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Xitsonga/English

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**More houses
for Gauteng's
previously
disadvantaged**

Page 4



**Marula
plant
a first
for KZN**

Page 10

**JOBS
INSIDE**

Promoting nation building



Arts and Culture Minister Nathi Mthethwa lays a wreath at the Hector Pietersen Square in Soweto.

Stephen Timm

This year South Africa marks 22 years of freedom and as the country prepares to celebrate this milestone on 27 April, Minister of Arts and Culture Nathi Mthethwa has called on South Africans to focus on what unites us, rather than on what divides us.

With economic growth slowing, Minister Mthethwa pointed out that government is working hard to make the country a more attractive investment destination, adding that efforts are intensifying to deracialise the economy and promote social cohesion.

"Government has also appealed to everyone to favour what unites us over what divides us," he said.

To help improve relations between different communities, the Department of Arts and Culture has also been holding social cohesion debates, dialogues and community conversations throughout the year to encourage people to come together, discuss their differences and forge ahead with a common understanding of what it means to be South African.

By February, the department had held 33 community conversations on social cohesion and nation building. These covered important

aspects around nation building, including national identity, social interaction, active citizenship, volunteerism and human rights.

The idea for the conversations stems from the 2012 National Cohesion Summit held by the department on social cohesion and attended by various sectors of society. Those attending resolved that to deal with the divisions of the past, the government must help open avenues for dialogue.

GETTING COMMUNITIES INVOLVED

Minister Mthethwa said the dialogues aim to unlock opportunities for social cohesion, most of which can be found within communities themselves.

"The platform enables community members to identify the social, cultural and economic capital from within the community and how these could be harnessed to the benefit of all," he pointed out.

Recently, the department decided to change its approach to the community conversations, in a bid to ensure that these become more meaningful engagements.

In the new approach, which started last month, the department will get communities

> **Cont. page 2**

Municipal Elections to take place in August

Ongezwa Manyathi

President Jacob Zuma has announced that the 2016 Municipal Elections will be held on 3 August 2016. This means that all eligible voters can exercise their democratic right on this day.

The President encouraged all eligible voters, particularly the youth who would be voting for the first time, to register to be able to vote in the elections.

"We urge all those who are eligible to vote, register to vote and those who have not checked their names to do so, so that together we continue to re-affirm and deepen our democracy," said President Zuma.

The Independent Electoral Commission (IEC) said the announcement by the President allows for detailed planning by all stakeholders including the IEC, political parties, government departments, voters, the media, observers and others.

"The announcement of the election date is not the official proclamation of the Municipal Elections. This is scheduled to occur later and triggers the election timetable and a range of legislated events – including the official closure of the voters' roll for the elections," said the IEC.

The official closure of the voters' roll for the elections is 18 May 2016.

This means eligible voters can still register and update their registration and address details at their voting stations and at the IEC's local offices until the official proclamation.

Existing voters can check whether additional address information is required by SMSing their ID number to 32810 (at a cost of R1). They will receive an SMS with the name of the voting station where they are currently registered. Voters for whom incomplete address details are currently captured will receive a second SMS urging them to visit their voting station to update their details.

HOW TO CHECK YOUR VOTING STATUS

Voters can also check their status by dialing *120*432# or online: www.elections.org.za or call the Contact Centre on 0800 11 8000 between 7am and 9pm.

To register or to update registration and address details, voters must complete a REC1 voter registration application form and present it in person at the voting station for the voting district in which they ordinarily reside.

The form is also available online on: www.elections.org.za which voters can complete online, print a copy and bring it with them to their voting station.

Voters without formal addresses must complete and sign an affirmation form (REC AS) accompanying the REC 1 form in which they attest to the fact they live in the relevant voting district. In municipal elections voters may only vote where they are registered and voters are reminded that it is a criminal offence to knowingly register in a voting district in which they are not ordinarily resident.

