

Vuk'uzenzele



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Mahlangu showcases Ndebele heritage to the world

DESPITE HAVING no formal education, iconic Ndebele artist Esther Mahlangu has gained international fame, thanks to the passion she has for her heritage.

More Matshediso

Dr Esther Mahlangu (82) is the perfect embodiment of what can be achieved by embracing your heritage.

Mahlangu is known all over the world as the South African artist from the Ndebele nation who uses her contemporary painting style to represent amaNdebele.

Her work has been featured by various local and international brands such as BMW, Honda, British Airways, Albany and Tastic rice, to mention a few. It has also been showcased in many art exhibitions across the globe.

Vuk'uzenzele visited her home near Mthambothini in Mpumalanga to speak to her about the importance of embracing heritage and culture.

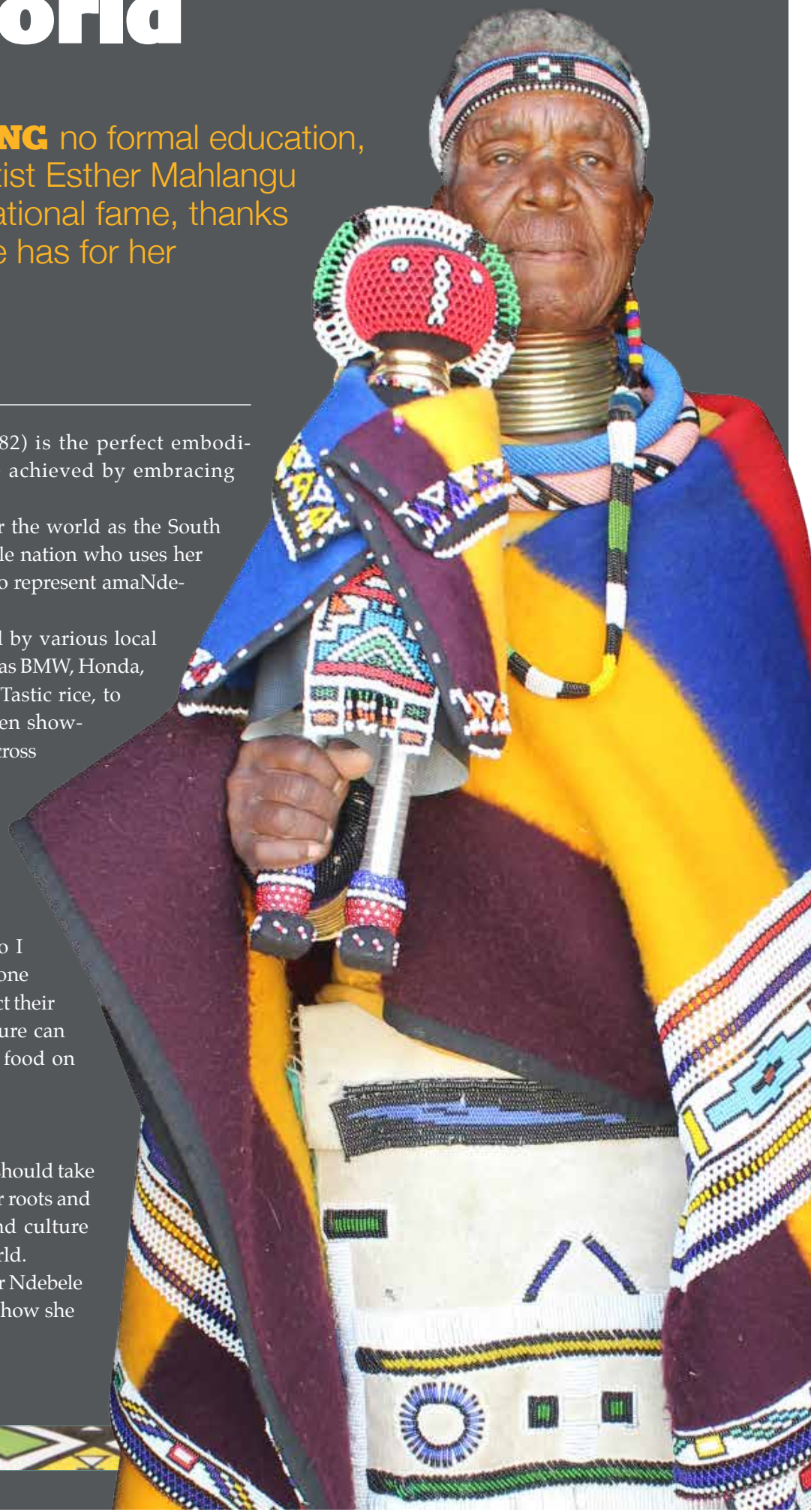
"My heritage is part of who I am. It is important for everyone to love who they are and respect their culture. Respecting your culture can take you places and also put food on your table," she said.

