.
- Badudi ba tla ba le phihlelo mmusong ka basebeletsi ba setjhaba ba tla be ba etela malapa a bona hanga ka kgwedi.
- Badudi ba tlameha ho tsitlallela hore ba fuwe nomoro ya puisanon bakeng sa dikopo tsotle tsa tshebelesto esitana le ditletelebo tsa phano ya ditshebeletso tse ngodisitsweng ka lepatlelo la tharollo ya mathata la Ntirhisano.

Ha ba batla ho tseba haholwanyane baahi ba ka nna ba letsetsa mohala wa dipatlisiso wa Ntirhisano
no: 08600 11000 kapa
ba etele: www.gautengonline.gov.za

Mmoho re ka thibela ho ata ha Lefuba (TB)

Noluthando Mkhize le Ongezwa Manyathi

Aforika Borwa e se e nkile dikgato tse kgolo thibelong ya TB le lenaneong la kalafola dilemong tse hlanlo tse fetileng, esitana le haesale ho ne ho thakgolwe letsholo le phethahetseng la diteko tsa TB le tlhabollo ya maikutulo.

Letsholo le leholo la tlhabollo ya TB le thakgotsweng ngwahola ke Motlati wa Moporesidente Cyril Ramaphosa, le fumane kamohelo e ntle, haholoholo ditsing tsa tshokollo ya batshwaruwa le dibakeng tsara merafo.

Ho fihlela ka Tshitwe ya 2015, Lefapha la Naha la Bophelo bo Botle le ne le kgona ho fana ka tlhabollo bathong ba tetang 400 000 ba du lang ditereng tse tsheletseng tse mathokong a merafo Aforika Borwa.

TB ke le leng la mafu a ka sehloohong a bakang ho kula le ho shwa lefatseng ka bophara.

Kwano Aforika Borwa, TB e bolaya 80% ya batho ba nang le HIV, ebile e bolaya batho ba 120 000 selemo le selemo. Mmuso o batla ho fokotsa lenane lena hore le be katlase ho 20 000.

Ho rarolla phephetso ena, ngwahola ka kgwedi ya TB mutuso o thakgotse lenaneo le leholo la tlhabollo ya TB la dilemo tse tharo, le tshwanang le letsholo la HIV la tlhabollo ya maikutulo le diteko le thakgotsweng ka 2010, ho fokotsa lenane la ditshwaetso tse ntjha esitana le ho shwa ho amanang le tsona.

Re le mmoho re ka fedisa ho ata ha TB ka

ho etswa diteko le ho ithuta haholwanyane ka lefu lena.

Ke tsema dikeletso tse mmalwa tsa ho o thusa ho rua tsebo:

TB KE ENG?

TB ke lefu le bakwang ke dikokwanahloko tse hasakanang ho tloha mothong e mong ho ya he e mong di tsamaya ka moyo. Hangata TB e ama matshwafo, empa e ka nna ya ama ditho tse ding tsa mmele tse kang boko, dipho kapo mokokoto.

TB E HASAKANA HA JWANG?

Ha motho ya nang le TB a hohlolka, a thimola, a bua kapa a bina, dikokwanahloko tsa TB tse tlohang matshwafong di tswela moyeng. Dikokwanahloko tsa TB di ka phela haleletsana sebakeng se lefifi se kwetsweng mme di dule moyeng ka dihora tse ngatanyana. Dikokwanahloko tsena di ka kena ka ho hemba ho mang kapa mang ya hemang moyo oo, mme di bake tshwaetso.

TSHWAETSO YA TB E KA THIBELWA JWANG?

TB e ka thibelwa ka ho:

- kwaela molomo kapa nko ha o thimola kapa o hohlolka
- bula difenstere le mamati lapeng esita le diphaposing, dikerekeng, meahong le ditekesing moo ho nang le batho ba bangata
- ikwetlisa nako le nako
- ja dijo tse nang le phepo e ntle
- tlholha ho tsuba

- qoba ho nwa jwala
- ya tleiniking haeba o ile wa kopana le motho ya nang le TB kapa ha o na le matshwao a TB.

KE TLA TSEBA JWANG HORE KE NA LE TB?

E ka nna ya ba o na le TB haeba o na le leng la matshwao ana:

kapa o hohlolka

- ha o hohlolka ka nako ya dibeke tse pedi kapa ho feta
- ha o fufuelwa bosiu
- ha o theoha mmeleeng ka mokgwa o sa utlwisisheng
- ha o na le feberu.

NA TB E KA PHEKOLEHA?

Ehlide, TB e ka phekoleha haeba a alafiu wa skganya. O tshwanelo ho nwa dipidisi kapa meriana nako ya dikgwedi tse tsheletseng, bonnyane. Ho bohlokwa ho nwa meriana le dipidisi jwalokaha di kgothaleditswe, o be o di qete kaofela ha tsona.

HOBANENG HA MERIANA LE DIPIDISI DI TLAMEHA HO NOWA DIKGWEDI TSE TSHELETSENG TSE TLETSEGK?

