

Vuk'uzenzele



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COVID-19 corruption to be stamped out

A NEW CORONAVIRUS anti-corruption centre will urgently investigate allegations of corruption in areas such as the distribution of food parcels, social relief grants, the procurement of medical supplies and personal protective equipment.

Cathy Grosvenor

Tough action is being taken against criminals and greedy government officials who have stolen either goods or money intended for government's Coronavirus (COVID-19) response. Public servants who buy goods or services at inflated prices from friends or family members, who award tenders only if they get money in their pocket and who help themselves to food parcels are hampering the efforts of government to curb the spread of the infection

and protect the poor from the effects of the lockdown.

This also applies to companies and individuals who make fraudulent Unemployment Insurance Fund (UIF) claims. This was according to President Cyril Ramaphosa when addressing the nation recently.

The President added that fake non-profit organisations have even been created by people wanting to illegally get their hands-on government funding. He explained that in April, government had announced a historic R500 billion social relief and economic support package to fight the Coronavirus and assist businesses, workers and households.

"But what concerns me, and what concerns all South Africans, are those instances where funds are stolen, where

they are misused, where goods are overpriced, where food parcels are diverted from needy households – where there is corruption and mismanagement of public funds," says the President.

New anti-corruption centre

President Ramaphosa says government will not tolerate this, which is why a new anti-corruption centre has been established. It brings together nine state institutions, namely: the Financial Intelligence Centre, the Independent Police Investigative Directorate, the National Prosecuting Authority, the Hawks, Crime Intelligence and the SAPS Detective

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Go keteka basadi ka go dira ikonomi e botlhe ba nang le seabe mo go yona

Ka kgwedi ya Phatwe Aforika Borwa e keteka Kgweedi ya Basadi. Mokete ono ke segopotso sa letsatsi la ngwaga wa 1956 mo basadi ba le 20 000 ba neng ba bolotsa mogwanto go leba kwa Union Buildings – mo matšhwititšhwiti a basadi ba dipuo tse dintsi tse di farologaneng, go tswa kwa mafelong a a farologaneng le mo merafeng ka go farologana ba neng ba le gone. Ba ne ba kopane foo ka lentswe le le lengwe ba batla gore molao o o setlhogwa go kaila ka dipasa o fedisiwe mmogo le gore ba neelwe ditshwanelo tsa go tshela mo kgololesegong.

Maemo a basadi mo motsing ono mo nageng ya Aforika Borwa a farologane thata le a bomme le bonkoko ba rona mo motsing wa 1956. Re tswa kgakala go iponela Aforika Borwa yo a senang tlhaolo go ya ka mmala, yo a senang tlhaolo go ya ka bong, yo a renang ka temokerasi, yo a humileng e bile a rena ka kgololesegong.

Go setse go nnile le kgatelopele e e bonagalang mo go tokafatseng matshelo a basadi ba maAforika Borwa mo maemong a ikonomi, a dipolotiki le mo matselong a bona.

Le fa go le jalo re itse sentle gore kgakala e santse e le ko re lebileng gone. Basadi ba santse ba tobana le ditiragalo tsa go tlhaolwa, go tlhokofadiwa mo maikutlong le tsa go otlakakiwa, e bile ke bona gape ba ba tobaneng le khumanego e e seng kana ka sepe.

Fa tota re batla go fitlhelela ditsholofetso tse di leng mo Molaotheong wa rona re tshwanetse go samagana le dikgato tse di dirang gore basadi ba se kgone go itirela letseno le ditšhelete tse di dirang gore ba iphitlhele ba itshoketse go bogisiwa.

Ga jaanong re tsenetse letsholo le le botlhokwa thata le re le golaganyang le matsapa a a tsewang gore re kgone go fitlhelela tekatekano mo bathong ba bong jo bo sa tshwaneng mongwageng wa 2030. Setšhaba sa Batho

ba ba Lekalekanang ke mogopolo o o nang le diphisegelo tse di namagadi tsa go fetola maemo le go fedisa tlhaolele le tirisodikgoka mo bathong ba bomme gore le bone ba nne le seabe mo mererong ya dipolotiki, loago le ikonomi go tshwana fela le batho ba bangwe.