Youth and heritage

Mahlangu said young people should take it from her that sticking to their roots and embracing their traditions and culture could be their ticket to the world.

She has proudly embraced her Ndebele culture throughout her life, in how she

● **Cont. page 2**



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Page 4



Crushing fruits for a healthier business

Page 6



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Go ngwadiša manyalo a setšo go šireletša malapa

Dale Hes

Mo Afrika Borwa, manyalo a setšo ke karolo ye e amogelwago ya ditšo le bohwa.

Le ge go le bjalo, go bohlokwa go lemoga gore manyalo a a swanetše go sepetšwa ka toka le semolao, gore ditokelo tša monna le mosadi di šireletšege.

Molaodi wa tša molao wa Khomišene ya Tekatekano go ya ka Bong, Marissa van Niekerk, o hlaloša manyalo a setšo le dintlha tše bohlokwa tšeo batho ba swanetšego go di tseba.

Vuk: Manyalo a setšo ke eng?

MvN: Manyalo a setšo a dirwa go ya ka ditlwaelo le ditirišo tšeo di latelwago ka setšo ke maAfrika Borwa.

Vuk: Manyalo a a swanetše go latela melao efe?

MvN: Manyalo a setšo a laolwa ke Molao wa Temogo ya Manyalo a Setšo, Molao wa 120 wa 1998. Dinyakwa tše di late-lago di swanetše go fihlelelwa:

Batho ba babedi ba swanetše go dumela gore ba a nyalana.



Banyalani ba babedi ba swanetše go ba mengwaga ya ka godimo ga ye 18, ka ntle le ge batswadi goba bahlokamedi ba semolao ba neelana ka tumelelo ge yo mongwe goba banyalani ba babedi e le ba bannyane. Lenyalo le swanetše go ngwadišwa Kgorong ya Merero ya Selegae mo dikgweding tše tharo go šireletša dikgahlego tša

banyalani, bana le maloko a lapa ge go e ba le tlhalano goba lehu.

Ge lenyalo le ngwadišwa, banyalani ba swanetše go neelana ka dikhophi tša ditokomane tša bona tša boitsebišo, le kwano ya magadi (ge e le gona). Go swanetše go ba le hlatse e tee go tšwa lapeng le lengwe le le lengwe.

Monna yo a nyetšego a

nyaka go tsena lenyalong la bobedi le mosadi o mongwe o swanetše go dira kgorotshoko. Batho bao ba lego ka manyalong a semmušo ba kase tsene manyalong a setšo.

Molao wa Temogo ya Manyalo a Setšo o laetša gore batho bao ba nyalanego ba na le ditokelo tša go lekana bjalo ka monna le mosadi.

Vuk: Manyalo a setšo a ka ba

le mathata afe?

MvN: Go se ngwadišwe ga manyalo go hlola mathata a magolo. Ngwadišo e neelana ka bohlatse bja gore lenyalo le gona, gomme go boima go hlatsela gore lenyalo leo le sego la ngwadišwa le gona. Se se tlo ama bokgoni bja kgorotshoko bja go šireletša ditokelo ša banyalani ge ba hlalana, bohwa bja dithoto tša mohu le ditokelo tša bana le maloko a lapa.

Taba ye nngwe ya go kgonega ke gore banyalani lenyalong la setšo gantši ba gakantšha tlhalano le karogano. Go bohlokwa go laetša gore ke kgoro ya tsheko ye e lego tikologong fela ye e ka neelanago ka tlhalo. Banyalani bao ba aroganago ka tsela ye e sego ya semolao ba ka se holwe ke melao ya semolao ya go laola phetšo ya lenyalo. **V**

Go hwetša tshedimošo ka botlalo ka taba ye leletša Khomišene ya Tekatekano go ya ka Bong nomorong ye 0800 007 709.

Mmušo o neelana ka kimollo malapeng

Dale Hes

Ka lebaka la ditheko tše di hlatlogago kudu tša dilo, mmušo o šoma ka maatla go fokotša boima bja go hlolwa ke dilo tša go tura go batho ba Afrika Borwa, ka go se nameletše lekgetho la dilo tše dingwe tša go rekišwa.