How to find your correct voting station

- Call the Contact Centre on 0800 11 8000 between 7am and 9pm
- Dial *120*432#
- Use the Voting Station Finder App on www.elections.org.za

All those visiting a voting station should have with them a valid South African ID – either a green bar-coded ID book, a smartcard ID or a valid Temporary Identity Certificate.

* Additional information from the Independent Electoral Commission

ANGARHELO

Lokixi ra Kanana ri akeriwa tindlu tohlaya



Kwalomo ka 500 wa vaaki va le Hammanskraal va vuyeriwile hi phurojeke ya tindlu ya Ndzwawulo ya Matshameloy Vaaki eGauteng.

Albert Pule

Norho wa Lizzie Nhlapo wu humelerile. Muaki wa Kanana eHammanskraal wa malembe ya 69, n'walungu wa Pitor, hi wun'wana wa vaaki va 500 lava naga vuyeriwihhi phurojeke ya tindlu ta Ndzwawulo ya Matshameloy Vaaki Gauteng.

Phurojeke ya tindlu hi yin'wana ya xiphemu xa Ntirhisano, kungu ra Mfumo wa Xifundankulu xa Gauteng leri lavaka ku antswisa mphakelo wa vukorhokeri na ku endla leswaku vukorhokeri bya vaaki lebyi angulaka swilaveko swa vanhu.

Phurojeke a yi fikelerisanga tindlu leti lavakaka ntsena eka vaaki, kambe yi endlike mitirho eka vaaki va Kanana. Ku fikela namutlha, 216 wa vanhu vathoriwile. Eka lava, 80 wa vavanuna, 22 wa vamanana na 114 wa lavantshwa.

Manana Nhlapo u le pencenini loyi a tsham-

aka na vana va yena vambirhi na vantukulu va mune naswona tirthisa penceni ku hlayisa ndyangu yakwe. U tshamile eHammanskraal ku sukelo hi 2008, loko a suka eMpumalanga.

Malembe layo tala Manana Nhlapo a ri na norho wa ku va na yindlu naswona hi Nhlangula lembi leri nga hundza u rhrule ku ya tshama endlwini yakwe.

Khale a tshama emukhukhwini. Vutomi a byi tika hikuva a wu nga akiwanga ku tiyisela swiyimo hinkwaswo swa maxelo.

U vule leswaku hi mphuka a rhrhela laha endlwini a nga ha vileyi hi pfula na moyo wa matimba.

"Ku na ku hambana lokukulu, sweswi ha swikota ku swoek, hi tlela na ku hlambala kahle," a hlamusela, a ri karhi a kombetela yindlu yakwe yintshwa ya tikamara ta

mune.

Manana Nhlapo u khensile mfumo wa xifundankulu na ku vula leswaku u na ku tshembe leswaku wu ta ya emahlweni na ku cinca vutomi bya vaaki va Gauteng.



Hi ku tirhisana hi korhokela vaaki

Albert Pule

Malembe mambirhi lawa ya nga hundza, Mfumo wa Xifundankulu xa Gauteng (GPG) wu tumbuluxile xivumbeko xhlanganelo wa mphakelo wa vukorhokeri lowu xikongomelo xa kona ku ngeku cinca na ku antswisa vuhanlanisi exikarhi ka mfumo na vaaki.

Xikongomelo xa xivumbeko lexi vuyerwile Ntirhisano iku lava ku angula eka swilaveko swa vaaki hi ku hatlisa. Ntirhisano i rito wa Xitsonga leri vulaka ku thirhe swoin'we.

Xivumbeko i ntirhisano wa xivumbeko xa mphakelo wa vukorhokeri lowu lavaka ku antswisa mphakelo wa vukorhokeri bya mfumo na ku aka mphakelo wa vukorhokeri lowu gingirikaka eka swilaveko swa vaaki.

Wu lava ku nyika vaaki matimba na ku tiendele nhluvuko wa vona.