Jaaka e le karolo ya letsholo leno, re tsenetse 'Matsholo a Tirisanomogogo' a le mabedi, le le lengwe le mabapi le bosiamisi mo mererong ya ikonomi le mo ditshwanelong fa le lengwe le le mabapi le go ema kगतलhanong le tirisodikgoka e e totileng batho ba bong jo bo rileng (GBV). Bobedi jwa meano eno e botlhokwa mo mogopolong wa naga ya rona.

E setse e le dikgwedi di le 11 fa e sale re tsenya tirisong Leanotiro la Tsibogelo ya Maemo a Tshoganyetso la go lwantshana le Tirisodikgoka e e Totileng Batho ba Bong jo bo Rileng le Dipolao tsa Basadi (GBVF) mme re setse re dirile kgatelopele mo go atoloseng tshegetso le tlhokomelo ya batswasetlhabelo, mme go na le kgatelopele e e setseng e diriwa mo go baakanyeng melao gore ba kgone go bona pabalesego e kgolo.

Mo kgwedeng ya Phatwe, re simolotse go tsenyatirisong Leanotlhomola Naga la go mekamekana le GBVF.

Karolo e e botlhokwa ya leano leno ke go netefatsa gore basadi ka bantsi ba neelwa ditšhono tsa matlole. Seno ke ka ntlha ya gore go tlhoka tekatekano mo maemong a ikonomi mmogo le go tlhoka tekatekano mo maemong a loago ke dilo tse di golaganeng. Maemo a go tlhoka ga basadi mo nageng ya Aforika Borwa a dira gore ba iphitlhele ba itshoketse go bogisiwa. Ka jalo re tshwanetse go tlhatlosa tshegetso ya basadi go ba kgontsha gore ba itirele madi a bona. Re setse re tlhomile maikemisetso a le mantsinyana ka letsholo la Setšhaba sa Batho ba ba Lekalekanang a a tla tsenngwang tirisong ka Leanotlhomola la Naga.

Sa ntlha, re tla tsenyeletsa basadi go nna le seabe mo ikonoming ka go ba neela dithendara. Re beile dipeelo

tsa gore bonnye 40% ya ditlamo tse di reboletwang dithendara tsa go tlamela ditheo tsa puso ka ditlhagisiwa kgotsa ka ditirelo e nne tse di leng ka fa tlase ga taolo ya basadi.

Sa bobedi, re tla tlhatlosa tshegetso ya Dikgwebopotlana, tsa mo Magareng le tse Dikgolwane (di-SMME) tse di laolwang ke basadi mmogo le dikgwebo tsa mo mebileng tse di laolwang ke basadi kgotsa tsa basadi bao ba sa direng. Tshegetso eno e tla tsenyeletsa dikgato tsa go buisana le makala a matlole go dira gore go nne le ditirelo tsa matlole tseo basadi bano ba ka di fitlhelelang mmogo le go di duelela.

Sa boraro, re batla go netefatsa gore basadi ba bantsi ba fitlhelela dithoto tse di tla ba tswelang molemo tse di jaaka lefatshe. Go botlhokwa gore basadi e nne bajalefa ba letsholo la pusetso ya dinaga. Go botlhokwa gore madi a a kana ka R75 milione a diboutšhara tsa go fokoletsa batho boima jwa COVID-19 a tla thusang balemirui 53% ya ona e nne ya bajalefa ba basadi ba kwa metseselegae. Re tshwanetse go netefatsa gore ditemothuo tsa go itshedisa mmogo le balemirui ba ba potlana ba tsewelela go bona tshegetso eno le fa leroborobo leno le setse le re tlogetse.

Sa bone, re batla go netefatsa gore basadi ba babalesegile mo ditiragalong tsa GBV fa ba le kwa ditirong. Mo ntlheng eno, re tla samagana le maphata a naga le a kgaolo gore re kwalole Tumelano ya ILO mabapi le Dintlha tsa Tirisodikgoka le Go Tlhokofadiwa mo Maikutlong kwa Ditirong.

Go swabisa nko go feta molomo gore kgololesegong ke selo se batho ba sa faneng ka sone mme ba tshwanetse go itseela sona ka kgang.