Go se nameletše lekgetho la dilo tše di-

ngwe tše rekišwago go dirile gore go tšentshiwe mošomong go imolla malapa a ditseno tša tlase, ao a dirišago bogolo bja ditseno go dithoto tša ka lapeng.

Go se nameletše lekgetho la dilo tše dingwe tše rekišwago go bolela gore dilo tše dingwe tše rekišwago ga di na 15% ya Motšhelo wa Tlaleletšo (VAT) go tšona. Maikemišetšo a tšona ke go thuša maAfrika Borwa go boloka tšhelete.

Gonale dijo tšamotheo tše 19 tša go se be le VAT go tšona gomme di akaretša mafela, setampa, raese, borotho bjo botsootho, dienywa, merogo, thapi ya thini le mae.

Go tlaleletša, dilo tše bjalo ka tisele, petorolo le pharafene le ditirelo tše itšego go akaretšwa le madulo a go hirišwa, dinamelwa tša go sepela seporong le tseleng le ditirelo tša thuto, ga di lefelwe VAT.

Ka Dibokwana mmušo o tsebišitše gore o tlo oketša VAT go tloga go 14% go ya go 15%.

Mmušo o lemogile gape le gore malapa a go hloka a tlo goga boima kudu tšheleteng.

Go nolofatša ditshenyagalelo bophelong, Tona ya tša Matlotlo Nhlanhla Nene o kgethile phanele ye e tlo tšweletšago ditshwayatshwayo gore ke dilo tše dife tše dingwe tšeo go ka se nameletšwego lekgetho go tšona.

Morago ga dinyakišišo tša go tsenelela le go nyaka maikutlo a setšhaba, phanele e šišintše gore dilo tše late-lago di tlaleletše tše setšego di le gona lenaneong. Dilo tše di akaretša;

- Borotho bjo bošweu
- Folouru ya borotho
- Folouru ya dikuku
- Ditšweletšwa tša letlhapo la basadi
- Yunifomo ya sekolo
- Mengato

Phanele e hlohleleditše gape le Ofisi ya Matlotlo ya Bosetšhaba go kgonthiša gore dikholo ka moka tša go se nameletše lekgetho la dilo tše dingwe tše rekišwago di ya go bareki e sego batšweletšing.

Phanele e šišinya gape gore go be le ditsela tše dingwe tša go thuša malapa a go hloka, ka go matlafatša mananeo a mmušo a go swana le thekgo ya dijo, go neelana mahala ka ditšweletšwa tša letlhapo la basadi le mphywa-



fela wa leago bjalo ka dikarolo tšeo mmušo o ka oketšago ditshenyagalelo go tšona.

Tona Nene o boletše polelong ya gagwe ya tekanyetšo gore mmušo wa gagwe o tlo šoma go kgonthiša gore ba go hloka kudu ga ba gobatšwe kudu ke go nameletšwa ga tekanyo ya VAT. **V**

Sithibe o phela bophelo bja gagwe ka botlalo a na le bohwehle



■ Lerato Sithibe o etile pele lesolo la temošo ya bohwehle.

Galoome Shopane

Lerato Sithibe ke mosadi wo a phelago ka bohwehle. O ikgantšha ka se e lego sona gomme ga a dumelele dikgopolotee tše dimpe go mo iša fase.

“Go bohlokwa go batho ba go swana le nna gore ba se dumelele batho ba bangwe go ba bea fase. Eba se o lego sona ka boikgantšho ka gobane o bopilwe gabotse ka mokgwa wo o lego ka gona,” a realo.

Sithibe (28) wa Kroonstad kua Foreisetata, o hlaloša gore seemo sa gagwe ke leabela fao motho a nago le phikimente ya melanin ye e fokotšegilego mo letlalong, meriring, le/goba mahlong.

“Ga re dihlare goba batho bašele bao batho ba naganago gore re bona. Re batho go

swana le mang le mang.”

Sithibe ke moetapele mo mererong ye mentši. Ke mmasebotsana yo a phelago a diriša moaparo wa sebjaalebale go dira temošo ka ga bohwehle gape o lwela batho ba gose itekanele mebeleng kua Foreisetata.

“Ga se rena dihlare bjalo ka ge batho ba nagana. Re batho go swana le mang le mang.”