Ntirhisano wu yima hi tipuphu tinhurhu leti hlamlaka eka timhaka ta vaaki. Lulamisa swiphiqo swa mphakelo wa vukorhokeri na ku kurisa vaaki va Gauteng. Tipuphu leti i:

Hlamila: mfumo wu fanele wu hlamlila hi nkari swivilelo swa mphakelo wa vukorhokeri, hi ku tirthisa tiendele to burisana na ku ndlandlamuka ku hlamlila.

Swiyenge hinkwaswo swa mfumo swatirhisana ku hlamlila eka swiphiqo

Ntirhisano

We Care. We Act



swa vaaki. Mfumo wu laha vaaki va nga kona ku lulamisa swiphiqo hi voxle leswi vaaki va hlanganaka na swona.

Lulamisa: maendlelo ya GPG ya mphakelo wa vukorhokeri wu antswisiwile na ku cinca ku enetisa swilaveko swa vaaki.

Ku ya emahlweni ka vuheri swityisisa leswaku tipupheke ta mphakelo wa vukorhokeri ti hetiwa hi nkari na ku fikelerisawa eka vaaki lava faneleke.

Ku ngenelela ku endliwa laha ku ngeku mitlimbo ya mphakelo wa vukorhokeri etitiliniki, swibedlehe na tipupheke ta tindlu.

Tanihi mfumo lowu gingirikaka, matimba ya ku angula hi xihatla ya kha ya antswisiwa ku susa mitlimbo ya swiphiqo swa mphakelo wa vukorhokeri na ku lulamisa swivilelo swa vaaki, hi Ntirhisano.

Ku Kula: Mfumo wu tirhisana na vaaki ku

na tipuprogireme eka tindhawu ta vona eka xiyenge xihi na xihi xa mfumo. Ndlela yo kuma swintshuxo yi nyika na lesu landzelaka:

- Vaaki va nga tsarisa swikombelo swa vukorhokeri swintshuxa eka hlengelatano yo kuma swintshuxo ya Ntirhisano. Leswi swikatsa vukorhokeri byihi na byihi lebyi munhu, ndyangu kumbe vaaki va byi lavaka eka xiyenge xihi na xihi xa mfumo.
- Vaaki va nga tirthisa hlengelatano ya ku kuma swintshuxo ku tsarisa swivilelo sa mphakelo wa vukorhokeri tanihu mbuyelo wa ku tsandzeka ka xiyenge xihi na xihi xa mfumo.
- Vaaki va tava na mfikelo eka mfumo hi Vatirhela Vaaki lava nga ta endzela mindyangu kan'wi hi n'hweti.
- Vaaki vafanele ku sindzisa ku kuma nomboro ya xivilelo eka swikombelo swa vukorhokeri na swivilelo swa mphakelo wa vukorhokeri leswi va swi tsarisaka eka nhlengeletano yo kuma swintshuxo.

Loko u lava vuxokoxoko hi xitalo bela riqincho eka: Nomboro ya Ntirhisano: 08600 11000 kumbe endzela: www.gautengonline.gov.za

Hikwerhu hi nga swikota ku yimisa ku hangalaka ka TB

Noluthando Mkhize na Ongezwa Manyathi

Afrika-Dzonga ri tlavile magoza lamakulu eka phurogireme ya vutshunguri na ku TB eka malembe ya ntlanu lawa ya hundzeke naswona ku sukela loko ku simekwieku ku tsundzuxa ka ku kambela TB loko angarhela.

Pfhumba ta ku kambela lerikulu ra TB, leri simekiwehi Xandla xa Phresidente Cyril Ramaphosa, ri kumile ku humelula ka kahle ngopfungupu eka tisenthara ta makhotso na le ka vaaki va le migodini.