Kgaratlho ya basadi e tla nna mafoko fela a a sa reng sepe mo pampitshaneng fa re ka se a tseele matsapa le maikano go tswa mo makaleng otlhe a setšhaba.

Jaaka re ipaakanyetsa go aga sešwa ikonomi ya rona fa re itharabologelwa mo leroborobong la mogare wa cor-

na, re ntse re eme ka le lereng ga re kitla re kgona go boela mo maemong a re neng re le mo go ona mo matsatsing a pele mogare ono o re aparela.

Re tshwanetse go aga ikonomi e e sa tshwaneng le ya mo malobeng eo, gareng ga tse dingwe, e tokafatsang bogolo gonneng le dithoto ga basadi.

Seno se raya gore dipeeletso tsa rona mo mafaratlatheng a setšhaba a tshwanetse go tshegetsa e seng fela tlhabololo ya diintaseteri tsa ka fa nageng, mme e tshegetse gape le tlhabololo ya dikgwebo tse di leng mo taolong ya basadi. E tshwanetse go tlhama ka bomo ditšhono tsa diphatlhatiro tse di tla unngwelang basadi mo maphateng otlhe a go loga maano, a matlole, a dikago le a go tlhokomela mafaratlhatlha. Ka mafolofolo ona ao, jaaka re tokafatsa matsholo a go tlhola ditiro mo maphateng a puso, re tshwanetse go netefatsa gore makgarebe ke ona bogolosegolo a a thapiwang. Mo godimo ga megolo e ba tla e duelelwang mo ditirong tse- no, matsholo ano a tla ba neela gape le ditšhono tsa go iponela bokgoni le maitemogelo a a tlhokegang gore ba kgone go nna le seabe mo ikonoming e kgolo.

Le fa tota e le maikarabelo a puso go tlhola basadi ditšhono tsa ikonomi le go tlhama letlhomose le le kgontshang gore go nne le tekatekano magareng ga batho ba bong jo bo farologaneng, batho botlhe mo setšhabeng ba tshwanetse go tshameka karolo ya bona.

Lephata la dikgwebo le tshwanetse go tshegetsa dikgwebo tse di laolwang ke basadi ka go reka ditlhagisiwa le ditirelo mo go tsona. Le tshwanetse go thapa basadi ba bantsi le go tsenya basadi ba bantsi mo diphatlhatirong tsa botsamaisi.

Eno ke ntlha e e botlhokwa e e tshwanetseng go tsewa tsia bogolo jang ka lephata la poraefete le santse le saletse morago le siilwe le ke lephata la puso fa go tla mo ntlheng eno ya go thapa basadi mo diphatlhatirong tsa botsamaisi. Ena ke ntlha e gangwe le gape e tlhagelelang mo dipuisanong

tse me le mekgatlho e mentsinyana ya dikgwebo tsa basadi. Gore re nne le tekatekano re tshwanetse go fedisa setlwaedi sa megolo e e sa lekalekaneng go ya ka gore motho ke monna kgotsa mosadi, mme re itlwaetse go duela batho ba ba dirileng tiro e e tshwanang ka go lekalekana jaaka go totobaditswe mo Molaong wa Tekatekano mo Ditirong.

Basadi ba tshwanetse go babalelwa kगतलhanong le go tlhokofadiwa mo maikutlong le go tlhaolwa fa ba le kwa tirong. Ke maikarabelo a bakganni ba dipalangwa tsa botlhe, botsamaisi jwa diyunibesiti, makgotlataolong a dikolo (di-SGB) mmogo le dikereke go dira gore maemo a babalesego mo a letlang basadi le basetsana go tsaya maeto, go ya dikolong le go ya dikerekeng ba phuthologile.

Re tshwanetse go phunyeletsa ka matsapa a rona a go fedisa mafega a banna, kgatelelo ya basadi le go tsholetsa banna go ba dira ditlhogu.

Ke maitsholo a mothale ono a a dirang gore basadi ba tshellele mo kgatelelong.

Go mo magetleng a rona – banna le basadi – go totobatsa gore boleng jwa mosadi, maemo a gagwe le maikutlo a gagwe ga a farologane ka gope le a monna ka ene. Go mo magetleng a rona re le batsadi le bonkoko le bontatemogolo go godisa bana ba rona ba basetsana le ba basimane ka go tshwana.