O re o gotše ka lapeng leo le sa kago la mo dira gore a ikwe a fapane goba a sa ratwe gabotse ka lebaka la ge a na le bohwehle.

“Ke be ke sa kwešiše gore ke ka

lebaka la eng letlalo la ka le fapane le la batho ba bangwe, ke ka lebaka la eng ka mehla ge ke le ka ntle batho ba mpitšha ka maina a šele ebile ba ntebelela kudu ka fao e kego ke motho o šele.”

Bošola bjo bo tswalantšwego le bohwehle bo dirile gore Sithibe a leboge batswadi ba gagwe le go feta, le go ba leboga ka go mo dira mosadi wa go tia wa go ba le boitshepo le hono.

Tše dingwetša tša diphihlelelo tše Sithibe a ikgantšhago ka tšona di akaretša sefoka sa *Miss Free State Albinism 2018* le go kgethwa go ba yo mongwe wa ba mafelelo go *Face of Free State Fashion Week 2018*.

Bjalo ka ge Lewedi e le Kgwedi ya Temošo ya Bohwehle, Sithibe o rile o tlo thabela go bona batho ba go ba le bohwehle ba bantši ba etšwa ba dira dilo tše dikgolo intastering ya bommasebotsana le dikarolong tše dingwe. ■

Batho ba go ba le bohwehle ba ka ihlokomela bjang?

- O se be letšatšing ka nako ya ge mahlesedi a letšatši a matlafetše (magareng ga 9:00 mesong le 3:00 mathapama).
- Aparo diaparo tša go šireletša mmele letšatšing, mengatse ya letšatši ye mephara, dihempe tša go ba le melala le matsogo a matelele.
- Tlola ka *sunscreen* dikarolong ka moka tša mmele tše di tlo bago letšatšing, bonnyane SPF 30 gomme o e tlole diiri tše dingwe le tše dingwe tše pedi ge o le letšatšing.
- Etela ngaka ya gago kgafetša kgafetša gomme o lekolwe mahlo le letlalo.
- Aparo digalase tša letšatši ge o le letšatšing.

Closed clinic transformed into pre-school

Dale Hes

The old Newlands Clinic in Cape Town has been given a new lease on life, after being converted into a pre-primary school that caters to 125 children between the ages of three and six.

The Western Cape Government saw the opportunity to give the children of Barkly House Pre-Primary School a better learning environment, converting the closed-down Newlands Clinic into new premises for a school, at a cost of R10.2 million.

Facilities at the converted and modernised new building include five classrooms, a science block, a music room and aftercare facilities.

The Western Cape Department of Transport and Public Works called on award-win-



■ From left to right. Architect Rahdia Parker; Barkly House principal Jeni Reid, Western Cape Education Minister Debbie Schafer and Western Cape Transport and Public Works Minister Donald Grant with some of the pre-school children.

ning female architect Rahdia Katieb Parker to lead the transformation.

Parker is the co-founder of Archi.CapeTown, a 100 percent black and female owned company which focuses on community and education projects.

Parker said that the project was based around giving children a positive first experience of school.

“It was important that, during the design of Barkly House, positive experiences were established, to give chil-

dren a sense of safety, freedom, exploration and connection to landscape,” said Parker.

“The school was designed to promote good mental, physical and emotional wellbeing while learning. I believe that the school sets new standards

for learning that the Department of Education can be proud to promote,” Parker added.

During the past years Parker has been closely involved with the education sector of the Western Cape. In 2012, she initiated a project to address overcrowding in schools. The project has since placed 950 schools in 200 locations around the province.

Barkly House Pre-Primary principal Jeni Reid, said that the new building has greatly improved the learning environment for the children.

“It has been wonderful to be a part of the process and we are loving the new environment. We have more space and better facilities. We have also been able to increase our pupil numbers from 75 to 125, and we already have a long waiting list for the future,” said Reid. ■

Birds eye view of Soweto for Tourists

WHEN INNOVATION meets excitement a lucrative aviation company takes to the skies.

More Matshediso

Wiseman Ntombela has a passion for Soweto's blue skies which has driven him to open his own tourism aviation company called Fly SA Wise.

Ntombela was concerned that tourists frequent Soweto a township in Gauteng, but never get to see the whole township only spending time on Vilakazi Street where the house of the late former President Mandela is situated.

He did research on how he could get visitors to see the whole township within a short space of time, and the only solution was a helicopter.

"I started having talks with helicopter and aviation companies and they agreed that this is a good idea," he said.