Ke ka lebaka la hobane ho le boima hore kokwanahloko ya TB e shwe. Motswako wa meriana e mene e fapaneng o a sebedisa ho alafa lefu la TB, e le ho netefatsa hore dikokwanahloko tsohle tse ipatileng dithong tse fapaneng tsa mmele, dia shwa. Leha e le hore o tla qala ho ikutlwa o le betere mme le matshwao a hao a nyamele kamora dibeke tse

pedi o qadile ho nwa meriana kapa dipidisi, se ke wa phetsa ho nwa meriana. Haeba o ka phetsa ka potlako ho nwa meriana ya TB, o ka nna wa kula hape. O ka nna wa boela wa tshwarwa le ke mofuta wa TB o tla hanana le meriana e tlwaechileng e sebedisetswang ho a alafa (TB e sa Phekowleng ke Meriana e Fapafapaneng).

NA NKA SEBEDISA MERIANA YA SETHO HO PHEKOLA TB HA KE NTSE KE SEBEDISA MERIANA YA HO ALAFAB?

Tjhe, TB e ka tlameha ho sebedisa meriana ya setho mmoho le meriana ya TB, hobane sena se ka nna sa baka ditlamorao tse ding tse mpe kapa hona ho thibela meriana ya TB ho sebetsa hantle. Ho bohlokwa ho sebedisa meriana ya TB kamehla ka nako ya dikgwedi tse tsheletseng hore o phekolehe, mme o phetsa ho sebedisa meriana ya setho ha o ntse o nwa kalafo ya TB.

TB LE HIV

Batho ba nang le HIV ba kotsing e kgolwanyane ya ho ba le tshwaetso le lefu la TB. Haeba o na le HIV, o tlameha ho tlaleha matshwao a TB mme o kope ho etswa diteko tleiniking e haufi.

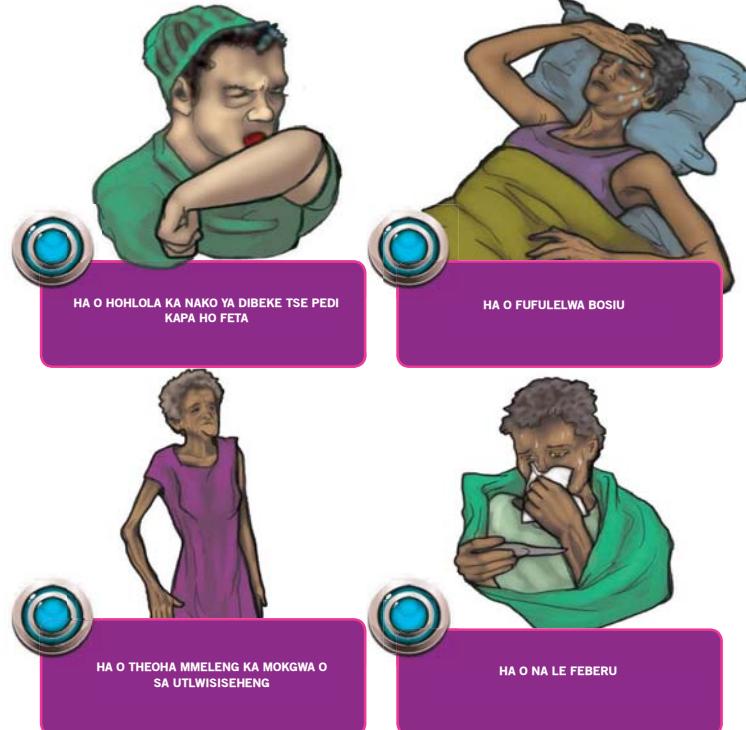
Haeba o na le TB ebile o na HIV, o ka nna wa qala ka ho fuwa phelko ya diantiritrovaerale ho skganya, ho ntlaftasa kamohelo ya meriana ya TB mmeleeng esitana le ho thibela ho shwa.

Haeba o se na TB, o ka nna wa qala ka ho fuwa kalafo e thibeling TB. Kalafo ena e tla o thusa ho thibela hore o se ke wa ba le lefu la TB. O tlameha ho etswa diteko tsa HIV mme o tsebe maemo a hao.

TSHWAETSO YA TB E KA THIBELWA JWANG?



KE TLA TSEBA JWANG HORE KE NA LE TB?



HA O BATLA HO TSEBA HAHOLWANYANE KA TB LE TB E SA PHEKOWLENG KE MERIANA E FAPAFAPANENG, IKOPANYE LE KANTORO YA NAHA KAPA YA PROFENSE YA BOPHELO BO BOTLE:

- Lenaneo la naha la taolo ya TB:
012 395 8815 / 8074
- Kapa Botjhabela
040 608 0814/1408
- Freistata
015 408 1429/1588

- Gauteng
011 355 3098
- KwaZulu-Natal
033 935 2918/2586
- Limpopo
015 290 9188

- Mpumalanga
013 766 3046
- Leboya Bophirima
018 387 1921/8
- Kapa Leboya
053 830 0529

- Kapa Bophirima
021 483 3647/5432