Ku fikela hi N'wendzamhala 2015, Ndzwawulo ya Tiko eka Rihanyo iyi kote ku fikelerisa ku kambela eka ku tlula 400 000 wa vanhu lava tshamaka eka migodi ya tsevu ya le ka miganga ya Afrika-Dzonga.

Vuvabiyi bya rifuva hi byin'wana bya mavabyi lamakulu lava ya vabyisaka na mafu emisaveni hinkwayo.

TB yi dlaya 80 phesente wa MaAfrika-Dzonga wa vanhu lava nga na HIV, naswona byi koxa vutomi bya 120 000 hi lembe. Mtumo wu lava ku hunguta nhlayo leyi ku fika ehansi ka 20 000.

Ku lulamisa ntlhotlo lowu, lembe leri nga hunda hi n'hweti ya TB mfumo wu simekile kungu lerikulu ra malembe manharu ya phurogireme ya ku kambela, leyi fanaka na ya ku tsundzuxa na ku kambela ya HIV leyi nga hangalasiwa hi 2010, ku hunguta nhlayo ya lava tluletiwaka na mafu lava fambelenaka na wona.

Hinkwerhu hi nga swikota ku yimisa ku hangalaka ka TB hi ku kamberiwa na ku tiva swotala hi vuvabiyi.

Leswi i switsundzuxo switsongo leswi nga ku pfunka:

XANA TB I NCINI?

TB i vuvabiyi lebyi vangiwaka hi switsongatsong-wani leswi tlulelaka ku suka eka munhu wun'wana ku ya eka wun'wana hi moyo. TB hi mikarhi yo tala yi hlasela mahahu, kambe yi nga khumba swirho swin'wana emirini, ku fana na byongo, tinswu kumbe hlana.

XANA TB YI TLULELA NJHANI?

Loko munhu a ri na TB ya mahahu a khohlol, etshemula, vulavula kumbe a yimbeline, switsong-watsongwani swa TB emahahwini swa humesiwa swi famba emoyeni. Switsongwatsongwani swa TB swikota ku hanya nkarhi wo leha laha swi nga pfaleriwa na ku tshama emoyeni tiawara tohlaya. Switsongwatsongwani leswi swi nga hefemuriwa hi munhu wihi kumbe wihi loyi a hemfemulaka moyo wolowo na ku khomowihi hi vuvabiyi.

XANA KU TLULELA KA TB SWI NGA SIVERIWA NJHANI?

TB yi nga siveriwa hi ku:

- pfala nomo na nhopfu loko u etshemula na loko u khohlol
- ku pfula mafasitere na mavanti ekaya na le ka tindlu leti nga tala vanhu, tikereke, miako na le mathekisini
- tiolola hi mikarhi
- dya swakudywa swa rihanyo lerinene

- tshika ku dzaha
- papalata byalwa
- endzela tliliniki loko ku ri a wu ri na munhu loyi a nga na TB kumbe swikombo swin'wana swa TB.

XANA NDZI SWITIVA NJHANI LESWAKU NDZI NA TB?

U nga va na TB loko u ri na swikombo swin'wana eka leswi landzelaka:

- Ku khohlolka mavhiki mambirhi kumbe ku tlula
- Ku juluka na vusiku
- Ku hatla u ondza loku nga twisiseki
- Ku khoma hi mthuthumelo

XANA TB YA NTSHUNGELAKA?

Ina, TB ya ntshunguleka loko yi sungule ku tshunguriga Kahari na nkarhi. U fanele ku dya mirhi tsevu wa tin'hweti ntsena. I swa nkoka leswaku u dya mirhi hilaha u lerisiwaka ha kona ku fikela loko u hetile.

HIKWALAHOKA YINI U FANELE KU DYA MAPHLISI TIN'HWETI HINKWATO TO TA TSEVU HI KU HETISEKA?