In 2016, Fly SA Wise became

operational offering visitors a bird's view of the iconic township with a cost of R250 for a 15 minutes helicopter ride.

"We have different prices depending on the experience that the client requires. Apart from flying over Soweto, we also fly our clients to Kruger National Park and the Mandela Museum in the Eastern Cape," he added.

Over the years the company has expanded on services that it renders and it now flies clients to different places for breakfast and lunch.

The company has also collaborated with other companies that offer experiences such as air balloon, sky diving, and private game reserves.

In order to promote South Africa to the world, the company also uses technology to livestream experiences of its clients, sharing this on different social media platforms. "This enables



■ Fly SA Wise Managing Director Wiseman Ntombela is excited about flying tourists all over Soweto.

people in different countries to see what the tourists are experiencing in South Africa and in a way we are taking South Africa

to the world," said Ntombela. This company which has also created four permanent jobs and ten casual also won

R200 000 during the 2018 Gauteng Township Entrepreneur Awards for tourism innovation. ■

Tše o swanetšego go di tseba ka ga go thoma B&B

Dale Hes

Onyaka go dira ditse-no ka go nea baeti marobalo, go ba fa bodulo bjo bokaonekaone ka mo go kgonegago ge ba etetše karolo ya gago? Ditlhamo tša Bed and breakfast (B&B) ke tše dingwe tša ditsela tša go putsa gore o be mong wa kgwebo intastering ya tša boeti.

Fa ke tšohle tše go hlokegago gore o di tsebe gore o thome B&B ya gago.

Naa B&B ke eng?

Go ya ka Lekgotla la go Hlophiša tša Boeti la Afrika Borwa di-B&B di neelana ka bodulo bjo e sego bja semmušo le tirelo ya go ba le magomo ye e abiwago ka legaeng.

Phapoši ye nngwe le ye nngwe e swanetše go ba le didirišwa tša yona tša phapošibotlhapelo, gomme tefo ya



difihlolo e swanetše go akaretšwa tefong ya bodulo. Godimo ga se, phapoši e swanetše go hlokomelwa letšatši le lengwe le le lengwe ge moeti a le fao.

B&B e swanetše go ba le diphapošiborobalo tša baeti tše tharo fela bontši. Ge o na le diphapoši tša baeti tša go

feta palo ye, kgwebo ya gago e swanetše go bitšwa ntlo ya baeti.

Ke dikgato dife tše o swanetšego go di tšea gore o thome B&B ya gago?

Kgato ya mathomo ye o swanetšego go e tšea ke go ya go masepala wa selegae

go dira kgopelo ya tumelelo ya tirišo ya lefelo gore o diriše motse wa gago bjalo ka kgwebo ya marobalo. O ka hloka go hwetša tumelelo go baagišane ba gago, le go bontšha ditsebišo gore o tsebiše setšhaba, ge eba ba ka nyaka go ganana le seo.

Ge o hweditšha tumelelo mmasepaleng, o tlo swanela go obamela dinyakwa tša semolao tše itšego.

Dilo tša bohlokwa tše di swanetšego go elwa hloko

Lefelo – Lefelo la gago la malao le difihlolo le bohlokwa kudu.

Ge o dula karolong ya gose tanye baeti, go tlo ba bothata gore kgwebo ya gago e atlege. **Ditšhelete** – Kgwebo ya boeti e šoma ka dihla, gomme o tlo swanela go ba le tšhelete ye e lekanego gore o e diriše ka nako ye kgwebo e nanyago.

Mokgwa wa go phela o moswa

– Mokgwa wa gago wa go phe-la o tlo fetoga kudu ge o eba le B&B. Gantši o tlo swanela go tsoaga ka pela gomme wa robala mašego, gape o tlo swanela go itlwaetša go ba le baeti ka lapeng la gago. O tlo swanela le go šetša tlhokomelo ya lefelo la gago le go kgotsofatša baeti ba gago ka dinako tšohle.

Go bapatša B&B ya gago – Intasteri ya marobalo e na le phenkgišano ye kgolo, gomme o tlo swanela go beeletša nako le tšhelete go bapatšeng B&B ya gago. O tlo swanela go naganana ka ditsela tša boitlhamelo tša go bapatša kgwebo ya gago. ■

Go hwetša tshedimošo ka botlalo leletša Lekgotla la go Hlophiša tša Boeti la Afrika Borwa go 011 895 3000.