Go mo magetleng a rona re le banna go gana nang ya banyana le go ema kगतलhanong le ditiragalo tsa GBV go sa kgathalesego gore re di bona di diriwa ke bo mang, le fa e le gore re tshwanetse go ema kगतलhanong le ditsala tsa rona, borre ba rona kgotsa bo abuti ba rona.

A re nneng setšhaba se mo botshelong jwa sone se tla fedisang dikgatelelo tsa methale yotlhe mo basadi. Setšhaba sa mo ngwageng wa 1956 se rebotse megwanto gore rona rotlhe re tshellele mo kgololesegong. Re a ba kolota, re a ikolota e bile re kolota setšhaba sa mo nakong e e tlang gore re seke ra ikgatolosa tiro e e botlhokwa eno.

TSHEDIMOSETSO KA GA COVID-19

Pregnancy does not increase COVID-19 risks

SOME GOOD news for moms-to-be is that their pregnancy will not make them more ill should they contract COVID-19 and they may still breastfeed.

Silusapho Nyanda

Pregnant women and unborn children are not at a greater risk of contracting or developing severe symptoms of the coronavirus (COVID-19) but should still exercise good hygiene and social distancing.

The majority of pregnant women who contract COVID-19 will only show mild to moderate symptoms of the virus. However, pregnancy changes the immune system so pregnant women should continue with standard precautionary measures.

Bongumusa Makhathini,

a specialist obstetrician and gynaecologist at Grey's Hospital in Pietermaritzburg, KwaZulu-Natal, says that tests done on the placenta and umbilical cord blood of COVID-19-positive mothers were all negative for the virus.

"The available data shows that during pregnancy and birth, women infected by COVID-19 are not worse compared to non-pregnant women," he says.

Children born to COVID-19-positive mothers may be breastfed, provided the mother follows the right hygiene routine, including washing her hands before and after holding her child,

sanitising her chest before breastfeeding and wearing a mask. Mothers must clean any surface before a child comes into contact with it.

As breastfeeding offers more benefits than the risks posed by COVID-19, new mothers are encouraged to exclusively breastfeed for the first six months of a child's life.

Dr Makhathini says tests have found that COVID-19 is not present in breast milk.

"However, breast hygiene and other general COVID-19 safety precautions should be taken during breastfeeding or breast milk expression to avoid droplets and skin contact infections to the



newborn," he says.

Chronic diseases like asthma, diabetes and high blood pressure are known to increase the risk of severe symptoms of COVID-19 in the general population, and this applies to pregnant women too, says Dr Makhathini.

Dr Makhathini says that pregnant women who have COVID-19 and any other of

these chronic diseases, must keep a close eye on their health and their unborn baby.

"Closer monitoring of maternal and fetal wellbeing is highly recommended," he says.

He adds that pregnancy complications such as a miscarriage or going into labour earlier than planned have not been directly linked to the COVID-19 virus.

Go boela tirong morago ga go itharabologelwa mo bolwetseng jwa COVID-19

Allison Cooper

O ka boela neng kwa tirong fa diteko di ribolotse gore o na le mogare wa corona (COVID-19)?

Setheo sa Naga sa Malwetse a a Fetelanang se na le dikarabo ka ga seno.

Fa ke sena go dira diteko mme di ribolotse gore ke na le COVID-19, ke tshwanetse go nna sebaka se le kanakang ke itlhaotse mo bathong ba bangwe?

Batho ba go fitlhelwang ba na le COVID-19 morago ga go diriwa diteko, mme ba sena matshwao ape a yona, ba tshwanetse go itlhaola ba nne kwa magaeng a bona kgotsa kwa ditheong tsa puso tsa go itlhaola sebaka sa matsatsi a le 10, go tloga ka motsi o ba itsitseng ka dipholo tsa bona tsa diteko gore ba na le mogare ono.

Batho bao ba nang le matshwao

a a seng bogale ba tshwanetse go itlhaola mo bathong ba bangwe mme ba nne kwa magaeng a bona kgotsa kwa ditheong tsa puso tsa go itlhaola sebaka sa matsatsi a le 10, go tloga ka motsi o matshwao a bona a simolotseng go iponagatsa ka ona.