Xivangelo i mhaka ya leswaku xitsongwatsongwani xa TB swa tika ku xi dlaya. Mirhi ya mune yo hambana ya tirthisa ku tshungula TB ku tityisa leswaku switsongwatsongwani leswi tumbeleke eswirhweni swa hambana swa dlayiwa. Ham-bileswi u nta ta tiwa u antswa na swikombo swi ta sungula ku antswa endzhaku ka mavhiki mambirhi

ya loko u sungule vutshunguri. Loko wo tshika ku dya mirhi ya xi hatala, u nga sungula ku vabya namakbe. U nga tlhela u khomowihi hi TB leyi nga tshungulekehi hi mirhi ya tolovel (TB Leyi nga Tshungulekehi hi Swidzidzihari).

NDZI NGA TIRHISA MIRHI YA XINTU KU TSHUNGULA TB XIKAN'WE NA LOKO NDZI RI EKA VUTSHUNGURI BYA TB?

Hayi, a wu fanelanga ku tirthisa mirhi ya xintu xikan'we na mirhi ya TB hikuva leswi swi nga va nga switandzaku kumbe ku sivila mirhi ya TB ku ri yi tirtha kahle. I swa nkoka leswaku u dya mirhi ya wena ya TB hi masiku eka tin'hweti ta tsevu ku ri u ta tshunguleka, na ku yima ku tirthisa mirhi ya xintu loko u tirthisa vutshunguri bya TB.

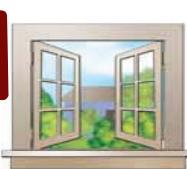
TB NA HIV

Vanhu lava hanyakana ni HIV va le khombyeni swineke ku va va nga khomowihi hi TB kumbe ku vabya. Loko u ri na HIV u fanele u vika swikombo swa TB na ku kombela ku kamberiwa eka tliliniki ya le kusuh. Loko u ri na TB, na ku va na HIV u nga sungula vutshunguri byo atirhetirovayirali hi xihatla ku antswa ku angula eka mirhi ya TB na ku sivila rifu. Loko u ri hava TB, u nga sungula vutshunguri byo sivila TB. Vutshunguri bya ta ku pfuna ku sivila ku ri u khoma hi vuvabiyi bya TB. U fanele ku kamberiwa HIV na ku tiva xiyimo xa wena.

XANA KU TLULELA KA TB SWI NGA SIVERIWA NJHANI?



SIVA NOMO WA WENA HI LE NDZENI KA XIKOKOLA KUMBE HI THYKU LOKO U KOHOLOLA KUMBE LOKO U HETSHEMULA.



PFULA MAFASITERE NA MAVANTI LESWAKU MOYA WO TENGA WU HUNGA KAHLE.



U NGA TSHWUTELI EHANSI, TIRHISA THIXU NASWONA YI CUKUMETI EDASIBININI.



HLAMBA SWANDLA HI MIKARHI NA MIKARHI HI XISIBI NA MATI

XANA NDZI SWITIVA NJHANI LESWAKU NDZI NA TB?



KU KOHOLOLA MAVHIKI MAMBIRHI KUMBE KU TLULA



KU JULUKA NA VUSIKU



KU HATLA U ONDZA LOKU NGA TWISISEKI



KU HISKA MIRI

KU KUMA VUXOKOXOKO HI TB NA XIDZIDZIHARIKO XO LWA NA TB TIHLANGANISI NA TIHFISINKULU YA RIHANYO YA TIKO NA SWIFUNDZANKULU:

- Phurogireme ya vulawuri bya TB etikweni:
012 395 8815 / 8074
- Kapa-Vuxa
040 608 0814/1408
- Free State

- 015 408 1429/1588
- Gauteng
011 355 3098
- KwaZulu-Natal
033 935 2918/2586

- Limpopo
015 290 9188
- Mpumalanga
013 766 3046
- N'walungu-Vupeladyambu

- 018 387 1921/8
- Kapa-N'walungu
053 830 0529
- Kapa-Vupeladyambu
021 483 3647/5432