Batho bao ba nang le matshwao a a bogale, bao ba tshwanetseng go ya kwa sepetelele, ba tshwanetse go nna mo mafelong a go itlhaola sebaka sa matsatsi a le 10, go tloga ka motsi o ba kokotletseng e bile ba sa tlhole ba tlhoka metshini ya oksijene go ba thusa go hema.

Batho ba ba nang le COVID-19 ba ka tshwaetsa batho ba bangwe ka bolwetse jono jang?

Go ya ka Tona ya Boitekanelo Zweli Mkhize, batho ba le bantsi ba ba nang le matshwao a a seng bogale ba ka tshwaetsa ba bangwe ka mogare ono sebaka sa matsatsi a le supa go ya go a le 12. Fa go le jalo, batho ba ba gateletsweng ke

bolwetse jono bona ba ka bo gasa thata mme ba ka tshwaetsa batho ba bangwe ka mogare ono sebaka se se telele.

A ke tlhoka go dira diteko tse dingwe gape tsa COVID-19, go netefatsa gore ga ke sa lwala, pele nka boela tirong?

Nnyaa. Ga re eletse gore batho ba ba nang ba na le matshwao a a seng bogale a bolwetse jono mme ba alafegile go dira diteko lekgetlho la bobedi.

Motho o tsewa gore o siametse go ka boela tirong le go tswa mo thulaganyong ya go itlhopha mo bathong ba bangwe fa a sa tlhole a na le twatsi e e fetelang batho ba bangwe.

Seno se raya gore ba tshwanetse ba bo ba iponetse matshwao a bona a ntlha a bolwetse jono matsatsi a le 10 a a fetileng mme ba setse ba na le sebaka sa matsatsi a ka nna a mararo ba sa itemogele matshwao ape.

Go le gantsi badiredi ba ka boela kwa ditirong tsa bona ntle le go dira diteko lekgetlho la bobedi.

- Fa ba weditse matsatsi a le 10 ba itlhaotse mo bathong ba bangwe.
- Bao ba bontshitseng matshwao a a bogalenyana kgotsa a a bogale thata ba tshwanetse go isiwa bookelong.
- Ba tshwanetse go tswela go itlhokomela ka go tlhapa le go katoga batho ba bangwe.
- Mothapi o tshwanetse go ela tlhoko modiredi yono gore ga a boele mo bolwetseng jono.
- Ba apara dimaseke sebaka sa matsatsi a ka nna a le 21, go tloga ka motsi o diteko di ribolotseng gore ba a lwala.

Ke dirile diteko mme di ribolotse fa ke sa lwale mme ke santse ke itemogela matshwao a bolwetse. Ke dira jang fa go le jaana?

Go a kgonagala gore dipholo tsa diteko di ka go aketsa. Seno se raya gore dipholo tsa diteko tse o di dirileng Iwantlha di ka re ga o lwale, fela mo tsamaong ya nako di ka tla di re o a lwala. Fa e le gore o

tswela go itemogela matshwao a COVID-19 ikopanye le modiredi wa boitekanelo.

Go diragala eng fa e le gore ke santse ke itemogela matshwao ano fa morago ga sebaka sa matsatsi a le 10?

Ke setlwaedi gore balwetse ba tswela go nna le matshwao sebaka se se fetang matsatsi a le 10. Go fola fodi fodi go tla diragala morago ga dibeke di le mmalwa. Fa e le gore o santse o na le matshwao ano, bona modiredi wa tsa boitekanelo go go naya kgakololo.

Go bona tshedimotsetso ka botlalo ka ga COVID-19, etela webesaete ya Setheo sa Naga sa Malwetse a a Fetelanang mo go www.nicd.ac.za, webesaete ya mahala ya COVID-19 mo go coronavirus.datafree.co, letsetsa Nomoro ya Mogala wa Tshoganyetso wa COVID-19 mo go 0800 029 999 kgotsa o romele molaetsa o o reng 'Hi' ka WhatsApp mo go 0600 12 3456.

Go itlhokomela mo bolwetseng jwa COVID-19: Kwa gae le kwa mafelong ao a beetsweng go tlhokomela batho ba ba nang le bolwetse jono

GO BOTLHOKWA thata go itlhophisa mo bathong ba bangwe, e ka tswa e le kwa gae kgotsa kwa mafelong ao a beetsweng go tlhokomela batho ba ba nang le bolwetse jono, fa e le gore o dirile diteko mme di ribolotse gore o na le COVID-19.

Allison Cooper

MaAforika Borwa a le mansi a a dirileng diteko mme di ribotse gore ba na le mogare wa corona (COVID-19) ga ba kgone go ka itlhophisa le go itlhokomela ba le nosi ka ntlha ya gore dintlo tse ba nang mo go tsona ke tse dinnye mme ba dirisa mmogo diphaposi tsa go nna le go robala le batho ba bangwe.

Puso e netefaditse gore e tlhoma mafelo a go katosi ba nang le mogare, mmogo le go netefatsa gore mafelotiriso a go beela thoko bao go belaelwang ba na le mogare a tlhomiwa go tlhokomela batho bao ba santseng ba letetse dipolelo tsa diteko tsa bona. Ditirelo tseno ka bobedi jwa tsona ga di duelelwe.

Go ya ka Ngaka Marlin McCay, ngaka ya ditirelo tsa kalafi ya malwetse ka go farologana e e dirang mo lefelong la Florida kwa West Rand, a re selo sa ntlha se o tshwanetseng go se dira fa o sena go itse gore o na le COVID-19 ke go thibela gore e aname. "O batla go sireletsa balelana la gago," o tlhalositse jalo. Gore o kgone go dira seno, o tshwanetse go itlhophisa le go itlhokomela – o le kwa gae kgotsa kwa lefelong leo go katosi wang mo go lona bao ba nang le mogare ono.

"Fa e le gore o itlhophile le go itlhokomela o le kwa gae go raya gore o tla tshwanelwa ke go nna mo karolong e le esi fela ya ntlo mo o tla nnang o le mongwe mo go yona o sa kopane le ba lelana.

Ga go ope yo a tshwanetseng go ka go atumela sekgala sa dimitara di le tharo. O tshwanetse go ijesa; o nne le maswana le dijana tse di tla dirisiwang ke wena o le esi; o nne le ntlwanaboithusetso e e dirisiwang ke wena o le esi, fa go kgonagala; mme o netefatse gape le gore ga o kopane le ope wa ka fa lapeng.



“Go botlhokwa gape gore o ikhutse ka tshwanelo le go nwa metsi a a lekaneng kgotsa ditotse di itshekileng go netefatsa gore moroto wa gago le ona o tswa o itshekile.”

"Ngaka ya sekgowa e o e tsamayang kgotsa setheo seo se go thusang ka tsa kalafi se tla go thusa ka melemo e e botlhokwa go go fokoletsa a mangwe a matshwao a mansi, bogolo jang matshwao a a jaaka go opelwa ke mmele, go fisa mo mmeleng le go opiwa ke tlhogo. Go na gape le dibitamini tse di siameng tse motho a ka di tsayang go mo thusa go nna a itekanetse," o tlhalositse jalo.

Go botlhokwa gape gore o ikhutse ka tshwanelo le go nwa metsi a a lekaneng kgotsa ditotse di itshekileng go netefatsa gore moroto wa gago le ona o tswa o itshekile. Batho ba le bantsi ba bolwetse jono bo nang le matshwao a a seng bogale mo go bona ba ka simolola go iku-tlwa botoka morago ga sebaka se se sa feteng beke go latela gore ba itemogele matshwao

ano lwanthla, fela go botlhokwa gore motho a ele tlhoko matshwao a gagwe ka kelotlhoko.

Fa o ka bona o nna le matshwao a tshoganyetso, a a jaaka go retelwa ke go hema, go opelwa ke mafatla kgotsa go utlwa o enngwe ke sengwe se se sa tlogeng mo mafatlheng, go tswa madi fa o gotlholo, go tsewa ke sedidi, go tlelwa ke boroko jo bogolo kgotsa melomo kgotsa sefatlhego se simolola go nna le mmala wa legodimo o tshwanetse go letsetsa sejanaga sa tsa tshoganyetso go tla go go rwala kgotsa o sianele kwa bookelong ka gangwe.

Mafelo a go katosi ba nang le mogare

Bao ba sa kgoneng go ka itlhophisa mo bathong ba bangwe le go ka itlhokomela ka bobona ba le kwa gae, puso e tlhomile

mafelo a a sa duelelweng a go katosi ba nang le mogare go ralala le naga gore ba kgone go nna ba bolokesebile le gore ba o tshelang le bona le bona ba kgone go nna ba bolokesebile.

Puso ya porofense ya Kapa Bophirima sešweng jaana e phasaladitse maitemogelo a balwetse ka ga mafelotiriso a yona a go beela thoko bao go belaelwang ba na le mogare.

Marie Jantjies wa kwa Witzenberg o ne a swetsa ka go tsaya kgakololo ya modiredi wa boitekanelo mme a ikisa kwa lefelotirisong la go beela thoko bao go belaelwang ba na le mogare ka ntlha ya fa a ne a batla go babalela mme wa gagwe yo a nang le dingwaga di le 97 mmogo le bana ba gagwe bao a nang le bona mo ntlong e le nngwe. "Ke ne ke tshwerwe sentle tota. Dijo tsa teng di ne di balola – di ne di le monate go gaisa le tsa kwa gae. Ke ne ka bona gore ke tlhoka fela go nna le tsholofelo gore ke tla fola. Ke ne ke tshogile, fela ke ne ke phela ka thapelo mme ka itlwaetsa go phuthologa," o tlhalositse jalo.

"Lefelo leno le kgona go thusa go boloka matshelo a batho! E tota e le lefelo le le siameng e le ruri," ga rialo John Arnoldus, yo a nang a itharabologelwa mo bolwetseng jwa COVID-19 fa a ne a le kwa lefelotirisong la go beela thoko bao go belaelwang ba na le mogare la kwa Drakenstein.

"Yo mongwe wa ditsala tsa me o ne a itlhaotse a itlhokometse a le kwa lapeng la gagwe fela o ne a palelwa ke go itharabologelwa kanosi. Ke ne ka mo bolelela gore a ikgolaganye le batho ba ba nang ba ntlhokometse – fa e le gore o batla go itharabologelwa.

Badiredi ba boitekanelo ka fao ba tlhokomelang balwetse ka teng mmogo le ka fao molaodi wa lefelo la laolang lefelo leno – ke selo se se go tiisang mmooko gore o fole," o tlhalositse jalo.

Arnoldus kwa tshimologong o ne a etsaetsega go ka ya kwa lefelotirisong la go beela thoko bao ba nang le mogare ono ka ntlha ya dipuo tsa batho tsa gore fa o ka bo wa ya kwa lefelong leno bolwetse jwa gago bo tla gakala mme kwa bofelong o tla tlhokafalang. "Ke ne ke solofetse go bona tirelo e e swabisang nko go feta molomo, fela ke ne ka amogelwa ka diatla tsoopedi.

Badiredi ba lefelo leno ke ba rolela hutshe! Ba ne ba ntlhalosetsa gore ka ntlha ya fa ke setse ke na le COVID-19, ga go sa na ope mo lefelong leno yo a ka mphetetsang ka mogare ono," o tlhalositse jalo.

O ka solofela eng kwa lefelotirisong la go beela thoko bao ba nang le mogare?

Go ya ka puso ya Kapa Bophirima, ditlhokwa tsotlhe tsa gago di rolwa mo magetleng a gago. O tla fepiwa letsatsi le letsatsi, wa lekolwa fa o santse o itekanetse ke badiredi ba boitekanelo, wa tlhatswetswa diaparo, ba dira gore botshelo jwa gago bo nne bonolo le go dira gore lefelo leo le se nne modumo gore o kgone go itharabologelwa mme o tla isiswa le go busiwa kwa lefelong leo ka sepalangwa ntle le go se duelela.

Fa e le gore seemo sa gago ga se go letle go ka itlhophisa le go itlhokomela ka nosi, letsetsa Mogala wa Naga wa Tshoganyetso Mabapi le Mogare wa Corona mo go 0800 029 999 go bona tshedimosetso ka bottlalo ka ga lefelotiriso le le gaufi le wena la go beela thoko bao go belaelwang ba na le mogare kgotsa la bao ba nang le mogare.